



The Store to Explore"

Natural & Organic 400d The Alternative Choice!

Rowe Farms Is proud to partner with Fiesta Farms to bring you Ontario beef raised in accordance with our principles supporting;

- Local Farmers and Ontario Agriculture
- Animals Raised Without The Use of Antibiotics or Growth Promoting Hormones
- A Commitment to Sustainable Agriculture, the Environment and Small Family Farms





Rowe Family Farm in Guelph, ON John Rowe began farming using more conscientious farming methods in 1976









ORGANIC PRODUCE











Lact



Lactantia Purfiltre 1%, 2% Milk Partly Skim Milk





Lactantia Purfiltre 1%, 2% Milk or Partly Skim Milk 4 litre









With a great selection of Premiur Milks, Lactantia meets the needs of milk lovers everywhere.







Margarine









If it's not Lactantia, it's not PūrFiltre.

Pure, creamy and stays fresh longer.





Lactantia
Purfiltre
Homogenized
Milk 2 live





Organic 1%, 2% Partly 499



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²/5.00



Black Diamond
Cheestrings or
Funcheez Assorted, 168g

Omegas Omegas

Lactantia Omega-3 1%, 2% Milk, Chocolate Milk **399**



ALL NATURAL INGREDIENTS. NO PRESERVATIVES.



Gluten Free Choice















CHOICE LTERNATIVE Nature's Path Crofter's Organic

Nuts to You Organic Almond Butter 500g

Organic Plain

Yogourt 650g



Organic Eco-pack Cereal 725-9070



Fruit Spreads Assorted Flavours 235ml



Saugeen Country

YOGURT

Eden Organic Canned Beans



Harmony Organic^{*} Egg Nog Bottle or Carton

5.99



ROCERY

Mott's Garden Cocktail Original, Zesty, Low Sodium 1.89 Litre



Kellogg's Com Flakes or RN Raisin Bran URN Cereal FLAKES 675-750g

Wellesley Butteer Apple 500ml





Hunt's Tomato Sauce 680ml

Hunts

Rougemont Apple Juice Assorted Variety



Popcom 170-297g

Microwave

Redenbacher's

Orville



Christie Graham Wafers or Crumbs



Passata 670m

Mutti



We're Ready for Christmas!

Fiesta Gardens has the largest selection of trees, offering 10 varieties and 8 different heights.

We give the tree a fresh cut and wrap it for the trip home.

Type of Tree Needle Retention Fragrance Strength of Branch Noble Fir Excellent Good Good Fraser Fir Superior Good Excellent Moderate Moderate Balsam Fir Superior Moderate Nordman Fir Excellent Excellent Grand Fir Moderate Excellent Moderate Moderate Scotch Pine Excellent Little to None Superior Moderate White Pine Excellent Poor. Austrian Pine Little to None Moderate Colorado Spruce Poor Little to None Excellent Natural Ba Good Excellent Good 70% of our trees are grown locally in Canada 50% of our trees are grown locally here in Ontario. We also offer Natural Balsams which are grown without pesticides, fertilizer or pruning

Farms invites you to join us ON-LINE at www.fiestafarms.ca ces Effective: Sat. 4 Sun. 5 Mon.6 Tues. 7 Wed. 8 Thurs. 9 Fri. 10

WE ASSESS THE DIGHT TO MAKE QUARTITIES ALPHOUSE WE STRIVE FOR ACCURACY IS ILLUSTRATION COPY AND REQULARDRY REQUIREMENTS UNIVERSITIONAL BRROSS MAY COUR. WE RESERVE THE BURST TO CORRECT MAY ERRORS



