Karter Bernhardt MART 120 Sect. 50 Michael Cassens 08/31/2020

Mindset Response

My result from the Mindset Quiz was a 50, which, according to the site, is indicative of a strong Growth Mindset. I would say I do not necessarily have a different perspective on mindset, per se, after doing this exercise, but rather a cleaner, more precise definition of mindset and its functionality in humanity. I've always seemed to understand that there are really only two ways of tackling a challenge: push through or give up. You can either encourage yourself to learn more through struggling, or you can completely can it. Although this has been my outlook for most of my life, I was never aware that there was a whole field of thought dedicated to defining and understanding this facet of human existence. Going forward, I am very excited to see how I implement my newfound knowledge on this topic. I find it especially exciting in life when you encounter something that you viscerally know about, but have not yet intellectually learned about; this seems to be the case regarding the different types of mindset we use, and I am very curious to see how I adapt and evolve the efficiency of my mindset knowing what I do now. One thing I know for sure is that I will definitely, in the very least, take into account the different mindsets at play when undertaking certain ventures and not others in the future.