Supplementary Table 5:

Set of equations governing the changes of volume and osmotic pressure

$$\Pi_e = \Pi_e^f \left(1 - \exp\left[-\left(t - t_0 \right) / \lambda_m \right] \right) + \Pi_e^0 \cdot \exp\left[-\left(t - t_0 \right) / \lambda_m \right] \tag{6.1}$$

$$\Pi_t = \Pi_t^0 \cdot \left(1 - \frac{V_{os}^0 - V_{os}}{V_{os}^0 - V_{it}^{\Pi_t = 0}} \right) \tag{6.2}$$

$$\frac{d}{dt}\Pi_i = \Pi_i \cdot \frac{dc}{c \cdot dt} \tag{6.3}$$

$$\frac{d}{dt}c = v_{12} - v_{13} - c \cdot V_{ratio} \tag{6.4}$$

$$\frac{d}{dt}V_{os} = -G \cdot L_p \left(\Pi_t + \Pi_e - \Pi_i\right) \tag{6.5}$$

$$V_{os} = V_{total} - V_b \qquad \qquad \frac{d}{dt} V_{total} = \frac{d}{dt} V_{cyt} = \frac{d}{dt} V_{os}$$
 (6.6)

$$V_{ratio} = \frac{dV_{os}}{V_{os} \cdot dt} \tag{6.7}$$

Parameters

$$\lambda_m = 0.3s$$

$$Lp = 1.19 \cdot 10^{-12} \, m^4 J^{-1} s^{-1}$$

$$V_{total}^{0} = 6.5 \cdot 10^{-17} \, m^{3}$$
 $V_{b} = 0.4 \cdot V_{total}^{0}$

$$V_{nuc} = 0.15 \cdot V_{total}^{0} \qquad V_{cyt}^{0} = V_{total}^{0} - V_{nuc}$$

$$V^{\Pi_t=0} = 0.63 \cdot V_{os}^0$$
 $V_{os}^0 = V_{total}^0 - V_b$

$$G = 7.85 \cdot 10^{-11} m^2 \qquad c^0 = 600 mM$$

$$\Pi_t^0 = 0.875 \cdot 10^6 J \ m^{-3}$$
 $\Pi_i^0 = 1.5 \cdot 10^6 J \ m^{-3}$ $\Pi_e^0 = 0.625 \cdot 10^6 J \ m^{-3}$

For the change of the external osmotic pressure the formula given by Martinez de Maranon et al.² was applied, which takes into account the mixing time, i. e. the time of the sample with salt. Here, λ_m is the time constant of the mixing chamber and Π_e^f is the final external osmotic pressure after mixing.

The concentration c = c(t) in Equations (6.3) and (6.4) refers to the total concentration of osmotically active compounds. Its initial concentration is calculated from $\Pi_i^0 = c^0 \cdot RT$ (R – gas constant, $T = 300 \, K$ – temperature).

 V_{total} is the total cell volume, $V_{os} = V_{total} - V_b$ is the osmotically changeable volume, V_b is the volume (constant value) not affected by osmotic changes.

Note that the conservation relations over time only hold for absolute molecule numbers since the cell volume is changing.