

fiesta farms



"The Store to Explore"



Arriving Fresh Daily
Family Pack
Chicken
Drumsticks
or Thighs

1.79
3.95kg lb

Product of Morocco
Sweet
Clementines

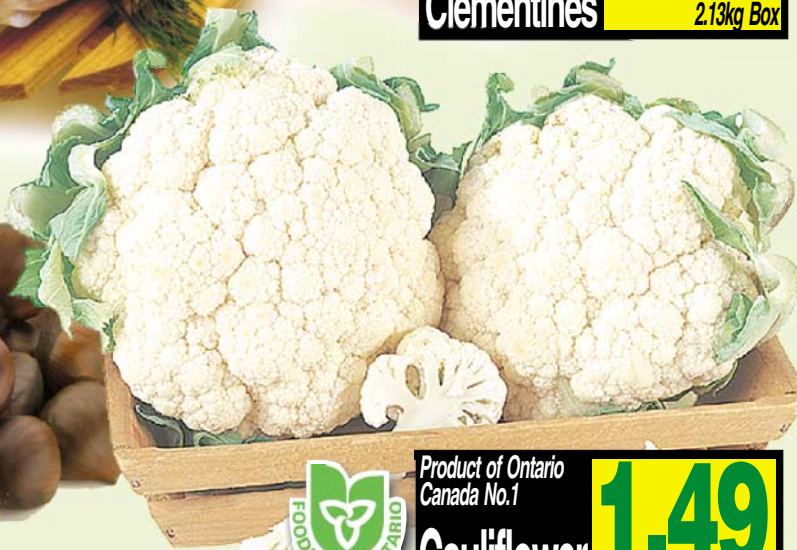
4.99
2.13kg Box



Product of Italy

Chestnuts

2.99
6.59kg



Product of Ontario
Canada No.1

Cauliflower

1.49
ea

Lundberg
Organic
Brown
Rice
Long or
Short Grain
907g

3/\$10



Oasis
100%
Juice
Blend
Assorted
Varieties
1.89L

2.99



Ocean's
Chunk or
Flaked
Light Tuna
170g

.99



Sale Starts Saturday November 7 to Friday November 13, 2009

Fresh Ontario
**White Veal
Blade Steaks**

2.99
6.59kg lb



Fresh Canadian, Daily Ground
**Ground
Pork**

1.99
4.39kg lb

MEAT



Fresh Ontario
Lamb Shanks 4.99
11.00kg lb



Certified Angus Beef
T-Bone Steak 6.99
15.41kg lb



Fresh Kerr Farms Ontario Raised Angus Beef
Naturally Grain Fed Antibiotic Free
**Eye of
Round Roast** 6.99
15.41kg lb



Arriving Fresh Daily
**Skinless
Chicken Breast** 3.99
8.80kg lb



Fresh Flatten
**Whole Marinated
Chicken (Butterflied)** 4.99
11.00kg lb



Rowe Farms
Ontario Raised Naturally
**Boneless, Skinless
Chicken Breast** 9.99
22.02kg lb



Fresh Canadian
**Pork Belly
Bone-In** 2.49
5.49kg lb



Fresh Canadian Pork
**Boneless
Centre Cut Fast Fry** 4.49
9.90kg lb



Pasturized Heritage Pork with
Beta Carotene CLA Omega
Free Antibiotic Free
Pork Cutlets 5.99
13.21kg lb

PRODUCE



Product of Ontario
Canada No.1 Organic
**Red or Yukon
Gold Potatoes** 2.99
3lb Bag



Product of Ontario
Canada No.1 Organic
McIntosh Apples 1.49
3.28kg lb



Product of Ontario
Canada No.1 Organic
Baby Bok Choy 1.99
4.39kg lb



Product of USA
No.1
**Extra Large
Bartlett Pears** .79
1.74kg lb



Product of Ontario
Canada No.1
**Cello Carrots
or Onions** .99
3lb Bag



Product of Ontario
Canada No.1
Assorted Squash .49
1.08kg lb



Product of USA or Mexico
Large Eggplants .99
2.18kg lb



Product of USA
Florida Grown
Red Grapefruit .69
1.52kg lb



Product of Costa Rica
**Jumbo
Golden
Pineapple** 2.99
WHOLE OR CORED ea

DELI

Connoisseur Corned Beef
8.80kg **3.99** lb

Casa Italia Porchetta
Hot or Mild
17.62kg **7.99** lb

Dofino Havarti Cheese
14.98kg **6.79** lb

In-Store Demo Sat. 10am-4pm

Brandt Olive Pimento Loaf
9.90kg **4.49** lb

Piller's Turkey Kolbassa
9.90kg **4.49** lb

Brandt Cooked Salami's
All Beef or Krakovska
9.90kg **4.49** lb

Imported from Switzerland Swiss Emmenthal Cheese
21.59kg **9.79** lb

FRESH OR FROZEN FISH

Fresh From Our Fish Counter
Product of Chile
Steel Head Trout Fillets
17.61kg **7.99** lb

Fresh From Our Fish Counter
Product of Canada
Red Snapper Fillets
13.20kg **5.99** lb

FROZEN
Kawartha Dairy Ice Cream
Assorted Flavours 1.5L
4.99

Fresh From Our Fish Counter
Product of Canada
Black Cod Fillets
35.25kg **15.99** lb

High Liner Captain's Catch
Battered or Breaded Fish Fillets 500g
5.49

High Liner Haddock Fillets
400g, Vac Pac **6.49**

Green Giant Valley Selections Vegetables
300-500g **2/\$5**

FROM THE FIESTA HOT TABLE...

rowefarms
quality with a conscience
Whole Chicken

Ready to Serve Rowe Farms
Ontario Raised Naturally
12.99
1kg Average

BAKERY

Stonemill Sliced Breads
Assorted Varieties 454g **2.99**

Country Harvest Grain Bread
Assorted Varieties 675g **1.99**

DAIRY

Becel Margerine
Regular, Light Unsalted or Olive Oil 454g **2.99**

Astro Yogourt
Smooth & Fruity and Zero Fat Free Assorted Varieties 16x100g **4.99**

FRESH CHRISTMAS GREENS SALE!

3 DAYS ONLY! - FRIDAY NOVEMBER 13 TO SUNDAY NOVEMBER 15

Boughs:		REG.	SALE
White Pine	- 5 lb	7.99	5.99
White Cedar	- 5 lb	7.99	5.99
B.C. Cedar	- 3 lb	7.99	5.99
Incense Cedar	- Bunch	11.99	7.99
Box Wood	- Bunch	14.99	9.99
Magnolia	- Bunch	14.99	9.99
Red Twig Dogwood	- Bunch/10 stem	9.99	6.99
Red Ilex Berries	- Bunch	14.99	11.99

**ALL
WREATHS AND
GARLANDS
30% OFF**

Shop Early for Best Selection

Order Your Winter Containers NOW!

For Timely Delivery

- Pre-made urn inserts in assorted sizes. Ready to go.
 - Can also be custom-made for your size of container.
- OR**
- Create your own arrangement from our extensive selection of specialty greens, branches and decorative accents.

ALTERNATIVE CHOICE

Blue Diamond Organic Nut-Thins Crackers
Wheat-Free, Gluten-Free
Assorted
120g

2.99



Native Organic Crystal Sugar or Golden Sugar
1kg

3.99



Casbah Organic Quinoa Grain
225g

2.99



Rice Dream Rice Beverage
Enriched or Regular
Vanilla, Chocolate or Original
946ml

2/\$5



Nature's Path Organic Chewy Granola Bars
Assorted Flavours
5x40g

3.99



Imagine Organic Creamy Soups or Broths
Assorted Flavours
1L

3.99



GROCERY

Peak Freans Regular or Lifestyle Assorted Biscuits
275-350g

2.99



Mr Noodles Noodles in a Cup
Assorted Varieties
64g

4/\$3



Billy Bee Liquid Honey
Liquid or Squeeze
500g

4.99



Old El Paso Thick & Chunky Salsa
Assorted Varieties
650ml

2.99



Old El Paso Burrito, Fajita or Taco Dinner Kits
Assorted Varieties
300-510g

3.79



Stagg Chili
Assorted Flavours
425g

2/\$5



Betty Crocker Super Moist Cake Mixes or Frosting
340-510g

2/\$3



Riceworks Assorted Rice Crisps
156g

2/\$5



Lever 2000 Deodorant Soap
8x89g, Plus Bonus Bodywash 532ml

4.99



Prices Effective: Sat. 7 Sun. 8 Mon. 9 Tues. 10 Wed. 11 Thurs. 12 Fri. 13 November 2009
Store Hours: Monday-Saturday 8 a.m. to 9 p.m., Sunday 9 a.m. to 7 p.m.



WE RESERVE THE RIGHT TO LIMIT QUANTITIES
ALTHOUGH WE STRIVE FOR ACCURACY IN ILLUSTRATION, COPY AND REGULATORY REQUIREMENTS,
UNINTENTIONAL ERRORS MAY OCCUR. WE RESERVE THE RIGHT TO CORRECT ANY ERRORS.

