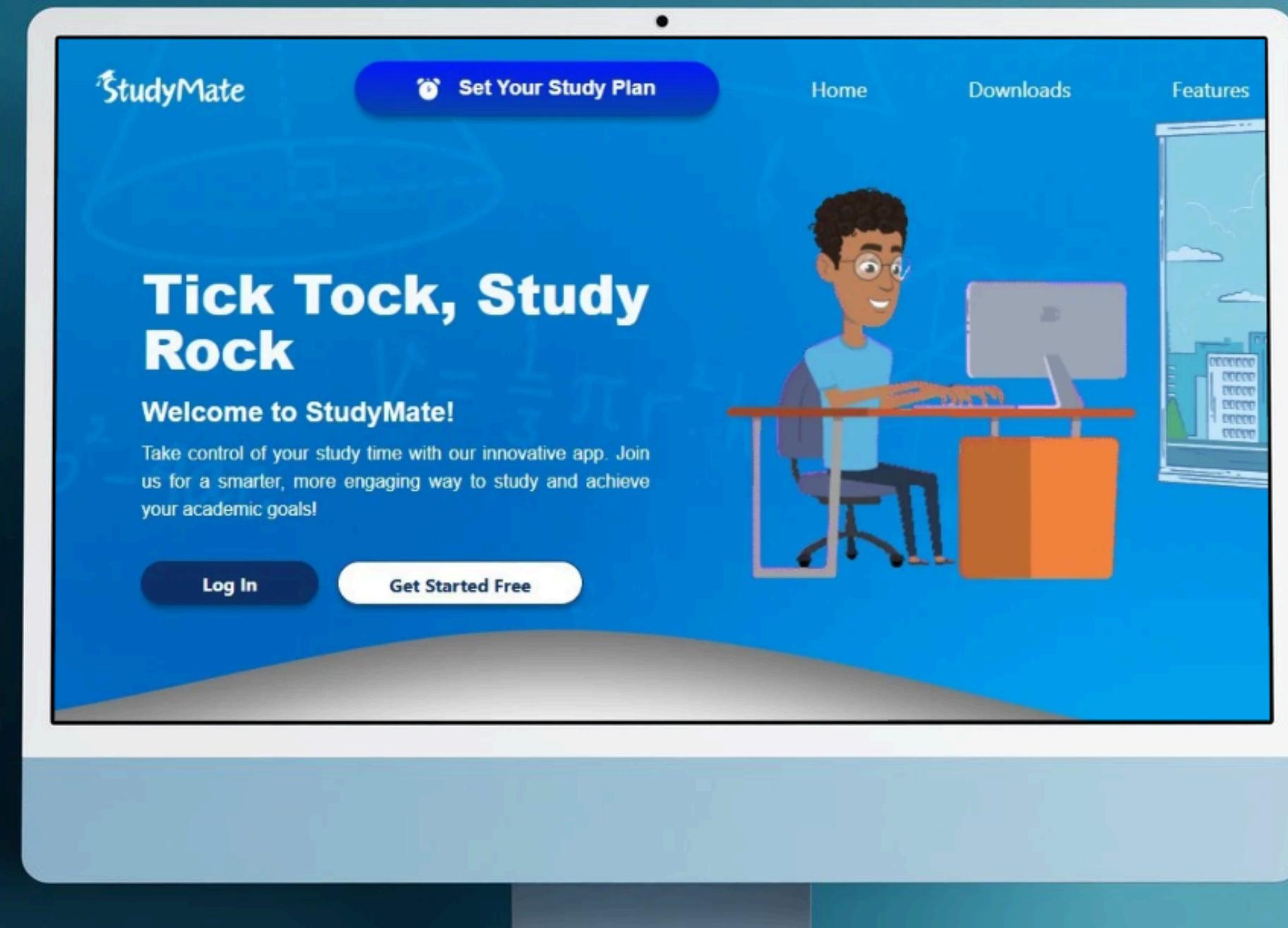


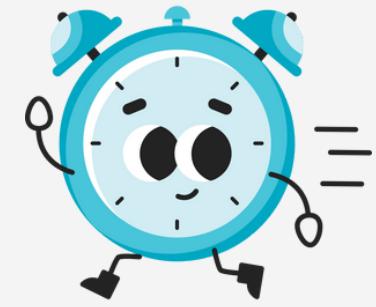
StudyMate USER GUIDE

Smart Study Timer Platform – Web & Mobile



1. Introduction

Welcome to the StudyMate User Guide.



StudyMate is a productivity tool designed to help students manage their study time more effectively using the Pomodoro technique. It breaks study sessions into focused intervals with regular breaks, helping users maintain concentration and avoid burnout.

In addition to helping students focus, StudyMate also allows parents to monitor their child's study progress through a linked dashboard. Our app is available on both web and mobile platforms, making it easy to use anytime, anywhere.

This guide will walk you through how to install, navigate, and use the main features of the app. Whether you are a student aiming to improve your study habits or a parent wanting to support your child's academic journey, this guide will help you get started.

2. System Requirements

To use StudyMate smoothly, please make sure your device meets the following requirements.

For Web App

- Browser: Latest version of Google Chrome, Mozilla Firefox, Microsoft Edge, or Safari
- Operating System: Windows 10 or higher, macOS 10.12 or higher.
- Internet Connection: Stable internet connection is required for login, timer synchronization, quiz access, and data saving
- Screen Resolution: Minimum 1024×768 recommended for best user experience

For Mobile App

- Storage Space: At least 100MB of free space
- RAM: Minimum 2GB RAM recommended for smooth performance
- Internet Access: Required for account login, timer synchronization, quiz access, and progress tracking

! Note: The StudyMate mobile app is currently under development and will be released soon.

3. Glossary

Below are some common terms used throughout the StudyMate platform:

- Pomodoro – A focused study session, typically 25 minutes long, based on the Pomodoro Technique.
- Short Break – A 5-minute break taken after completing a Pomodoro session.
- Long Break – A longer rest period (usually 15–30 minutes) after completing four Pomodoro sessions.
- To-Do List – A feature that allows users to organize and manage tasks by date and category.
- Student ID – A unique code generated for each student that can be used by parents to monitor their progress.
- Parent Dashboard – A section where parents can track their child's study activity, quiz results, and progress.
- Evaluation Form – A short reflection form filled out after each Pomodoro session to encourage self-assessment.
- Quiz Section – A feature where students can access subject-related quizzes (available to paid users).
- Achievements – Rewards or badges earned by students for consistent study habits or special milestones.
- Distraction Alert – A notification or sound that triggers when the user switches tabs or gets distracted during a session.

4. User Access Information

Web Access

Visit: <https://study-mate-amber.vercel.app>

Or simply scan the QR code below to open the website on your device.



Mobile App

 The mobile version (Android & iOS) is currently under development and will be released soon.

Demo Account Credentials

You can use the following demo accounts to explore the system:

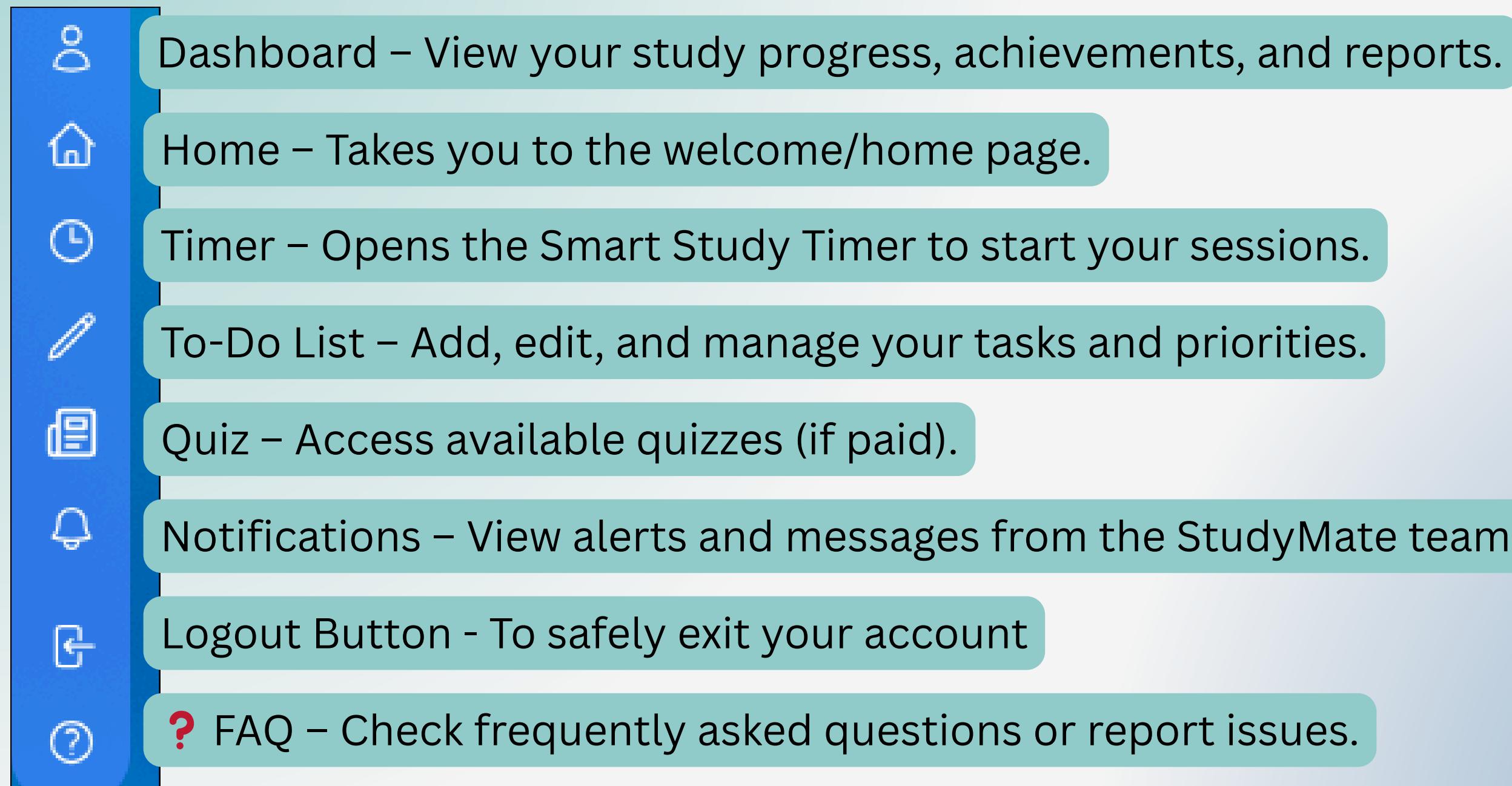
Role	Email	Password
Student	user12@gmail.com	123456
Parent	parent1@gmail.com	123456
Admin	admin6@gmail.com	123456

Users can also create a new account by selecting Sign Up on the login page and choosing their role (Student or Parent).

4. How to Use Specific Features

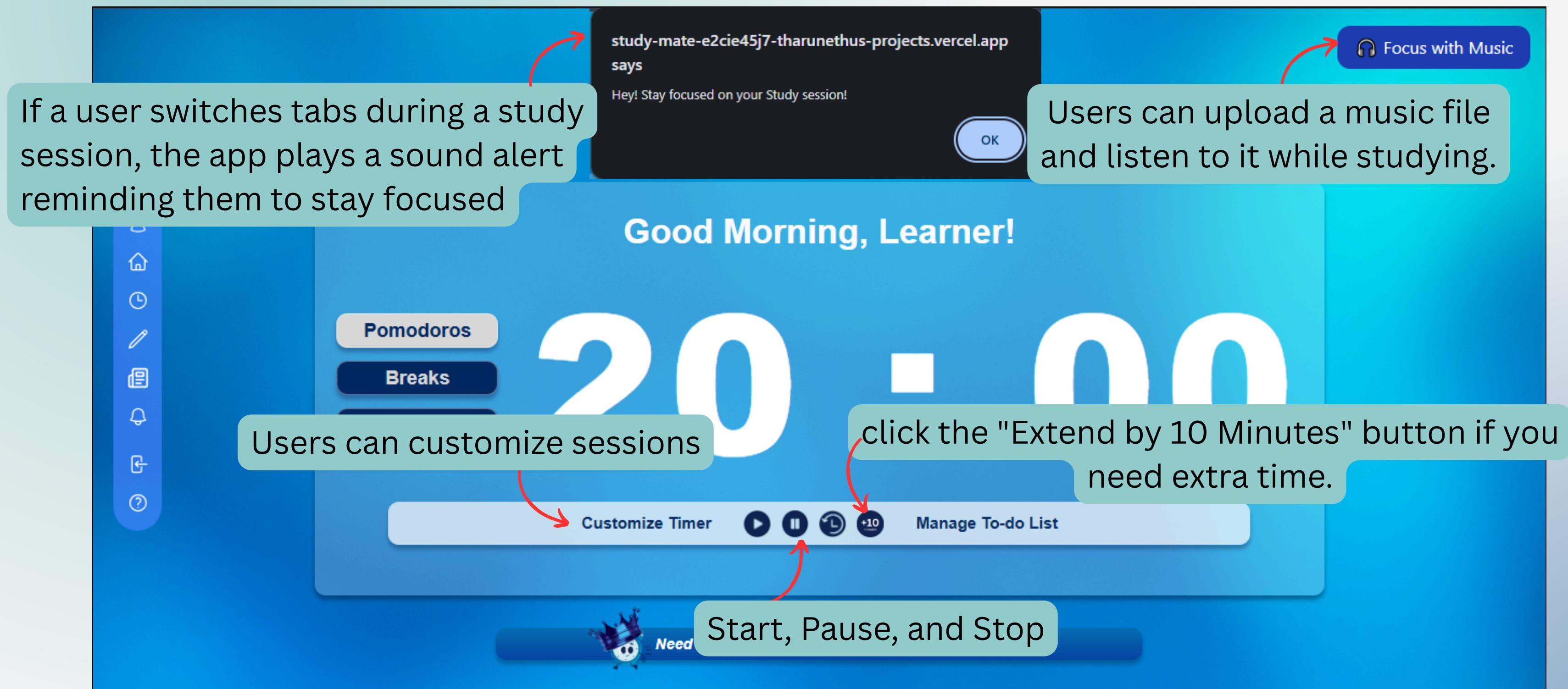
i. Side Panel Navigation

The Side Panel helps users easily move between different parts of the StudyMate platform. It stays visible on the side of the screen for quick access



ii. ⏳ Smart Timer

The Smart Timer is the core feature of StudyMate, designed to help users manage their study time effectively using the Pomodoro technique. Here's how to use it:



iii, Pomodoro Review Form

The Pomodoro Review Form is designed to help you assess your study sessions and earn points based on your self-evaluation.

StudyMate

Quick Self-Check: Review Your Pomodoro Session!

1. How focused were you during this session?

★ ★ ★ ★ ★

2. How productive was your study session?

★ ★ ★ ★ ★

3. How much did you understand from what you studied?

★ ★ ★ ★ ★

4. What did you do during this Pomodoro session?
Describe your study session...

5. How many Pomodoros did you use for this task?

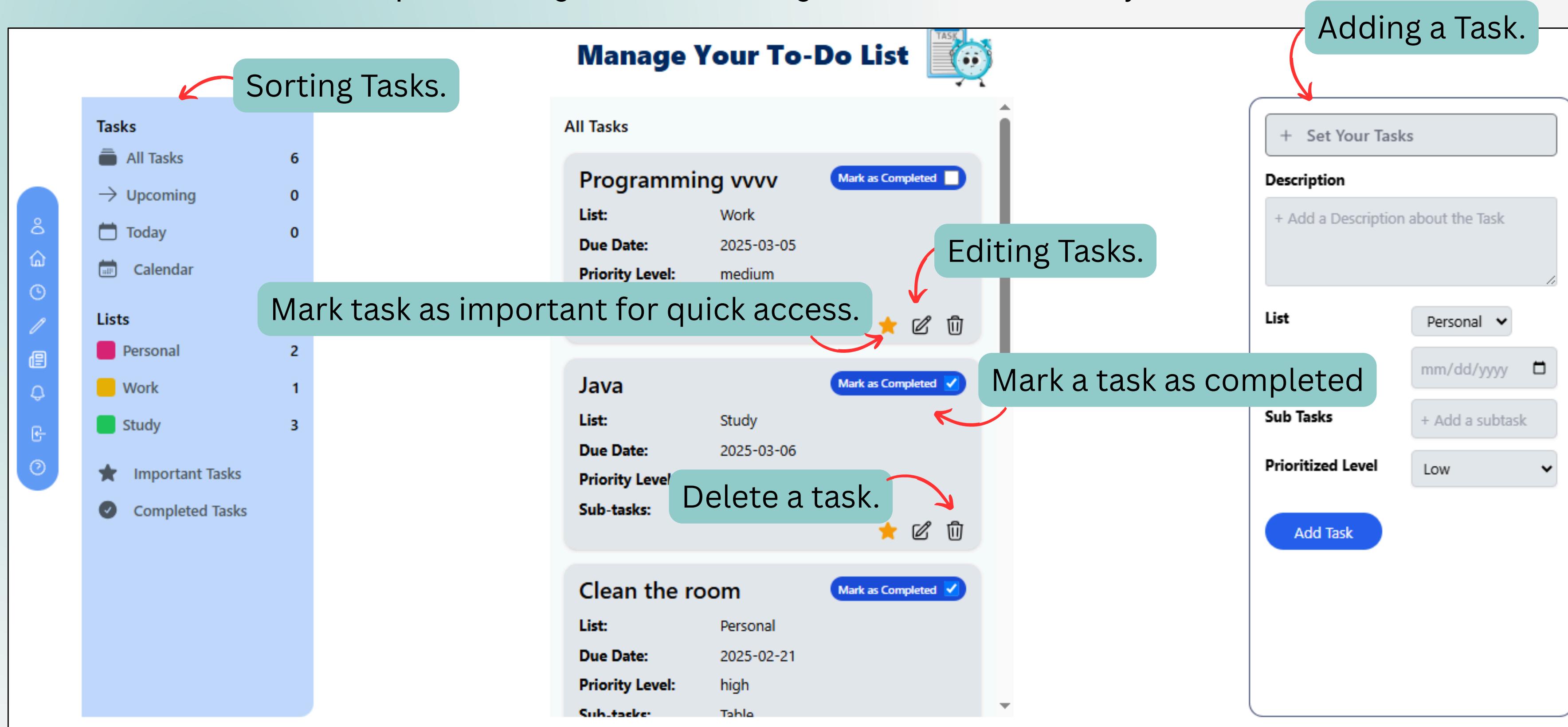
If you do not wish to fill out the review after a session, you can simply skip it

[Skip](#) [Submit](#)

Based on the ratings you give, you will earn points for each section of the review. The Pomodoro Review Form resets and requires completion once a week.

iv. To-Do List

The To-Do List feature helps users organize and manage their tasks effectively.



The screenshot displays a user interface for managing a to-do list. On the left, a sidebar provides navigation and task counts. The main area shows a list of tasks with various details and actions. A floating window on the right allows users to add new tasks.

Sorting Tasks. (Red arrow points to the sidebar icon)

Mark task as important for quick access. (Yellow star icon)

Editing Tasks. (Edit icon)

Adding a Task. (Red arrow points to the 'Add Task' button)

Mark a task as completed (Checkmark icon)

Delete a task. (Delete icon)

Manage Your To-Do List

All Tasks

Programming vvvv

- List:** Work
- Due Date:** 2025-03-05
- Priority Level:** medium

Java

- List:** Study
- Due Date:** 2025-03-06
- Priority Level:** high
- Sub-tasks:** Clean the room

Clean the room

- List:** Personal
- Due Date:** 2025-02-21
- Priority Level:** high
- Sub-tasks:** Table

Tasks

- All Tasks: 6
- Upcoming: 0
- Today: 0
- Calendar: 0

Lists

- Personal: 2
- Work: 1
- Study: 3

Important Tasks

Completed Tasks

Description

+ Add a Description about the Task

List

Personal

mm/dd/yyyy

+ Add a subtask

Low

Add Task

V. 🧠 Quizzes

The Quiz feature allows students to test their knowledge and track their learning progress.

To access the quizzes, you must pay \$2.50 for lifetime quiz access.

The screenshot shows a payment page for StudyMate. At the top, it says "Unlock Premium Quiz Access". Below that, it says "Pay just \$2.5 to access exclusive quizzes and track your performance." There are two payment options: "PayPal" and "Debit or Credit Card". A red arrow points from the text "To access the quizzes, you must pay \$2.50 for lifetime quiz access." to the "PayPal" button. At the bottom, there is a note: "All payments are securely processed via PayPal Sandbox (test mode)".

StudyMate

Welcome to the Quiz Zone!



es designed to test your knowledge and help you track your progress. We're proud to collaborate with ClassMarker.com to deliver

ked to yours, they will also be able to view your quiz results through their dashboard.

dyMate

me to begin.

core and correct answers after finishing

It URL to revisit anytime.

st here.

Lesson 2

Grade 6 Science Quiz - Lesson 1

studymate_trial_quiz

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Your quiz scores can be accessed at any time from the Quiz History section.

View Previous Quiz Results

Browse through the available quizzes based on your subject or area of study.
Select the quiz you want to take.

vi. Student Dashboard

The Student Dashboard is your personal space where you can view your progress, achievements, and detailed study information.

 You can export your full progress report as a PDF

Hello user12, Let's Check Out Your Progress! 

Personal Details

Name user12	Email user12@gmail.com
Student ID S123456789	

Task Progress

 2/6 Tasks

Pomodoro Sessions

 61 Total Completed	0h 14m Total Pomodoro Time
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Early Bird: Earn this achievement if you study between 4 AM to 8 AM for 5 days a week.


Early Bird

Night Owl: Earn this achievement if you study between 10 PM to 3 AM for 5 days a week.


Night Owl

Focus Pearl:


Focus Pearl

Earn this achievement based on the total points from your Pomodoro session reviews. You must have more than 40 points across multiple session evaluations to earn this badge.

vii. 🚀 Parent Dashboard

The Parent Dashboard allows parents to monitor and track the progress of their child's study sessions.

The screenshot shows the StudyMate Parent Dashboard. At the top, it says "Hello Parent1, view your student's progress here." On the left, there's a button "Export Data" and the StudyMate logo. In the center, a callout box says "To add a student, simply enter the Student ID" with a red arrow pointing to an input field "Enter Student ID". Below that is a blue "ADD" button. On the left, under "View Your Student's Details", there's a note: "You can add a student using the student ID which will be displayed in the student's profile." A red arrow points from this note to two student IDs listed: "HWUJMO" and "3JLRRT". To the right, a message from "StudyMate" is shown in an email client: "Hello Student, You got a new message from StudyMate: We are excited to inform you that parent Parent1 from our community has added you as their student to monitor and support your study analytics through our platform. If you are aware of this addition, no further action is required on your part. However, if you do not recognize this activity or have any concerns, please contact us immediately at <http://localhost:5173/faq>. Thank you for being a valued part of our learning community! Best wishes, StudyMate team".

Once a student is added, the student will receive an email notifying them that they've been successfully linked to the parent account. The email will include the parent's name so the student knows who has linked them.

viii. ? Frequently Asked Questions (FAQ)

The FAQ section helps users find quick answers to common questions about using StudyMate.

The image shows a screenshot of the StudyMate app's FAQ page. The background features a collage of school-related icons like a star, a clock, a calculator, and mathematical symbols. At the top right is the StudyMate logo. Below it, the title "Frequently Asked Question" is displayed in bold blue text. A dark blue button with white text reads "Facing any issues? Report it!". A red arrow points from this button to a callout box containing instructions for reporting issues. The callout box contains three bullet points: "Click the 'Report an Issue' button.", "Choose from a list of predefined issues (e.g., login issues, timer not working, quiz access problem, etc.).", and "Add any additional comments or opinions to explain your issue." Below the callout box, the text "Click Send to submit your feedback." is visible. The page is divided into four numbered sections: 1. What is this app, and how can it help me?, 2. How do I set a study timer?, 3. Can I track my study progress?, and 4. Can I set reminders for my study tasks?. Each section has a brief description below it.

Frequently Asked Question

Facing any issues? Report it!

- Click the "Report an Issue" button.
- Choose from a list of predefined issues (e.g., login issues, timer not working, quiz access problem, etc.).
- Add any additional comments or opinions to explain your issue.

Click Send to submit your feedback.

1. What is this app, and how can it help me?

This app helps you manage your study sessions efficiently using features like Pomodoro timers, task management, progress tracking, and motivational quotes. It keeps you focused and organized throughout your study routine.

2. How do I set a study timer?

Simply select the desired study session from the timer options, or customize your own timer settings, and click "Start" to begin. You can pause and reset the timer whenever needed.

3. Can I track my study progress?

Yes, the app offers visual progress tracking, showing your study hours, tasks completed, and overall progress.

4. Can I set reminders for my study tasks?

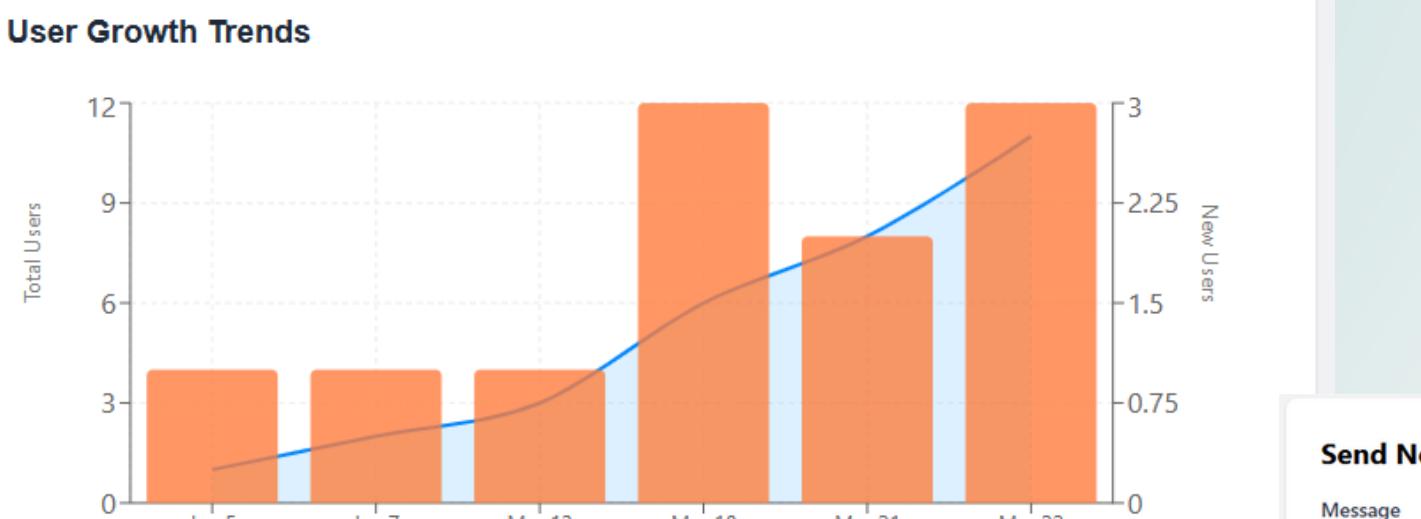
Yes, you can set reminders for each task to ensure you stay on track with your study goals.

ix. Admin Dashboard

The Admin Dashboard provides administrators with full control over platform analytics, user communication, and issue management.

Admin Dashboard

User Growth Trends



Total Users
New Users

Date: Jan 5, Jan 7, Mar 13, Mar 18, Mar 21, Mar 22

Legend: Total Users (Blue Line), New Users (Orange Bars)

Admin can view detailed statistics about the platform's users.

Reported Issues

User ID	Category	Details	Timestamp	Solved	Remarks
5xXbVUfHYSgmH9AlKWmDpNR828V2	Other Issues	otherIssue: Alerts are not working properly	3/22/2025, 9:42:58 AM	<input checked="" type="checkbox"/>	Add remarks
3jLRGHVbVoNkpAhDa7hXPtjm8hd2	Request Quiz	Subject: tamil grade: Grade 10-11	4/17/2025, 5:09:10 PM	<input type="checkbox"/>	Add remarks
3jLRGHVbVoNkpAhDa7hXPtjm8hd2	App Issues	appIssue: Timer not working	3/22/2025, 8:54:07 AM	<input type="checkbox"/>	Add remarks
5xXbVUfHYSgmH9AlKWmDpNR828V2	App Issues	appIssue: To-Do List issue	3/22/2025, 9:46:27 AM	<input type="checkbox"/>	Add remarks
3jLRGHVbVoNkpAhDa7hXPtjm8hd2	Parent/Account Issues	emailTime: 3.20 pm emailDate: 22/3/2025 parentName: parent1	3/22/2025, 8:55:15 AM	<input type="checkbox"/>	Parent did not answer

Send Notification

Message:

Recipient Type: All Users

Importance: Normal

Send Notification

All issues submitted through the FAQ report form will appear in the admin dashboard.

5. Troubleshooting

If you experience issues while using StudyMate, try the following solutions:

Issue	Solution
App not loading	Check your internet connection and try again.
Can't log in	Make sure your email and password are entered correctly.
Quizzes not accessible	Ensure you have completed the \$2.50 lifetime quiz payment.
Payment options not showing.	Try reloading the page until the payment interface appears.
Timer not working.	Try refreshing the page or restarting the app.

6. ☎ Support Contact Details

If you're unable to resolve your issue using the troubleshooting guide, feel free to reach out for help:

- ✉️ Email: studymateapp3@gmail.com
- 📞 Phone: +94 71 057 1733
- 🌐 Website: <https://study-mate-amber.vercel.app>

We're here to help you get the most out of your StudyMate experience!

