

Sample Dermatologist Prescription (Educational Only)

Patient Name: _____

Age/Gender: _____

Complaint: Dandruff, itchy scalp (Suspected Seborrheic Dermatitis)

Prescription:

1. Ketoconazole 2% Shampoo

- Use twice weekly
- Apply on wet scalp, massage gently
- Leave for 3–5 minutes, then rinse
- Duration: 4 weeks

2. Zinc Pyrithione Shampoo

- Use 2–3 times per week on alternate days
- Helps reduce flaking and itching

3. Fluocinolone Acetonide Scalp Lotion (If severe itching)

- Apply a thin layer once daily
- Use for maximum 5–7 days only

General Advice:

- Avoid excessive oiling of scalp
- Do not scratch the scalp
- Use lukewarm water for hair wash
- Reduce stress levels

Disclaimer: This prescription is for educational/demo purposes only. Consult a qualified dermatologist before using any medication.

Doctor Signature: _____

Date: _____