



A HEALTHY CAMPUS IS IN OUR HANDS



Prevent the spread and protect our community.
Be a force for the greater good.



What are some of
the symptoms of
COVID-19?

- New chills
- New muscle aches
- Sore throat
- Headache
- Diarrhea
- New loss of taste or smell
- Fever
- New cough
- New shortness of breath
or difficulty breathing

What is my responsibility to
maintain a healthy campus?

Before coming to work, please assess your health.

If you're experiencing any symptoms:

- Stay home
- Call your health care provider
- Contact your supervisor

You can find TCU's Daily Health Self-Assessment for on-site personnel at covid-19.tcu.edu/self-assessment

CLEAN

your hands for 20 seconds
and your workspace daily.
Wipe down frequently
used items like your phone,
keyboard, mouse and desk.



COVER

coughs and sneezes, and wear a
cloth face covering over your nose
and mouth in public settings, such as:

- Classrooms
- Common lounge areas
- Breakrooms
- Meeting areas
- Dining halls (except to eat)
- Unions and public event spaces

You do not need to wear a face
covering in your private office.



CONTAIN

by staying in your personal
space. Practice physical
distancing and greet each
other with a "Frogs up"
instead of a handshake.

