

Medical Record – Digestive Issues

Patient Name: Diven

Age: 24

Gender: Male

Primary Condition: Digestive Issues

Symptoms:

Frequent acidity, bloating after meals, mild abdominal discomfort, and occasional nausea especially after spicy or oily food.

Medical History:

Patient reports irregular eating habits and increased consumption of fast and spicy food over the past 2 years. Symptoms worsen during stressful work periods. No prior history of ulcers or chronic gastrointestinal disease.

Current Medications:

Occasional use of antacids. Previously advised short-term proton pump inhibitor (omeprazole) during flare-ups.

Doctor Notes:

Advised dietary modifications including regular meals, reduced spicy food intake, and increased hydration. Suggested stress management and follow-up if symptoms persist.

Disclaimer: *This medical record is created for educational and demo purposes only and does not replace professional medical consultation.*

Doctor Signature: _____

Date: _____