How to select a regexp group in vim?

having this line:

bla bla [Corso De Stefanis 88 interno 4](address) blabla

search and highlight this string in square brackets.

Corso De Stefanis 88 interno 4

this is solution:

/\[\zs.\{-}\ze\]

In a sense, capture group seems not working, but you can select the "group" preceding sequence by \zs and finishing with \ze. vim regexp syntax is weird for me.