

Process Book: Mind, Body, And Spirit

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ART2602C Intro to Digital Studio





Words for Mind

Overthinker

Eager

Shy

Calm

Scattered

Mind Images



For overthinker I choose three images, one of a thinking statue, another image of a dying star, and an image of vines. I would compare my mind to a statue that is always in thought, I think a lot about different things. The dying star is symbolic of how intense my thoughts can be, I tend to overthink every scenario. The vines represent the growth and speed at which I over thinks and how intrusive my overthinking is on my brain. Makes me feel frozen. However at night my thoughts are calm so I associate the night time with calmness which is why I choose the night sky to represent calm. Although I have a million things going on in my head my outward appearance is calm and collected. For eager I choose a sponge because I love knowing how to do things like activities and hobbies. I love to dabble in a variety of activities. For shy I chose a box that is almost closed but not fully. I tend to hide part of myself from people because I don't want people to have a perception of who I am unless they really get to know me.





Words for Body

Short

Purple hair


Mexican-American

Uninterested

Absent minded

Images for Body





For body I chose a purple flower to represent my purples hair. A tiny mushroom because I am short but also when looking at the universe I feel really small like the mushroom. I choose a Mexican Flag because I am Mexican through my family but American through soil. The last image I used is an interesting image because it's an image of a girl writing but her whole head is just missing. I often feel that even though I am present, my head is somewhere else completely, either in my thoughts, in the clouds, or in over thinking scenarios.



Words for spirit

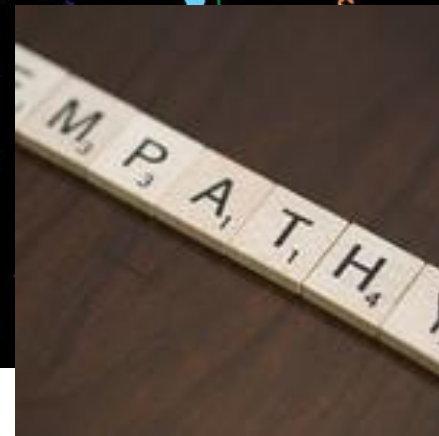
Creative


Child-like

Empathetic

Sensitive

Images for Spirit

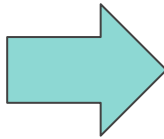
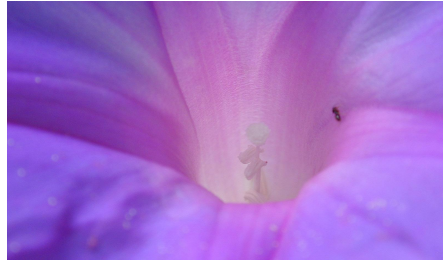
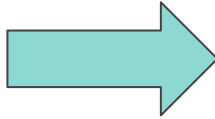


The background is a solid orange color. In the upper right corner, there are several abstract circular shapes. One is a large circle with a smaller circle inside it, both having a light orange fill and a darker orange outline. To the left of this, there is a smaller circle with a light orange fill and a darker orange outline. Below this, there is another circle with a light orange fill and a darker orange outline. In the lower right corner, there is a circle with a light orange fill and a darker orange outline. The text is positioned on the left side of the image, centered vertically.

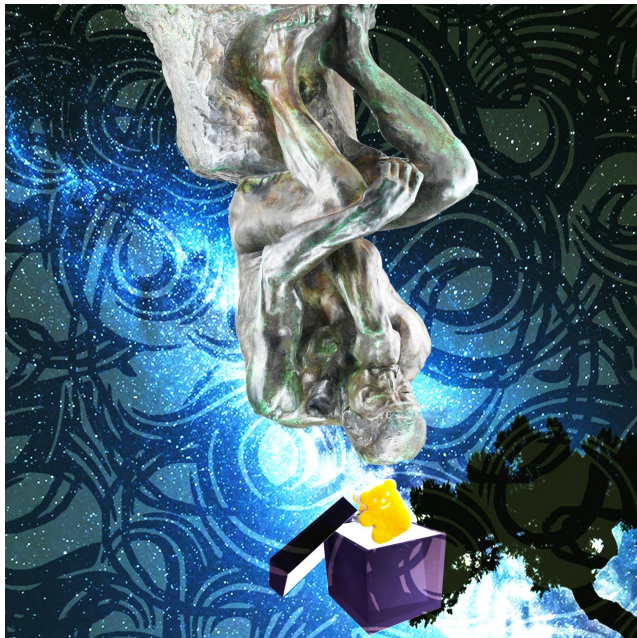
For spirit I choose an image with splattered multi-colored paint. Often times my creativity isn't organized but I would describe it as splattered unsure of which direction to go. For child-like I choose a group of children at the aquarium. When It comes to learning or seeing new things I have a very child-like reaction. For shy I chose an image of a person hiding behind a smile. When I am shy I often want to hide or run away but I usually hide behind my smile and hope for the best. For empathetic I choose an image of the word empathy. I have a high sense of empathy towards anything and anyone.

Ideation

For the most part my thought process was consistent and my vision for the collage stayed the same. I did however change some images but kept the concept the same. For example the purple flowers I chose for body I changed, instead of multiple I used one because I liked the composition better. I did the same for the night sky in the mind collage.



Final Project



Artist statement

The purpose of this work is to give the viewer an inside look into the artist's mind, body, and soul. Using images the audience is free to interpret the symbolism of the images as it relates to the artist.

This triptych is separated into three collages, Mind, Body, and Spirit. The vision for the mind collage is to depict how my mind works and feels at times. I'm an overthinker so I found the image of "the Thinker" to be fitting. There is a lot of other symbolism that lies within the collage, such as the night sky and the sponge. The sky representing my calm thinking space, and the sponge symbolic of my eagerness to learn and explore. The bridge between the spirit and mind is the body. The body collage is symbolic of my physical appearance as well as my heritage. The purple flower represents my hair, the mushroom my height, the flag my heritage, and the person is symbolic of how I feel most of the time. The last collage is the spirit collage. This collage represents who I am creatively and internally. These collages work together because although they are drastically different, the body collage helps to bridge the composition together and well as symbolically.

The purpose of this work is exhibited when viewed left to right. Although the three are different they are bridged together by the body collage. Although each piece has its differences there are many similarities across the three that depict symbolic references to the artist.

Reflection

When I started this project I was rather excited and not concerned over the fact that I am not an expert in photoshop. I held a very calm and collected mindset when doing this project and for the most part remind that way throughout the entire project. The most difficult part was finding the images to the words to describe me. A lot of symbolism is involved in this project I would say. I learned how to mask and scale photos as well as how to curve colors. Many new photoshop techniques.

Sources

thinker

<https://www.flickr.com/photos/65089906@N00/34218167854/in/photolist-9N9ms-U8K4ah-45f7vJ-oMywF2-Bx2wGJ-7h6CSz-95wdsZ-2idMyR2-HWRP76-5qqqJN-gaCE3k-as3icV-GD9iik-isQDfj-2i8ubko-oUzsQ9-4fvwjZ-g8UF-Hpz1VR-8nHJil-4ffLMu-2kLXLZg-7vdFmV-QkvfB-5Dytr-Q6gGQ-6dAz9G-84oQVK-Z4fG6Q-rPdFVs-aLvQmP-6dLM5A-76x1MJ-miT5K-w-r1Cdeh-RpZ2xb-aaPqch-ax4CDA-8sKT3v-8xKhmy-GG9u4h-vfmR-VbKE7A-79CDd5-nLZdUv-AcGh2-2k38SFU-MUeJgG-2n26xkK-2iTfWKR/>

Dying star

<https://www.flickr.com/photos/theefrit/372149651/in/photolist-yTn8i-k6REkR-mBG4CX-2iVuCnD-2mLNQWw-2mNwg1J-y4u5VV-wNav57-2k2spy6-2mCj377-2gg8ziN-saX7YZ-2mEqa6p-2n28SvT-2mCm6nm-7qdDVG-zkv2oC-2gdGiKF-2k2n1kY-2meVJUB-23FtiUU-wmY5F-2mCR48f-2jXEB51-25mBpEn-p9JAHY-7MabKN-22wD6xN-23uGyuL-2iLhJNY-2kh6p3V-2mxjbG8-bdL9FH-7Vi1qF-2h2L92x-2j6KCbW-2m4YdxM-2mwxk2-2kW61MG-2eETCAw-2kY2Tj3-2mwxPWz-2mEzw7w-2mV8zUV-2mzi41L-2b58ey6-2kYJaRu-2mJHmgW-2maj9zM-2myv2tG>

Box

<https://www.flickr.com/photos/augenschein/47478310151/in/photolist-2fkuKuk-2k5fSp1-2muWRdh-2kKH5Yx-7YA6uX-2m2Mvqc-VdhAnG-GoffRx-2egiptA-6GGUuQ-pdrbRT-e4gnPk-2iJmbL4-2hMJA6-9WqVzm-PM8uZj-5oXm1f-2mPZeEF-2hSmqTL-bPS3tP-2mWqeKw-QQpNEt-2moDrMe-2eKVLaq-Pc3EWT-n3TDT-ExJZDC-2hSb8Nq-mhvPMd-TdGmtD-8oTvD-aEkQEd-dL7uNc-Hj6zp-2iMUrwu-c1jrR1-bwNRQH-gG1JuS-4biCpi-7ny5kh-aohi7m-j83ZS-7xc5VZ-aMTNGT-dobmua-5NR9wx-f4ift-WAeTYQ-67GEkD-6UTHZM>

Night sky

<https://www.flickr.com/photos/152753825@N07/36871646901/in/photolist-YbdQ32-SNjWWN-pSuygK-qS9QGn-pTKuh8-TT2N4a-z9r6zL-qawECy-d2KmDf-aoEw18-SHrtqk-nvtZdr-USavZY-27rSxBL-RSyS83-RTEeRJ-XF7yzD-XjK6gS-XR9BbC-q6UTjs-X6cbXj-XEq1vZ-SRHzaN-xr5YsC-XJKeYU-CvCEL1-Vr9oM3-BBoFo8-Yz46GV-UfH8H9-24tiP9Z-TkFMnZ-29BCKT-9fQ99m-RWSh4N-Xj37W4-Sv7uNX-24XV6aL-S6Nk1y-GBNQPj-CG1vGL-oVq9wN-Tsev1v-oGYKEE-ddUTtH-WXduQy-dNmp1W-StTXFa-U7qqfh-GG1LCT>

Vine

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Sources

Sponge

<https://www.flickr.com/photos/bennyandheidl/5353679019/in/photolist-9a61fF-gpgeHZ-8kEF8g-7ofPCN-68FsHm-8EsZVM-m6GCe-8FHiPW-4Nwvmp-5KYo8a-8Et1ca-4Rjtlk-97cu9s-Q2fz2q-84Q443-4tNEgn-9dWtGJ-616Yxc-64bAcW-fsq7mV-4Edc5h-8Ew86W-9Qv4sv-5fCNhr-4jpEHd-7sfHhQ-4NWZJj-4jkBAe-WPrdVu-2y7VK-6vvdC-69WYVf-8yHVPe-7xxS8t-4ga641-diUDKM-6UVMR3-c6qYAS-qHfS53-9cTfSy-7oJi8E-bBXU3X-CzFr-8jRvHc-kpQjxF-4YWwG2-kpSHh3-5AAfXV-552PF-9mhqC3>

Scattered

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Purple

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Mexican flag

<https://www.flickr.com/photos/15460749@N07/7825087338/in/photolist-cVtBQW-21vA1j-oKx5E-2insE8-J3YRe7-7Ahyii-ZyhxRv-n2Stc-eik5aq-GFDne-7KG1B8-7SN6Rr-zxPy45-5DNGXZ-h79wN-2X98c-6SgYtH-5NCQgw-6uUQvK-vdn8n8-8znEAK-74Luk1-H1tMp2-lBzNX-65vY5M-UkzRX9-dAiKLU-7LK9vj-fvbV4T-7xhVXC-EAuC-56gE9N-3qrsf-97S437-nHx4re-8dfGyD-4cN6xG-27eQemK-uvsdJ-XX1C-395YFD-4h2Kai-mv7Ae8-28muN4h-nlfqcp-2vBcK6-4YWeMU-wNHBX-msqhk-7Mi8uF>

Absent minded

<https://www.flickr.com/photos/basiukphotography/5670063592/in/photolist-9D3yn7-FHPhNm-CU3YAP-24fHzQH-23pegpp-rdz2t3-atjQfQ-2kYunWa-2mHSixi-5BB7Hf-966Xjk-2ahBc-t-2iM1CV5-5Gs6TZ-HbDxCf-8iaVuc-dR6wnz-dXW78g-bxtbx4-5QoRUW-bAmQ3P-LjsM5-JXNbF-WYshwZ-nnQqyx-9dn8mv-97DxWx-2m5ezmD-77erk3-pt2u1i-66Uasr-sdQLez-8ZYaJQ-nLn25L-59u2Ye-TrJsE-2KUL6zH-cGCMcE-2hUrx2P-GnZ2B-Y7iLKP-6W4rDP-qovP9U-4nuMEU-om6npT-t2aHRh-fqAA7M-kRnrGD-MH38BM-TCFqoq>

Mushroom

<https://www.flickr.com/photos/154985750@N02/50511863003/in/photolist-2iXyvv4H-KKdsM-5cdQpa-ywNPU9-2i2VWQq-2i9vcoW-LbMpAW-2qdRpwB-WvyinG-aa4mTe-VhV2QS-2mwikba-22Vm8A-ax2dvi-6pRGLN-22Vm9G-2bz6wGw-VqKvXZ-2jxqpiS-2qNSwHV-4LUm3U-rqD5ZH-2ik89CV-7Bhu9v-2iE3QnT-Wz9Z5a-2i9oZFf-9iiYfz-2kzve79-2mkAiXM-GU4UY-Wvyi5C-VYPYmj-Wz9ZWR-GBJrKE-6tytWz-Wz9XGk-22Vm9U-WvyEG-Wza1hk-3iG4za-Wvydys-2jvUXNa-2mRiAvn-Wvygx9-WvybKo-EDVvRd-7ZrVNW-PRacqJ-Vj9oct>

Empathy

<https://www.flickr.com/photos/128745475@N07/19402974878/in/photolist-vyzjrC-2jXg81g-jU67kp-YlDmqL-V8HFmc-BgtcW-2ikSWmJ-4Ue4ND-2aqzGqf-2mc6Znx-YdB3P9-Sx6NwQ-XFGDXj-2mk3SYT-6KvP8z-2jaVpGs-SBJ2cg-ThqWsE-7yd8xV-6KzVRy-2mUMrY1-2kJFR67-nEupUc-RfWQxk-3pvD2H-2jHsHo8-ohiWHc-YswkPa-vMLL6G-2h9fQoU-b5ugxD-hakThd-9L1SkC-6pToGf-87LR2m-BW6kMo-dXbWeU-e8g77S-5TJ8i2-CH6tgL-yKUHiK-4Y7Je9-fSwH5z-am17Hy-AzC36f-dQkvnV-2knTHCo-b2GXzi-Jm8Ux1-2jDHMyY>

Sources

Fake smile

<https://www.flickr.com/photos/41040650@N06/5651276517/in/photolist-9BogC2-fyQRiK-8sFViT-eUPbAV-8sCbT1-3QUBX-5fA4W2-7VdUfp-iBvLRJ-6TbyM-6ctZWN-6n49D3-qVuFlu-6BUt6S-2mPMVDt-93heM-5MWUVE-5in2Ps-2q9HQc-3zBW8M-e5P1kr-bc3WEB-6JmJJE-4MAwjp-31xm3L-2g4oJz-radpsy-fGsFce-egkipq-2WhRqv-9IS4th-8ohQu2-9hS3Yw-PSJHd-5tgZtW-S8meqE-8Q3kLT-57S4SH-cez51N-XcyUvc-8DuFKk-fGMHan-q5qJRY-9SSita-3fd2JX-dQVvYm-8Y1RCZ-9zsFzh-7bhqHc-2ihqWQo>

Cat

<https://www.flickr.com/photos/115527438@N08/13244364473/in/photolist-mbmQ8B-7flde4-dxTfvt-bWBOH1-3ACPG6-48pLfd-qLVZYW-dL24wn-XAYYrc-82Qcua-djzbRh-249oVNB-djzdkl-8zniqb-5OQL1U-djzcZF-fZqT9e-82QaA6-22A4HKx-fZqaN7-UEG3zs-abGk8F-9Dudip-djzdH3-fZqxE3-6rNsxs-pGBWGo-YkYC5h-9Dt61T-cDjpEQ-djzdrY-4BaaHa-avqKos-9wCiZT-rHHPQJ-67G6wQ-djzd4P-djzdoC-21QMdrH-5b8yqF-25rCAV7-mjuMZz-226od35-TrSOWC-GtT84a-djzch9-BMkFXA-PVDMre-amNm4v-V9YDUZ>

Paint splatter

<https://www.flickr.com/photos/114494344@N05/12276573786/in/photolist-jGQDFh-4DPKFg-JMWxdb-HR8N1P-8K7DDD-j9Qitp-8sW9YL-Heo7kS-2kFDAfv-qKkEz4-8sT84x-98EGyC-2jTS3PV-6do4J6-PVWNf8-2mVUdKf-qKcY53-ocX7sW-2mVNAKW-DhvcMB-H7z4y9-7ungAp-CunGk3-PsN22N-9ZMhpp-2kgZm6z-Nsdinb-gzdSRd-eeb1eD-PeZZgR-2deB1mA-25s9reR-2ctLju-z-EA6Pul-z9szu-dgtkmP-89Cq2F-79pjUu-QNzWLK-4B5oJE-fCY8V1-QDQTbu-2a7cQEJ-96AkZj-9dpWoi-9vPn3d-697H7Q-CpgPr1-2mMuFvK-2dsSNbA>

Mexican flag

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Vines

<https://www.flickr.com/photos/lefestin/5980556233/in/photolist-a7tV1v-dtZJaX-3af7hw-5n7VXE-2gr2RxH-4UwWBw-4UwYCu-2JdZbN-4K3Ppk-4M1Kpn-4UsGkz-vWq3Be-5qo3oi-53KJcn-t3D7F2-2jBM6Ft-wC5ru-2kvnpl3-2mN9FrE-2hjKNZX-7Y9Gos-2j3DUi5-24wD3CB-2m18orC-5f48Af-6wsVak-pNzQzz-y6sKxU-2drS8T9-2iDs4ag-Lxuqwn-RjRLvk-qQENjw-MeJud-sKREd5-uWZiQ3-2an7DRG-K5Y3Zp-2mNzcQg-2mNx8jf-Kyt5q5-ZGctbj-PJ3J-oUwStv-dZNXQG-28Xhh2h-2a6ToCn-aXuHFK-2kYoNR-29KxPTH>

Sources

Box

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Purple flower

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