

# fiesta farms ... "The Store To Explore"



Product of Ontario, Canada #1

**Assorted Apples**

**2.99**  
3lb Bag ea

Product of USA #1

**Andy Boy Broccoli**

**.99**  
Bunch ea



Product of Mexico  
**Mini Seedless Watermelons**

**2/5.00**



Fresh Ontario Angus Beef  
**Boneless Blade Roast**

**2.99**  
6.59kg lb



Oasis Health Break or Premium Orange Juice

**2/5.00**  
1.75L



**Nature Baby Care Baby Diapers All Sizes**

**9.99**

Sale Starts Saturday, November 5 to Friday, November 11, 2011

Fresh Free Run  
Bone-In, Skin On  
**Chicken Breast**

**299**  
6.59kg lb



Fresh Ontario Angus Beef  
Boneless  
Blade Steak **349**  
1.70kg lb



Fresh Ontario Angus  
Lean  
Ground Beef **399**  
5.80kg lb



Fresh Ontario, Free Run  
Chicken Legs  
Back Attached **199**  
4.39kg lb



Fresh Ontario, Free Run  
Sliced Daily  
Chicken Cutlet **699**  
15.41kg lb



Fresh Ontario  
Boneless  
Pork Loin  
Roast **399**  
5.80kg lb



Fresh Ontario  
Pork Tenderloin **699**  
15.41kg lb



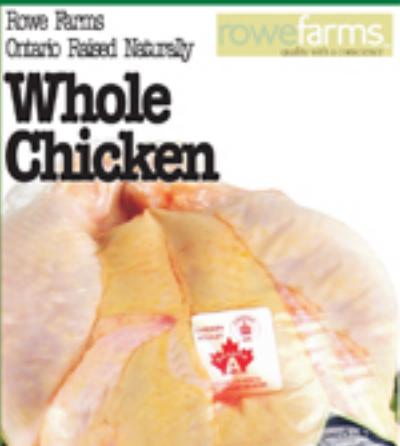
Fresh Ontario  
Boneless  
Lamb Stew **1099**  
24.23kg lb



Fernwood  
Fed Vegetable Grains,  
Antibiotic Free  
Boneless  
Chicken Breast **1099**  
24.23kg lb



Rowe Farms  
Ontario Raised Naturally  
Boneless  
Beef Stew **1299**  
24.46kg lb



Rowe Farms  
Ontario Raised Naturally  
**Whole  
Chicken**

rowefarms  
quality with a conscience



Fresh Ontario  
Lamb  
Loin Chops **1499**  
35.05kg lb



Fernwood  
Fed Vegetable Grains,  
Antibiotic Free  
Split  
Chicken Wings **499**  
11.00kg lb



Rowe Farms  
Ontario Raised Naturally  
Fresh  
Pork Sausage **599**  
15.21kg lb



**399**  
8.80kg lb

# fiesta farms

# Produce

Product of Chile, Mexico or USA

**Blackberries,  
Blueberries  
or Raspberries**

**2/5.00**  
Pkgs



Product of USA #1  
Bartlett Pears .99  
2.18kg lb



Product of Ontario, Canada #1  
Grape Tomatoes 2/5.00



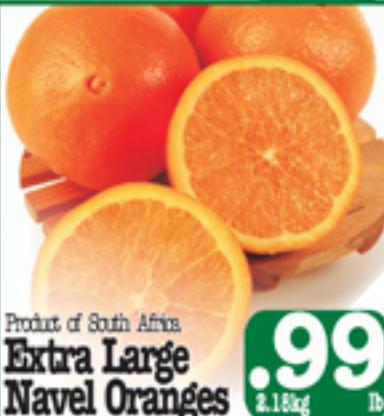
Product of USA  
Pomegranates 2/5.00



Product of Ontario, Canada #1  
Sweet Potatoes .99  
2.18kg lb



Product of Mexico  
Avacadoes 2.99  
Pkg of 5 ea



Product of South Africa  
Extra Large  
Navel Oranges .99  
2.18kg lb

## Organic



Product of Ontario, Canada #1  
Organic  
Bunch Spinach 1.99  
Bunch lb



Product of USA #1  
Organic  
Hychia  
Persimmons 3/5.00



Product of Ontario, Canada #1  
Organic  
Broccoli 2.99  
Bunch ea



Product of Ontario, Canada #1  
Organic  
Black,  
Green or  
Red Kale 1.49  
Bunch lb



Product of Italy  
Organic  
Kiwi Fruit 2.99  
1kg Tub



Product of Ontario, Canada #1  
Organic  
MacIntosh  
Apples 3.99  
3lb Bag



Product of Ontario, Canada #1  
Organic  
Cello Carrots 1.99  
2lb Bag lb



1.49  
Bunch lb

**fiesta farms**

**Alternative Choices**



Blue Diamond  
Gluten-Free  
Nut Thins  
Crackers

Assorted Flavours, 120g

**4/10.00**



Eden  
Organic  
Canned  
Beans  
Assorted  
Varieties  
398ml

**3/5.00**



Blue Diamond  
Gluten-Free  
Almond Beverage  
Assorted Varieties, 946ml

**5/10.00**



Cere's  
Natural  
Fruit Juices  
Assorted Flavours, 1L

**3/10.00**



Utopia  
Organic  
Canned  
Tomatoes  
Diced, Whole  
or Crushed  
796ml

**4/10.00**



Theobroma  
Organic  
Chocolate Bars  
30g

**1.79**



Marley's  
Mellow Mood  
Beverage  
355ml

**3/5.00**



**2/5.00**



**4/10.00**



Traditional Medicinals  
Herbal Teas  
Assorted Varieties, 20's

**3.99**

Nature Baby Care  
Baby  
Diapers  
All Sizes



**9.99**

Seventh Generation  
Chlorine-Free  
Bathroom  
Tissue  
12's

**8.99**



# fiesta farms

# Grocery



**Splenda  
Low Calorie  
Sweetener**  
Pkg 100's

**4.99**

**Hershey  
Chipits**  
Assorted  
Varieties  
225-350g

**2.49**



**Ruffles or  
Tostitos**  
Assorted Varieties, 255-320g

**2/6.00**



**Carnation  
Hot Chocolate**  
Assorted Varieties, 130-280g

**2.99**

**Dare Simple  
Pleasure  
Cookies**  
Assorted  
Varieties  
300g

**2.29**



**Paesemio  
Diced Tomatoes**  
398ml

**.88**



**Ocean Spray  
Cranberry Juice  
or Cocktail**  
Assorted Varieties, 1.89L

**3.49 2/3.00**

**Duncan Hines  
Cake Mixes**  
Assorted  
Varieties  
515g



**1.29**

**Christie  
Premium  
Plus  
Crackers**  
Assorted Varieties  
450-500g

**2.99**



**Primo  
Hearty  
Soups**  
525-540ml

**2/3.00**



# fiesta farms

Fresh from our fish counter

Product of Canada

Salmon Steaks

Fish



**699**  
15.4kg lb



Fresh from our  
fish counter  
Product of Honduras  
Tilapia  
Fillets

**799**  
17.6kg lb



Fresh from our  
fish counter  
Product of USA  
Littleneck  
Clams

**599**  
13.2kg lb



Sophie's Kitchen  
Vegan Shrimp,  
Squid Rings &  
Fish Fillets

**499**  
250g



High Liner  
Family Pack  
Fish Sticks

**549**  
700g



Black Diamond  
Cheese Bars  
Assorted Varieties

**699**  
500g



Gay Lea  
Sour Cream  
Light & Fat Free

**199**  
500ml

Chapman's

**Frozen Yogurt,  
Sorbet and  
Premium  
Ice Cream**  
Assorted Varieties

**399**  
2L ea



Sara Lee  
Cheesecakes  
and Pies

**449**  
481g-1.0kg



Old South  
Fruit Punches  
Assorted Varieties

**.79**  
330ml



Krinos  
Fillo Twisters  
& Fillo Dough  
Pies Assorted Varieties

**799**  
1kg



McCain  
Triple Chill and  
Deep'n Delicious  
Cakes  
Assorted Varieties

**349**  
510-550g



Mini Baby Bel  
Firm Ripened  
Cheese  
Assorted Varieties

**349**  
120g

Dairy



Treehugger  
Organic  
Juices  
Assorted Flavours

**399**  
1.69L

# fiesta farms

# Deli



**449**  
9.90kg lb

Piller's  
German or  
Hungarian  
Salami

**699**  
15.41kg lb



Rowe Farms  
Ham

Now Available  
At The Deli  
Counter

**979**  
21.59kg lb

Emma  
Provolone  
Cheese

**769**  
16.96kg lb

Casa Italia  
Mortadella

Regular  
and Light

**399**  
8.80kg lb



In Store  
Parmesan  
Cheese

**899**  
19.82kg lb



Agropur  
Oka Cheeses  
Assorted

**1179**  
25.99kg lb



Capolla  
Prosciutto  
Crudo

**899**  
19.82kg lb

Quarter Leg Dinner  
Ready to Serve

with Choice Side  
- Wedges  
- Rice  
- Vegetables



**499**  
ea



Indian Life  
Organic  
Wraps  
500g

**549**



The Nut Bakery  
Gluten Free  
Granola Bars  
150g

**659**



School Safe  
Cookies  
Banana, Brownies,  
Chocolate Chips  
296g

**299**



D'Italiano  
Crustini or  
Sausage Buns  
Pkg of 6

**269**



D'Italiano  
Bread  
Assorted Varieties, 675g

**249**

# Bakery

# fiesta farms

# Gluten Free

Bakery on Main  
Gluten-Free  
Granola  
Cereal  
Assorted Flavours  
340g



**5.99**

GoGo Quinoa  
Gluten-Free  
Pasta  
Assorted Flavours  
227g



**3/10.00**

Mary's Gourmet  
Organic  
Gluten-Free  
Vegan  
Cookies  
Assorted Flavours, 155g

**3.99**



Mary's Gourmet  
Organic  
Gluten-Free  
Crackers  
Assorted Varieties  
184g

**3.99**



Blue Diamond  
Gluten-Free  
Almond  
Milk  
1.89L

**3.99**



Bob's Red Mill  
Gluten-Free  
All Purpose  
Flour  
1.25kg

**6.99**



Bob's Red Mill  
Gluten-Free  
Steel  
Cut Oats  
680g

**4.99**



Nature's Path  
Gluten-Free  
Enviro Kidz  
Cereal

**3.99**



Lundberg  
Gluten-Free  
Rice Chips  
Assorted Varieties  
170g

**2.99**



Larabar  
100% Raw  
Gluten-Free  
Bars  
Assorted Flavours, 48g

**1.49**



Fiesta Farms invites you to join us ON-LINE at [www.fiestafarms.ca](http://www.fiestafarms.ca)

Prices Effective: Sat. 5 Sun. 6 Mon. 7 Tues. 8 Wed. 9 Thurs. 10 Fri. 11 November 5 until November 11, 2011

Store Hours: Monday-Saturday 8 a.m. to 9 p.m., Sunday 9 a.m. to 7 p.m.

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