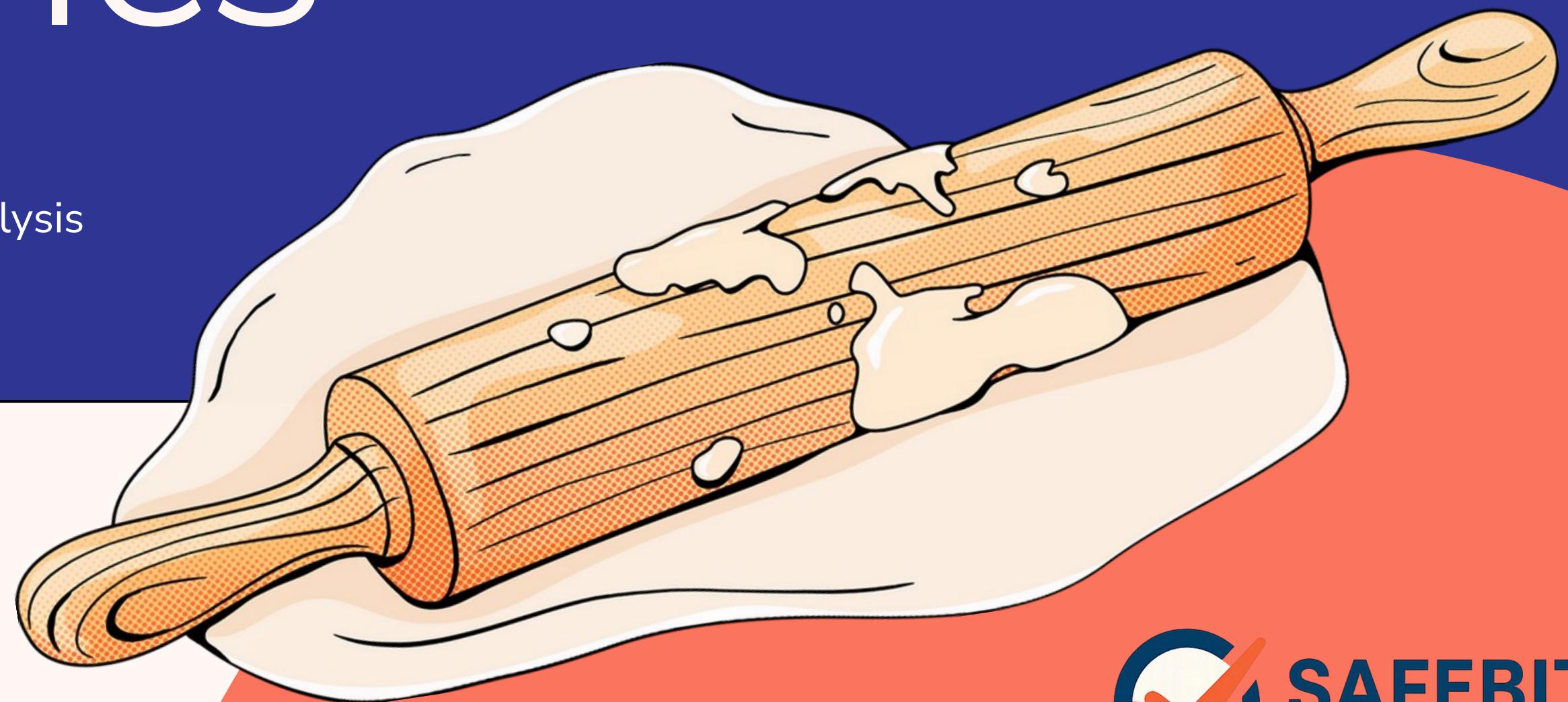


SAFEBSITE ANALYTICS

Detecting the Undetected:
Data-Driven Food Adulteration Analysis



Karen Amarillys
FSDA Batch JUN 25

Table of Contents

1. Executive summary

- Overview of main findings and recommendations

2. Background

- The importance of food adulteration analysis

3. Business Problem

- Problem statement, root cause, and hypothesis

4. Data Cleaning and Analysis

- Data process and findings

5. Recommended Actions

- Recommendations for course of actions



Executive summary.

Problem

Food adulteration is still widely present, with common use of unsafe additives (e.g., coloring agents, chalk, artificial sweeteners, water dilution). This **poses significant health risks** ranging from minor to severe.

Findings

- Juice, chicken, and milk are the most high risk products to be adulterated
- Artificial sweeteners, coloring agents, chalk, and water are the most common adulterants used.
- Brand C has the most cases, making it a high risk brand

Objectives

Finding the **most common products** to be adulterated and **most common adulterants** used for inspections. Also to find the **high-risk brand**.

Recommendations

- Prioritize monitoring of coloring agents & chalk (highest severity & frequency).
- Conduct regular and more frequent inspections, especially in non-festive periods.
- Tighten enforcement: fines, product recalls, and penalties for repeat offenders.
- Improve consumer awareness



Background.

What is food adulteration? And how dangerous is it?

What is food adulteration?

Food adulteration is the practice of **lowering the quality of food** by adding, mixing, or substituting harmful or cheaper substances, or by removing valuable ingredients.

Examples: mixing water into milk, adding artificial coloring to spices, or using unsafe preservatives to extend shelf life.

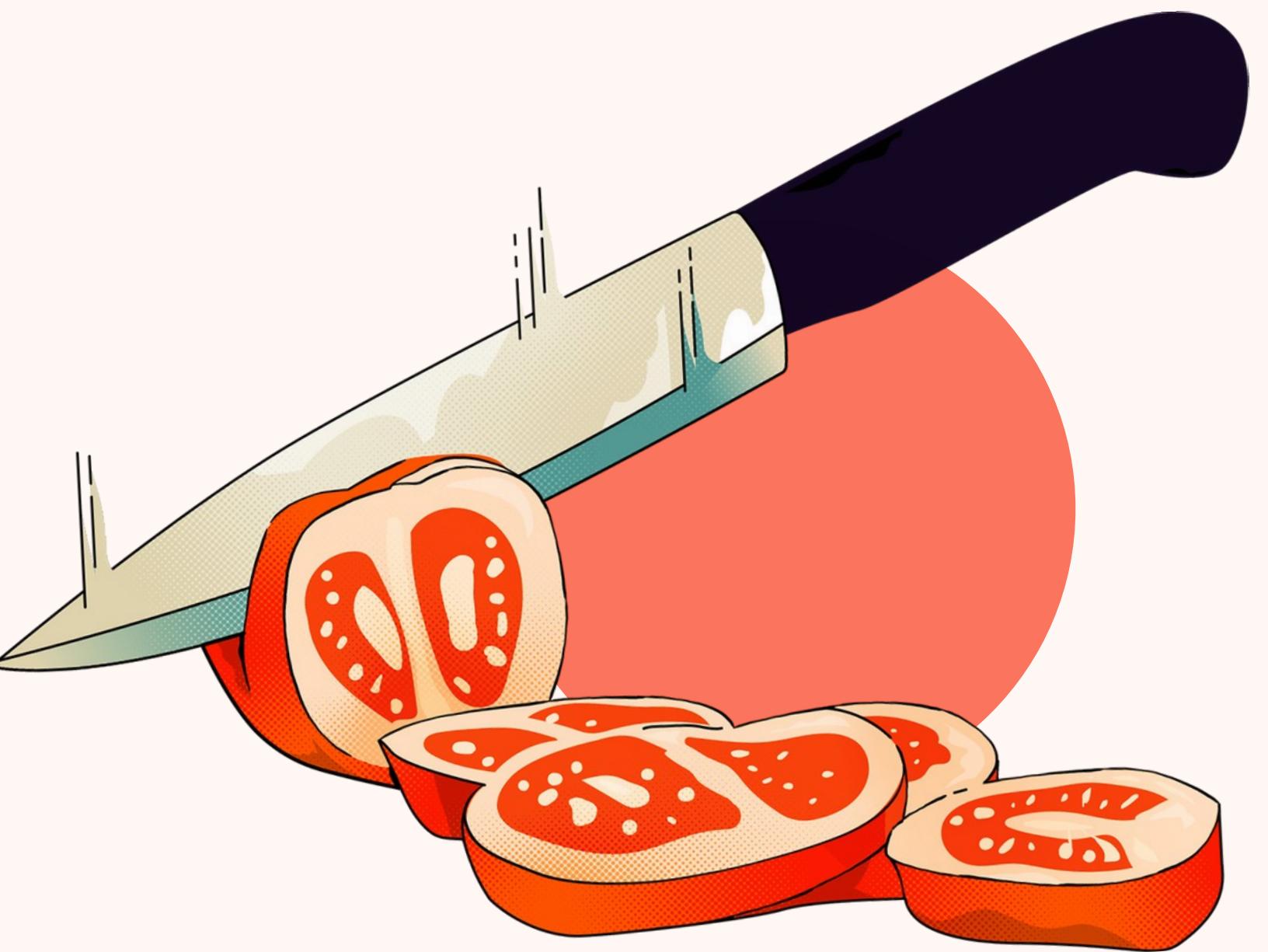


Why is it dangerous?

It is dangerous because adulterated foods

can cause serious health problems—

ranging from stomach upset and food poisoning to long-term effects like organ damage, weakened immunity, or even cancer. It also deceives consumers, reduces nutritional value, and can erode trust in the food supply chain.



Level of Health

Risks

◆ Low Risk

These cases usually **don't cause direct illness** but still harm consumers by lowering nutrition or misleading them.

Examples:

- Dilution with water in milk or juice → lowers nutrition.
- Excess starch in spices or flour → reduces quality.
- Use of excessive but permitted food coloring → may cause minor digestive discomfort in sensitive people.

Impact: Mostly economic fraud and nutritional loss, with mild short-term health effects.



◆ Medium Risk

Can cause **noticeable health problems**, especially in vulnerable groups (children, elderly, pregnant women, those with allergies).

Examples:

- Non-permitted dyes in spices (e.g., Sudan Red in chili powder, Rhodamine B in candy) → can irritate the stomach and liver.
- Meat substitution (pork/chicken mixed in beef without labeling) → risks allergies, religious violations, and nutrient imbalance.
- Excess preservatives (borax in noodles, formalin in tofu/fish) → may cause nausea, vomiting, or long-term organ stress.

Impact: Can cause digestive issues, allergies, organ strain, and medium-term health risks.

◆ High Risk

Severe or life-threatening adulteration, often involving toxic chemicals or dangerous substitution.

Examples:

- Methanol in alcohol → causes blindness or death.
- Melamine in milk (China, 2008 scandal) → kidney damage in infants, some fatalities.
- Heavy metals (lead in turmeric, arsenic in rice) → chronic poisoning, cancer risk.

Impact: Can cause acute poisoning, chronic disease (kidney, liver, cancer), or even death.

Our current situation.



Food fraud may affect approximately **10% of all commercially sold food products**

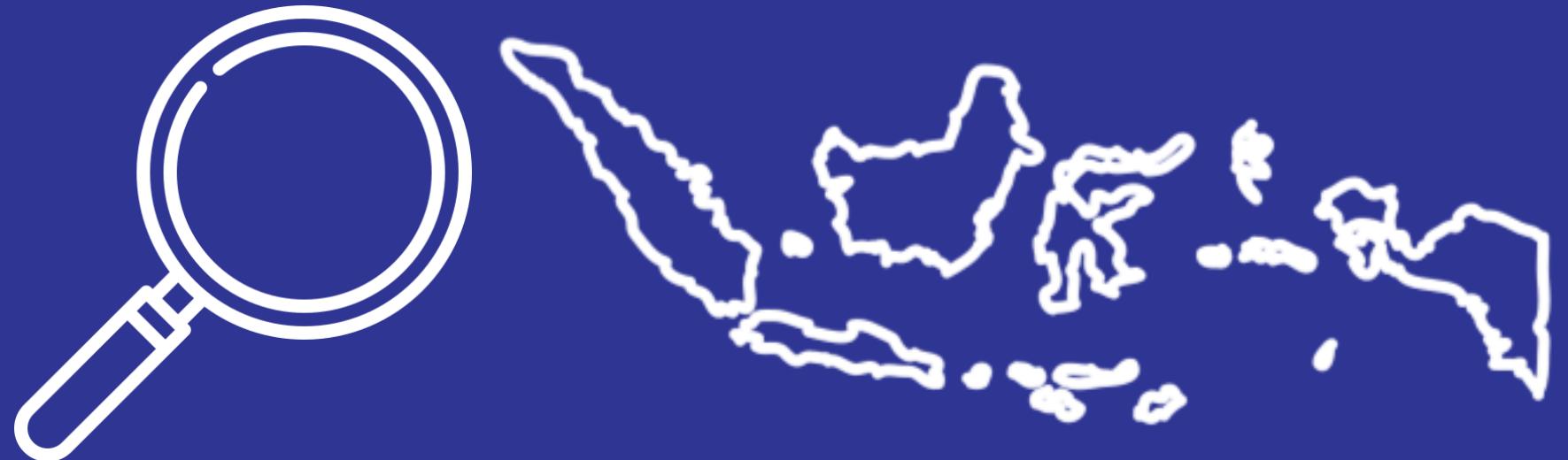


Cost the food industry
\$10–15 billion
annually



57% worldwide health problem
estimate from adulterated food

How often are inspections done in Indonesia?



- Routine market inspections are often done before festive seasons like Ramadan and Lebaran.
- Targeted inspections when reports of adulteration/unsafe additives arise.
- No fixed public schedule, but high-risk industries (milk, jamu, packaged foods) are inspected at least once a year, while others less frequently.
- Imports: checked at ports with random sampling.

Badan Pengawas Obat dan Makanan Republik Indonesia (BPOM RI). (2025, February 24). Intensifikasi pengawasan pangan: Maksimalkan perlindungan masyarakat selama Ramadan dan Idulfitri. Retrieved from <https://www.pom.go.id>

World Health Organization (WHO). (2023, November 2). Breaking new ground: Piloting risk-based food inspection in five districts for better food safety. Retrieved from <https://www.who.int/indonesia/news/detail/02-11-2023-breaking-new-ground--piloting-risk-based-food-inspection-in-five-districts-for-better-food-safety>

Antara News. (2024, December 18). BPOM seizes over 50,000 expired foods ahead of holidays. Retrieved from <https://en.antaranews.com/news/338782/bpom-seizes-over-50000-expired-foods-ahead-of-holidays>

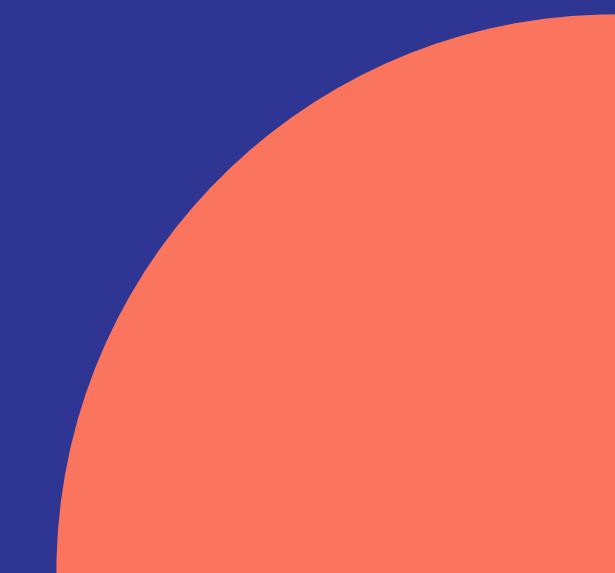
Business problem.

Problem statement



Problem statement.

How to reduce food adulteration incidents by at least 20% within 1 year?



Project scope.

focus area

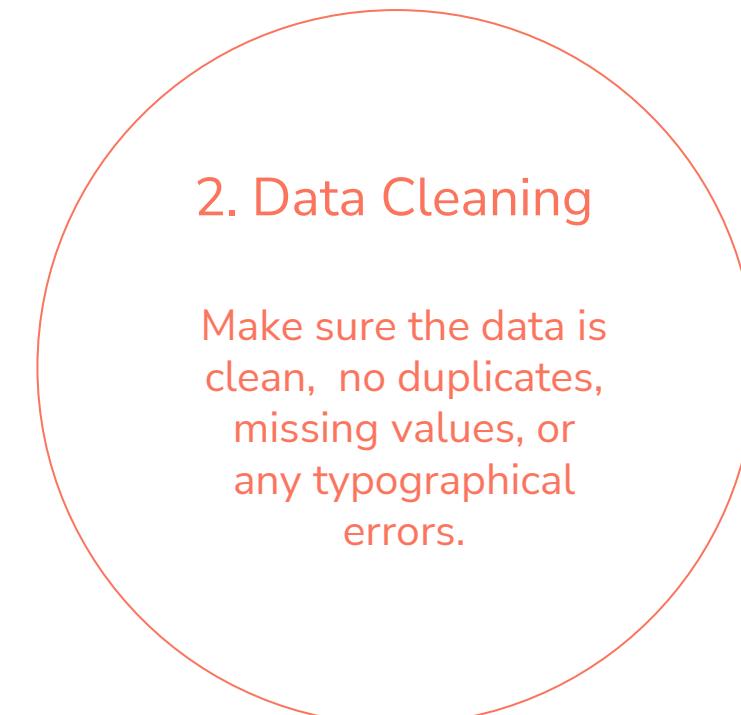
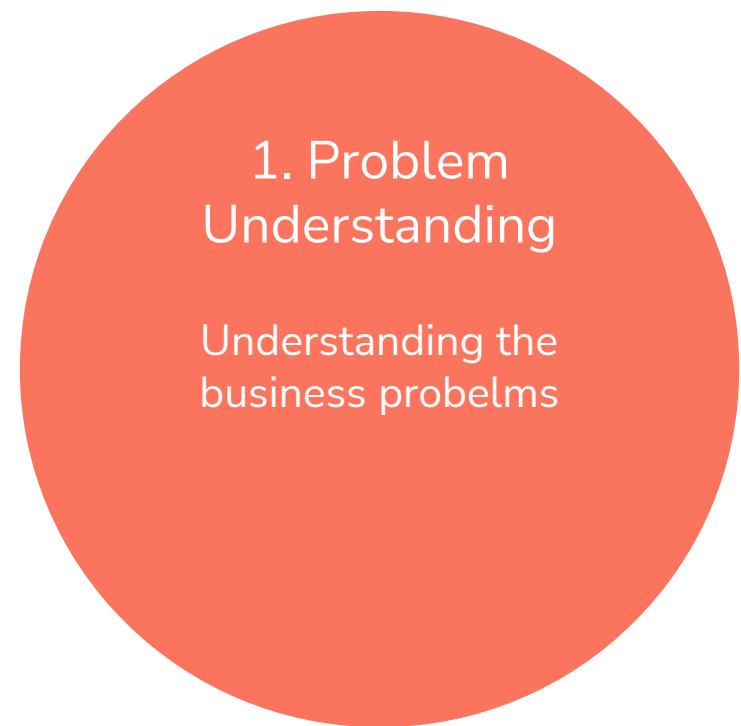
1. Identify the **most common product** that consists adulterant
2. Identify the **most common adulterant**
3. Pinpointing **high risk brands**

exclusions

- Prediction of long-term health effects (would require medical datasets).
- Sensory quality testing (taste, smell)



Methodology.



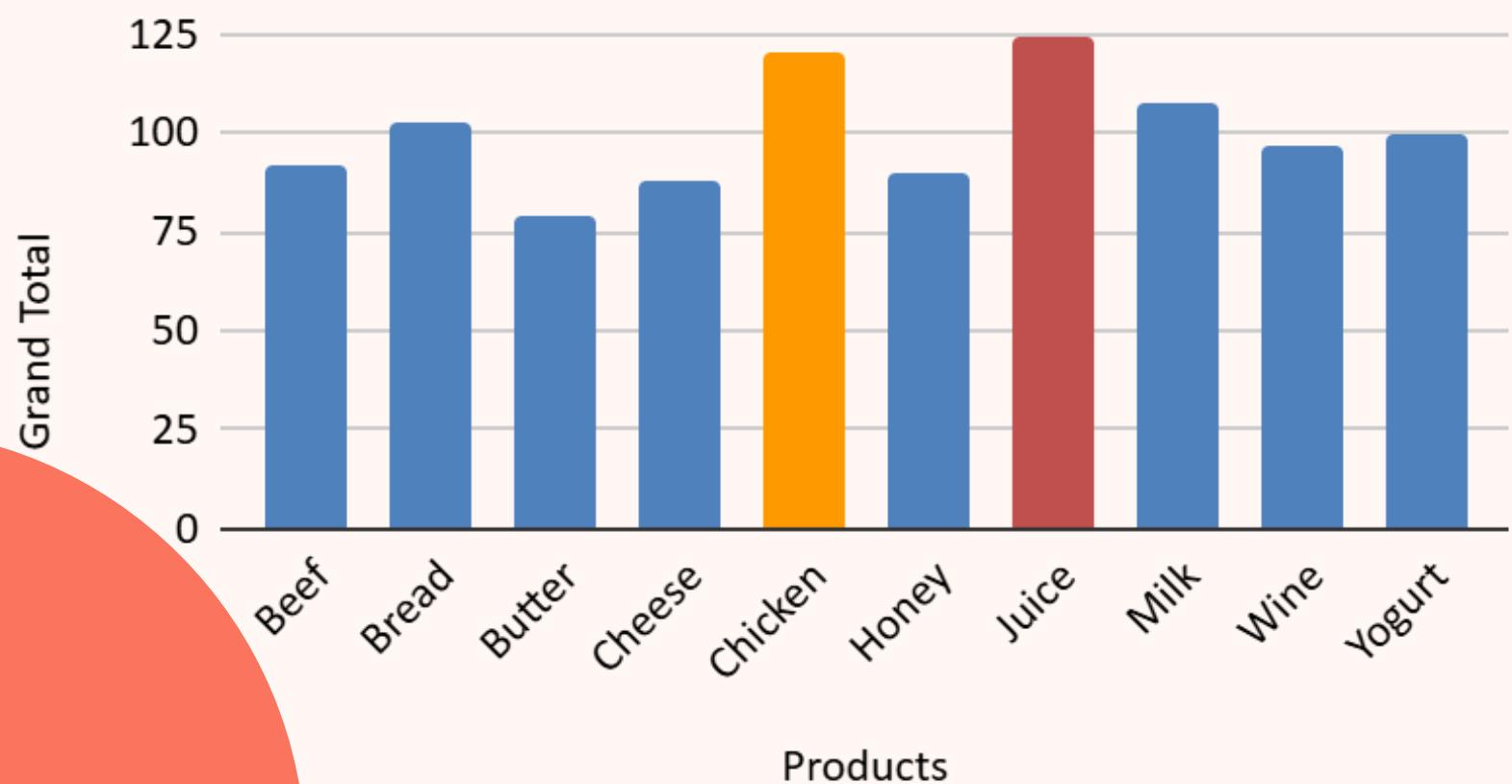


Analysis Results.

Most common products with adulterants.

Juice with **124 cases** and chicken with **120 cases**

Total Number of Cases

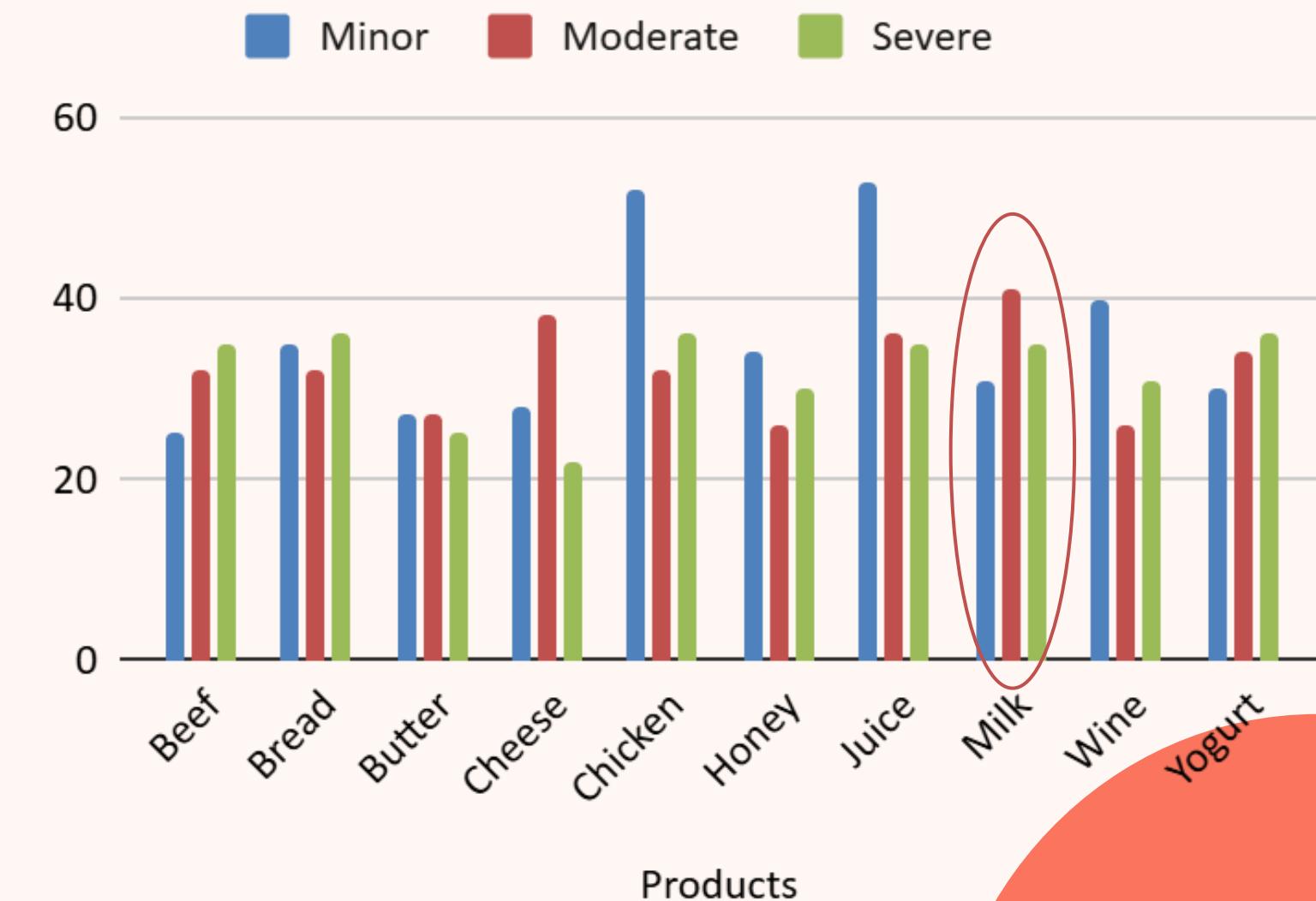


Products	Grand Total
Beef	92
Bread	103
Butter	79
Cheese	88
Chicken	120
Honey	90
Juice	124
Milk	107
Wine	97
Yogurt	100

Most common products with adulterants (severity).

Products	Minor	Moderate	Severe
Beef	25	32	35
Bread	35	32	36
Butter	27	27	25
Cheese	28	38	22
Chicken	52	32	36
Honey	34	26	30
Juice	53	36	35
Milk	31	41	35
Wine	40	26	31
Yogurt	30	34	36

Adulteration Severity Cases



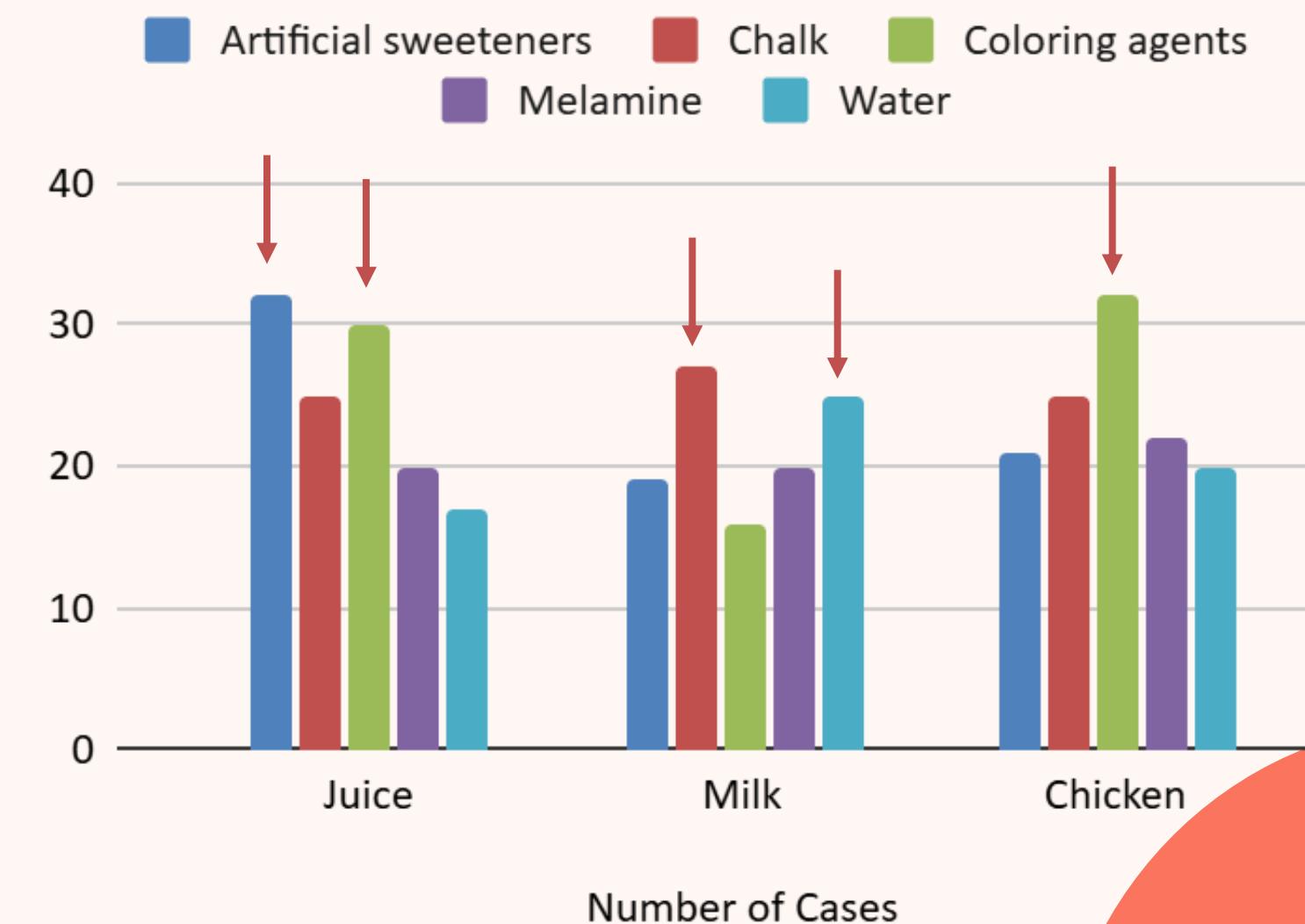
Chicken and Juice have highest overall cases with highest number of minor cases. However, **milk** products also have a high number on **moderate cases**, which also requires attention.

Most common adulterants in those products.

Product	Artificial sweeteners	Chalk	Coloring agents	Melamine	Water
Juice	32	25	30	20	17
Milk	19	27	16	20	25
Chicken	21	25	32	22	20



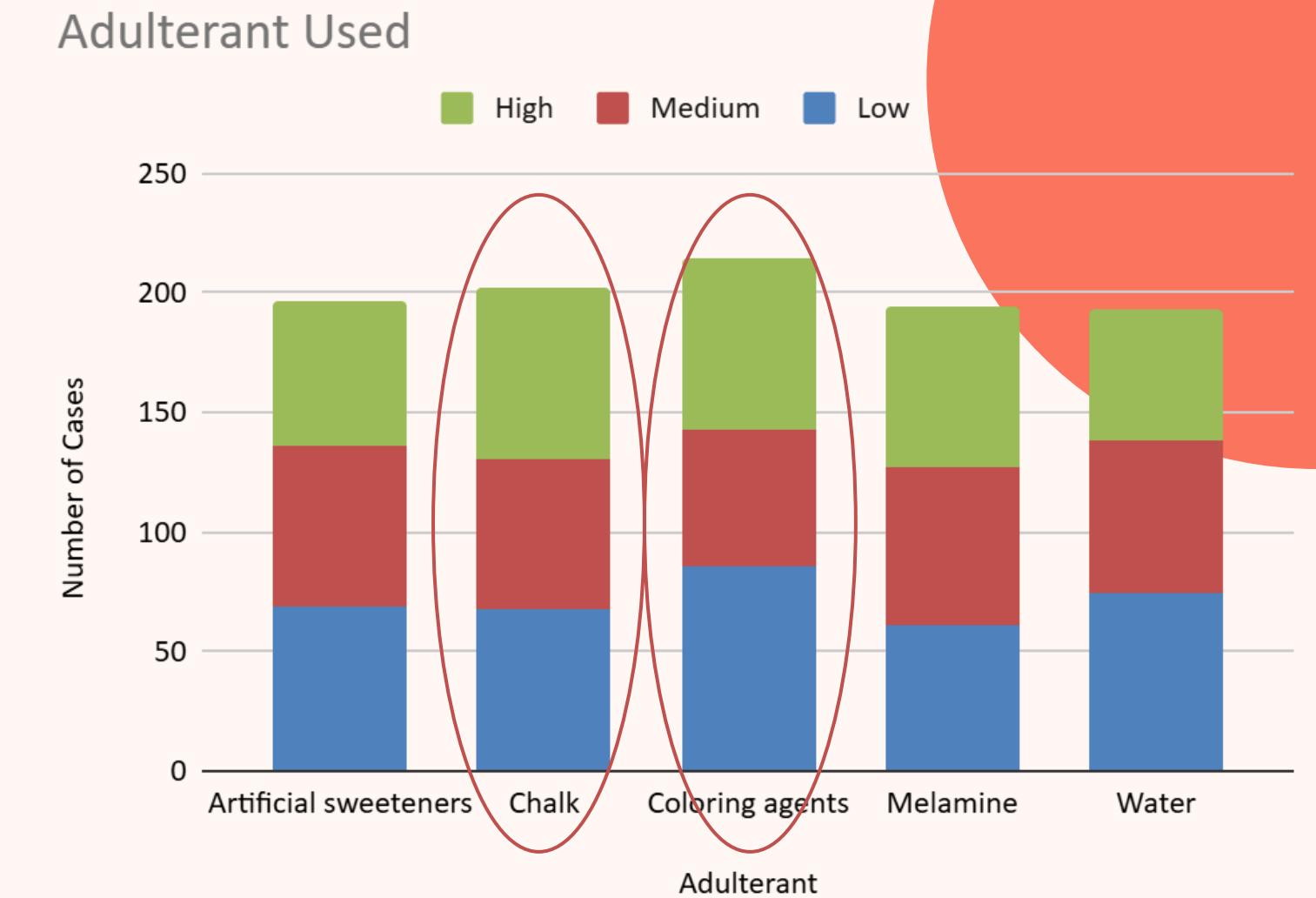
Adulterants in Each Product



- Juice → Artificial sweeteners & coloring agents
- Milk → Chalk & water
- Chicken → Coloring agents

Most common adulterants used overall.

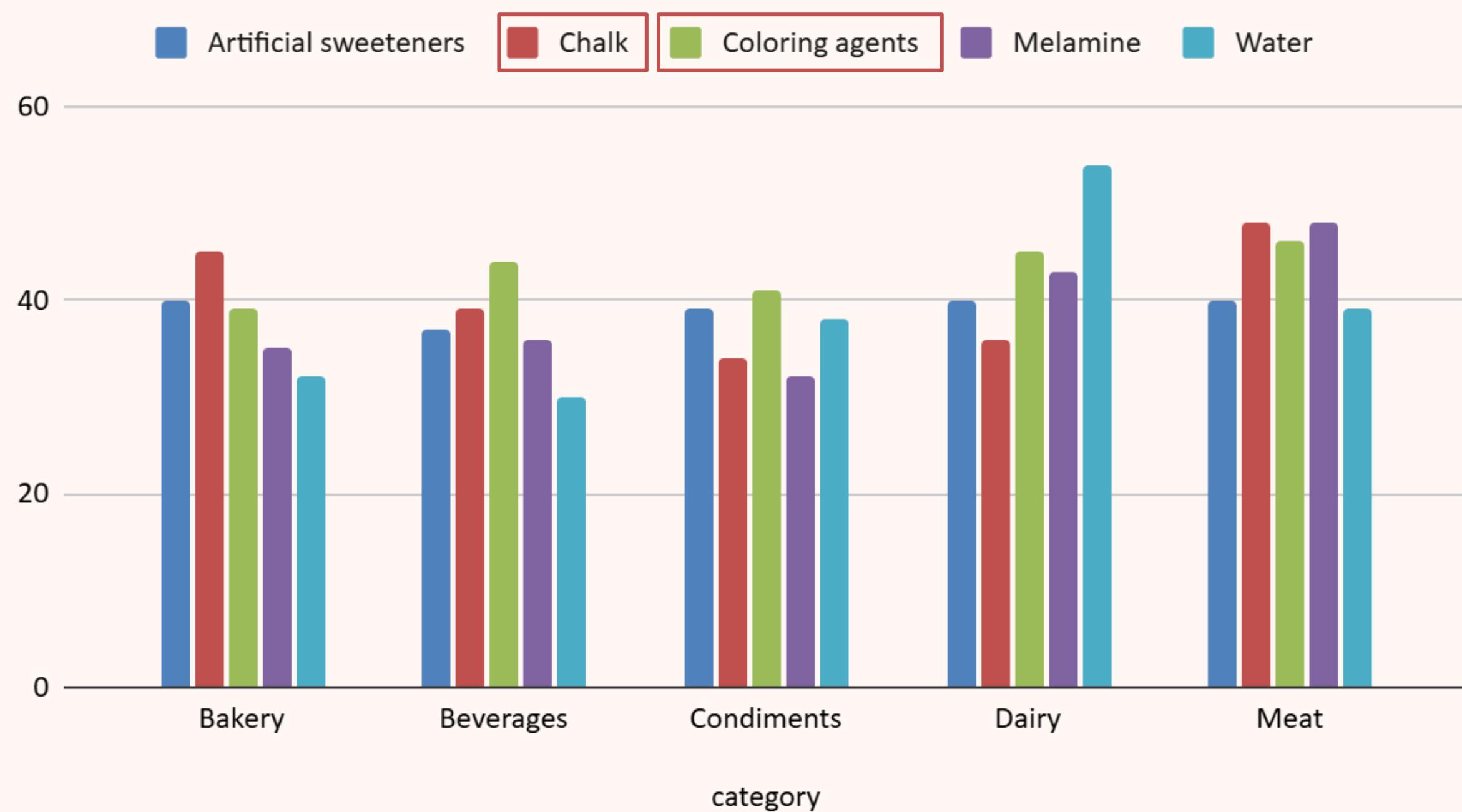
Adulterant	Low	Medium	High	Grand Total
Artificial sweeteners	69	67	60	196
Chalk	68	63	71	202
Coloring agents	86	57	72	215
Melamine	61	66	67	194
Water	74	64	55	193



Coloring agents are the most common adulterants used, found in **215 cases**, with highest number of cases with **low and high health risk cases**. Followed by **chalk** with **202 cases** and fairly balanced cases distribution through all health risks.

Mostly found in... (category)

Adulterants Found in Categories



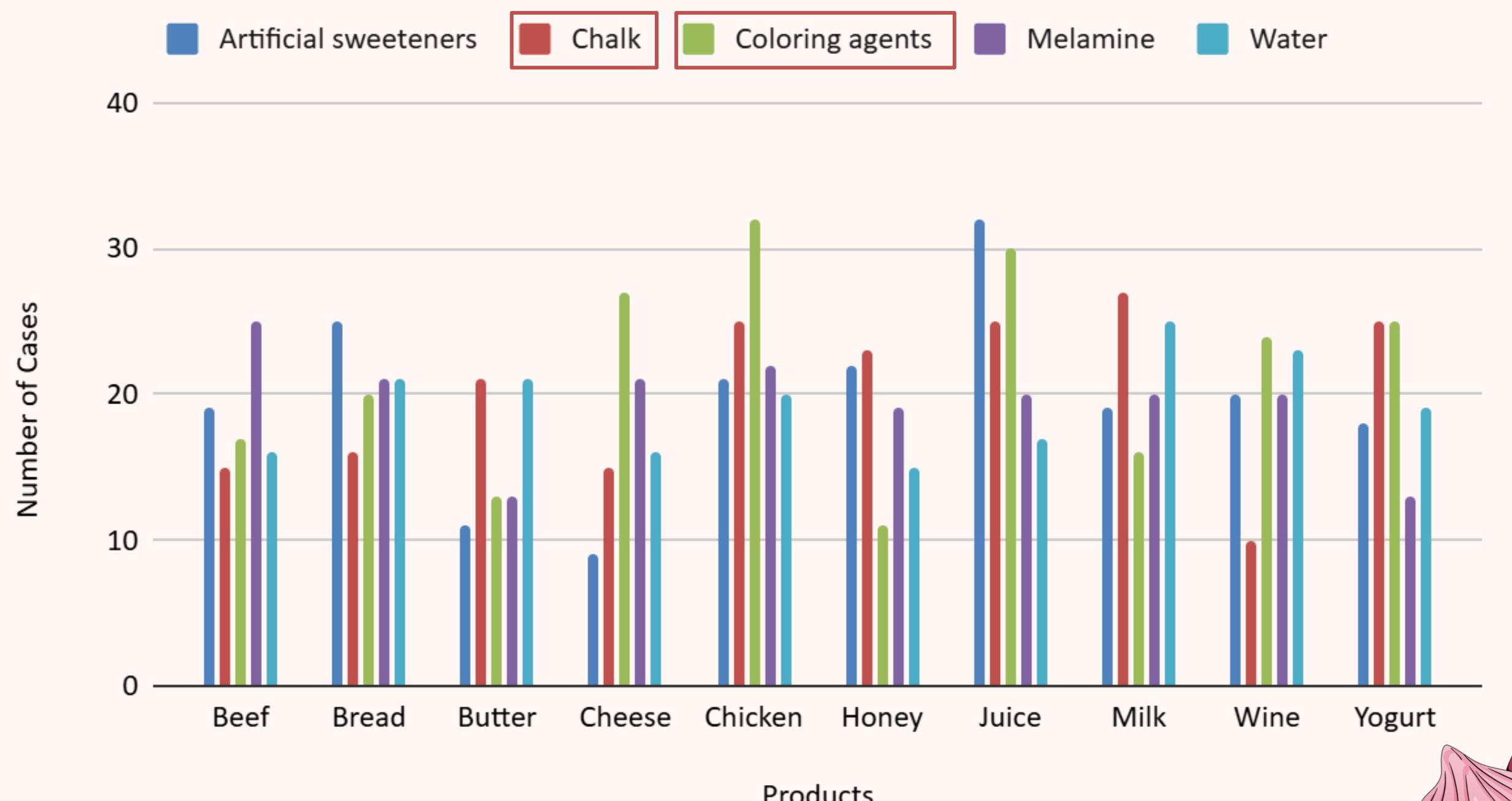
Coloring agents are found almost **evenly distributed** in all categories, but **highest in meat**.

Chalk is mostly found in **meat and bakery**.

The other notable one is water adulterant in **dairy**.

Mostly found in... (product)

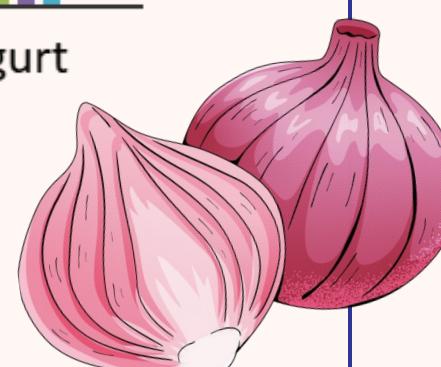
Adulterants Found in Products



Coloring agents are mostly found in **chicken, juice, cheese, yogurt, and wine**.

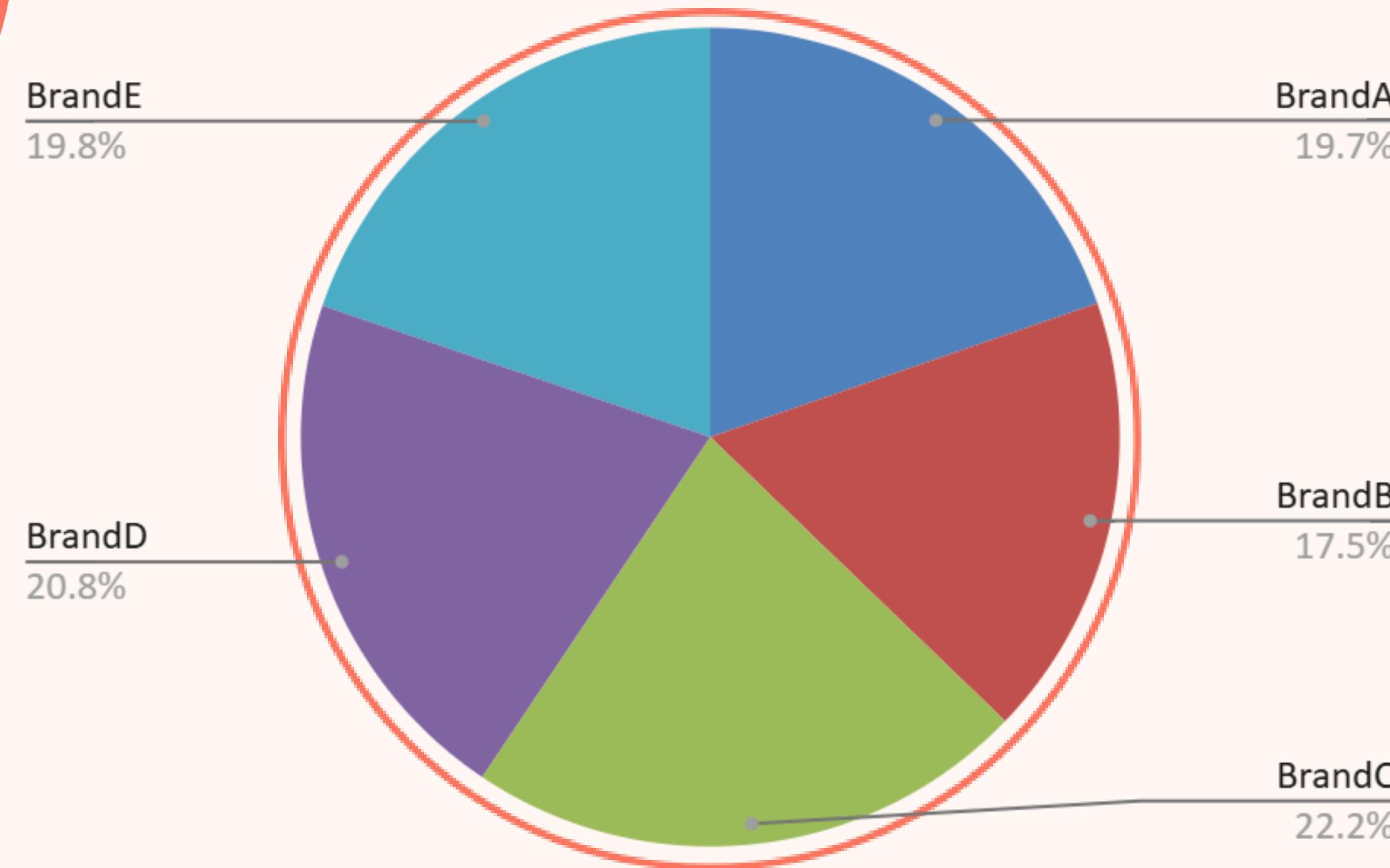
Meanwhile, chalks are commonly found in **milk, juice, chicken, and yogurt**.

The other notable adulterant is artificial sweeteners in juice



High risk brands.

Percentage of Cases



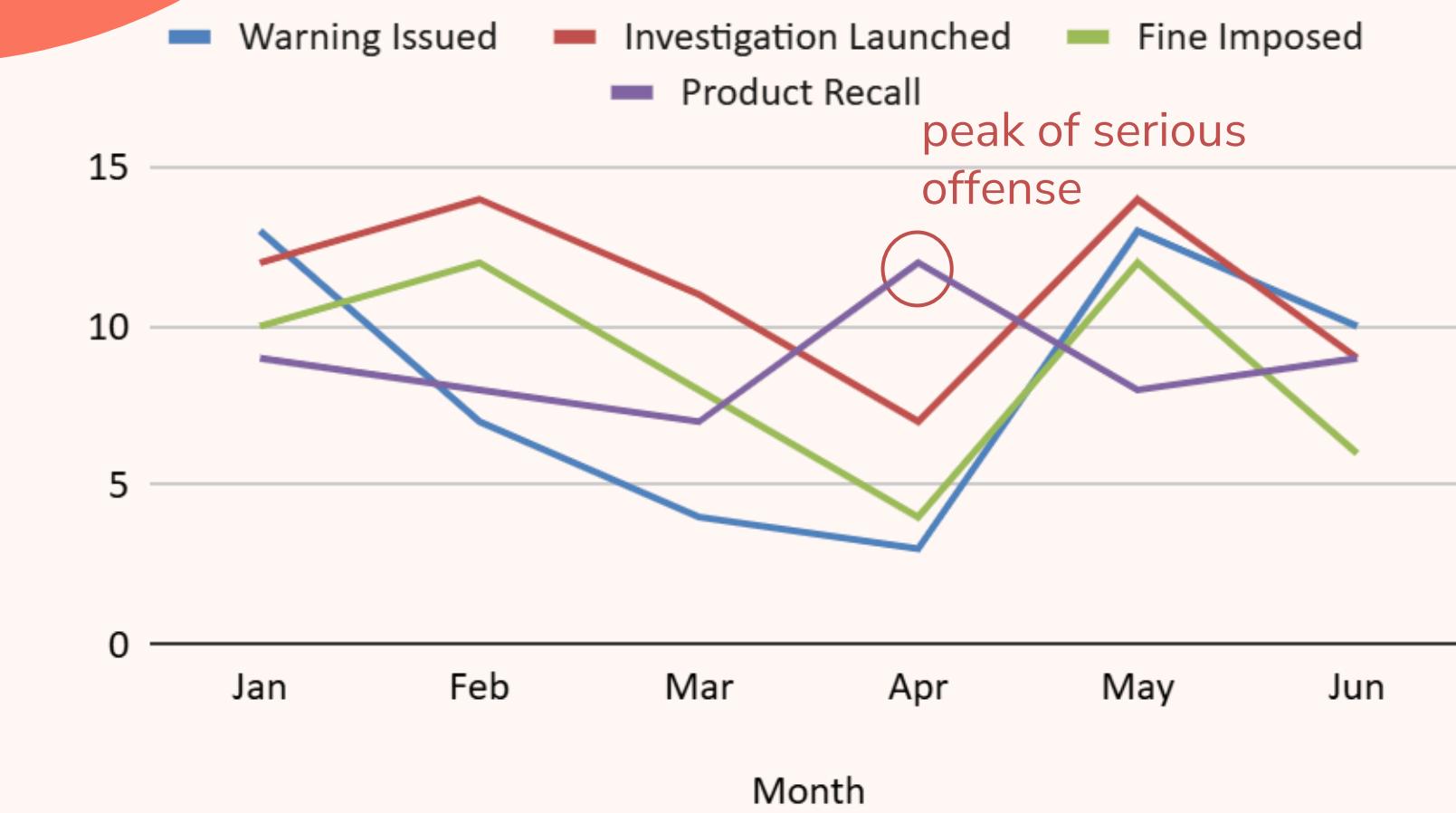
Most of them are
almost evenly
distributed. But **Brand**
C had the **most cases**
amongst them

Brand C case trend.

Number of Cases per Month



Actions Taken per Month



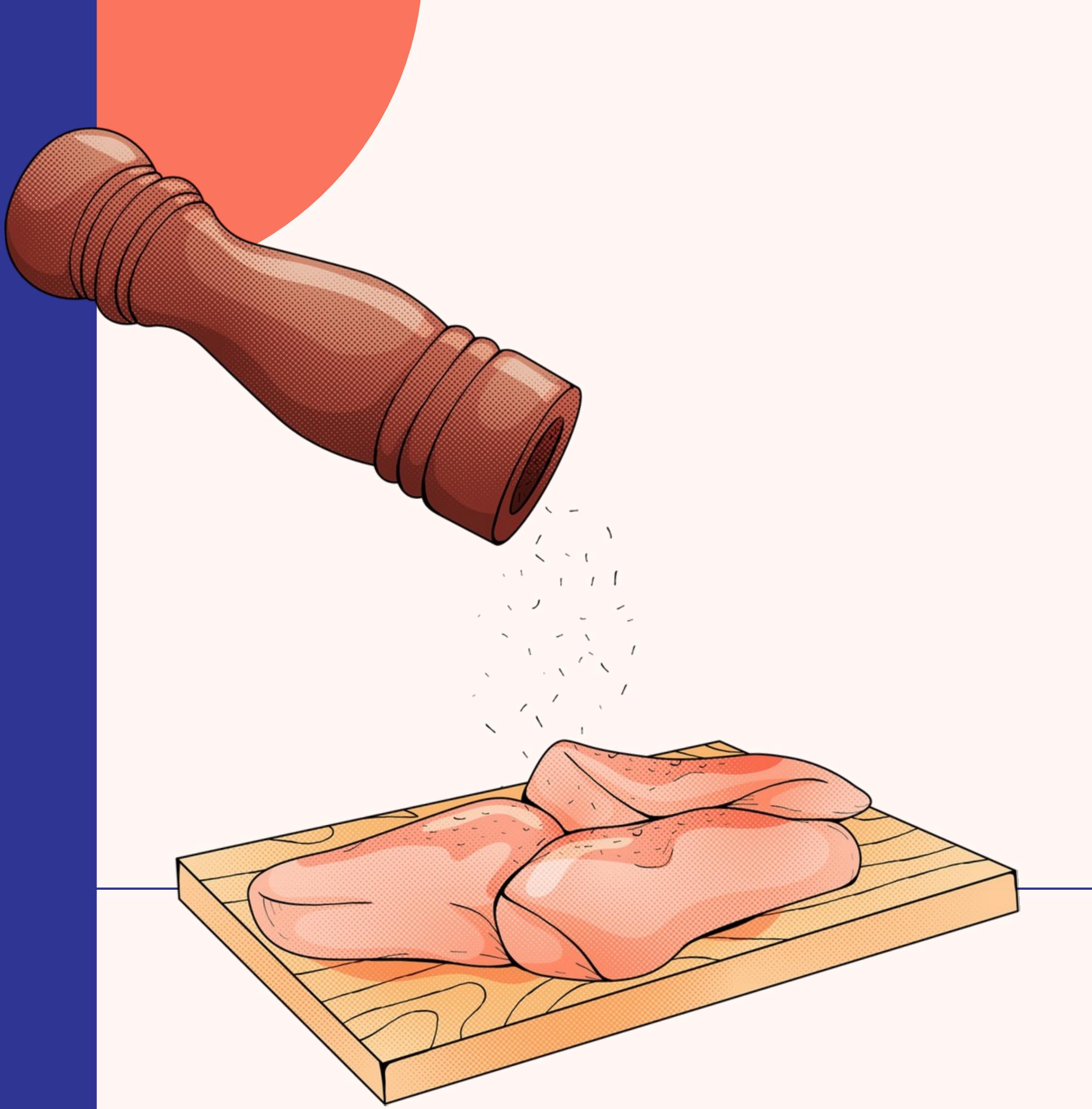
There was **a rise** in number of cases in **January and May** with a **drop** in **April**.

*However, the number of cases seems to follow inspection intensity, not just actual adulteration levels.

On the other hand, there's **a surge of product recall** (most serious action) in **April** instead.

Recommended actions.

How to possibly reduce the number of cases?



Where to keep an eye on?

Products:

Juice

Chicken

Milk

Adulterants:

Coloring agents

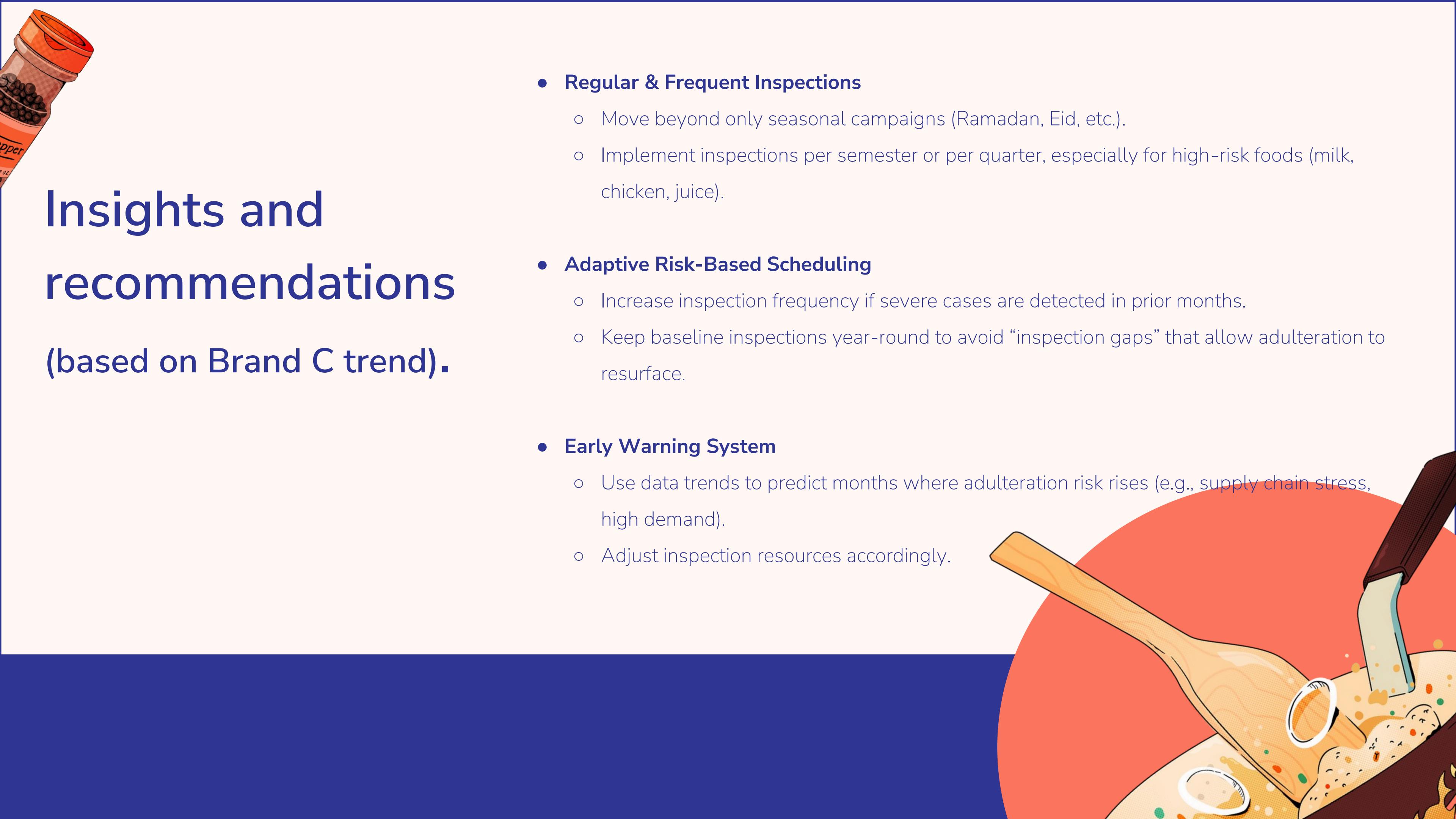
Artificial sweeteners

Chalk

Water

What to do?

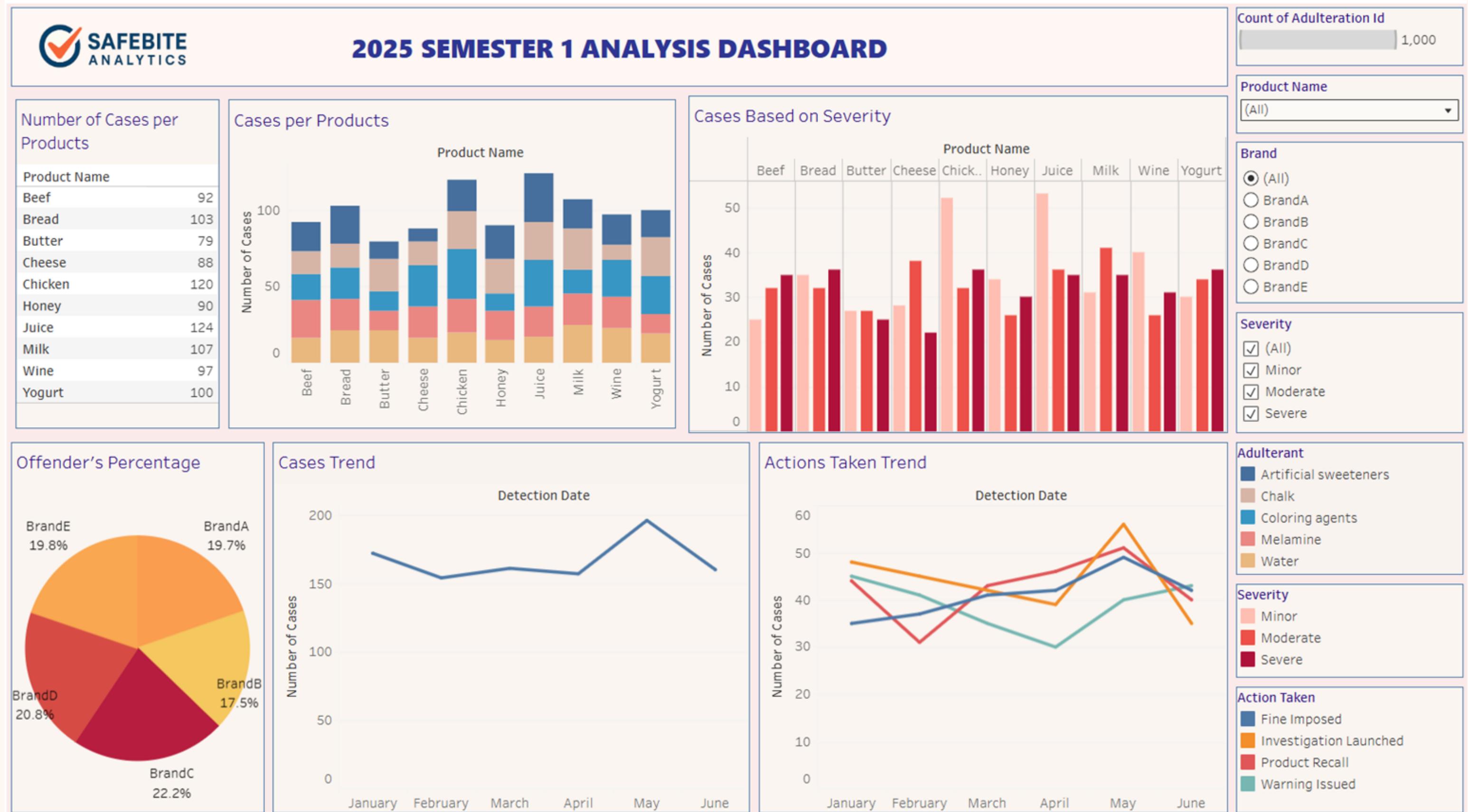
	Observation	Business Impact	Isolation	Prioritization	Recommendation
Coloring Agents	Coloring agents are the most common adulterant (215 cases), especially in chicken and juice.	Illegal dyes are often added to make products look fresher or more attractive.	The root cause is economic motivation to improve appearance cheaply, exploiting the difficulty for consumers to detect unsafe dyes.	Top priority → highest number of cases + high-severity risks.	Strict ban on non-food dyes, targeted inspections, consumer education.
Chalk	Found mostly in milk, juice, chicken, and yogurt.	Added to mimic protein/calcium; reduces nutrition, may cause kidney stones.	Cheap filler substitution in dairy.	High priority → second highest frequency, medium-to-high health risks.	Routine inspections, penalties for fillers, promote simple home detection methods.
Artificial Sweeteners	Most found in juice	Used to reduce sugar costs, often undeclared on labels.	Weak labeling enforcement + consumer unawareness.	Medium priority → frequent but mostly medium-risk cases (metabolic impacts, long-term).	Mandatory disclosure, beverage testing, fines for undeclared additives, consumer campaigns.
Water Dilution	Most common in dairy products.	Dilution increases volume; unsafe water raises contamination risk.	Lack of clear dilution standards + poor hygiene in practices.	Lower priority → frequent but usually low-to-medium risk, unless unhygienic.	Define legal dilution thresholds, deploy rapid-test kits, enforce hygiene in dairy/beverage chains.



Insights and recommendations (based on Brand C trend).

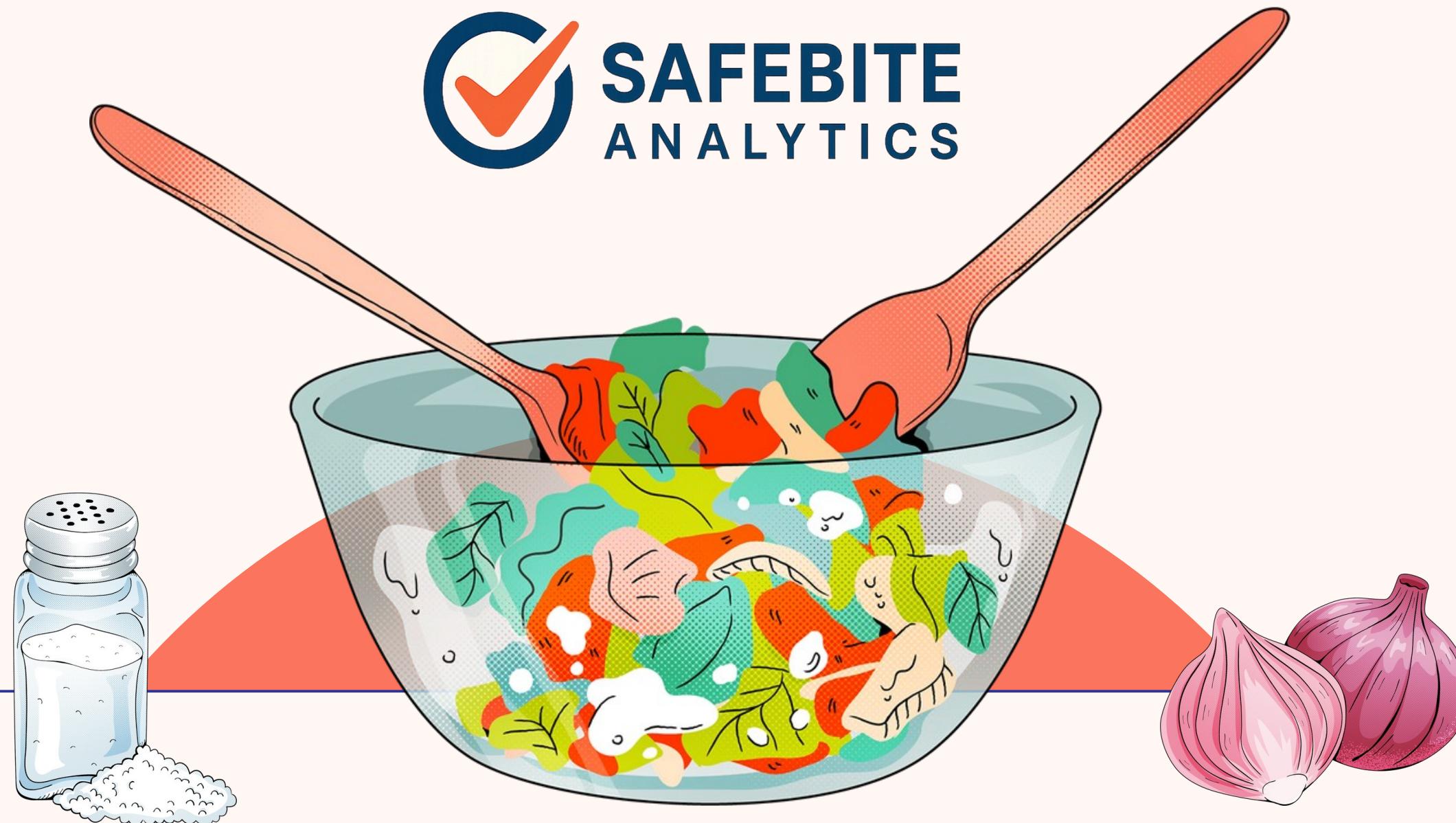
- **Regular & Frequent Inspections**
 - Move beyond only seasonal campaigns (Ramadan, Eid, etc.).
 - Implement inspections per semester or per quarter, especially for high-risk foods (milk, chicken, juice).
- **Adaptive Risk-Based Scheduling**
 - Increase inspection frequency if severe cases are detected in prior months.
 - Keep baseline inspections year-round to avoid “inspection gaps” that allow adulteration to resurface.
- **Early Warning System**
 - Use data trends to predict months where adulteration risk rises (e.g., supply chain stress, high demand).
 - Adjust inspection resources accordingly.

Dashboard preview.



THANK YOU

linkedin.com/in/karen-amarillys/





Appendix.

[Dataset](#)

[Data Preparation \(Spreadsheet\)](#)

[Dashboard](#)



Our business model.

Key Activities	<ol style="list-style-type: none">1. Process and analyze per-sample data2. Generate reports for regulatory action and compliance
Customer Segment	Regulators
Revenue Stream	Pay-per-analysis



D -

DECISION MAKER

→ Food Safety Regulatory Agencies

A -

ACCOUNTABLE

→ Safebite Analytics project manager

R -

RESPONSIBLE

→ Safebite Analytics team (data analysts, data engineers, and laboratory technicians)

C -

CONSULTED

→ Food scientists, nutritionists and quality assurance managers

I -

INFORMED

→ Consumers



Step-by-step.

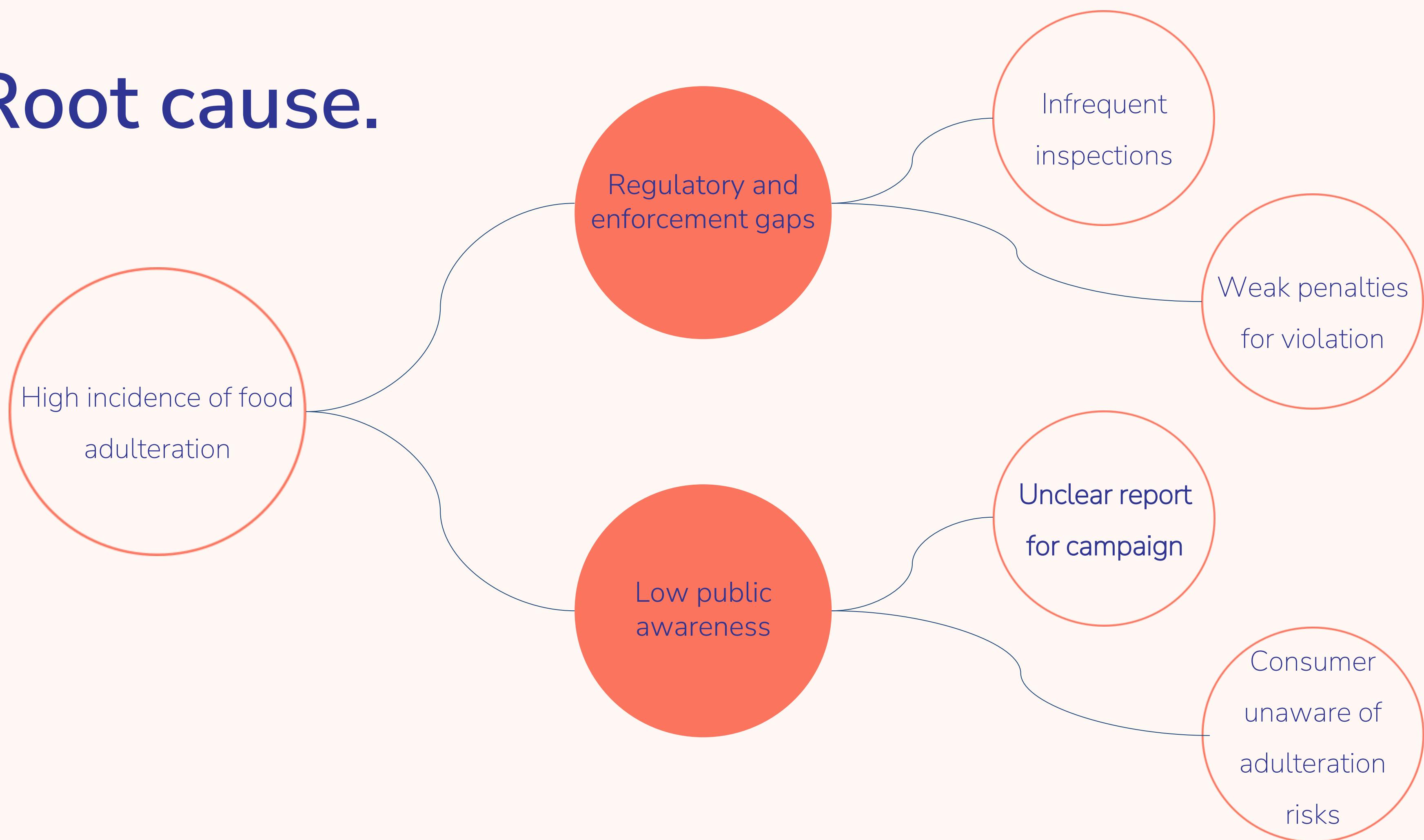
Converting	Convert CSV file data into Excel using Python and import them to Google Sheets
Data Cleaning	<ol style="list-style-type: none">1. Make sure the data is clean, no duplicates, missing values, or any typographical errors.2. Remove unnecessary column (removed unnamed: 0 column from data conversion).3. Format each data type to their own requirements (formatted detection_date column into date)
Sort and Filter	Sort and filter data for EDA



Root Cause	Hypothesis	Priority
Infrequent inspections	If food safety inspections occur infrequently, then <u>more adulterated products will remain undetected</u> in the market, increasing consumer exposure to unsafe food.	moderately feasible to address
Weak penalties for violation	If penalties for food adulteration violations are weak or inconsistently enforced, then <u>food producers will have little incentive to comply</u> with safety standards	moderately feasible to address
Unclear report for campaigns	If analysis reports on food adulteration are too technical or unclear, then regulators and NGOs will be <u>less effective in using them</u> for public awareness campaigns	most feasible to address
Consumer unaware of adulteration risks	If consumers are unaware of the risks of food adulteration, then they are <u>less likely to demand safer products or avoid high-risk brands</u> , reducing market pressure on producers to maintain quality.	least feasible to address

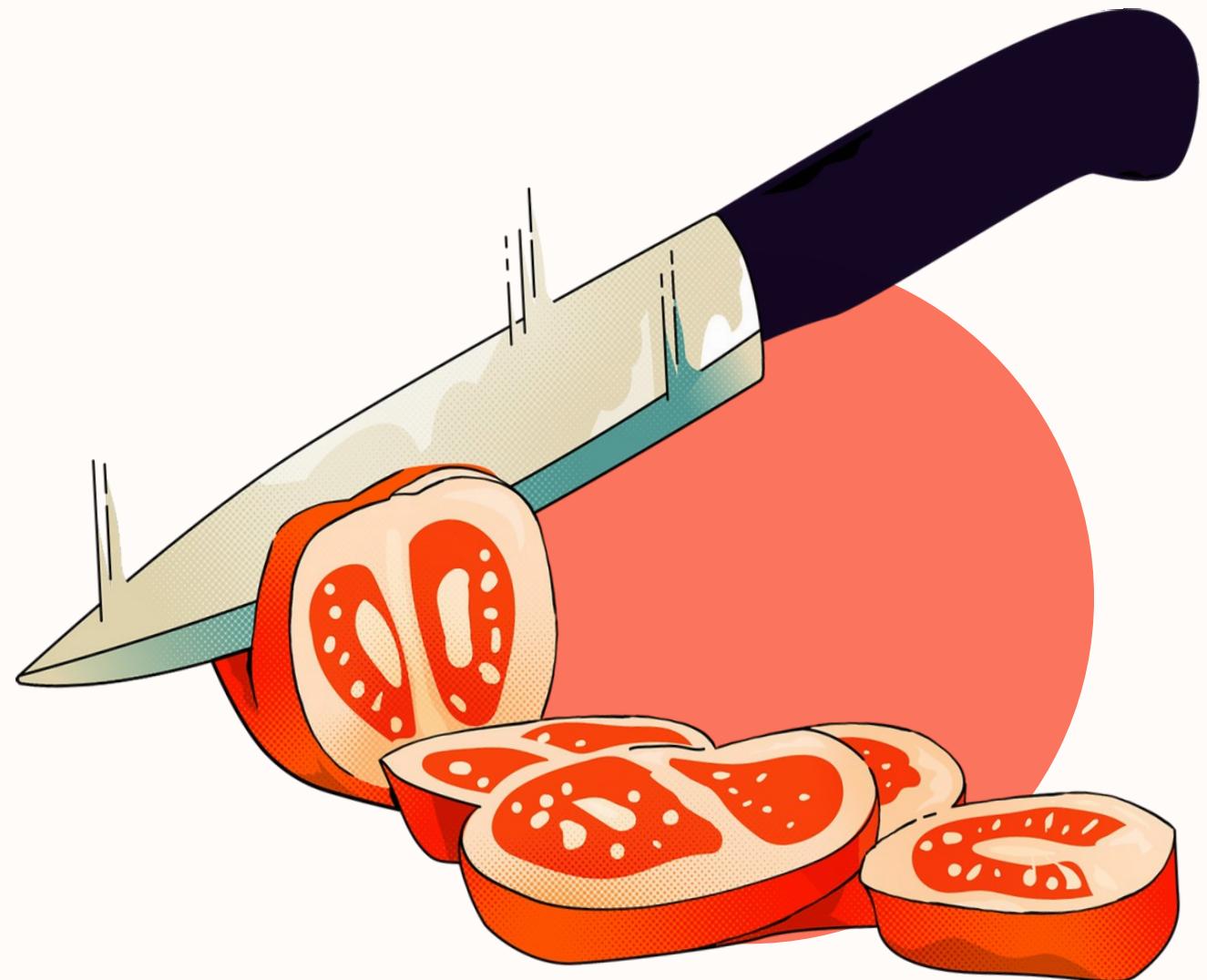
Prioritized Hypotheses	Metrics	Reasoning
If food safety inspections occur infrequently, then more adulterated products will remain undetected in the market, increasing consumer exposure to unsafe food	# Risk-based inspection recommendations issued per semester	Tracks how many times our analysis system identifies specific products, brands, or categories as high-risk and then <u>formally recommends that regulators (or food safety authorities) inspect them</u>
If penalties for food adulteration violations are weak or inconsistently enforced, then food producers will have little incentive to comply with safety standards	Repeat-offender rate	If penalties deter, repeats should fall; <u>a stubborn or rising rate signals weak consequences</u>
If analysis reports on food adulteration are too technical or unclear, then regulators and NGOs will be less effective in using them for public awareness campaigns	Stakeholder usefulness score (1–5) from NGOs/regulators	To confirm whether our clients <u>understand the report</u> and able to use them efficiently

Root cause.



Project scope.

dataset contents



- **adulteration_id:** Unique identifier for each instance of adulteration.
- **product_name:** Name of the food product.
- **brand:** Brand name of the product.
- **category:** Category of the food product (e.g., dairy, meat, beverages).
- **adulterant:** Substance found as an adulterant.
- **detection_date:** Date when the adulteration was detected.
- **detection_method:** Method used to detect the adulteration (e.g., chemical analysis, sensory evaluation).
- **severity:** Severity level of the adulteration (e.g., minor, moderate, severe).
- **health_risk:** Health risk associated with the adulterant (e.g., low, medium, high).
- **action_taken:** Action taken after detection (e.g., product recall, warning issued).

Adulterant cases in each product.

Product	Artificial sweeteners	Chalk	Coloring agents	Melamine	Water	Grand Total
Beef	19	15	17	25	16	92
Bread	25	16	20	21	21	103
Butter	11	21	13	13	21	79
Cheese	9	15	27	21	16	88
Chicken	21	25	32	22	20	120
Honey	22	23	11	19	15	90
Juice	32	25	30	20	17	124
Milk	19	27	16	20	25	107
Wine	20	10	24	20	23	97
Yogurt	18	25	25	13	19	100
Grand Total	196	202	215	194	193	1000

Adulterant cases in each product.

Category	Artificial sweeteners	Chalk	Coloring agents	Melamine	Water	Grand Total
Bakery	40	45	39	35	32	191
Beverages	37	39	44	36	30	186
Condiments	39	34	41	32	38	184
Dairy	40	36	45	43	54	218
Meat	40	48	46	48	39	221
Grand Total	196	202	215	194	193	1000

Cases on each brands.

Brand	High	Low	Medium	Grand Total
BrandA	58	71	68	197
BrandB	51	65	59	175
BrandC	77	69	76	222
BrandD	66	77	65	208
BrandE	73	76	49	198
Grand Total	325	358	317	1000

Brand	Minor	Moderate	Severe	Grand Total
BrandA	75	68	54	197
BrandB	65	52	58	175
BrandC	81	70	71	222
BrandD	68	70	70	208
BrandE	66	64	68	198
Grand Total	355	324	321	1000