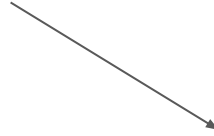
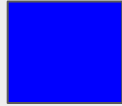


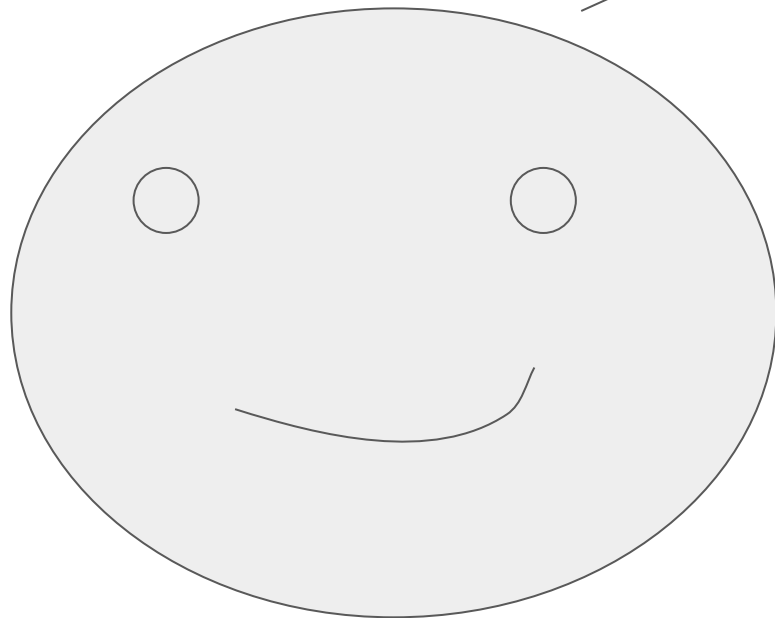
I don't want to
eat westernized
foods anymore.

DIET APP

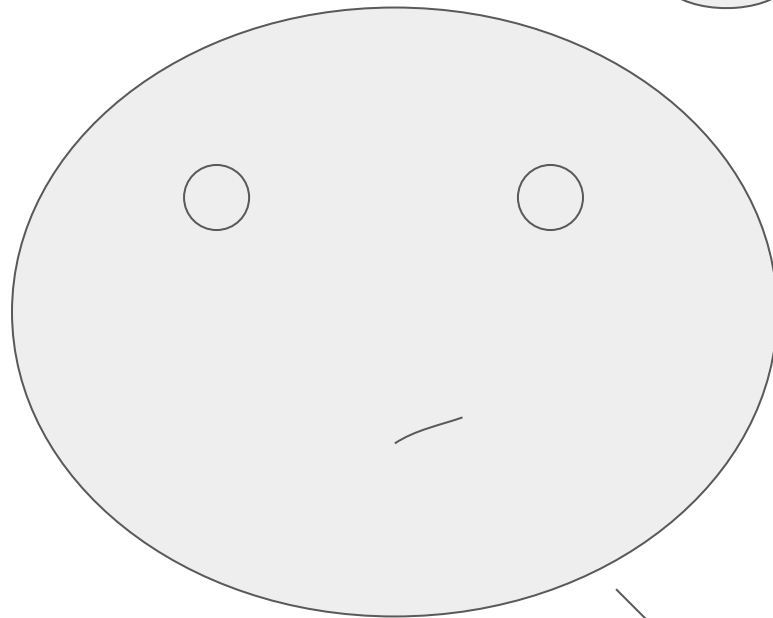


Searches the Diet App
that does not contain
fast food nor low
vibrational foods
(chicken, dairy,
sweets, etc)

Found a
diet plan.

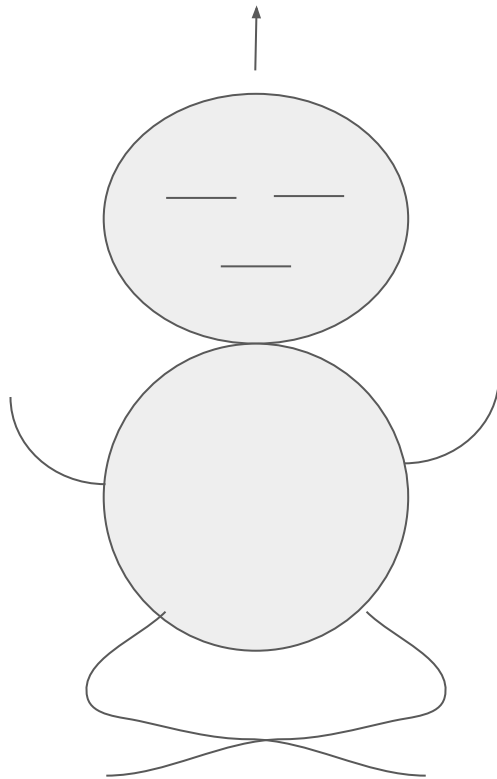


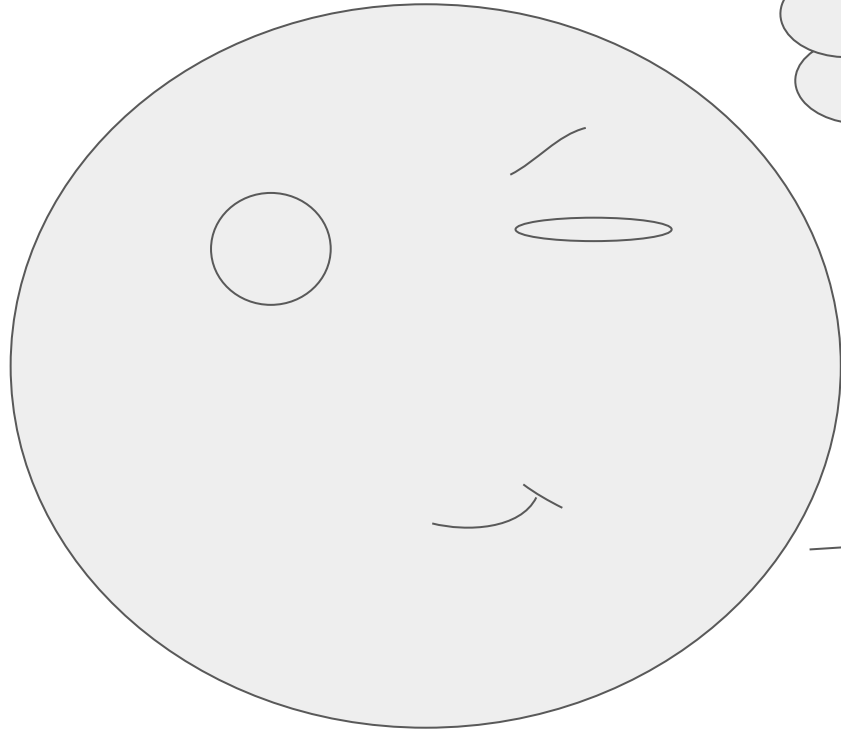
I CAN DO IT!



But has to
stick with it.

Meditating to battle hunger pains.

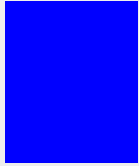
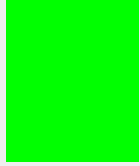
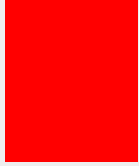




Hmm..McDonalds
Burger King
Zaxbys

Weeks has
passed.
Tempation grows
stronger but has
to fight it.

DIET APP



Looks back at Diet App to stay motivated. He starts to view forums on the app of people who've also experience this journey and stated living this lifestyle would make you happier and reduce the chances of diseases in the future.

