

PATIENT: John Doe | DOB: 05/12/1990 | DATE: Jan 15, 2026

S (Subjective):

Patient presents to ER complaining of left ankle pain after twisting it while playing basketball. Reports pain level 4/10. denies numbness or tingling. Able to bear some weight.

O (Objective):

Vitals: BP 120/80, HR 72, Temp 98.6. Stable.

Physical Exam: Mild swelling over lateral malleolus. Range of motion intact but painful. Skin intact. No deformity.

Imaging: 3-view X-ray of Left Ankle.

RADIOLOGY REPORT: "No acute fracture or dislocation identified. Soft tissue swelling noted."

A (Assessment):

1. Left Ankle Sprain (S93.402A)

P (Plan):

- RICE protocol (Rest, Ice, Compression, Elevation).
- Ace wrap applied.
- Ibuprofen 600mg PO.
- Discharged to home. Follow up with PCP in 1 week if no improvement.
- Time spent: 25 minutes.