

XYZ General Hospital

Patient Medical Report

Patient Information:

- Name:** John Doe
 - Date of Birth:** January 15, 1985
 - Gender:** Male
 - Medical Record Number:** 123456789
 - Address:** 123 Elm Street, Springfield, IL, 62704
 - Phone:** (555) 123-4567
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Admission Details:

- Date of Admission:** June 10, 2024
 - Time of Admission:** 14:30
 - Admitting Physician:** Dr. Emily Carter
 - Reason for Admission:** Severe abdominal pain and nausea
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Medical History:

- Allergies:** Penicillin
 - Past Medical History:**
 - Hypertension
 - Type 2 Diabetes
 - Appendectomy (2010)
 - Medications:**
 - Metformin 500 mg, twice daily
 - Lisinopril 20 mg, once daily
 - Atorvastatin 10 mg, once daily
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Physical Examination:

- General Appearance:** Alert and in distress due to pain
- Vital Signs:**
 - Temperature: 38.2°C (100.8°F)
 - Blood Pressure: 150/95 mmHg
 - Heart Rate: 98 bpm
 - Respiratory Rate: 20 breaths per minute
- Abdominal Examination:**
 - Inspection: No visible scars or distension
 - Palpation: Tenderness in the lower right quadrant, rebound tenderness present
 - Auscultation: Bowel sounds present but hypoactive

- Percussion: Dullness over lower right quadrant
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Diagnostic Tests:

- **Complete Blood Count (CBC):**
 - WBC: 15,000 cells/ μ L (elevated)
 - Hemoglobin: 13.2 g/dL
 - Platelets: 250,000/ μ L
 - **Blood Chemistry:**
 - Glucose: 145 mg/dL (elevated)
 - Creatinine: 1.0 mg/dL
 - BUN: 15 mg/dL
 - **Imaging:**
 - **Abdominal Ultrasound:** Inconclusive; recommended CT scan for further evaluation
 - **CT Abdomen and Pelvis:** Acute appendicitis with signs of early perforation
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Diagnosis:

- Acute Appendicitis with Early Perforation
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Treatment Plan:

1. **Preoperative Management:**
 - Intravenous fluids: Normal saline 1000 mL over 2 hours
 - Antibiotics: Ceftriaxone 1g IV every 12 hours
 - Pain management: Morphine 2 mg IV as needed for severe pain
 2. **Surgical Intervention:**
 - Scheduled for an emergency appendectomy
 - Preoperative fasting
 - Consent obtained from the patient
 3. **Postoperative Care:**
 - Continue IV antibiotics for 48 hours post-surgery
 - Pain management: Transition to oral analgesics as tolerated
 - Monitor vital signs and signs of infection
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Discharge Plan:

- Expected discharge date: June 13, 2024
- Follow-up appointment: June 20, 2024, with Dr. Emily Carter
- Instructions:
 - Avoid heavy lifting for 2 weeks

- Maintain a light diet initially
- Contact the hospital if experiencing fever, severe pain, or signs of infection at the surgical site

Attending Physician:

Dr. Emily Carter

Signature: _____

Date: June 11, 2024

XYZ General Hospital

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