

# WASH YOUR HANDS!

FOR 20 SECONDS OR MORE!



Wet hands



Apply soap



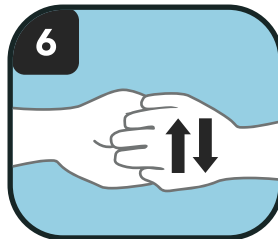
Rub hands  
palm to palm



Lather the back  
of both hands



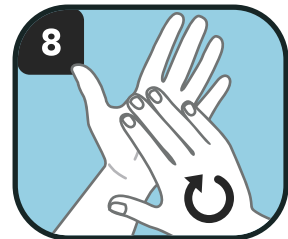
Scrub between  
your fingers



Rub the back of fingers on  
the opposing palm



Clean thumbs



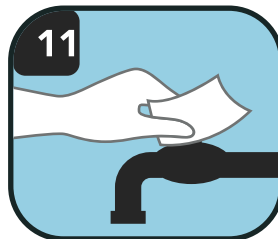
Wash fingernails  
and fingertips



Rinse hands



Dry with a  
single use towel



Use the towel  
to turn off the faucet



Your hands are clean

## PROTECT OUR PANTHERS