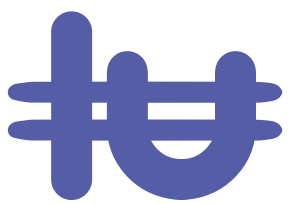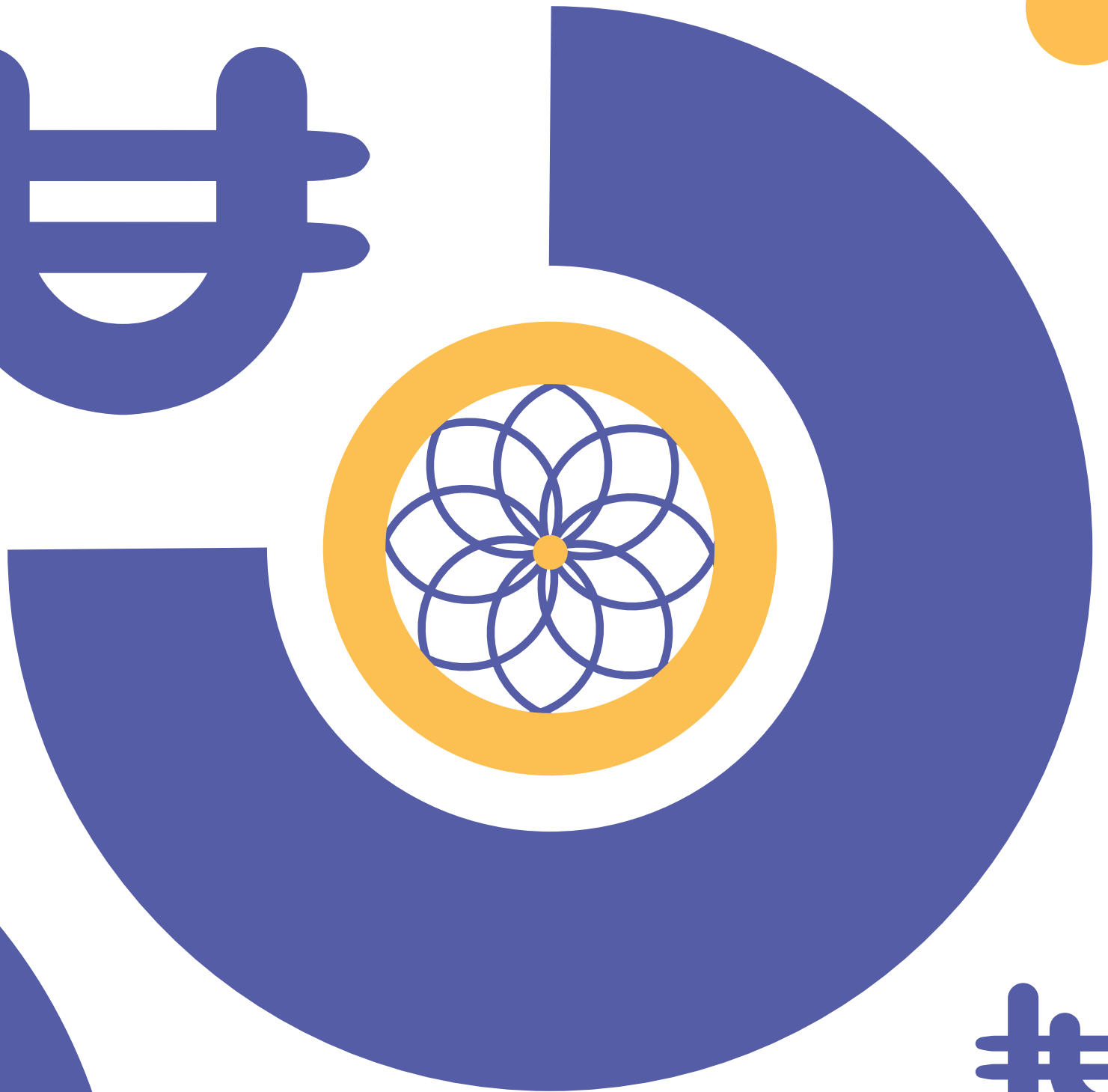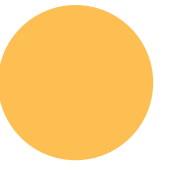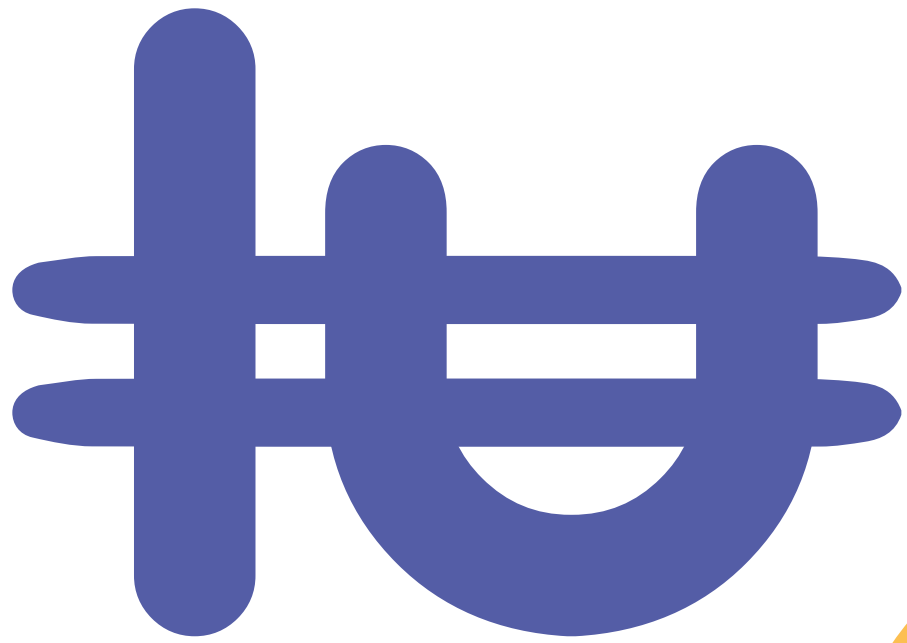liberate + accumelate

lucid