


Registered Pharmacist of India



Bio-Chemical Engineer



**L3 Yoga Teacher and Evaluator
(Ministry of Ayush, Govt Of India)**



Raghavendra Patil

Academics

- PhD(ing) weight loss –Tezpur University
- Master of Technology in (Biochemical Engineer)IT BHU
- Bachelor of Pharmacist , UDPS . Eng..)
- MD(Alternative Medicine)
- Diploma in Project Management in Pharmaceuticals, Pune
- Diploma in Advanced Computing

Executive Coach for Wellbeing

Contribution to Publication

- Author of Book “DYTTITUDE” on Amazon
- Youtube Channel Dyttitude for (Yoga, Diet and Attitude)
- Published (Water as medicine, Air as medicine)
- ‘Dyttitude’ Page on Facebook

Workshops Conducted


- “More than 500 workshops conducted
- Fat to Fit” workshops for corporate
- Stress Management and Laughter Yoga
- Yoga for Kids with Fun, and Joy
- Physiology of Yoga, Biochemistry of Yoga
- Yoga above 60 years Yoga, Laughter yoga
- Session on cancer prevention

Help and Social Achievements

- Coached to more than 500+ Health Aspirants Total 4000+ kg weight reduced
- Highest weight reduced from 104 kg to 65 kg
- Helped people with BP, Diabetes, Thyroid, Anxiety, Depression, Psychosomatics and Digestive diseases

Professional Experience

- Working as Practise Head of Product in biggest IT industry of India
- 23 years IT experience software Industry
- Worked as Developer, Functional Consultation, Automation, Project Manager, Practise Head



ॐ सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः। सर्वे भद्राणि पश्यन्तु मा कश्चिद्दुःखभाग्भवेत्।



My journey So far



500

Target

Helped more than 400 people for Weight loss, gain, allergy, digestion, acidity, sleeplessness

Yogic Examination

- Level-1
- Level-2
- Level-3
- (Yoga evaluator and teacher)

Gradual Changes in life towards wellness, Yoga and Benevolence

Leant Yoga

Intermittent yoga

Started yoga Vigorously

67 to 69 kg

69 kg to 71 kg

72 to 76 kg

59 kg to 64

66 to 67 kg

SSC,
Nagpur
80.28%

HSC,
Nagpur
72.17%

B. Pharm
Nagpur Univ.
68.68%

M. tech.
(Biochem Engg)
IT
BHU
Varanasi
9.68
CGPA

Adrik Lab.
Limited
Sohna,
Haryana

CDAC
from
ACTS
78%

ADCC
pvt. Ltd
Senior Developer

Iflex Ltd /
Oracle
Financial
Senior Developer

Tata Consultancy Services

- Support Manager SBI India
- Test Manager, B@ANKS , Sydney, Australia
- Test Manager, Bank of China, Beijing , China
- Training Manager, PMO, Test Manager ABG , India
- Test Manager, The Body Shop , UK
- Support Manager, Test Manager, Asst Proj Manager, Japan
- PreSales Consultant, APAC , India
- Monday.com Practise Head, India

- Monday.com practice head
- PhD(Ing)(Weight Loss through yogic methods)

India

Chemis

India

Aus

China

India

India

India

Japan

India

1988

1990

1994

1996

1999

2001

2004

2006

2008

2010

2011

2014

2016

2022