

HOW TO WEAR A FACE COVERING



YOUR FACE COVERING SHOULD:

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape.

TYPES OF FACE COVERINGS INCLUDE:



Mask



Cloth



Bandana

1

Remember to wash your hands before putting on a face covering.

Secure it by tightening ear loops or ties.
Wash your hands afterwards.

2

Avoid touching your eyes or the surface of your face covering while wearing it.

You are expected to wear it unless physically isolated.

3

When removing your face covering, **avoid touching the surface and your eyes, nose, and mouth.**

4

Wash your hands immediately upon removing your face covering, which should be washed frequently.

