Over-the-Counter Drug List

The **University of Maryland Health Partners Over-the-Counter Drug List** is a guide to non-prescription medicines that are covered by your plan. This list can help your doctor choose the medicines that are right for you. If an over-the-counter medicine that you use is not on this list, it may still be covered if your doctor asks for you to get it. Over-the-counter drug coverage requires a valid prescription.

BRAND PRODUCTS are listed in CAPITAL LETTERS and *generic products* in lowercase *italic letters*.

This list is not an all-inclusive list and does not guarantee coverage. Please visit **www.umhealthpartners.com** for a complete list.

ALLERGY & CONGESTION

PRODUCT NAME †	BRAND NAME EXAMPLES
budesonide spray	RHINOCORT ALLERGY
cetirizine	ZYRTEC
cetirizine-pseudoephedrine ext-rel	ZYRTEC-D 12 HOUR
chlorpheniramine	
chlorpheniramine ext-rel	
clemastine	
cromolyn sodium nasal spray	NASALCROM
diphenhydramine	BENADRYL
fexofenadine	ALLEGRA
fexofenadine-pseudoephedrine ext-rel	ALLEGRA-D
fluticasone spray	FLONASE ALLERGY RELIEF
loratadine	CLARITIN
loratadine-pseudoephedrine ext-rel	CLARITIN-D
pseudoephedrine	SUDAFED
pseudoephedrine ext-rel	SUDAFED
triamcinolone acetonide spray	NASACORT ALLERGY 24HR
triprolidine-pseudoephedrine liq, syp	

ANTACIDS & ACID REDUCERS

PRODUCT NAME †	BRAND NAME EXAMPLES
alumina-magnesia	MAALOX
alumina-magnesia-simethicone	MAALOX
alumina-magnesia-simethicone	MYLANTA
calcium carbonate	
cimetidine	TAGAMET HB
esomeprazole magnesium delayed-rel	NEXIUM 24HR
famotidine	PEPCID AC
lansoprazole delayed-rel	PREVACID 24HR
omeprazole delayed-rel tabs	
omeprazole magnesium delayed-rel	PRILOSEC OTC
omeprazole magnesium delayed-rel caps	
omeprazole-sodium bicarbonate	ZEGERID OTC
ranitidine	ZANTAC

ANTIBACTERIALS, TOPICAL

PRODUCT NAME †	BRAND NAME EXAMPLES
bacitracin	
bacitracin-polymyxin B	POLYSPORIN
neomycin-bacitracin-polymyxin B	NEOSPORIN

ANTIDIARRHEALS

PRODUCT NAME †	BRAND NAME EXAMPLES
bismuth subsalicylate	PEPTO-BISMOL
loperamide	
loperamide-simethicone	IMODIUM

ANTIEMETIC

PRODUCT NAME †	BRAND NAME EXAMPLES
meclizine	

ANTIFUNGALS, TOPICAL

PRODUCT NAME †	BRAND NAME EXAMPLES
miconazole	MICATIN
tolnaftate	TINACTIN

ANTIFUNGALS, VAGINAL

PRODUCT NAME †	BRAND NAME EXAMPLES
clotrimazole	
miconazole	

ANTI-ITCH LOTIONS & CREAMS

PRODUCT NAME †	BRAND NAME EXAMPLES
calamine lotion	
hydrocortisone crm, gel, lotion, oint, soln 1%	CORTIZONE-10
hydrocortisone oint 0.5%	
hydrocortisone-aloe vera crm 0.5%, 1%	

CONTRACEPTIVES

PRODUCT NAME †	BRAND NAME EXAMPLES
condoms, male *	
nonoxynol-9	GYNOL II
nonoxynol-9	SHUR-SEAL

* Prescription is not required regardless of member's age.

CONTRACEPTIVES - EMERGENCY

PRODUCT NAME †	BRAND NAME EXAMPLES
levonorgestrel *	PLAN B ONE-STEP

* Prescription is not required regardless of member's age.

COUGH & COLD

PRODUCT NAME †	BRAND NAME EXAMPLES
dextromethorphan-guaifenesin ext-rel	MUCINEX DM
dextromethorphan-guaifenesin liq, soln, syp	
dextromethorphan-guaifenesin-pseudoephedrine liq 10 mg/100 mg/30 mg/5 mL	
guaifenesin ext-rel	MUCINEX
guaifenesin liq	DIABETIC TUSSIN
guaifenesin liq, syp, tabs	
pseudoephedrine-guaifenesin ext-rel	MUCINEX D
pseudoephedrine-guaifenesin syp 30 mg/100 mg/5 mL	

DIABETES - INSULINS

PRODUCT NAME †	BRAND NAME EXAMPLES
insulin human	HUMULIN R
insulin human	NOVOLIN R
insulin isophane human	HUMULIN N
insulin isophane human	NOVOLIN N
insulin isophane human 70%/regular 30%	HUMULIN 70/30
insulin isophane human 70%/regular 30%	NOVOLIN 70/30

DIABETES - SUPPLIES

PRODUCT NAME †	BRAND NAME EXAMPLES
alcohol swabs	
blood glucose monitoring kits, test strips	FREESTYLE FREEDOM LITE STRIPS AND KITS, FREESTYLE INSULINX STRIPS AND KITS, FREESTYLE LITE STRIPS AND KITS, PRECISION XTRA STRIPS AND KITS
insulin syringes, needles	
lancets	
multiple urine test products	KETO-DIASTIX
multiple urine test products	MULTISTIX

EYE CARE

PRODUCT NAME †	BRAND NAME EXAMPLES
artificial tears oint, soln	ARTIFICIAL TEARS
ketotifen	ZADITOR

GAS RELIEVERS, LAXATIVES & STOOL SOFTENERS

PRODUCT NAME †	BRAND NAME EXAMPLES
bisacodyl	DULCOLAX
docusate calcium	
docusate sodium	COLACE
polyethylene glycol 3350	MIRALAX
psyllium	
senna	
sennosides	SENOKOT
sennosides-docusate sodium	SENNA PLUS
simethicone	

MEDICAL SUPPLIES

PRODUCT NAME †	BRAND NAME EXAMPLES
nebulizer	
peak flow meter	
respiratory mask	
sodium chloride for inhalation	
spacer	AEROCHAMBER
vaporizer	

OVERACTIVE BLADDER

PRODUCT NAME †	BRAND NAME EXAMPLES
oxybutynin transdermal *	OXYTROL FOR WOMEN

* gender restriction - coverage for females

PAIN & INFLAMMATION

PRODUCT NAME †	BRAND NAME EXAMPLES
acetaminophen	TYLENOL
aspirin	
ibuprofen	ADVIL
naproxen sodium	ALEVE

TOPICAL, MISCELLANEOUS

PRODUCT NAME †	BRAND NAME EXAMPLES
ammonium lactate 12%	LAC-HYDRIN
benzoyl peroxide	
docosanol	ABREVA
lidocaine-benzalkonium chloride	BACTINE
permethrin	
povidone-iodine	BETADINE
selenium sulfide shampoo 1%	SELSUN BLUE

VITAMINS/MINERALS

PRODUCT NAME †	BRAND NAME EXAMPLES
calcium	
calcium-vitamin D	
cholecalciferol (D3)	VITAMIN D
electrolyte soln, oral	PEDIALYTE
ferrous fumarate	
ferrous gluconate	FERGON
ferrous sulfate	FEOSOL
folic acid	
omega-3 fatty acids	FISH OIL
omega-3 fatty acids-vitamin E	FISH OIL
pyridoxine 50 mg	VITAMIN B6

MISCELLANEOUS

PRODUCT NAME †	BRAND NAME EXAMPLES
acetic acid soln	
pyrantel	PIN-X
sodium chloride nasal spray	OCEAN

† Only the generic version(s) are covered when available.

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