



22<sup>nd</sup> EDITION OF THE NATIONAL FINALS OF FENASSCO LEAGUE - A GAMES

22<sup>ème</sup> ÉDITION DES FINALES NATIONALES DE LA FENASSCO LIGUE - A



# NEWSLETTER

LE QUOTIDIEN DES JEUX

N° 05 du 06/08/2022

## - focus

Page 2

*Sports and Academics*

## - Thème du jour

Page 3-4

*All is well that ends well*

*Thumbs up Madam the Minister*

## - Actualités

Page 5-6

*Révélation*

*Sandra Bilo'o, l'éclair du Sud*

## - Talk show

Page 7

## - logistique

Page 8

## - The Weather Ambiances

Pages 9

## - Résultats

Pages 10

## - Classement

Page 11

COMMISSION COMMUNICATION



# FENASSCO OF INNOVATIONS



**MVOMEKA'A** 2022  
30 JULY - 06 AUGUST 2022  
30 JUILLET - 06 AOÛT 2022



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30 JUILLET - 06 AOÛT 2022

# Focus



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## *The perfect blend of sports and academics*

*Professor Nalova Lyonga*

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**T**hese games are special because there are equal chances given to sports and academics. The academic programmes are the lectures that the students have received at the talk shows. We still have a last academic exercise which has to do with something that touches the students particularly, and

that is violence. Apart from the lecture, we equally have a mega concert that Mvomeka'a people want to receive us. Let's all say "Thank you" to them.



# *All is well that ends well*

## *The Final Clap for Professor Nalova Lyonga*

*By Aimé Ngidjol*



**T**he National Finals of the FENASSCO League "A" Games at Mvomeka'a have come to an end. They will be remembered as the Games of boldness. It took the Minister of Secondary Education, Professor Nalova Lyonga, much audacity and determination to rise to the challenge of organising these Games from scratch.

Indeed, when Professor Nalova Lyonga first opined to organise the National Finals of the FENASSCO League "A" Games at Mvomeka'a, a village in a subdivision, many were those who laughed discreetly, projecting a dismal failure of the project. They listed all sort of hindrances that would cripple the minister's noble ambition. Yet, as the saying goes, "no guts, no glory". They failed to consider the shrewdness and commitment

of Professor Nalova Lyonga who is somehow accustomed to missions that are perceived as "impossible". Instead, this other "impossible mission" was another boon for the Minister of Secondary Education to achieve yet another exploit.

Aware of the challenges ahead and supported by a few partners who trusted her vision, Professor Nalova Lyonga fully shouldered the responsibility to organise the 22<sup>nd</sup> Edition of the National Finals of the FENASSCO League "A" Games at Mvomeka'a, a village all Cameroonians should identify with. Not even the global pandemic of the Corona virus was able to deter her strong will in achieving this ambition.

She has been everywhere, from the preparatory phase throughout the realisation phase of this challenging project. Methodically, she has been able to convince the most hardened sceptics and to gather more steam from new allies. Collectively, they succeeded to clear any doubts and overcame the most daunting obstacles.

In terms of infrastructure (see the tables below), from nothing at all, Mvomeka'a boasts of top-notch facilities which will benefit the town many years after the Games. Most schools have undergone a complete face-lifting worth the aura of this historic place.

## Thème du jour

As for the Games proper, all adequate provisions were made for athletes to enjoy the best care possible in terms of health, security, nutrition, lodging and transport. All the highlights of the games were broadcast live on YouTube with the support of the Distance Education team. In addition to sports, culture and academics were, for the very first time ever, given the pride of place during the Games, with a series of activities, including evening talk shows and excursions to places of interest to boost other life skills in the youths.

Throughout the Games, Professor Nalova Lyonga stayed at Mvomeka'a and crisscrossed the sites hosting the competitions at Government Bilingual High School

Koum Yetotan, Government Technical High School Mvomeka'a, Government Bilingual High School Mvomeka'a and the Paul Biya Sports Complex, to ensure everything is upright and to prevent any unpleasant last-minute surprise.

Today, Mvomeka'a is writing a new page on the History of Cameroon. Mvomeka'a has successfully hosted the 22<sup>nd</sup> Edition of the National Finals of the FENASSCO League "A" Games. What seemed impossible from every indication has been possible thanks to the foresight and dedication of the Minister of Secondary Education, Professor Nalova Lyonga. Challenge taken, challenge overcome. Thumbs up Madam the Minister of Secondary Education!

Infrastructures constructed as part of the Games		
Sites	Types of infrastructures	Observations
GBHS Mvomeka'a	2 volleyball courts 1 Lawn tennis court 1 multisport handball court 2 basketball courts equipped with flexible rings 1 borehole and concrete tower 2 latrines 1 Olympic monument 1 support for the Olympic flame 3 flag poles	At Government Bilingual High School Mvomeka'a stands tall an ultra modern turn-key building fondly referred to as the "Blue Building". Upon completion in 2023, the building will comprise science laboratories, several G+1 pedagogic blocks with integrated modern toilets, an open air auditorium, covered walkways, and green spaces.
GBHS Koum Yetotan	1 multisport handball court 4 boreholes and concrete towers	
GTHS Mvomeka'a	1 basketball court equipped with flexible rings 1 borehole and concrete tower 2 latrines	
Paul Biya Sports Complex	1 borehole and concrete tower 1 support for the Olympic flame 3 flag poles Supply of pipe borne water	

Source: Sub-department of Infrastructures/MINESEC

Infrastructures rehabilitated in preparation for the Games		
Sites	Types of works carried out	Observations
GBHS Mvomeka'a	- Upgrading of the administrative blocks (plumbing, electrical network and painting) - Upgrading of classrooms to accommodate athletes and officials during the games. (plumbing, electrical network, painting, provision of mosquito nets, replacement of ceiling boards, floor surfacing, and many more.) - Energy supply to kitchens and external lighting - Provision of window blinds at GBHS Koum Yetotan and GTHS Mvomeka'a	- The largesse of the Minister was equally extended to the public primary schools of Koum Yetotan and Mvomeka'a. - 2 standby generators acquired for backup.
GBHS Koum Yetotan		
GTHS Mvomeka'a		
Paul Biya Sports Complex	- Refurbishment of the dressing room and the VIP Grand stand at the Paul Biya Sports Complex, - Complete upgrading of the playgrounds, fields and tracks, the perimeter fence and the parking,	

Source: Sub-department of Infrastructures/MINESEC

### Jeux FENASSCO Ligue «A» Mvomeka'a 2022

#### **Sandra Bilo'o explose le chrono**

*Elle est incontestablement l'une des sensations de ces Jeux FENASSCO Mvomeka'a 2022 ; davantage encore pour la région du Sud qu'elle aura portée vers les premières places au classement général des médailles.*

*Par Raymond Barre Mekamba*



**E**lle est incontestablement l'une des sensations de ces Jeux Fenasco Mvomeka'a 2022; davantage encore pour la région du Sud qu'elle aura portée vers les premières places au classement général des médailles.

Tout a commencé au deuxième jour de la compétition, le 1er août 2022 au Complexe Multisports Paul Biya de Mvomeka'a, lorsque Sandra, alignée aux 5000m a pulvérisé la course en 18 minutes et 54 secondes reléguant Layu Nancy du Lycée Bilingue de Yaoundé à 52 secondes ; offrant par la même

occasion à la Région du Sud, sa première médaille d'or de la compétition. À la fin de la course, les mots de Sandra ont résonné comme un rendez-vous : « ma distance préférée c'est le 1500 m ».

Le 03 août 2022, le nom de Sandra Bilo'o occupait les conversations des encadreurs toutes régions confondues et celles des autres athlètes tétanisés par la performance de la jeune élève du Lycée Technique d'Ebolowa deux jours plus tôt. Au départ de la finale du 1500m, Sandra est donc attendue et elle ne décevra pas. Numéro 1 de la course en 4 minutes 55 tandis que son adversaire du jour Dane Nassaourou du Nord enregistrait un temps de 5 minutes 10.

La coqueluche de l'athlétisme scolaire a récidivé aujourd'hui lors du 4x400m filles en mettant sur orbite la sélection du Sud avant que sa coéquipière Andeme Afiri du Lycée Bilingue d'Ebolowa ne termine le travail. Au total, la région du Sud remporte quatre métaux en or en athlétisme, donc trois pour la seule Sandra Bilo'o.

Agée de 15 ans, Sandra Bilo'o fréquente le lycée Technique d'Ebolowa en classe de seconde IH. Issue d'une famille de six enfants, elle pratique l'athlétisme depuis 3 ans malgré l'opposition de ses parents. Les métaux ramenés vont peut-être contribuer à retourner leurs positions.



### Revelation

## ***Sandra Bilo'o, the rising star in athletics***

*With 3 gold medals, Sandra tops the overall medal table.*

*By Aimé Ngidjol*

It all started on the second day of the competition, 1 August 2022, at the Paul Biya Sports Complex when Sandra, who lined up in the 5000 m race, finished in 18 minutes and 54 seconds ahead of Layu Nancy of Government Bilingual High School Yaounde, offering the South Region its first gold medal of the competition. At the end of the race, Sandra's words sounded like a promise: "My favourite race is the 1500 m."

On 3 August 2022, among coaches and athletes from all regions, Sandra Bilo'o's name kept every tongue wagging as all were stunned by the performance of the young student of Government Technical High School Ebolowa two days earlier. At the start of the final of the 1500 m race, expectations about Sandra's performance were high. She made it. She won the race in 4 minutes 55 seconds ahead of Dane Nas-saourou from the North Region.

The school athletics favourite did it again in the girls' 4x400 m race. She outperformed her teammate, Andeme Afiri of Government Bilingual High School Ebolowa at the finish line. In total, the South region obtained four gold medals in athletics, three of which were won by Sandra Bilo'o alone.



Sandra Bilo'o is a 15-year-old student in the class of Seconde at Government Technical High School Ebolowa. She has been practising athletics for three years. It is hoped that Sandra's name will enter the hall of fame in world's athletics.

# Acquiring Entrepreneurial skills

*The rich lecture by former member of government, Edouard Akame Mfoumou*

*By Lois Ngek*

**A**s a follow up to the continuous acquisition of professional skills by students taking part in the ongoing school games in Mvomeka'a, a very rich lecture on entrepreneurship was given by former member of government, Minister of State Mr. Edouard Akame Mfoumou at the special request of Professor Nalova Lyonga on Thursday, 4 august 2022.

To set the stage for proper understanding, the audience was treated to a short documentary titled "Talents in Minesec." It comprised of a vivid illustration of the entrepreneurial skills of students from Government Technical High School Douala Bassa'a and Lagdo, respectively. The students of Government Technical High School Douala Bassa'a won the 2022 Schule Z International Prize in Morocco, thanks to the design of a device that one can use to seek medical intervention in case of a sudden attack or an emergency. Those of Government Technical High School Lagdo, on their part, produced an automatic watering machine which equally made the winners of the first prize of innovation, during the 2022 edition of open business days.

In his lecture note, Minister Edouard Akame Mfoumou explained that, the field of studies you choose is one of the major determinants of the profession of every individual. In other



to step into entrepreneurship, every young aspirant needs to have a clear picture and knowledge of what they want to do and what they want to become. After obtaining a certificate the next question is, if you want to be an entrepreneur.

Again, study on how profitable your activity will be, is important. This will provide you with costing of that activity. Being realistic, careful and avoiding getting into complicated activities, starting small and growing your enterprise are very important rules to be followed.

He further explained that the Government of Cameroon through the Ministries of Youths and Civic Education, and Finance provide services to support and assist the youths in creating their own enterprises. He concluded by urging the young participants to dare to do business and seize opportunities in order to grow.

# *La difficile équation du transport*

## **La Commission « transport » à l'œuvre**

*Consciente de la lourde responsabilité qui était sienne pour la réussite des jeux, la Commission transport est restée focalisée sur sa mission de bout en bout.*

*Par Guillaume Eyebe Eyebe*



En collaboration avec les délégués régionaux et le prestataire-transporteur officiel, la Commission a élaboré un plan de travail rigoureux, afin d'assurer le transport des délégations, des chefs-lieux des régions, point de départ, vers Mvomeka'a, les déplacements des athlètes et officiels des sites d'hébergement vers le site de compétition, puis la programmation du retour vers les régions d'appartenance, à la fin des jeux.

Le départ des délégations était fonction de la distance qui les séparait de Mvomeka'a, lieu du déroulement des jeux et de la durée du voyage. Le départ des régions les plus éloignées, notamment l'Extrême-Nord et le Nord, ayant été arrêté 48 heures.

Le déplacement des délégations était suivi par une commission composée de 12

membres dont 10 affectés à chacune des délégations. À chaque bus était affecté correspondant chargé d'informer la Commission, ainsi le Délégué Régional responsable de l'évolution du voyage.

S'agissant du déplacement dans la ville, 10 autocars et 02 autobus ont été mobilisés pour le transport des athlètes et des officiels de leurs lieux d'hébergement vers les sites de compétition et de tourisme (rocher de Mezesse et les plantations de Ndonkol - Rock-Farm) et vice-versa, sous la diligence des équipes de la Commission.

Pour le retour des délégations, un plan de transport est en cours d'élaboration, pour un départ synchronisé à partir du Complexe sportif « Paul Biya ». Le protocole de suivi mis en place à l'aller sera reconduit au retour, afin de s'assurer de l'arrivée des différentes délégations à leur lieu chef-lieu de Région.





### ***The skies in perfect harmony with the Games***

*"The day is bright and fair oh happy day, the day is bright"*

*By Lois Ngek*



The gods of the Cosmos have made their presence felt in ongoing school games in Mvomeka'a. There has been no rains to interfere with the quest for medals by the over 1000 athletes taking part in the nationals school game finals.

According to climate and weather forecasters, the months of July and August are characterised with heavy down pours which would have not been very favourable for outdoor competitions. The beautiful weather enjoyed throughout the Games has made the school game finals so colourful! The population turned out in numbers to cheer competitors in the various playgrounds. In addition to the beautiful weather, there has been a constant availability of electricity and water to cater for the needs of the athletes.

One is tempted to believe that, the blessings of the traditional rulers of the South showered on the first day of the Games are bearing fruits.

### ***Une semaine au village sans pluies, exceptionnel !***

*Voilà entre autres particularités qui font de Mvomeka'a une édition spéciale*

*Par Grégoire Ntsama*

Ni les plus grands voyants, ni les oracles, encore moins les spécialistes de l'horoscope qui prédisent l'avenir n'ont pu imaginer une édition des Jeux à Mvomeka'a sans pluies, surtout en cette période des grandes vacances, redoutée être favorable aux grandes pluies. Des pluies qui si elles tombaient, viendraient perturber des rencontres et auraient certainement contribué à diminuer l'engouement des populations qui, de par leur mobilisation massive, ont donné un succès populaire à l'événement.

Heureusement comme un signe de bénédiction, la nature de Mvomeka'a s'est montrée clémente et a offert aux organisateurs, un climat de soleil. Un soleil qui a rendu la fête sportive belle au-delà des rencontres sportives avec des rencontres extra sportives dans les jardins du Lycée Bilingue de Meyomessala par exemple.

Un autre élément ayant permis d'oublier qu'on était au village, c'est bien-sûr, la disponibilité de l'électricité. Durant toute la compétition, Mvomeka'a est restée alimentée. Au Lycée Bilingue de Mvomeka'a, le monument des Jeux a brillé des milles feux. Des éléments qui s'inscrivent dans les particularités de l'édition 2022 des jeux FENASSCO ligue « A » et dont seul Mvomeka'a détient le secret.

# Résultats

## DECOMPTE DES POINTS - FENASSCO - A - MVOMEKA 2022

### COMMISSION ATHLETISME

#### CATEGORIE : Scolaires jeunes filles

EPREUV.	100m	200m	400m	1500m	5000m	Poids	Hauteur	Longueur	4 X 400m	Totaux	Rang
AD	0	0	0	5	5	1	0	6	0	17	2 <sup>me</sup>
CE	4	4	0	5	7	10	10	0	6	46	4 <sup>me</sup>
ES	8	8	9	1	0	7	0	0	1	34	4 <sup>me</sup>
EN	0	7	5	0	4	0	0	9	4	29	7 <sup>me</sup>
LT	7	0	0	0	2	2	6	0	5	22	8 <sup>me</sup>
NO	3	6	7	7	0	0	8	8	7	46	2 <sup>me</sup> Ex
NW	0	0	0	0	0	0	0	0	0	00	NC
OU	0	0	0	3	0	11	10	4	2	30	5 <sup>me</sup>
SU	7	7	14	10	12	5	4	4	8	71	1 <sup>er</sup>
SW	7	3	0	6	6	0	0	5	3	30	5 <sup>me</sup> Ex

LE RAPPORTEUR

LE PRESIDENT

## DECOMPTE DES POINTS - FENASSCO - A - MVOMEKA 2022

### COMMISSION ATHLETISME

#### CATEGORIE : ENIEG-ENIET (Dames)

EPREUV.	100m	200m	400m	1500m	5000m	Poids	Hauteur	Longueur	4 X 400m	Totaux	Rang
AD	0	0	0	0	0	1	0	0	0	1	9 <sup>me</sup>
CE	4	0	6	0	0	8	0	3	4	25	6 <sup>me</sup>
ES	0	0	0	0	0	2	3	1	0	6	8 <sup>me</sup>
EN	0	5	7	3	4	0	11	6	5	41	5 <sup>me</sup>
LT	7	10	0	0	0	5	6	14	0	42	4 <sup>me</sup>
NO	0	0	5	1	3	4	0	0	0	13	7 <sup>me</sup>
NW	4	0	4	12	8	6	5	0	6	45	3 <sup>me</sup>
OU	14	10	0	10	11	10	0	3	7	65	2 <sup>me</sup>
SU	0	0	0	0	0	0	0	0	0	00	NC
SW	7	10	8	10	7	0	8	12	8	70	1 <sup>er</sup>

LE RAPPORTEUR

LE PRESIDENT

## DECOMPTE DES POINTS - FENASSCO - A - MVOMEKA 2022

### COMMISSION ATHLETISME

#### RECAPITULATIF GENERAL

REGIONS	AD	CE	ES	EN	LT	NO	NW	OU	SU	SW
CATEGORIES										
SCOLAIRE JEUNES FILLES	17	46	34	29	22	46	00	30	71	30
SCOLAIRE JEUNES GENS										
TOTAL 1										
ENIEG-ENIET DAMES	1	25	6	41	42	13	45	65	00	70
ENIEG-ENIET MESSIEURS										
TOTAL 2										
TOTAL GENERAL (1+2)										

LE RAPPORTEUR

LE PRESIDENT

- FENASSCO - A - MVOMEKA 2022 COMMISSION ATHLETISME

## DECOMPTE DES MEDAILLES

### CATEGORIE : ENIET/ENIEG Dames et messieurs

REGIONS	01/08/22 Lundi	02/08/22 Mardi	03/08/22 Mercredi	04/08/22 Jeudi	05/08/22 X	TOTAL
	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br
AD	---	---	---	---	---	1 1 1
CE	1	---	1 1	---	---	1 1 1
ES	---	---	---	---	---	---
EN	1	---	2 1	1 1	---	6 2
LT	---	2 2 2	---	1	2 1	2 4 4
NO	---	1	---	---	---	1
NW	1	1	1	1	---	1 2 3
OU	1 1	1	1 1	1 1	---	2 3 3
SU	---	1	---	---	---	1
SW	1 1	1 2 1	2	---	1	4 3 3
TOTAL	3 3 3	7 7 7	3 3 3	3 4 2	1 1 1	17 18 16

LE RAPPORTEUR

LE PRESIDENT

## DECOMPTE DES POINTS - FENASSCO - A - MVOMEKA 2022

### COMMISSION ATHLETISME

#### CATEGORIE : Scolaires jeunes gens

EPREUV.	100m	200m	400m	1500m	5000m	Poids	Hauteur	Longueur	4 X 400m	Totaux	Rang
AD	5	5	6	5	10	11	4	6			
CE	14	8	8	0	6	8	13	10			
ES	1	0	0	7	3	1	5	3			
EN	2	7	12	10	7	3	8	4			
LT	0	0	3	0	0	0	2	1			
NO	3	13	4	3	5	6	0	5			
NW	0	0	0	0	0	0	0	0			
OU	7	0	0	6	0	5	5	0			
SU	4	0	2	4	5	2	4	7			
SW	0	0	0	1	0	0	0	0			

LE RAPPORTEUR

LE PRESIDENT

## DECOMPTE DES POINTS - FENASSCO - A - MVOMEKA 2022

### COMMISSION ATHLETISME

#### CATEGORIE : ENIEG-ENIET (Messieurs)

EPREUV.	100m	200m	400m	1500m	5000m	Poids	Hauteur	Longueur	4 X 400m	Totaux	Rang
AD	4	5	6	2	5	8	7	0			
CE	0	2	0	1	2	8	0	4			
ES	0	0	0	0	0	0	0	0			
EN	8	8	7	12	8	4	9	8			
LT	11	13	15	0	0	0	0	1			
NO	0	0	0	7	7	2	5	3			
NW	4	3	0	8	7	3	5	8			
OU	0	0	2	0	1	5	7	7			
SU	2	0	5	0	0	6	0	0			
SW	7	4	0	6	6	0	10	5			

LE RAPPORTEUR

LE PRESIDENT

- FENASSCO - A - MVOMEKA 2022 COMMISSION ATHLETISME

## DECOMPTE DES MEDAILLES

### CATEGORIE : Scolaires (Garçons et Filles)

REGIONS	01/08/22 Lundi	02/08/22 Mardi	03/08/22 Mercredi	04/08/22 Jeudi	05/08/22 X	TOTAL
	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br
AD	---	1 1 2	---	---	---	1 1 3
CE	1 1 2	2	1 1	1 1 1	---	1 5 2 6
ES	1 2	---	1	---	---	2 3
EN	1	---	3	1 1	---	2 4
LT	---	---	---	---	---	---
NO	---	1	1	1 2	1	2 4 3
NW	---	---	---	---	---	---
OU	1	1	---	---	---	2
SU	1 1	1 1	1 1	---	1	4 2 1
SW	---	2	---	1	---	3
TOTAL	5 5 5	5 5 5	4 2 3	3 3 3	1 1 1	18 16 17

## DECOMPTE DES MEDAILLES

### CATEGORIE : Scolaires + ENIET/ENIEG

REGIONS	01/08/22 Lundi	02/08/22 Mardi	03/08/22 Mercredi	04/08/22 Jeudi	05/08/22 X	TOTAL
	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br	Or Ar Br
AD	---	2 1 3	---	1	---	2 2 4
CE	2 1 2	2 1 2	1	1 1 1	1	6 3 7
ES	1 2	---	1	---	---	2 3
EN	2	2 4	1 1	3 1	---	8 6
LT	---	2 2 2	---	2 1	---	2 4 4
NO	---	2	1 1 1	1 2	1	4 2 2
NW	1	1	1 1	---	1	1 2 3
OU	1 1 2	1	1 1	1 1	1	3 4 4
SU	1 1	2	1 1	---	1	4 2 2
SW	1 3	1 2 1	2	1	1	4 3 6
TOTAL	8 8 8	12 12 12	7 5 6	6 7 5	2 2 2	35 34 33

LE RAPPORTEUR

LE PRESIDENT



# Classement

REPUBLIC OF CAMEROON  
Peace work home  
MINISTRY OF SECONDARY EDUCATION  
GENERAL SECRETARIAT  
DIRECTORATE OF GUIDANCE, SCHOOL LIFE AND  
ASSISTANCE  
NATIONAL FEDERATION OF SCHOOL SPORT  
FENASSCO-LEAGUE "A"  
EXECUTIVE OFFICE



REPUBLIC OF CAMEROON  
Peace-Work-Fatherland  
MINISTRY OF SECONDARY EDUCATION  
GENERAL SECRETARIAT  
DEPARTMENT OF GUIDANCE COUNSELING,  
SCHOOL LIFE AND ASSISTANCE  
NATIONAL SCHOOL GAMES FEDERATION  
FENASSCO – LEAGUE "A"  
EXECUTIVE COMMITTEE

## **CLASSEMENT PROVISOIRE DES FINALES NATIONALES DES JEUX FENASSCO-LIGUE « A », MVOMEKA'A 2022 DU 05 AOUT 2022**

Classement Général (lycées et collèges, et ENIEG/ENIET)

Rang	Régions	Or	Argent	Bronze	Total
1er	Centre	27	09	17	53
2ème	Extrême-Nord	16	12	08	36
3ème	Ouest	08	12	15	35
4ème	Sud	08	04	04	16
5ème	Sud-Ouest	07	07	11	25
6ème	Est	06	07	12	24
7ème	Adamaoua	05	07	11	23
8ème	Littoral	03	09	09	21
9ème	Nord	03	08	01	12
10ème	Nord-Ouest	03	02	04	09

# Appels illimités. Internet illimité.

A partir de F CFA 2 000/mois



\*825#

un point c'est **blue**