

PreKindergarten and Kindergarten Learning Plan Week 1

This Learning Plan in PreK and Kindergarten will include a list of suggested learning activities that students and parents can engage in.

Guidance for families... things to consider as you work with your child.

GOAL... find out how your child is experiencing this change and reassure appropriately (Instead of “*everything will be fine*”, saying “*we’re going to get through this together*”, “*lots of people are working very hard to make this better*”.)

IMPORTANT THOUGHTS FOR CAREGIVERS...children often do as well as the adults around them. Being a good role model, and expressing your anxiety in safe/respectful ways will be extremely helpful to your child

WHAT TO DO...

- Provide as much stability and routine as possible.
- Have conversations with your child about what they are seeing, hearing, feeling.
- Provide reassurance that many things have changed (discuss examples) but many are the same (discuss examples).
- Be open to conversation...children make sense of things in bits and pieces...they often need to talk about it frequently to really understand.
- Think of ways you can help others.

Learning Experience: Students and families may participate in the activities suggested below or create your own activities.

Learning Timeframe: Students and families are encouraged to engage in learning at home with the understanding that activities do not have to be done all at once but over the course of their day at home.

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Approximate Time per Day	Subject Area	
5-10 minutes	Reading and/or Writing	
5-10 minutes	Mathematics	
Limitless	Art, Music, Play, Games, Outdoor Activities	
SUGGESTIONS FOR AT HOME LEARNING		
Reading and/or Writing	Mathematics	Social Skills Activities (art, music, play, games, outdoor activities)
<ul style="list-style-type: none">Read a favorite story (materials needed: book).Act out a part of a story that your child loves.Give your child blank paper and have them draw or write a story (materials needed: paper, crayons, pencils).Label objects in your home such as the door, window, bed, etc... (materials needed: paper or sticky notes, pencil). You can write the word or your child can help write the word.Draw and label the members of your family (materials needed: paper, crayons, pencils).	<ul style="list-style-type: none">Play a game of "I Spy" giving color and shape clues. (I spy something that is blue and round-clock)Count how many windows are in your house/apartment. Are they all the same or different?Mix all your utensils together and have your child sort them by forks, spoons, butter knives(materials needed: utensils, paper, crayons). Have your child count how many are in each group. Make a graph of this.Go for a walk and have your child gather pebbles/small rocks, sticks, and leaves. Make a pattern with the	<ul style="list-style-type: none">Make up a dance to your favorite song.What can you make from an old box? Find an empty shoe box or packing box and challenge your child to create a new use for it. Maybe they can create a TV, or a mini-fridge. Let them use their imagination to create a new use for an empty box.What can you create from a paper towel or napkin? Challenge your child to create something. They can color, paint, twist and shape it into something else.Play a board game with your child.Complete a puzzle together.

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<ul style="list-style-type: none"> • Make a card for a relative or friend (materials needed: paper, crayons, pencils). • Listen to a book on Pebble Go: Pebble Go Animals Tell or write about two things you learned (materials needed: paper, crayons, pencils). • Play an “I-Spy” game with things found inside or outside of your home. Ask your child to find something that begins with a specific letter or sound (ex: “I spy something that begins like banana.” Your child then tells you something they spy that begins with that same sound, like box or bed). • Play a rhyming game with your child. Say two words that rhyme (ex: cat, rat), and your child gives you a thumbs up if the two words rhyme and a thumbs down if they do not. • Read a story with your child sitting next to you and share the book between you (materials needed: book, stuffed animal). Stop along the way and talk about what is happening. Afterwards, have your child “read” the book to their favorite stuffed animal. 	<p>materials (rock, rock, stick, rock, rock, stick) and have your child continue this pattern. Have your child create their own pattern and you extend/continue the pattern.</p> <ul style="list-style-type: none"> • Using a crayon or marker, have your child find objects in your house that are the same length as, shorter than, larger than the crayon/marker (materials needed: paper, crayons, pencils). Have your child draw pictures of what was found. • Have your child help you cook by measuring ingredients (materials needed: measuring cups and spoons). • 	<ul style="list-style-type: none"> • Play a game of “Simon Says”. • Find a ball or soft object that you can use to help your child practice underhand throwing and catching. • Pretend you have a grocery store in your house and let your child put prices on cans. They can make a list of what to buy at the store and use pennies for money to buy the items. • Observe seasonal changes and paint/draw observations. • Explore the different parts of a plant. Plant seeds and watch the plant grow. • Explore https://pbskids.org/ or https://www.starfall.com. •
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