

LUNCH MENU

APPETIZER				SALAD			
Oshitashi	おしたし	Boiled spinach in light sauce	4	Field Green Salad	Mixed green		4
Hijiki	ひじき	Simmered hijiki seaweed	4	Grilled Chicken Salad	Mixed green with sliced asian spicy chicken		10
Shumai	シュウマイ	Steamed shrimp dumpling	5	Seaweed Salad	Seaweed Vinaigrette		5
Gyoza	餃子	Pan friend dumpling	6				
Edamame	枝豆	Steamed baby soy bean	4				

COMBINATION PLATE				(Served with rice and soup)			
American Favourite		Chicken Teriyaki, Shumai, edamame and california roll					9
Zen		Agedashi tofu, vegetable tempura, hikiki, edamame, avocado cucumber roll					12
Power Combo		Beef teriyaki, tempura, shumai, edamame and california roll					18
Roll Combo		California roll, spicy tuna, edamame and shumai					10
Noodles & Tekka Don		Any noodle with small tekka don					16

ENTREE				(Served with rice and soup)			
Tonkatsu	とんかつ	Deep fried breaded pork with fine sliced cabbage					10
Ginger Pork	しょうが焼き	Thin sliced pork marinated in ginger sauce with vegetables					10
Tempura	天ぷら	Assorted shrimp and vegetable tempura					10
Grilled Fish	焼き魚	Grilled fish of the day with dairy side dish					10
Yakiniku	焼肉	Pan fried thin sliced beef and vegetables in yakiniku sauce					12
Chicken Teriyaki	照り焼きチキン	Grilled marinated chicken and vegetables					12
Beef Teriyaki	照り焼きビーフ	Grilled marinated beef and vegetables					16
Salmon Teriyaki	鮭照り焼き	Grilled marinated salmon and vegetables					12
Curry	カレー	Beef curry over rice					10
Katsu Curry	カツカレー	Beef curry over deep fried breaded pork and rice					14
Tontoro	豚トロ塩焼	Grilled berkshire pork cheek					14

SUSHI and SASHIMI				DONBURI			
(Served w. soup)				(Served w. soup & pickles)			
Sushi	鮓	Assorted sushi of the day	15	Katsu Don	カツ丼	Simmered pork cutlet, egg and onion over rice	8
Sashimi	刺身	Assorted sashimi of the day	17	Oyako Don	親子丼	Simmered chicken, egg and onion over rice	8
Sushi & Sashimi	鮓と刺身	Assorted sushi and sashimi	20	Shrimp Katsu Don	エビかつ丼	Simmered shrimp, cutlet, egg and onion over rice	9
3 Rolls	巻物	California, spicy tuna and alaskan	14	Gyu Don	牛丼	Beef and onion over rice	9
Bara Chirashi	バラちらし	Assorted diced sashimi over su-shi rice	14	Ten Don	天丼	Assorted tempura over rice	9
Spicy Tuna Don	スパイシーツナ丼	Garlic spicy tuna over sushi rice	14	Kamo Negi Don	鴨ねぎ丼	Grilled duck breast and scallion over rice	12
				Una Don	うな丼	Grilled eel over rice	16

NOODLE				(Choice of Udon or Soba * Add \$1 for 2 inari sushi)			
Tempura	天ぷらうどん	Tempura in noodle soup					10
Curry	カレーうどん	Pork and vegetable in curry noodle soup					10
Kamo Nanban	鴨南蛮	Simmered duck and vegetable in udon or soba noodle soup					10
Nabeyaki Udon	鍋焼き	Noodle soup in pot with shrimp tempura, egg, chicken and vegetables					12

TAKE OUT MENU

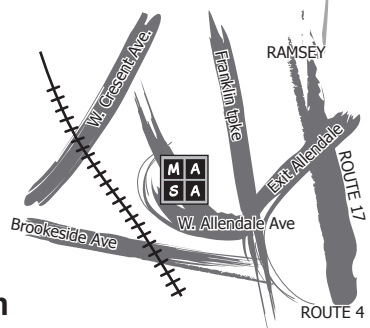


MASA SUSHI & GRILL

OPEN HOURS

MON - THUR	12:00 - 2:30 5:00 - 10:00
FRI & SAT	12:00 - 2:30 5:00 - 10:30
SUNDAY	5:00 - 9:30

masasushiandgrill.com



81 West Allendale Ave. Allendale, NJ 07401  
Tel (201) 934 6616 ❖ Fax (201) 934 6617

COLD APPETIZER		
Sesame Spinach	- Boiled spinach in black sesame paste	5
Hijiki	- Simmered hijiki seaweed with carrot and bean curd	5
Sesame Chicken	- Shredded steamed chicken breast and sliced cucumbers in sesame vinaigrette	7
Kanisu	- King crab and cucumber with toszu vinaigrette	10
Nama Harumaki	- Fresh rice paper spring roll with tuna or shrimp and vegetables	10
Tuna & Shrimp Avocado Boat	- Chopped tuna and shrimp in avocado salad	10
Tuna or Salmon Tartar	- Chopped salmon or tuna in orginal spicy sauce with avocado and tempura crunch	12
Peppered Tuna Tataki	- Grilled peppered thin slice tuna with Ponzu sauce	12
Rainbow Cucumber wrap	- Variety of sashimi wrapped in thin sliced cucumber	12
Carpaccio Tuna or Salmon	- Thin sliced sashimi in citrus Ponzu wasabi sauce	13
T.Y.S. Sashimi	- Tuna, yellowtail and salmon sashimi	14
Usuzukuri	- Finely sliced fluke in citrus ponzu sauce	13
HOT APPETIZER		
Edamame	- Lightly salted steamed baby soybean	4
Shumai	- Steamed shrimp dumpling	6
Young Eggplant with Yuzu Miso	- Grilled eggplant and citrus yuzu miso sauce	6
Gyoza	- Homemade beef dumpling	7
Crispy Spring Roll	- Deep fried shrimp and vegetable spring roll	8
Tatsuta Age	- Fried chicken breast thigh with citrus dipping sauce	8
Shrimp Agedashi Tofu	- Fried tofu in broth with shrimp and scallions	7
Grilled Whole Squid	- Japanese surume ika with ginger sauce	8
Wasabi Shumai	- Strong wasabi flavor pork dumpling	7
Spicy Chicken Tempura	- Chicken breast tempura w/ garlic spicy sauce	9
Tempura	- Shrimp and vegetable tempura (only 3pc of shrimp tempura 12)	9
Popcorn Shrimp	- Bite-sized breaded shrimp with spicy sauce	10
Grilled Duck	- Grilled duck breast with fresh wasabi	10
Negimaki	- Scallions rolled with thin sliced beef and grilled with teriyaki sauce	10
Tontoro	- Grilled berkshire pork cheek	9

GRILL		
<i>*Served with choice of miso soup or salad and rice</i>		
Chicken Teriyaki	- Grilled chicken house blended teriyaki with vegetables	20
Grilled Lamb Chop	- Marinated New Zealand lamb chop with ginger sauce	24
Salmon Teriyaki	- Grilled atlantic salmon in house blended teriyaki sauce	20
Beef Teriyaki	- Grilled rib eye steak teriyaki with vegetables	24
Skewered Chilian Seabass	- Marinated in light lemon teiyaki sauce	24
Grilled Fresh Scallop	- Grilled scallop and Japanese mushroom with soy butter sauce	24
Teriyaki Duck Breast	- Marinated grilled duck breast with wasabi teriyaki sauce	24
Black Cod Misozuke	- Marinated black cod in miso	26

SOUP		
Miso Soup		3
Red Miso Soup with Top Neck Clam		5
Clear Soup with Clam		5
Spicy Seafood Broth in Pot (for 2)		15
Nabeyaki Udon	- Noodle in pot with Shrimp Tempura, Chicken, Vegetables, Top Neck Clam and Egg	15
Rice		2
Brown Rice or Sushi Rice		3

SALAD		
Field Greens	- field greens salad w/ ginger dressing	5
Seaweed Salad	- Marinated various seaweeds	6
Avocado Salad	- Sliced avocado in field green salad w/ ginger dressing	8
Asian Grilled Chicken Salad	- Marinated spicy Asian style chicken breast over house greens	12
Calamari Salad	- Seasoned fried calamari with field greens in house dressing	12
Grilled Peppered Tuna Salad	- Grilled tuna and in house greens with Ponzu dressing	14

FAVORITES		
<i>*Served with rice and choice of miso soup or salad</i>		
Vegetable Tempura	- Assorted vegetable tempura	18
Mixed Tempura	- 4 black tiger shrimp and vegetable tempura	22
Shrimp Tempura	- 7 black tiger shrimp tempura	24
Negimaki	- Scallion rolled with thin sliced beef with teriyaki sauce	24
Tonkatsu	- Pork or chicken cutlet served with fine sliced japa-nese cabbage	18
Una Don	- Grilled eel over rice	24

SUSHI AND SASHIMI		
<i>*Served with rice for sashimi and choice of miso soup or salad</i>		
Sushi Regular	- 8 pc sushi and tuna or california roll	20
Sushi Deluxe	- 10 pc sushi and tuna or california roll	25
Sushi for two	- 20 pc sushi and spicy tuna and california roll	46
Sushi and Sashimi Combo	- Assorted sashimi and 5 pc sushi and tuna roll	25
Roll Combo	- California, spicy tuna, rainbow	20
Bara Chirashi	- Assorted diced sashimi over sushi rice	20
Chirashi	- Variety sashimi over sushi rice	24
Sashimi Regular	- Assorted sashimi	24
TYS Sashimi or Sushi	- Tuna, yellowtail, salmon sashi-mi or sushi	26
Tuna or Salmon	- Fresh tuna or salmon sashimi over su-shi rice bowl	24
Omakase	- Leave it to the chef, sushi or sashimi (both start at 60)	Start 50
Omakase Course	- Soup, Salad, Appetizer, Sashimi & Su-shi, Dessert (order need to be placed 2 days in advance)	Start 75

ORIGINAL ROLLS		
81 Allendale	- Salmon, crab, salmon skin, avocado, cream cheese, asparagus and katsu crunch	14
Cajun	- Spicy tuna, yellowtail, tobiko and scallion topped with cajun shrimp	15
Ocean Eleven	- Snow crab tempura, avocado, tuna and tobiko roll wrapped in soy paper	15
Lucky Strike	- Spicy tuna, tempura crunch, avocado roll top eel and salmon	15
Masa Rainbow	- Tuna, salmon, shrimp, yellowtail, eel, crab, avocado, tobiko and cucumber	17
Crazy	- Tuna, yellowtail, tempura crunch, Top chopped tuna, scallion, spicy sauce and tobiko	17

FAVOURITE ROLLS		
Oshinko	- Pickled Radish	5
Umeshiso	- Mint Leaves with Plum Paste	5
Kappa Maki	- Cucumber	5
California Roll	- Crab Stick, Avocado and Cucumbers	6
Tekka Maki	- Tuna	6
Philadelphia	- Cream Cheese, Smoked Salmon and Avocado	7
Spicy Tuna Roll	- Tuna, Scallions, Original Spicy Sauce	7
Spicy Salmon Roll	- Salmon, Scallions, Orignal Spicy Sauce	7
Boston	- Shrimp, Cucumber, Lettuce with Mayo	7
Alaskan Roll	- Salmon, Avocado, Cucumber	7
Salmon Skin	- Salmon Skin, Cucumber, Scallions	6
Mexican Roll	- Tuna, Avocado, Tempura crunch and Japanese Spice	7
Negihama	- Yellow Tail & Scallion	7
Eel Avocado or Cucumber	- Grilled Eel with Sweet Eel Sauce	8
Futomaki	- Big Roll with Egg & Vegetables	8
Shrimp Tempura	- Shrimp Tempura, Avocado, Cucumber, Tobiko	10
Spider Roll	- Softshell Crab, Avocado, Cucumber, Tobiko	12
Dragon Roll	- Eel, Cucumber wrapped in Avocado	13
Rainbow Roll	- California wrapped with variety Fish	12
Negitoro	- Fatty Tuna with Scallion	MP

<u><b>SUSHI - SASHIMI A LA CARTE</b></u>					
<b>Tuna</b> - Maguro	<b>3.5</b>	<b>Octopus</b> - Tako		<b>3</b>	
<b>Salmon</b> - Sake	<b>3.5</b>	<b>Giant Clam</b> - Mirugai		<b>5</b>	
<b>Fluke</b> - Hirame	<b>3.5</b>	<b>Crab Fish Cake</b> - Kanikama		<b>2.5</b>	
<b>Shrimp</b> - Ebi	<b>3.5</b>	<b>Fatty Tuna</b> - Toro		<b>MP</b>	
<b>Eel</b> - Unagi	<b>4</b>	<b>Albacore Tuna</b> - Binchomaguro		<b>3</b>	
<b>Squid</b> - Ika	<b>3</b>	<b>Snow Crab</b> - Zuwaigani		<b>5</b>	
<b>Scallop</b> - Hotate	<b>4</b>	<b>Egg</b> - Tamago		<b>2.5</b>	
<b>Sea Urchin</b> - Uni	<b>6</b>	<b>Spanish Mackerel</b> - Sawara		<b>3</b>	
<b>Salmon Roe</b> - Ikura	<b>4</b>	<b>Sweet Shrimp</b> - Botan Ebi		<b>5</b>	
<b>Smelt Roe</b> - Tobiko	<b>3</b>				
<b>Live scallop/Live Abalone/Live Orange clam</b>				<b>MP</b>	

Freshly Imported from Japan		
Horse Mackerel	- Aji	5
Yellowtail	- Hamachi	4
Japanese Herring	- Kohada	4
Japanese Mackerel	- Masaba	5
Sea Eel	- Anago	4
Sardine	- Iwashi	5
Red Snapper	- Madai	5
Amber Jack	- Kanpachi	5
Fresh Octopus	- Nama Tako	4