I believe that the most difficult of the twelve keys that were outlined for me to follow will be “Self-Care is Key”. Balancing a packed work life schedule and academic workload will be one of my biggest obstacles because there are only so many hours in a day. I think the best remedy to this is to block out my time efficiently and strictly adhere to the schedule I create for myself to maximize my success. Designating certain hours of the day to complete coursework and solve any problems I might run into will benefit me but it’s just a matter of sticking to that schedule.