

# Review questions

- What are the four items in the SEEV model?
- What is change blindness?
  - Changes in the physical world, although visible by the eye (or audible by the ear, etc), are not detected.
- What does focused attention mean?
  - Ignore sensory info not selected; Suppress distracters

**Check previous lecture slides to find the answers.**

SYDE 543

Cognitive Ergonomics

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# Attention and Multitasking

Professor Shi Cao  
Systems Design Engineering



# Overview of today's lecture

- What is multitasking?
- How to study multitasking performance?
- Types of attention resources
- Task switching and interruption

# Multitasking

- For example,



[www.thewashcycle.com](http://www.thewashcycle.com)

# Multitasking

- Perform multiple tasks at the same time. (divided attention)
- Task hierarchy, e.g.,
  - Driving from location A to B
    - Select route, decide where to turn
    - Watch traffic signals and signs
    - Control speed and lane position
      - Monitor mirrors, speedometers, etc.
      - Press pedals, turn steering wheels, control turning signals
- Driving itself contains multiple components.
- Each study may have its own focused task level.
- You need to decide the level of grain when talking about single-task or multi-tasks.

# Multitasking

- Multitasking, time-sharing, parallel processing
- What do they mean?
- Two possibilities:
  - Truly parallel processing
  - Concurrent, simultaneous
  - E.g., walking and talking/thinking
  - Task switching, time-sharing
  - Interruption and resumption
  - E.g., reading book and text messaging
- Which is the case? also depends on the selected time scale (granularity)
- Rapid task switching may appear the same as truly parallel processing. (think computer multiple threads)

# How to test dual-task performance?

- You are asked to test whether using this new console would impact driving performance/safety.
- What do you plan to do?

What do you want to test?

- Can you interact with it while driving?
- How fast does it react?
- How accurate is voice control?

What do you do?

- Get test subject to use it in a real situation
- Get them to have a text conversation entirely in voice
- Test it in a controlled environment, eg VR
- Get base line with existing console or without any console and compare performance (driving and otherwise) with the new one.



# Multitasking research paradigm

- For driving, define performance or safety measures
  - Example: lane deviation, brake reaction time, traffic violations
- For console interaction tasks, define performance measures
  - Example: task completion time, error, satisfaction
- Equipment, population, practice (testers used should reflect the population), instruction
- Measure single task and dual task performance
- Compare single vs dual task performance



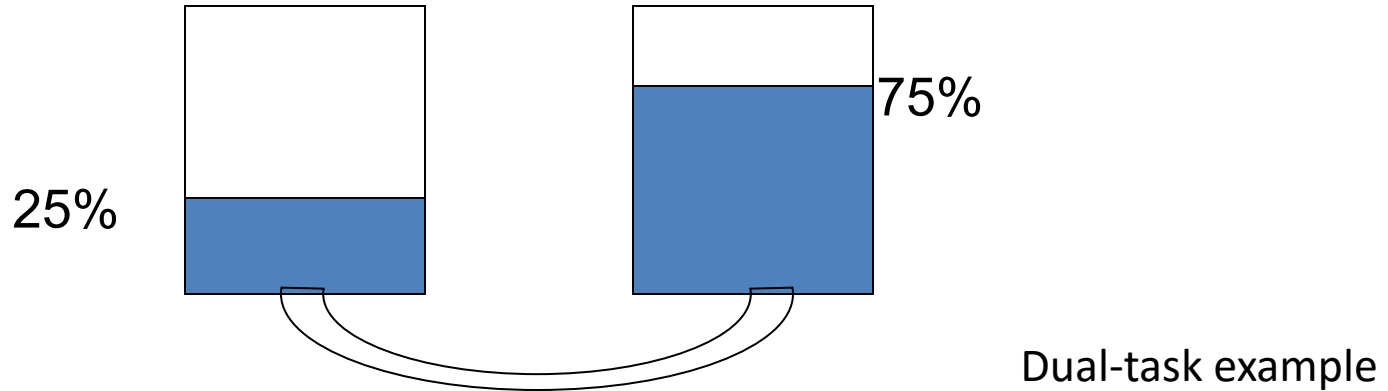
# Multitasking research paradigm

- In general,
- Single task: T1 only, T2 only
- Dual task: T1 and T2 simultaneously
- Compare performance measure
  - For T1, T1-only vs T1 in dual
  - For T2, T2-only vs T2 in dual
  - Dual-task **interference**: lower performance in dual condition

# Attention resources

- Multitasking performance is determined by attention resources.
- However, it is difficult to directly measure attention resources.
- **Type of attention resource**
  - **Single resource theory**
  - **Multiple resource theory**

# Single resource theory



- Analogy to water in multiple tanks.
- Views attention as resources that can be allocated in any manner between multiple tasks, but can not exceed 100% total.

# Resource demand

- Attention resources are limited.
- Tasks have different levels of demands
- **Automatic processing:** less attention required
  - Skills that require no (or very little) attention, e.g.,
    - Breathing
    - Walking
    - Riding a bike (assuming you've done it for years)
- **Controlled processing:** more attention required
  - E.g., mental math computation, listening to lectures
- A continuum exists from completely automatic to not automatic at all

# Multitasking is Common in Healthcare

Physicians in emergency departments

- Simultaneously attending to 5.1 patients
- Interrupted every 9 minutes

(Chisholm et al., 2000; Laxmisan et al., 2007; Leape, 2012)

**Does multitasking affect decision performance?**

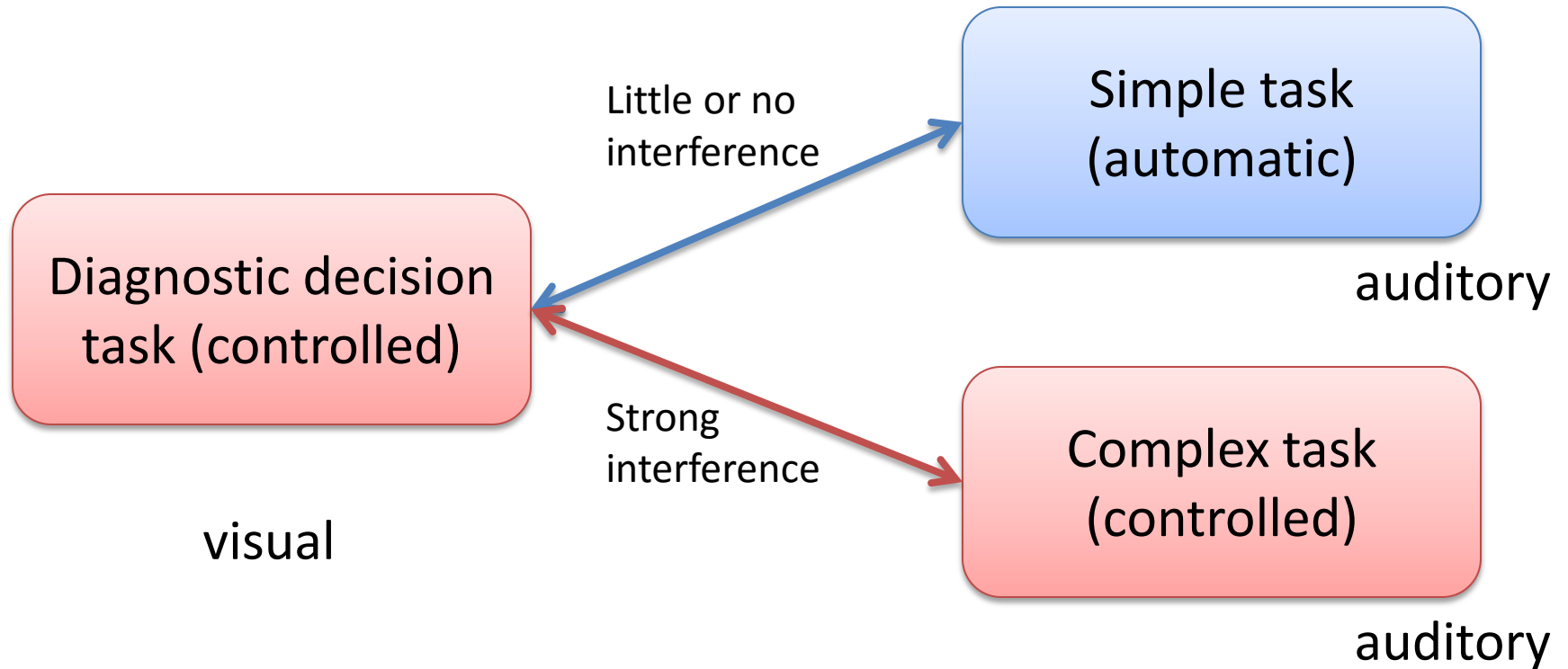


[Effects of concurrent tasks on diagnostic decision making: An experimental investigation](#)

S Cao, Y Liu (2013). IIE Transactions on Healthcare Systems Engineering 3 (4), 254-262

# Experiment Hypotheses

- Performance interference



# Abstract Diagnostic Decision Making Task

- 1 true disease among 8 choices
- 3 diagnostic tests
- Measure task completion time, error rate

The screenshot shows a software window titled "Abstract Diagnostic Decision Making Task". At the top, it displays "ID: 1" and "Gender: Female". Below this, there are two rows of four buttons each, numbered 1 through 9. Buttons 1, 2, 6, and 7 are blue, while buttons 3, 4, 8, and 9 are red. To the left of these buttons are three stacked buttons labeled "Small-Large", "Odd-Even", and "Blue-Red". To the right of these buttons is a large white rectangular area labeled "Large".

ID: 1      Gender: Female

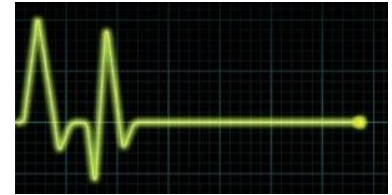
1 2 3 4      6 7 8 9

Small-Large  
Odd-Even  
Blue-Red

Large

# Concurrent Tasks (Auditory)

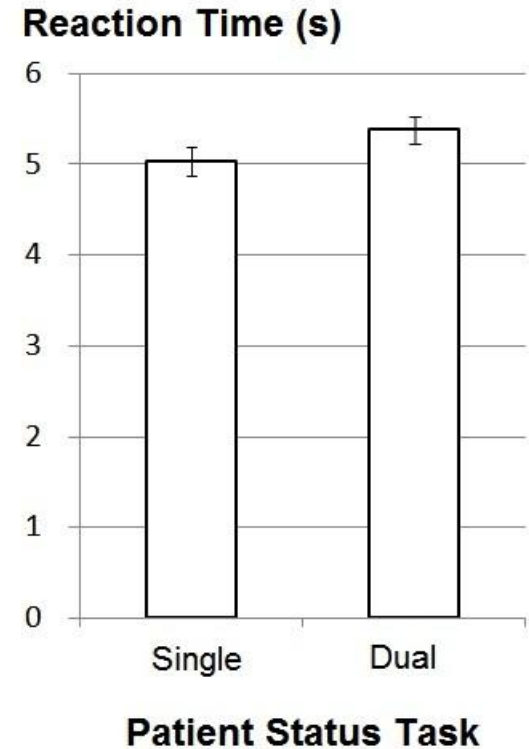
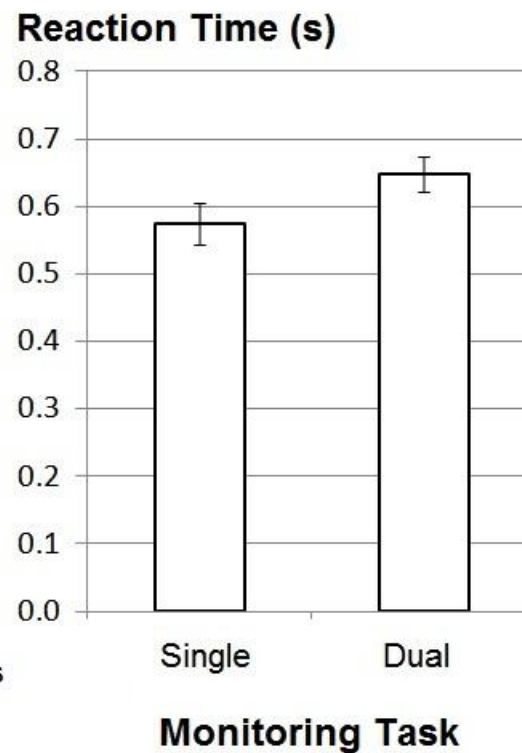
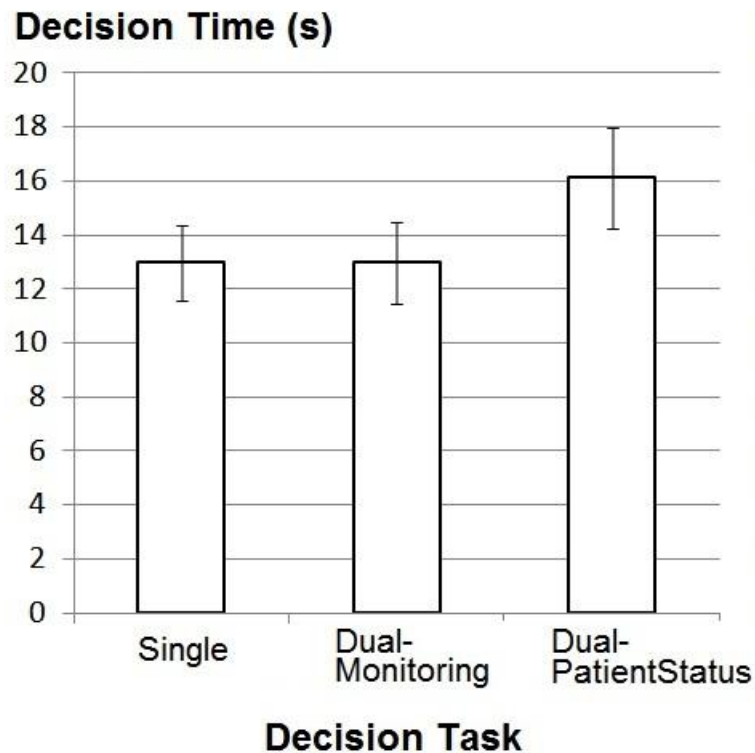
- Sound monitoring (Simple)
  - Beep sounds resemble cardiac monitor
  - Press key when hearing a flat tone
- Patient status tracking (Complex)
  - Track the emergency levels of three simulated patients
  - Patient: Alpha, Bravo, and Charlie
  - Emergency level: Low, Medium, and High
  - “Update. The emergency level of Patient Charlie has changed to High.”
  - “Question. Is the emergency level of Patient Bravo at the Low level?”





# Results: Performance

- 30 participants
- Significant effect of the complex task on diagnostic time.
- Diagnostic error rate not significantly affected.



# Attention resources

- Multitasking performance is determined by attention resources.
- However, it is difficult to directly measure attention resources.
- Type of attention resource
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  - **Multiple resource theory**

# Multiple Resources (Wickens)

## 1. Stages

- Perception & Cognition
- Responding

## 2. Processing codes

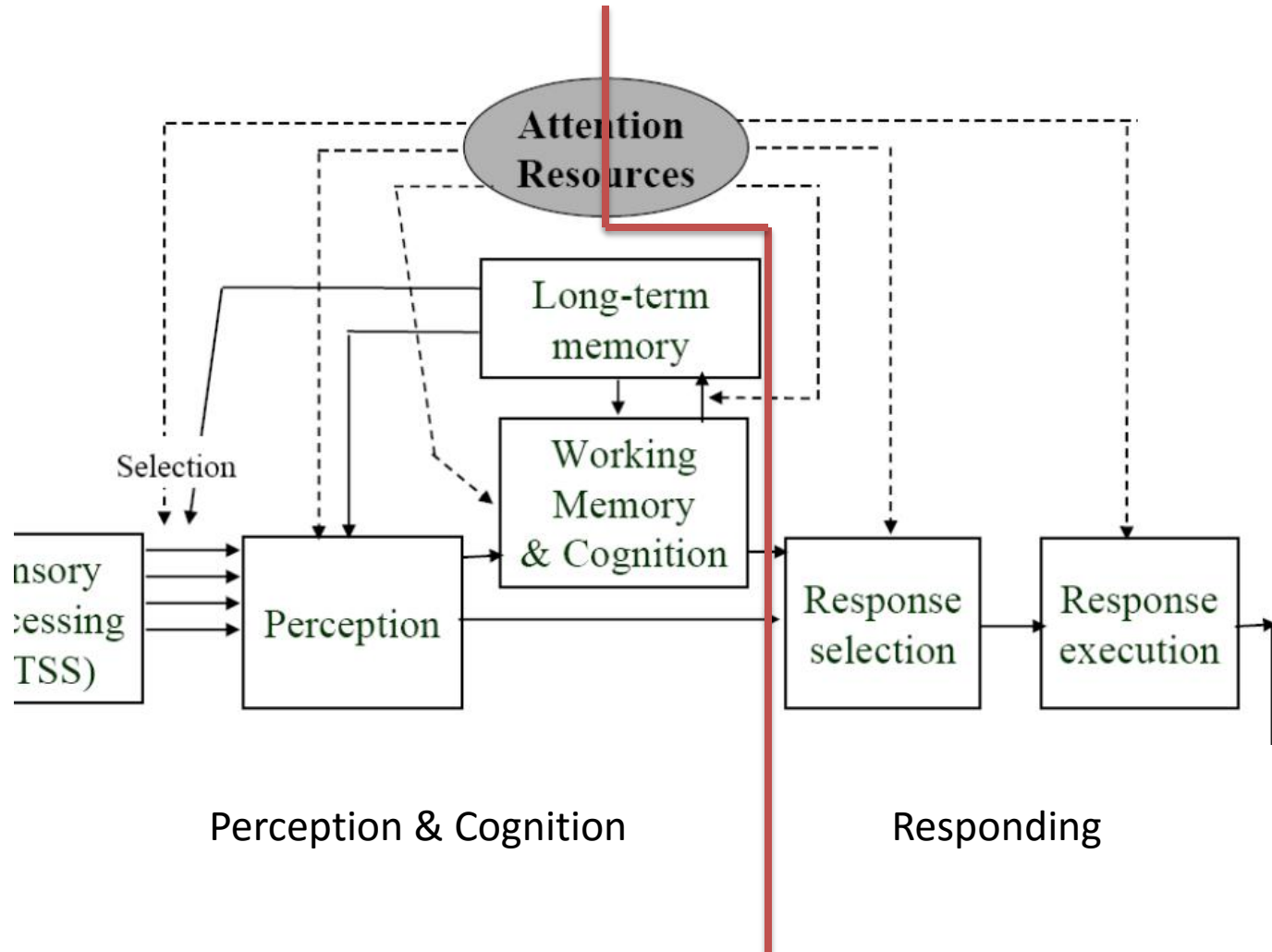
- Verbal
- Spatial

## 3. Perceptual modality

- Auditory
- Visual (4. focal vs. ambient)
- Tactile

# Stages

- Processed in different brain regions.
- E.g., reading a book and spinning a pencil

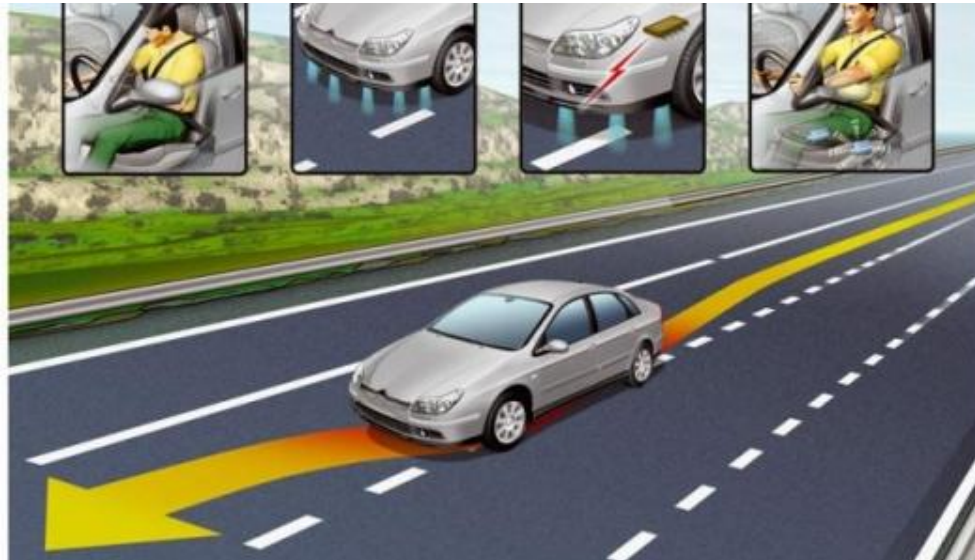


# Processing Codes

- Verbal vs. Spatial
  - Verbal
    - Reading text, listen to a conversation
  - Spatial
    - Direction, object rotation, spatial localization
- Little overlap
  - Listening to a radio story and walking to home (turn left/right)
- Large overlap
  - Listening to a radio story and writing an essay

# Perceptual modalities

- Visual, Auditory, and Tactile
  - It is easier to perform two tasks at the same time when they use different modalities than when they use the same modalities
  - Little overlap: driving and listening to the radio
  - Large overlap: having a conversation and listening to the radio



A good idea?

# Visual (focal vs. ambient)



# Limitations of multiple resource theory

- Qualitatively
  - Identify important factors
  - If share less common resources, less interference.
- Limitations
  - Cannot quantitatively predict.
  - Still need empirical studies.
  - A single general attention resource may still exist.



# Driver multitasking study example



Concurrent processing of vehicle lane keeping and speech comprehension tasks

# Driver Multitasking: Experiment

- Designed and programmed experiment focusing on lane keeping & sentence comprehension
- Task (Single or Dual), Driving speed (36 or 72 km/h)



Participants hear: e.g.,

Input sentence: *"the bicycle blocked the car."*

Probe sentence: *"the car was blocked by the bicycle."*

(active or passive, true or foil)

Press key for same or different.

# Driver Multitasking: Summary

- The results suggest that performing a secondary speech comprehension task for a limited period of time may not immediately affect the primary task performance (i.e., lane keeping)
- but it increases drivers' mental workload and reduces drivers' capability to comprehend speech.

[Concurrent processing of vehicle lane keeping and speech comprehension tasks](#)

S Cao, Y Liu (2013). Accident Analysis and Prevention 59, 46-54

# Ontario Distracted Driving Law

- <http://www.mto.gov.on.ca/english/safety/distracted-driving.shtml>
- In Ontario, it is illegal for drivers to talk, text, type, dial or email using hand-held cell phones and other hand-held communications and entertainment devices.

# Eyes on the road

- In general, don't let eyes off the road for over 2 second.
- Pioneer Days on Rt 128
- John Senders
- <https://www.youtube.com/watch?v=kOguslSPpqo>

# Attention resources

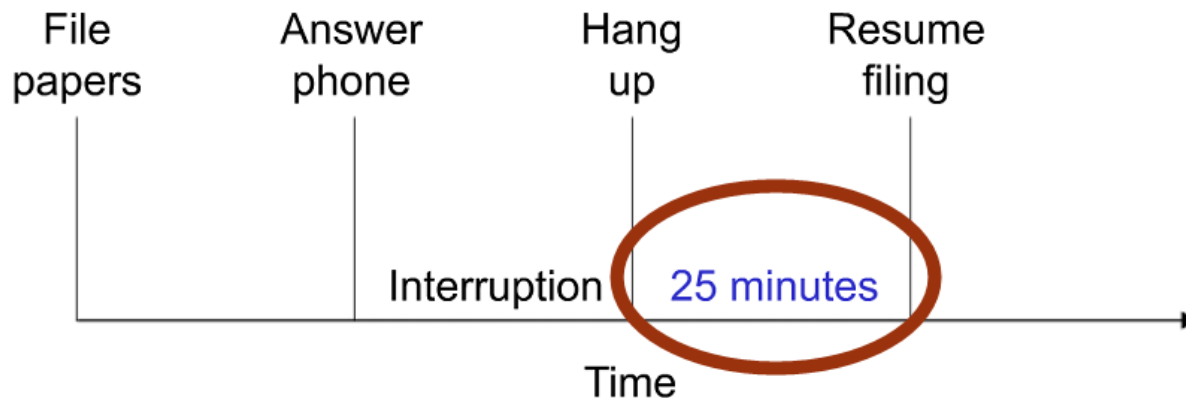
- Multitasking performance is determined by attention resources.
- Type of attention resource
  - Single resource theory
  - Multiple resource theory
- **Task switching and interruption**

# Task switching

- Interruption and resumption

## Typical office work scenario

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“Meet the Life Hackers”

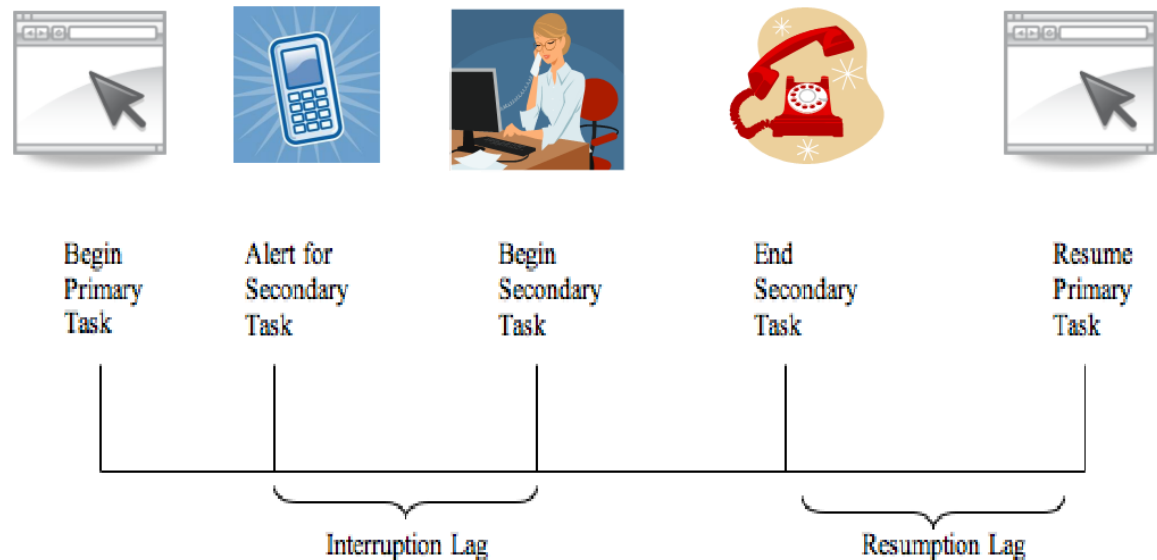
*New York Times*

Clive Thompson

10/16/06

- Original task (OT) or primary task
- Interrupting task (IT) or secondary task
- Switch 1: interruption lag
- Switch 2: resumption lag

## Interruptions – Key Terms



Altmann & Trafton, 2002



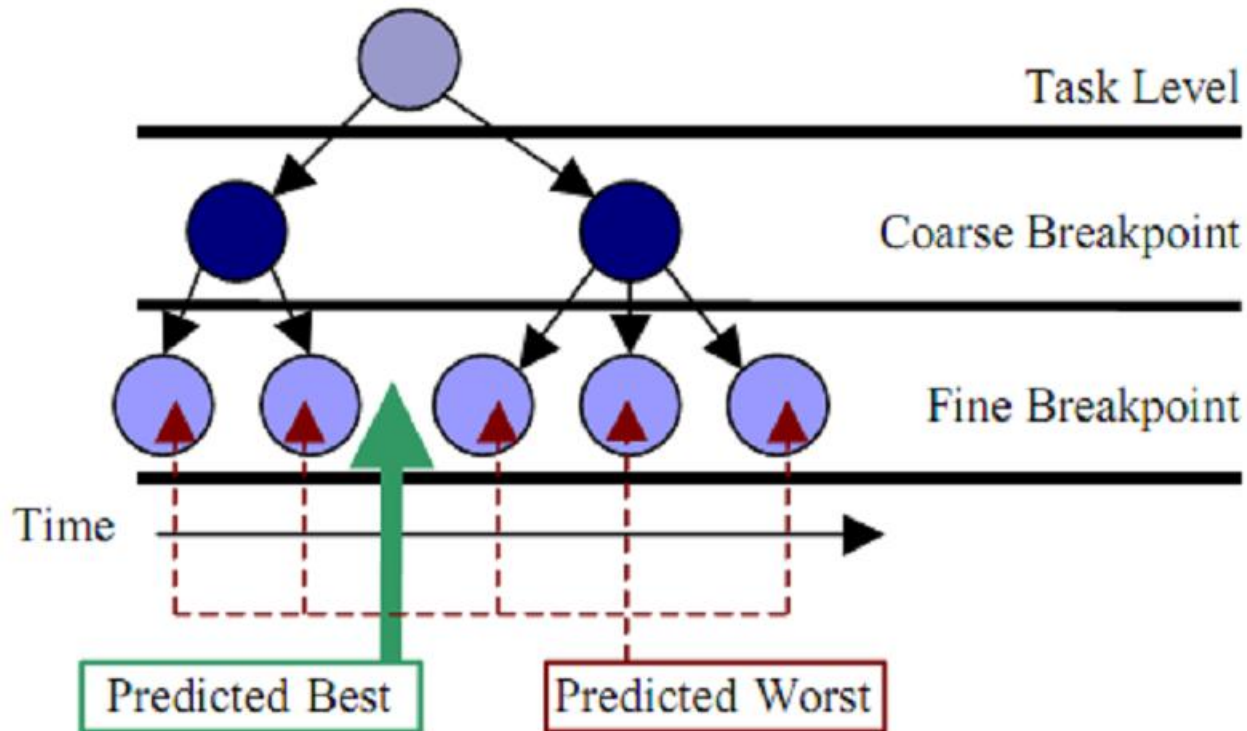
# Interruption

- Interruptions are rational when the interrupting task is important and time sensitive.
- But, interruptions have potential negative effects
  - Task switch cost
  - Forget to resume OT promptly
  - Miss some steps of OT
  - Confusion between OT and IT

# Task switch cost

- Time needed to prepare the stop of OT (Interruption lag)
  - E.g., finish writing a sentence.
  - Save files
  - Take notes for restart
- Time needed to resume and restart OT (Resumption lag)
  - E.g., retrieve memory and previous thoughts
  - Read previous notes

# Timing of Interruptions



- E.g., reading a book; writing homework

# Task switching

- When interrupting task looks urgent, salient, and personal, people tend to switch task immediately. (the stop of OT not well prepared)
- Countermeasures:
  - IT signal gradually increases salience. (e.g., clock alarm)
  - Look for better timing, sub-task breakpoint
    - People can see if others are busy.
    - How to make machines do this? Intelligent workload management systems
  - Kindly tell an interrupting person to wait a moment and prepare the stop of OT.

# Task switching

- When switching is needed, OT salience/engagement may prevent prompt switching to IT.



- Countermeasures:
  - Properly balance salience/engagement between tasks

# Task switching

- Forget to resume OT promptly
  - E.g., cooking, interrupted, forget to return until overcooked
- Miss some steps of OT
- **Prospective Memory**
  - **Remembering to do something in the future**
  - **Interrupting task automatically creates need to remember to resume primary in future**
- Countermeasures:
  - Rehearse
  - Set timer
  - Use notes/reminders/check list

# Task switching

- Reduce similarity/confusion between OT and IT
- E.g., nurses attending multiple patients
  - Check patient name, identification
  - Check procedure with patients (as a patient, know your procedure)



[http://en.wikipedia.org/wiki/Intensive\\_care\\_unit](http://en.wikipedia.org/wiki/Intensive_care_unit)

# Task switching

- Aging affects multitasking capability
- Training improves multitasking among aging population

## **Computer Game Playing Shown to Improve Multitasking Skills (2013)**

A new study reveals, despite polarized opinion about brain-training packages, that playing a 3-D race car-driving video game reduced cognitive decline in subjects aged 60-85

<http://www.scientificamerican.com/article/computer-game-playing-shown-improve-multitasking-skills/>



# Summary of today's lecture

- What is multitasking?
  - Parallel processing vs. task switching
- How to study multitasking performance?
  - Measure and compare single vs. multitask performance
- Types of attention resources
  - Single resource theory
  - Multiple resource theory
- Task switching and interruption
  - Lag and error