

Project Initialization and Planning Phase

Date	6 july 2024
Team ID	SWTID1720151909
Project Name	PANIC DISORDER DETECTION
Maximum Marks	3 Marks

Define Problem Statements (Customer Problem Statement Template):

Panic disorder is a type of anxiety disorder characterized by recurrent and unexpected panic attacks. Panic attacks are intense episodes of fear or discomfort that usually reach their peak within minutes and are accompanied by physical symptoms such as rapid heartbeat, shortness of breath, chest pain, dizziness, and a sense of impending doom.

Detecting panic disorder involves recognizing the signs and symptoms of panic attacks and assessing their frequency and impact on an individual's life.

Overall, the detection of panic disorder involves recognizing the symptoms of panic attacks, assessing their frequency and impact, and conducting a thorough evaluation by mental health professionals. Early detection and appropriate treatment can significantly improve the quality of life for individuals with panic disorder..

Example:

Problem Statement (PS)	I am (Customer)	I'm trying to	But	Because	Which makes me feel
PS-1	A Psychologist	Detect panic disorder early	Current methods are not accurate	They lack comprehensive diagnostic models	Frustrated and concerned for patients
PS-2	A Healthcare Policy Maker	Develop effective strategies	Data is too simplistic	Policies require detailed and accurate data	Uncertain about policy effectiveness

