

- You or your employer contributed to the NDPERS Defined Benefit Plan or Defined Contribution Plan for at least six (6) months, and
- Your the disability occurred during a period of eligible employment, and
- You are unable to work due to a medically determinable physical or mental impairment that has or is expected to last at least for a continuous period of 12 months or result in death, and
- You are currently on your payroll or are within twelve (12) months of employment termination date.