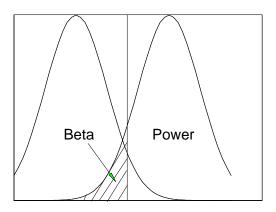
#### **Lecture 16: Statistical Power**

# 16. 1 Fundamentals and Factors Affecting Power of a Statistical Test

- **Power**  $(1-\beta)$ : The probability of correctly rejecting a false null hypothesis



- It is desirable to have a small alpha (few Type I errors) and large power (few Type II errors), but usually is a trade-off
- Power is affected by:
  - alpha  $(\alpha)$
  - the true  $H_1$  (distance between  $\mu_0$  and  $\mu_1$ )
    - the chances of finding a difference between  $\mu_0$  and  $\mu_1$  depend on how large the difference actually is
  - sample size and variability
    - the variance of the sampling distribution of the mean decreases as n increases and  $\sigma^2$  decreases

$$\sigma_N = \frac{\sigma}{\sqrt{n}}$$

- it results in less variability without affecting the means
- *n* is the most controllable factor
- type of test (i.e., 1-tailed test vs. 2-tailed test)

#### • 16. 2 Effect Size

- Power depends on the overlap between the sampling distributions of  $H_0$  and  $H_1$
- This overlap is a function of the differences between  $\mu_0 \mu_1$  and the standard error (variability)
- One possible way to express the certainty of  $H_0$  being false would be the distance  $\mu_0 \mu_1$  expressed in terms of standard errors
  - But this distance requires computing n (in the standard error), which is precisely a factor to be estimated when computing power
- An alternative way to compute the distance is **d** (effect size)

$$\boldsymbol{d} = \frac{\mu_1 - \mu_0}{\sigma}$$

where  $\sigma$  is the standard deviation of the parent population (thus, n is not required)

#### - Estimating **d**

- Prior research: guess values for  $\mu_0-\mu_1$  and  $\sigma$  from sample means and variances in other studies
- Desired differences: specific  $\mu_0 \mu_1$  determined by the researcher; estimate  $\sigma$  from other data (e.g., norming studies)
- Convention: Cohen's effect sizes

Effect size	d	% Overlap
Small	.20	85
Medium	.50	67
Large	.80	53

- Estimating  $\delta$  (delta): to combine the effect size with n

$$\delta = \mathbf{d}[f(n)]$$

where [f(n)] is defined by the specific test, but  $\delta$  is comparable across various tests

# • 16. 3 Calculating Power for the One-Sample t

- The most basic test;  $[f(n)] = \sqrt{n}$ 

$$\delta = \mathbf{d}\sqrt{n}$$

where  $\delta$  can now be determined by power tables

- *Example*: test the hypothesis of a precise difference (e.g., 5 points) between the mean IQ in the general population and the mean IQ in a specific population (e.g., clinically depressed) with a random sample of 25 individuals

$$\mu_0 = 100$$
,  $\mu_1 = 105$ ,  $\sigma = 15$ ,  $n = 25$ 

$$\mathbf{d} = \frac{\mu_1 - \mu_0}{\sigma} = \frac{105 - 100}{15} = 0.33$$

$$\delta = \mathbf{d}\sqrt{n} = 0.33\sqrt{25} = 1.65$$

Using  $\alpha = .05$  and a two-tailed test, power  $\approx .38$  (.38 probability of detecting *true* differences...or .62 probability of making a Type II error)

- How can power be increased?
  - Increase alpha
  - Increase n, by how much? It depends on the power desired. For example, power = .80

If power = .80 and 
$$\alpha$$
 = .05,  $\delta$  = 2.80, thus

$$\delta = \mathbf{d}\sqrt{n}$$
;  $n = \left(\frac{\delta}{\mathbf{d}}\right)^2 = \left(\frac{2.80}{0.33}\right)^2 = 71.91$ , or 72 individuals

## • 16. 4 Calculating Power for Differences Between Two Independent Means

- Assuming  $\sigma^2_1 = \sigma^2_2 = \sigma^2$ , under  $H_0$ ,  $\mu_1 - \mu_2 = 0$ , so the difference to be expected under  $H_1$  is

$$\boldsymbol{d} = \frac{(\mu_1 - \mu_2) - (\mu_1 - \mu_2)}{\sigma} = \frac{(\mu_1 - \mu_2) - (0)}{\sigma} = \frac{\mu_1 - \mu_2}{\sigma}$$

- If 
$$n_1 = n_2 = n$$
, then  $\delta = \mathbf{d}\sqrt{\frac{n}{2}}$ 

where n is the number of cases in any one sample

- If  $n_1 \neq n_2$ , when  $n_1$  and  $n_2$  are reasonably large and nearly equal, choosing the smallest n gives a conservative approximation
- If  $n_1 \neq n_2$ , when  $n_1$  and  $n_2$  are not reasonably large and not nearly equal, the harmonic mean of the sample sizes is used

$$\overline{n}_h = \frac{2}{\frac{1}{n_1} + \frac{1}{n_2}} = \frac{2n_1n_2}{n_1 + n_1}$$

- *Example*: given two samples with  $\overline{X}_1 = 9.58$  and  $\overline{X}_2 = 6.55$ , with  $n_1 = 18$  and  $n_2 = 12$ , and a pooled standard deviation s = 3.10

$$\mathbf{d} = \frac{\mu_1 - \mu_2}{\sigma} = \frac{9.58 - 6.55}{3.10} = 0.98$$

$$\overline{n}_h = \frac{2n_1n_2}{n_1 + n_2} = \frac{2(18)(12)}{18 + 12} = \frac{432}{30} = 14.40$$

$$\delta = \mathbf{d}\sqrt{\frac{\overline{n}_h}{2}} = 0.98\sqrt{\frac{14.4}{2}} = 0.98\sqrt{7.2} = 2.63$$

For  $\delta$  = 2.63 and  $\alpha$  = .05 (two-tailed), power = 0.75

## 16. 5 Calculating Power for Differences Between Two Dependent Samples

- For differences between two matched samples, an additional parameter is needed

$$\mathbf{d} = \frac{\mu_1 - \mu_2}{\sigma_{x_1 - x_2}}$$

where  $\sigma_{x1-x2}$  is the standard deviation of the difference scores from the two populations, which is typically unknown

- Making a few assumptions,  $\sigma_{x1-x2}$  can be calculated. Based on the variance sum law

$$\sigma^2_{x_1 \pm x_2} = \sigma^2_{x_1} + \sigma^2_{x_2} \pm 2\rho\sigma_{x_1}\sigma_{x_2}$$

- If we assume homogeneity of variance  $\sigma^2_{x_1} = \sigma^2_{x_2} = \sigma^2$ 

$$\sigma^2_{x_1 - x_2} = 2\sigma^2 - 2\rho\sigma^2 = 2\sigma^2(1 - \rho) = \sigma\sqrt{2(1 - \rho)}$$

where  $\rho$  is the correlation in the population between  $X_1$  and  $X_2$  (it is typically positive for all dependent samples, e.g., two siblings, mother-child)

$$\mathbf{d} = \frac{\mu_1 - \mu_2}{\sigma_{x_1 - x_2}} \text{ and } \delta = \mathbf{d}\sqrt{n}$$

- Power is positively related to  $\rho$
- When  $\rho = 0$ , the problem is reduced to independent samples
  - Sample sizes required for power = .80 and  $\alpha$  = .05

Effect size	d	One-Sample t	Two-Sample t
Small	.20	196	784
Medium	.50	32	126
Large	.80	13	49

## • 16. 6 Calculating Power for Analysis of Variance

- It is a straightforward extension of the power analysis for t, but with different notation

$$\frac{E(MS_{treat})}{E(MS_{error})} = \frac{\sigma_e^2 + \frac{n\sum(\mu_j - \mu)^2}{k - 1}}{\sigma_e^2} = \frac{\sigma_e^2 + \frac{n\sum\tau^2_j}{k - 1}}{\sigma_e^2}$$

- If  $H_0$  is true,  $\sum \tau^2{}_j = 0$  and  $F = \frac{MS_{treat}}{MS_{error}}$  is distributed as the usual (central) F distribution
  - The mean of this *F* distribution under  $H_0$ ,  $E(F) = \frac{df_{error}}{df_{error} 2}$ , is close to 1 for large *n*

- If 
$$H_0$$
 is false,  $E(F) = \left(1 + \frac{n\sum_{j} \tau^2_{j}}{\sigma_e^2(k-1)}\right) \left(\frac{df_{error}}{df_{error} - 2}\right)$ 

where  $\frac{n\sum_{\sigma_e^2}(k-1)}{\sigma_e^2(k-1)}$  is called a noncentrality parameter (*ncP*) and it displaces the *F* 

distribution up the scale away from 1 (as a function of the true differences among the population means)

- One way to obtain a standardized measure of effect size in the ANOVA context is

$$\phi' = \frac{\sigma_{\tau}}{\sigma_{e}} = \sqrt{\frac{\sum (\mu_{j} - \mu)^{2}}{\frac{k}{\sigma_{e}^{2}}}}$$

where  $\phi$ ' is the equivalent to Cohen's measure of effect size (equal to **d** for k = 2),  $\sigma_{\tau}$  is the standard deviation of group means, and k is the number of groups

- In order to incorporate sample size

 $\phi = \phi' \sqrt{n}$  and can be determined by the tables of the noncentral *F* distribution, given  $\alpha$ , and  $df_s$ 

- **Example**: Let  $\overline{X}_1 = 34.00$ ,  $\overline{X}_2 = 50.80$ ,  $\overline{X}_3 = 60.33$ ,  $\overline{X}_4 = 48.50$ , and  $\overline{X}_5 = 38.10$  be five sample means of n = 10, with  $\overline{X}_{..} = 46.346$  and  $\sigma_e^2 = 240.35$  ( $MS_{error}$ , or average sample variance)
- Under a false  $H_0$

$$E(F) = \left(1 + \frac{n\sum_{j} \tau^{2}_{j}}{\sigma_{e}^{2}(k-1)}\right) \left(\frac{df_{error}}{df_{error} - 2}\right)$$

$$E(F) = \left(1 + \frac{10[(34 - 46.35)^2 + ... + (38.10 - 46.35)^2]}{(240.35)(5 - 1)}\right)\left(\frac{45}{45 - 2}\right) = (1 + 4.58)(1.046) = 5.838$$

E(F) exceeds the critical value for  $F_{4.45} = 2.58$ 

$$\phi' = \frac{\sigma_{\tau}}{\sigma_{e}} = \sqrt{\frac{\sum (\mu_{j} - \mu)^{2}}{\frac{k}{\sigma_{e}^{2}}}} = \sqrt{\frac{\left[(34 - 46.35)^{2} + ... + (38.10 - 46.35)^{2}\right]}{240.35}} = \sqrt{\frac{88.0901}{240.35}} = 0.6054$$

$$\phi = \phi' \sqrt{n} = 0.6054 \sqrt{10} = 1.91$$

- For  $\phi = 1.91$ ,  $df_t = 4$ , and  $df_e = 45$ , power can be determined by the tables of the noncentral F distribution, once we interpolate (or round off to the nearest value)
  - For  $\phi = 1.8$ ,  $df_t = 4$ ,  $df_e = 30$ , and  $\alpha = .05$ ,  $F_{4,30,1.8} = .14$  (this is β)
  - Power =  $(1 \beta)$  = .86, probability of detecting *true* differences among the means
- If we wanted to calculate the required sample sizes for a power = .80
  - If power = .80,  $\beta$  = .20; we need to find the corresponding value of  $\phi$  = ?
  - For  $df_t = 4$ ,  $df_e = 30$ ,  $\alpha = .05$ , and  $\beta = .20$ ,  $\phi \approx 1.68$
  - Given  $\phi = \phi' \sqrt{n}$ , then  $n = \frac{\phi^2}{\phi'^2} = \frac{(1.68)^2}{(.6054)^2} = 7.70$
  - We would need  $\approx 8$  subjects per group to have an 80% chance of rejecting  $H_0$  if it is false

# • 16.7 Calculating Power for Factorial ANOVA

- It is a straightforward extension of the power analysis for ANOVA

$$\phi_{\alpha}' = \sqrt{\frac{\sum (\mu_j - \mu)^2}{\dot{j}}} \text{ and } \phi_{\alpha} = \phi'_{\alpha} \sqrt{nk} \text{ , for power of effect A}$$

$$\phi_{\beta}' = \sqrt{\frac{\sum (\mu_k - \mu)^2}{k \over {\sigma_e}^2}} \text{ and } \phi_{\beta} = \phi'_{\beta} \sqrt{nj} \text{ , for power of effect B, and }$$

$$\phi_{\alpha\beta}' = \sqrt{\frac{\sum (\mu_{kj} - \mu)^2}{jk} \over {\sigma_e}^2} \text{ and } \phi_{\alpha\beta} = \phi'_{\alpha\beta} \sqrt{n} \text{ , for power of the interaction}$$

- **Power:** Probability a test rejects  $H_0$  (depends on  $\mu_1 \mu_2$ )
  - $H_0$  True: Power = P(Type I error) =  $\alpha$
  - $H_0$  False: Power = 1-P(Type II error) =  $1-\beta$
- So, once  $H_1$  is specified, we can determine  $\beta$  (p of erroneously retaining  $H_0$ ) and the probability of  $1-\beta$  (p of correctly rejecting  $H_0$ ).
- Example:
  - $-H_0$ :  $\mu = 138$
  - $H_A$ :  $\mu = 142$
  - It is assumed that the population distribution in either situation has  $\sigma = 20$
  - A sample n = 100 is drawn at random so  $\sigma_{\rm M} = 20/\sqrt{100} = 2$ .
  - Decision Rule: Reject  $H_0$  at  $\alpha = 0.05$  significance level if the sample result falls among the highest 5% of means in a normal distribution; Otherwise retain  $H_0$  (reject  $H_1$ ).

$$\alpha = p(\text{reject } H_0 \mid \mu = 138) \text{ or } p(\text{reject } H_0 \mid H_0)$$

$$\beta = p(\text{accept } H_0 \mid \mu = 142) \text{ or } p(\text{accept } H_0 \mid H_1)$$

- Rejection region must be bounded by a  $z_{\rm M}$  such as

$$F(z_{\rm M}) = .95$$
, or 1-  $F(z_{\rm M}) = .05$ .

- From the tables,  $z_{\rm M} = 1.65$ .
- If x = 142, then

$$z_{\rm M} = (142 - 138)/2$$

- And the critical value of x forming the boundary of the rejection region is

$$x = 138 + 1.65 \, \sigma_{\rm M}$$

$$= 138 + 3.30 = 141.30$$

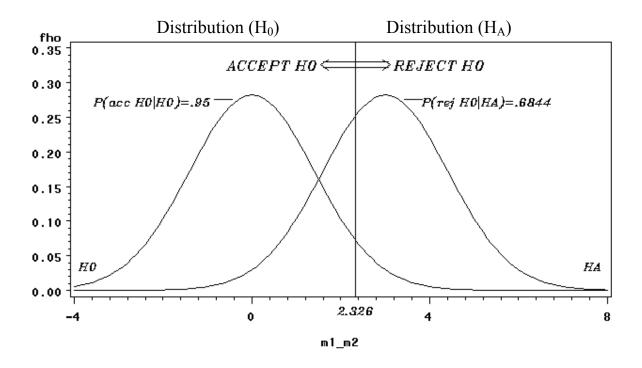
- The question is, To what  $z_{\rm M}$  score would this critical value of 141.3 correspond if  $H_1$  were true?

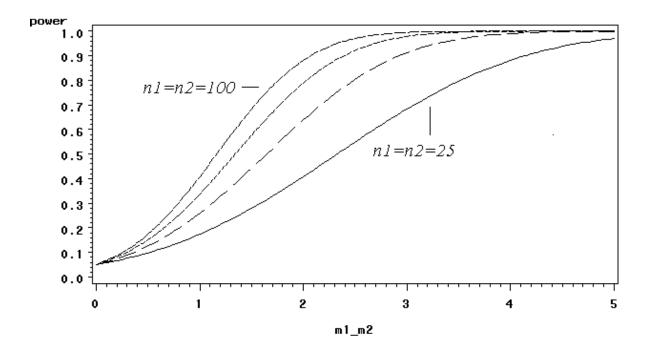
$$z_{\rm M} = (141.3 - 142)/2 = -.35$$

- In a normal distribution, F(-.35) = .36, approximately, so we can determine  $\beta = .36$ . Thus, the two error probabilities are

$$\alpha = .05$$
, and  $\beta = .36$ 

- Thus, the power of the test = 1-  $\beta$  = .64
- All else being equal (Ceteris Paribus):
  - As sample sizes increase, power increases
  - As population variances decrease, power increases
  - As the true mean difference increases, power increases





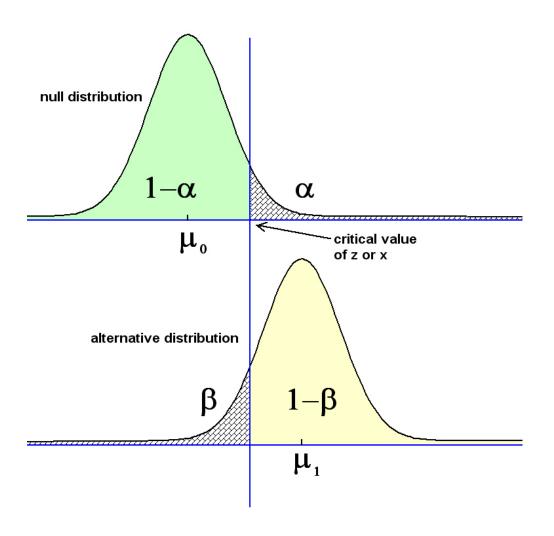
- Power Curves for group sample sizes of 25, 50, 75, and 100, and varying true values  $\mu_1 \mu_2$ with  $\sigma_1 = \sigma_2 = 5$ .
  - For given  $\mu_1 \mu_2$ , power increases with sample size
  - For given sample size, power increases with  $\mu_1 \mu_2$

- **Goal:** Choose sample sizes to have a favorable chance of detecting a *clinically meaning difference*
- Step 1: Define an important difference in means:
  - Case 1:  $\sigma$  approximated from prior experience or pilot study difference can be stated in units of the data
  - Case 2:  $\sigma$  unknown difference must be stated in units of standard deviations of the data

$$\delta = \frac{\mu_1 - \mu_2}{\sigma}$$

- **Step** 2: Choose the desired power to detect the meaningful difference (1- $\beta$ , typically at least .80 in clinical trials). For 2-sided test:

$$n_1 = n_2 = \frac{2(z_{\alpha/2} + z_{\beta})^2}{\delta^2}$$



- Power to detect a main effect (ES = .20 - .50)

