

# Rahul Davara

Yoga/Personal Trainer

Strong in integration with intuitive problem-solving skill passionate about implementing and launching new products ability to translate theoretical knowledge to practical requirement.

rahuldavara95@gmail.com



7987734042



Gitanjali nagar sec 3 house No 115/8, Raipur, India

#### **EDUCATION**

Class 10th MGM School,CG Board 50%

Class 12th

MGM School,CG Board

62%

**B.Com** 

SVM College ,Raipur, Pt. Ravi Shankar Shukla University.Raipur(Chhattisgarh)

## **WORK EXPERIENCE**

- Fitness Trainer Gold's Gym (Pune)(1.5 years)
- Fitness Trainer GSP Fitness & Wellness (Raipur) (5 Years)

## **SKILLS**

Positive Attitude

Creating Ideas

#### **CERTIFICATES**

Certified Personal Trainer(Special Population)(Pursuing)

#### Certified Yoga Trainer

Certified yoga Trainer From Aarogya Mandir

#### Certified Sports Nutritionist

Completed Course of sports nutritionist from k11 academy

## **LANGUAGES**

Hindi

Professional Working Proficiency

Full Professional Proficiency

#### **INTERESTS**

Playing Badminton

Playing Carom

**Body-Building** 

Cooking