You have no stress and are physically and mentally healthy. You have a excellent control of your mental state.

Let's overcome the COVID-19 in the hope that we will be able to quickly develop vaccines and remedies for the COVID-19 without being fooled by fake news!

Ventilate the room regularly.

Thank the doctors, nurses and medical staff for their dedication. Thank the workers in the grocery store, the courier, the truckers, and the farmers. Stay home, stay safe.