Tables →

Users
User Habits
User Habit Logs

Users

- user_id (primary key)
- Name
- Email id / Phone number / Device ID

User Habits

- user_habit_Id (primary key)
- User (Fk)
- Habit Name
- Is_valid

User Habit Logs

- user_habit_log_id (primary key)
- User Habit (Fk)
- User (Fk) → optional (we can always fetch user from user-habit)
- Date
- Time
- Status - default (yes) - turns no only when user re-clicks an entry / removes it specifically