

# fiesta farms



"The Store to Explore"

AA or Higher Beef  
Eye of Round Roast

**3.99**  
8.80kg lb

Product of Costa Rica  
Jumbo Cantaloupe

**1.99**  
ea

Product of Chile  
Fresh Blueberries

**2.99**  
Pint

Product of USA  
Jumbo Cauliflower

**1.99**  
ea

Kiju Organic Juice  
Assorted Varieties  
1L

**1.99**



Cloverleaf  
Chunk or  
Light Tuna  
170g

**.99**



Fiesta  
Bathroom  
Tissue  
12 Double Roll or 24 Rolls

**5.49**

Sale Starts Saturday January 16 to Friday January 22, 2010

Fresh Ontario Whole  
**Chicken**  
(Frying or  
Roasting) **1.99**  
4.39kg lb



Fresh Ontario  
**Pork Side  
Ribs**

**1.99**  
4.39kg lb

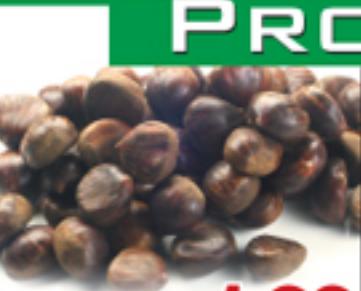
## MEAT

AA or Higher Beef Eye of Round Steak 9.90kg lb	<b>4.49</b>	Fresh Ontario White Veal Veal Stew Boneless 11.00kg lb	<b>4.99</b>	Fresh Ontario Daily Ground Ground Lamb 13.21kg lb	<b>5.99</b>
Fresh Ontario Chicken Drumsticks 4.39kg lb	<b>1.99</b>	Fresh Ontario Chicken Breast Bone In 6.59kg lb	<b>2.99</b>	Fresh Rowe Farms Ontario Raised Naturally Chicken Wings 11.00kg lb	<b>4.99</b>
Fresh Ontario Sweet & Sour Style Pork Ribs 6.58kg lb	<b>2.99</b>	Fresh Ontario Daily Sliced Pork Cutlets 8.80kg lb	<b>3.99</b>	Fresh Rowe Farms Ontario Raised Naturally Pork Tenderloin 24.23kg lb	<b>10.99</b>



Product of USA, #1  
**Romaine Lettuce**

**.99**  
ea



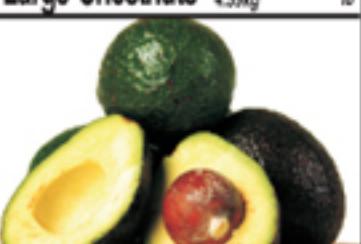
Product of Italy  
**Large Chestnuts**

**1.99**  
4.39kg lb



Product of Mexico  
**Large English  
Cucumbers**

**.99**  
ea



Product of USA, #1  
**Large Avocados**

**.99**  
ea



Product of USA, #1  
**Bosc Pears**

**.99**  
2.18kg lb



Product of USA, #1  
**Sweet Potatoes**

**.99**  
2.18kg lb

## PRODUCE

Product of USA,  
Texas Grown  
**Red  
Grapefruit**

**3/\$1**



Product of Honduras  
**Mini Seedless  
Watermelons**

**2.99**  
ea

# fiesta farms

"The Store to Explore"

Natural & Organic Foods  
the Alternative Choice!

Product of USA  
#1 Organic

Cooking  
Onions

**299**  
3lb Bag



Product of USA  
#1 Organic

Grape  
Tomatoes

**299**  
Pint



Product of USA  
#1 Organic

Green, Red  
Leaf or  
Romaine  
Lettuce

**199**  
Each



Product of USA  
#1 Organic

Fuji  
Apples

**.99**  
2.18kg      lb



Product of USA  
#1 Organic

Bosc  
Pears

**.99**  
2.18kg      lb



Product of Chile

Fresh,  
Blueberries

**299**  
170g



Product of Peru  
Organic

Jumbo  
Mangoes

**149**  
Each



Product of Italy  
Organic

Kiwi  
Fruit

**299**  
1lb Bag



KERR FARMS



PASTURED HERITAGE PORK  
Old-fashioned Goodness and Flavour



Fenwood  
Fed Vegetable  
Grains,  
Antibiotic Free,  
Air Chilled

Whole  
Chickens

**349**  
lb/1.70kg



Kerr Farms  
Ontario Raised  
Beef, Naturally  
Grain Fed  
Antibiotic Free\*

Boneless  
Beef  
Stew

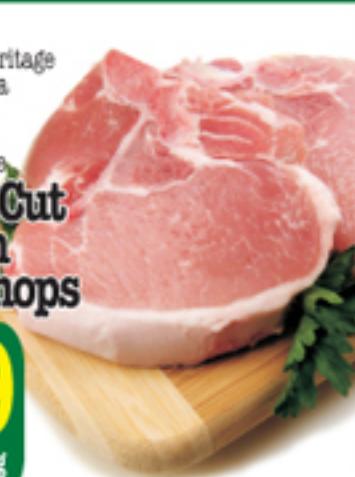
**599**  
lb/1.32kg



Pasturized Heritage  
Pork with Beta  
Cortene CLA,  
Omega Free,  
Antibiotic Free

Center Cut  
Bone In  
Pork Chops

**799**  
lb/1.76kg



# Natural & Organic Foods the Alternative Choice!

**fiesta**  
“The Sto

Product of USA



**1699**

Product of USA



**699**

Product of USA



**499**

Product of USA



**499**

Ecover  
Natural  
Laundry  
Liquid  
2.9L

Product of USA



**399**

Product of USA



**799**

Product of USA



**999**

Product of USA



**399**

Ecover  
Natural  
Dishwashing  
Liquid  
946ml

Product of USA



**399**

Product of USA



**699**

Product of USA



**399**

Product of USA



**299**

Ecover  
Natural  
All Purpose  
Cleaner  
946ml

Product of USA



**999**

Product of USA



**499**

Product of USA



**1299**

Product of USA



**799**

Seventh Generation  
Recycled  
Chlorine Free  
Bathroom Tissue  
12 Rolls

Seventh Generation  
Recycled  
Chlorine Free  
Paper Towels  
6 Roll

Seventh Generation  
Recycled  
Chlorine Free  
Bathroom Tissue  
8 Rolls

# farms

are to Explore"

Natural & Organic Foods  
the Alternative Choice!



Biotalia  
Organic  
Assorted  
Pasta  
500g

**2/\$5**



Traditional Medicinals  
Herbal Teas  
Assorted, 20's

**3.99**



Nature's Path  
Organic  
Hot Oat Cereal  
Assorted, 360g

**3/\$10**



Nature's Path  
Organic  
Flaxseeds or  
Flaxseed Meal  
420g

**3.99**



Rice Dream  
Natural  
Rice Beverage  
Enriched or  
Regular  
Assorted, 946ml

**2/\$5**



natura  
Natural  
Soy Beverage  
Assorted, 946ml

**1.99**



Lundberg  
Organic  
California White  
Basmati Rice  
907g

**4.99**



Lundberg  
Organic  
California Brown  
Basmati Rice  
907g

**3.99**



Mary's  
Organic  
Wheat-Free  
Gluten-Free  
Gourmet Crackers  
Assorted, 184g

**3.99**



Casbah  
Vegetarian  
Pilaf or Cous Cous  
Mixes  
196g

**3/\$10**



Enjoy Life  
Gluten Free  
Granola Cereal  
Assorted, 368g

**4.99**



Enjoy Life  
Gluten Free  
Crunchy Rice  
or Flax Cereal  
283g

**3.99**



Amy's Kitchen  
Organic  
Canned Soups  
Assorted, 398ml

**3/\$10**



Nature's Choice  
All Natural  
Cereal Bars  
218g

**3.99**



Bombay Dye  
Organic  
Canned Beans  
Assorted, 340ml

**4/\$10**



Eden  
All Natural  
Sea Vegetables  
17-32g

**6.99**

# fiesta farms

"The Store to Explore"

Natural & Organic Foods  
the Alternative Choice!



**899**

L'Ancentre  
Organic  
Mozzarella  
Cheese  
18%, 20%, 325g



**499**

L'Ancentre  
Organic  
Butter  
Salted or Unsalted, 250g



**3/\$10**

Alexia  
100% All  
Natural  
Oven Fries  
450g



**399**

Alexia  
100% All  
Natural  
Onion Rings  
340g



**399**

So Nice  
Organic Fresh  
Fortified Soy  
Beverage  
Assorted Flavours, 1.89L



**399**

Mapleton's  
Organic Fresh  
Fat-Free  
Yogurt  
750g



**799**

Life Choice  
Organic Frozen  
Chicken Burgers  
Nuggets, Strips  
Fish Fillets and  
Sticks  
500-600g



**499**

Fillo Factory  
Organic Fillo  
Pastry Shells  
454g



**399**

Ryza  
Fresh Whole  
Grain Brown  
Rice Beverage  
1.89L



**399**

Earth Balance  
Natural  
Buttery Spread  
300g



**599**

So Delicious  
Organic  
All Natural  
Frozen Desserts  
Assorted Flavours, 946ml



**399**

Stashbush  
Organic Frozen  
Fruit  
Assorted Varieties, 227-300g

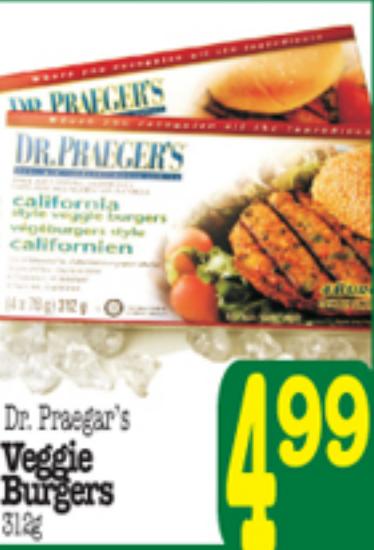


In Store Sampling  
Saturday & Sunday  
10:00am - 4:00pm



In Store Sampling  
Saturday & Sunday  
10:00am - 4:00pm

Start your 2010 by making a commitment to 'treat' yourself right with delicious and nutritious desserts. Try Yogalicious, our locally made probiotic frozen dessert made with organic kefir. Enjoy 22 billion active bacterial cultures in this diabetic friendly, low fat, all natural dessert. Healthy never felt or tasted better!



**499**

Dr. Praeger's  
Veggie  
Burgers  
312g



**399**

Yves  
Meatless Ground  
Round Chicken,  
Italian, Mexican  
or Original  
340g

# DELI



Connoisseur  
Roast  
Beef

**4.49**

9.90kg  
lb



Casa Italia  
Genoa  
Salami  
Hot or Mild

**5.89**

12.98kg  
lb



Arla  
Danish  
Fontina  
Cheese

**9.79**

21.5kg  
lb



**6.29**

lb

## FRESH OR FROZEN FISH

Fresh From Our Fish Counter  
Product of Ireland

Organic  
Salmon  
Fillets

**14.99**

33.05kg  
lb



Fresh From Our Fish Counter  
Product of USA

Cod  
Fillets

**7.99**

17.62kg  
lb



Fresh From Our Fish Counter  
Product of Ontario

Whole  
Rainbow Trout

**5.99**

13.2kg  
lb



High Liner  
Cod, Haddock or  
Sole Fillets in Batter

**4.99**



High Liner  
Signature  
Selections  
Assorted Varieties

**10.49**



Sara Lee  
Cheesecakes  
481-550g  
or Pies  
Assorted Varieties  
1.04kg

**5.49**



Ready to Serve  
**rowefarms**  
Whole  
Chickens  
**12.99**  
1kg Average



Manoucher  
Mixed Bread  
450g

**3.99**

Country Harvest  
Grain  
Bread  
Assorted  
Varieties,  
675g



**1.99**

## DAIRY



Beatrice  
100% Pure  
Orange Juice  
1.89L

**4/\$5**



Astro  
Zero and  
Smooth'n  
Fruity Yogurt  
Assorted Varieties  
16x100g

**4.99**



# GROCERY

**Peak  
Freans  
Biscuits**  
Regular or Lifestyle,  
Assorted Varieties,  
275-350g



**2.99**

**Mr. Noodle  
Cup a Soup**  
Assorted Varieties, 64g

**.79**



**Puritan  
Beef or  
Irish Stew**  
410g



**2/\$3**

**Hunt's  
Thick & Rich  
Pasta Sauce**  
Assorted Varieties, 680ml



**2/\$3**

**Mott's  
Fruitsation**  
Assorted Varieties,  
6x111g

**2/\$5**



**Quaker  
Chewy Bars,  
Dips or  
Granola  
Crunchers**  
120-210g



**2/\$5**

**Carnation  
Hot  
Chocolate**  
Assorted Varieties,  
500g Canister



**3.99**

**Orville  
Redenbacher  
Microwave  
Popcorn and  
Shakers**  
248-594g

**4.99**



**Quaker  
Mini's or  
Rice Cakes**  
Assorted Varieties,  
100-214g



**1.99**

**Colavita  
Extra  
Virgin  
Olive Oil**  
1L



**9.99**

**Mastro  
Balsamic  
Vinegar**  
500ml

**2.69**



**Emma  
Savoiardi  
Lady Fingers**  
400g



**2/\$5**

**Tetley  
Orange  
Pekoe  
Tea**  
216's



**9.99**

**Wiley Wallaby  
Australian  
Style  
Gourmet  
Licorice**  
Assorted Varieties, 284g

**5.99**



**Cloverleaf  
Wild Red  
Pacific  
Sockeye  
Salmon**  
213g



**2.99**

**Palmolive  
Liquid  
Dish  
Detergent**  
850ml



**2.99**

**Fantastik  
All Purpose  
Cleaner**  
Assorted Varieties, 650ml

**3.99**



**Pledge  
Furniture  
Polish**  
Assorted Varieties, 350g

**4.49**



**Firewood  
To Place Your Order  
Call Dean  
416-537-1244**

**Fiesta Farms invites you to join us ON-LINE at [www.fiestafarms.ca](http://www.fiestafarms.ca)**  
**Prices Effective: Sat. 16 Sun. 17 Mon. 18 Tues. 19 Wed. 20 Thurs. 21 Fri. 22 January 2010**

**Store Hours: Monday-Saturday 8 a.m. to 9 p.m., Sunday 9 a.m. to 7 p.m.**

**WE RESERVE THE RIGHT TO LIMIT QUANTITIES**  
**ALTHOUGH WE STRIVE FOR ACCURACY IN ILLUSTRATION, COPY AND REGULATORY REQUIREMENTS,**  
**UNINTENTIONAL ERRORS MAY OCCUR. WE RESERVE THE RIGHT TO CORRECT ANY ERRORS.**

