INGREDIENTS

- 3 tablespoons olive oil
- 3 tablespoons flour (whole wheat flour, all-purpose flour and gluten-free flour blends all work!)
- 1 tablespoon ground chili powder (scale back if you're sensitive to spice or using particularly spicy chili powder)
- 1 teaspoon ground cumin
- ½ teaspoon garlic powder
- ¼ teaspoon dried oregano
- ¼ teaspoon salt, to taste
- Pinch of cinnamon (optional but recommended)
- · 2 tablespoons tomato paste
- 2 cups vegetable broth
- · 1 teaspoon apple cider vinegar or distilled white vinegar
- · Freshly ground black pepper, to taste