Poster 295

# **Imbalanced Dual Systems of Decision Making in Healthy Older Adults and Stroke**



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### Introduction

- Healthy decision making is driven by a dual-system of control comprising habitual (fast, automatic) and goal-directed (slow, deliberate) strategies. Each are thought to be implemented in separate cortico-basal ganglia loops.<sup>1</sup>
- Goal-directed control has been shown to decline with healthy aging, leading to an imbalance of the dual-system.<sup>2</sup>
- An imbalance of this dual-system has also been found in various basal ganglia-related neurological diseases, such as Parkinson's Disease, Obsessive Compulsive Disorder, and Binge-eating Disorder.<sup>3,4</sup>
- Given the presence of local and remote structural damage and neural dysfunction after stroke, it is possible that this dual-system balance may be impaired beyond healthy aging in individuals with stroke.
- Here, we examine (1) the behavioral effects of stroke on the balance between habitual and goal-directed decision-making compared to healthy young adults (YA) and healthy older adults (OA), and (2) examine cortico-striatal functional connectivity in a preliminary analysis of a subset of data.

#### **Methods**

Forty-one participants (25 YA, 11 OA, 7 stroke) were trained on and completed a two-step Markov Decision Task, adapted from Daw et al. (2011)<sup>5</sup> and Gillan et al. (2015<sup>6</sup>; Fig 1). Data from 6 participants were thrown out due to low learning rates on the task (2 YA, 3 OA, 1 stroke). MRI data collection was disrupted due to COVID-19; thus, we present fMRI data on 4 stroke participants and use data from 30 YA from the Human Connectome Project.

# **Task**

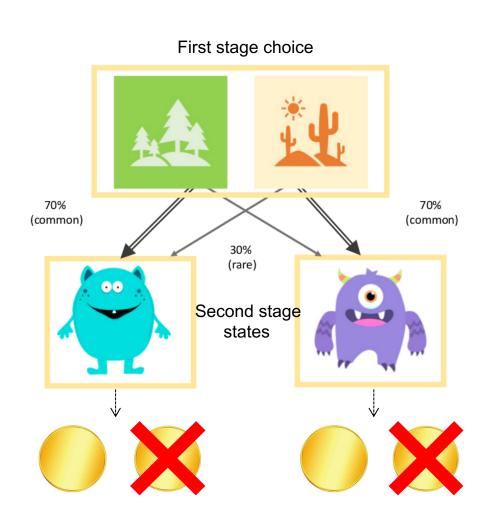


Figure 1. Two-stage Markov decision task (adapted from ref. X) On each trial, participants made a choice between two locations. One location more commonly (70%) led to one of the second-stage states, and rarely (30%) led to the other. Each second-stage state was associated with slowly changing reward probabilities.

### **Task Modeling and Group Behavioral Analysis**

- Decision making behavior was fit at the subject-level, according to a hybrid algorithm from Daw et al. (2011)<sup>5</sup>
- Choices were assumed to be driven by a weighted combination, w, of learned action values via model-based reinforcement learning (Bellman's equation) and model-free SARSA (lambda) TD learning. A weighting greater than 0.5 indicates goal-directed behavior, a weighting less than 0.5 indicates habitual behavior.
- R Stan's Markov Chain Monte Carlo (MCMC) technique was used to perform Bayesian parameter estimation.
- A Kruskal-Wallis test was used to examine differences in mean w between groups.

#### **Resting-State Analysis**

- We used the CONN toolbox for preprocessing and first-and second-level analyses.
- We examined intrahemispheric connectivity of the caudate and putamen (defined individually with Freesurfer) to the lateral prefrontal cortices (LPFC) and lateral sensorimotor regions (SM) respectively, defined with CONN's network atlases.

## **Results**

## 1. Healthy OA and individuals with stroke were least goal-directed.

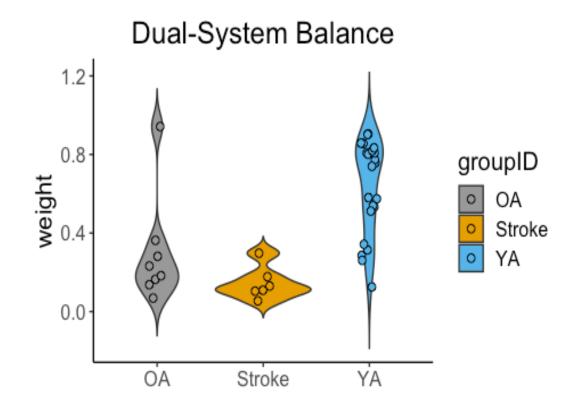


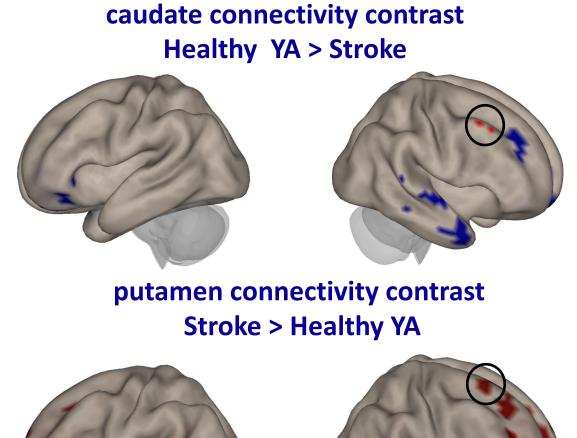
Figure 2. Behavioral Results. Overall the YA group was most goal-directed (mean w=0.64), followed by the OA group (mean w=0.29), then the stroke group (mean w=0.15). w was significantly different between groups ( $\chi 2$ =15.99, p<0.001), where the YA group was significantly more goal-directed than both the OA and stroke groups (p<0.05). No significant difference was found between the stroke and OA groups.

## 2. Healthy YA had greater caudate-LPFC connectivity; stroke had greater putamen-SM connectivity.

4.41

0.00

-7.60



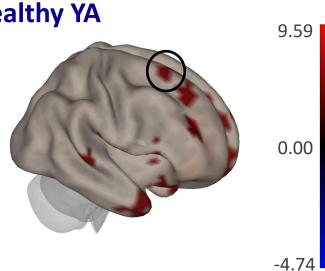


Figure 3. Resting-state connectivity. Top: averaged seed-to-voxel contrast (YA > stroke) results using bilateral caudate seeds; p<0.001 uncorrected, cluster-size p-FDR<0.05. Circled area highlights greater caudate-PFC connectivity in healthy young adults.

Bottom: averaged seed-to-voxel contrast (stroke >YA) results using bilateral putamen seeds; p<0.001 uncorrected, clustersize p-FDR<0.05. Circled area highlights greater putamenlateral sensorimotor region connectivity in stroke compared to healthy YA; however this was not significant in seed-to-seed analyses.

## **Discussion**

- These preliminary results suggest that stroke may not alter decisionmaking behavior beyond healthy aging.
- However, more data, particularly from stroke and healthy OA, is needed to determine the strength of these effects and draw more conclusive results.
- Moreover, lesion location will likely play a role in altering corticostriatal connectivity; however, we had insufficient data to examine for effects of lesion load.
- Data collection is now continuing online, and we are also collecting measures of working memory, as previous research<sup>7</sup> has shown that working memory protects against habitual decision making.

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#### References

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