

# Kareena Shah

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## Education:

Masters in Public Health | Bachelor of Arts in Biology | Minor in Chemistry,  
Cleveland, Ohio

Expected Graduation: May 2024

## Work Experience:

### Insmile Dentistry, Dental Assistant (Montgomery, NJ):

June 2022-Current

- Assisted Dr. Purvi Desai with various dental procedures such as fillings, crowns, orthodontics, and extractions
- Helped with infection control by sterilizing instruments and patient rooms and prepared materials and supplies for all patients

### CWRU School of Medicine, Pharmacology Research Lab Assistant (Cleveland, OH):

January 2022-Present

- Worked under Dr. Marvin Nieman to study the assembly of different receptor complexes and how they function at the molecular level to mediate platelet activation to understand blood clotting
- Perform PCR gels, calcium assays, clot retraction assays, and platelet neutrophil aggregate experiments to understand the mechanisms of thrombin signaling and their role in platelet activation

### University Hospitals, Patient Care Nurse Assistant (Cleveland, OH):

June 2022-January 2023

- Performed patient care activities such as vital signs, personal care, activities of daily living, physical therapy, patient transfers, and dressing changes
- Listened to patients' health concerns and reported that information to nurses

### Kumon Tutor (Montgomery, NJ)

March 2018-Present

- Taught math skills such as algebra, geometry, and calculus to kids aged between 6-15
- Graded all homework and exams and kept inventory of Kumon books

## Leadership Experience:

### Kappa Alpha Theta Sorority, Event Director (Cleveland, OH):

January 2021-Present

- Planned one formal and three mixers per semester for 100 people
- Attended biweekly cabinet meetings where we discussed ways to help enrich the chapter and create an inclusive and welcoming environment for all of our members

### Orientation Leader (Cleveland, OH):

August 2022-Present

- Guided new students through their first week of school and help them get acclimated at the university
- Created interactive and collaborative icebreaker activities to foster a welcoming environment for the new students

### CWRU Class Officer Collective, Marketing and Public Relations Officer (Cleveland, OH):

January 2023-Present

- Collaborated with other officers to organize multiple campus-wide events throughout the year
- Responsible for designing flyers and social media posts to promote all upcoming events
- Responsible for maintaining Instagram and Facebook pages through regular post updates

## Volunteer Work:

### Special Olympics (Cleveland, OH)

September 2023- Present

- Helped coach Special Olympics basketball and soccer games weekly
- Encouraged and empowered people with intellectual disabilities to discover new athletic strengths and abilities while promoting a fun and positive environment

### Trenton Area Soup Kitchen (Trenton, NJ):

May 2023- Present

- Prepared hot meals and snacks and helped distribute them to families in need
- Prepared hygiene kits consisting of toothbrushes, toothpaste, deodorant, soap, and a hairbrush for adults and children

### Art House Volunteer (Cleveland, OH):

November 2022- Present

- Taught elementary school children at an after-care program various art projects and helped them express their creativity
- Performed clerical and administrative duties for the program

## Awards

### AP Scholar with Distinction (Montgomery, NJ):

May 2020

- Awarded to students who have averaged a score of 3.5 on all AP Exams taken

### Deans High Honors List at CWRU (Cleveland, OH):

August 2020-Present

- Awarded to students with a GPA of 3.75 or higher

### Civic Engagement Scholar (Cleveland, OH):

August 2021-Present

- Awarded to students for outstanding community service and dedication to the Cleveland area