

Health Attestation and Self-Reported Contact and Location Log

Proactive health monitoring is an important way for each of Caltech's community members to reduce the risk of spreading COVID-19 and other illnesses. Please complete the following health attestation before you report to campus each day, and then document your contacts with other people and locations visited on campus at the end of your shift. You will be asked to provide this information to healthcare professionals if you become ill or discover that you may have been exposed to COVID-19.

NAME: _____

Date	Temperature <i>Before and after shift</i>	Health Attestation: <i>I have had no symptoms of illness for the past 14 days*</i>	Close Contacts: <i>Face-to-face contact within 6 feet for 10 or more minutes, or extended exposure at any distance within an office, classroom, or laboratory</i>	Campus Buildings Accessed: <i>Please list all of the buildings you visited during the course of your work day, including before and after your shift, or during meal periods and breaks.</i>
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*If you have experienced any of the following symptoms (unless related to a chronic condition diagnosed by a medical provider, such as allergies, migraines, chronic fatigue, etc.), **please do not report to campus**. Immediately contact your supervisor for further instructions:

Cough - Shortness of breath or difficulty breathing - Fever (100 degrees or greater) – Chills - Runny nose or new sinus congestion not associated with seasonal allergies - Muscle pain not associated with exercise – Headache - Sore throat – Fatigue - New gastrointestinal symptoms (diarrhea, vomiting) - New loss of taste or smell