



Says
What have we heard them say?
What can we imagine them saying?



Thinks
What are their wants, needs, hopes, and dreams?
What other thoughts might influence their behavior?



Persona's name
Short summary of the persona

some of us have an auditory processing disorder

start by articulating your own hopes and dreams for this year

sometimes it is simply a delay in processing

If you can imagine it you can create it

I hope for happiness and health for love and wellbeing

our thoughts create our feelings and our feelings drive our behaviour

fear is an emotional reaction to a specific real danger while anxiety is an excessive and unfocused fear that may be triggered by a variety of stimuli

the poet imagines her to be an inseparable part of nature

they rejected references to inner thoughts because it was not possible to measure those constructs

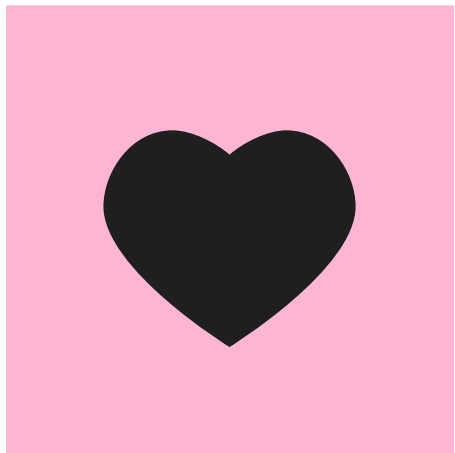
psychologists can compare behaviours in two broad buckets: overt and covert

our thoughts create our feelings and our feelings drive our behavior

These thoughts and feelings are going to lead me to plan activities that include swimming



Does
What behavior have we observed?
What can we imagine them doing?



Feels
What are their fears, frustrations, and anxieties?
What other feelings might influence their behavior?