

Wash your hands the right way to keep germs from spreading.



Wash often



Use soap and water



Wash for 20 seconds



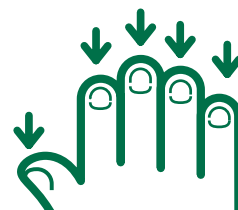
Scrub front and back of hands



Clean under fingernails



Avoid touching your face



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