The way I think about it is in terms of what meaningful things you can go with the measurements:

Nominal: Compare for equality.

Ordinal: Compare the order (greater than / less than).

Interval: Compare the "distance" between two measurements.

Ratio: Compare the ratios of measurements.

You have to ask the question: is a wine rating of 80 twice as good as a wine rating of 40?  If so, then wine rating is a ratio variable, precisely because the ratio of two ratings is meaningful.  I'm guessing that it's supposed to be, which is why Anonymous above calls it a ratio variable.  But if you don't think so, then it isn't.

***Note****: Nominal and ordinal scales involve discrete variables.*

***Note****: Interval and ratio scales involve continuous variables.*

nominal   =

ordinal    >

interval    -

ratio        /