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Three Critical Areas:

- ❖ Contact/friend screen
  - Ask for permission to have access to your contacts
- ❖ Regimen Screen
  - Can add new regimen
  - Shows all regimens that are owned (includes two defaults)
- ❖ Video call
  - Prompts interval times interactive with the video
  - Skipping exercises
  - Add exercises to queue

Three Tasks:

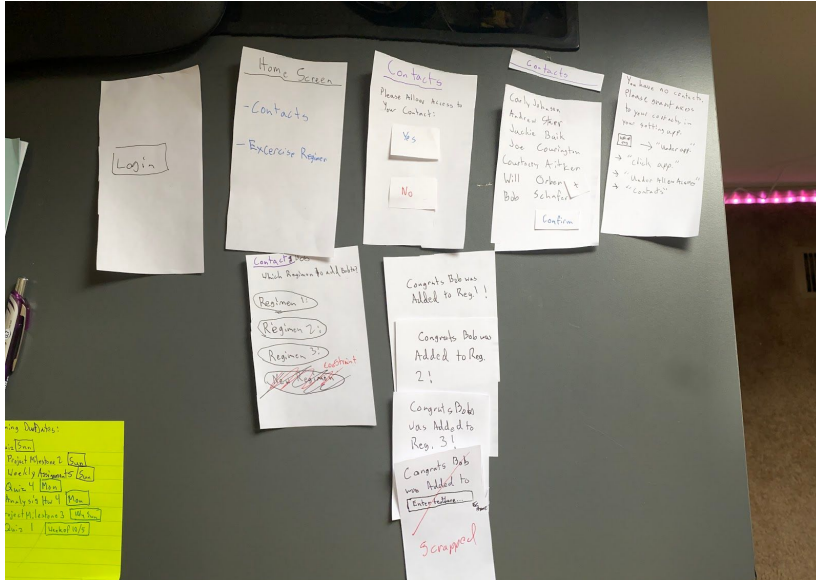
- ❖ Add “Bob Schafer” to contacts into a workout regimen
- ❖ Enter exercises that you and your friend want to add to regimen
- ❖ Start video call & add “box jumps” to your regimen in call

Good Notes (from talking about design):

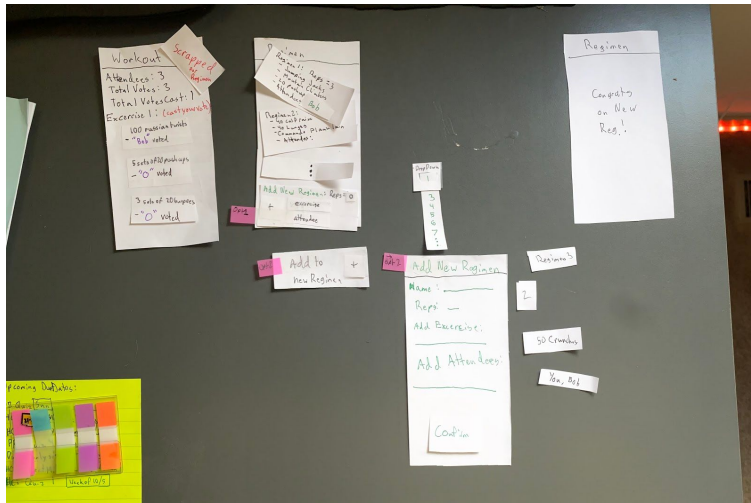
- ❖ Original planned to have one of the three critical areas be a workout screen where each attendee to that regimen would be able to vote on exercises
  - Deemed inefficient way to select workout and partners
    - Workout defined, so each attendee know what they signed up for
    - No conflicts, and more efficient since it is planned
  - Went against initial thought to opt for more controllable interface that controls all the regimens and allows one to edit to
- ❖ What should we allow them to edit in each Regimen?
  - Workout type, reps
  - Attendees
  - Constraints?

### Paper Prototype Pictures:

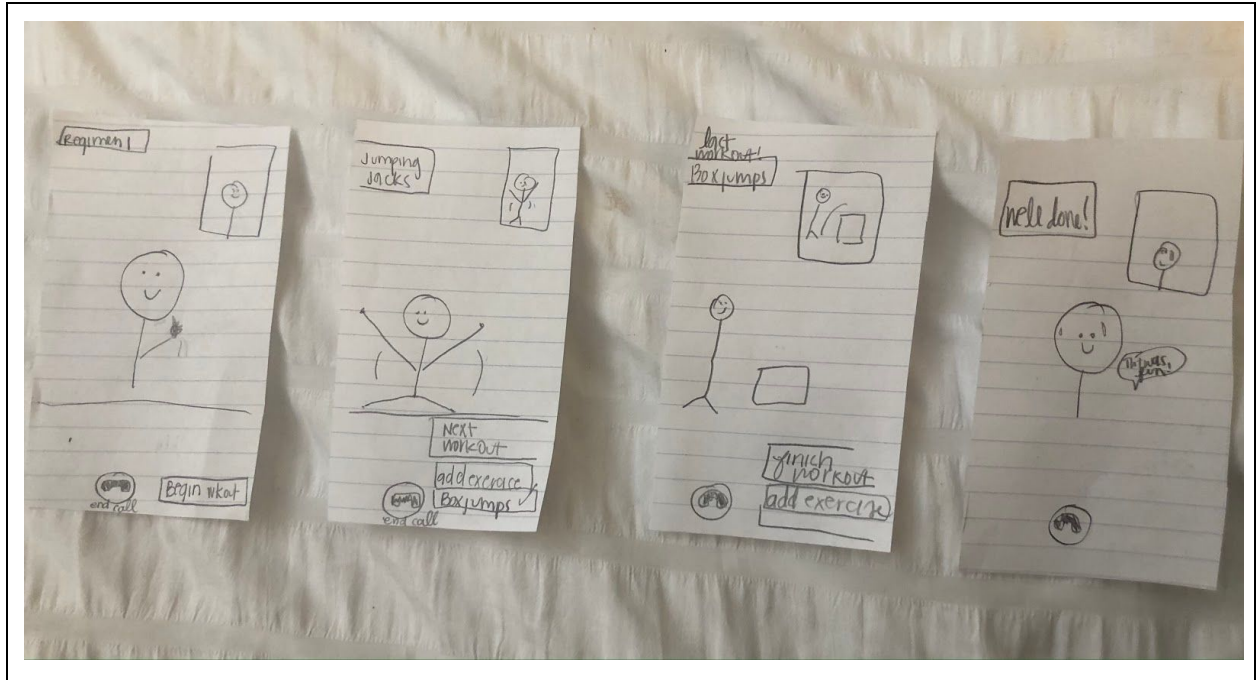
Contact Screen: (who is the app targeting?)



Regimen Screen (Best way to collect user input):



Video Call:



Link to Prototype:

<https://www.figma.com/proto/IV1t3Etw8E4Pr1BeB0Xcwi/Prototype?node-id=2%3A4&scaling=scale-down>

Link to Figma Project:

<https://www.figma.com/file/IV1t3Etw8E4Pr1BeB0Xcwi/Prototype?node-id=0%3A1>