



fiesta farms

“The Store to Explore”

Arriving Fresh Daily
Whole Chickens **1.89**
4.17kg lb

Product of USA, No.1
Andy Boy Rappini **3/\$5**

Product of USA, No.1
Fresh Almonds **2.99**
6.59kg lb

Product of Ontario Canada No.1
Honey Crisp Apples **1.49**
3.28kg lb

Rougement 100% Pure Apple Juice 1.89L **1.99**

Imported from Italy
Agnesi Pasta Assorted Cuts 500g **.99**

Pacific Organic Soups or Broths Assorted Flavours 946ml **3/\$10**

Sale Starts Saturday November 14 to Friday November 20, 2009

Natural & Organic Foods

the Alternative Choice!



2/\$5



3.99



12.99



7.99



3/\$10



2.99



3/\$10



5.99



3/\$10



2/\$5



3/\$10



2.99



9.99



2/\$5



3.99



10.99

Fresh Ontario
White Veal Blade Steaks **2.99** lb
6.59kg

Fresh Canadian, Daily Ground
Ground Pork **1.99** lb
4.39kg

MEAT

Fresh Ontario Lamb Shanks 4.99 lb 11.00kg	Certified Angus Beef T-Bone Steak 6.99 lb 15.41kg	Fresh Kerr Farms Ontario Raised Angus Beef Eye of Round Roast 6.99 lb 15.41kg
Arriving Fresh Daily Skinless Chicken Breast 3.99 lb 8.80kg	Fresh Flatter Whole Marinated Chicken (Butterflied) 4.99 lb 11.00kg	Rowe Farms Ontario Raised Naturally Boneless, Skinless Chicken Breast 9.99 lb 22.02kg
Fresh Canadian Pork Belly Bone-In 2.49 lb 5.49kg	Fresh Canadian Pork Boneless Centre Cut Fast Fry 4.49 lb 9.90kg	Pasturized Heritage Pork with Beta Carotene CLA Omega Free Antibiotic Free Pork Cutlets 5.99 lb 13.21kg

DELI

Connoisseur Corned Beef 3.99 lb 8.80kg	Casa Italia Porchetta Hot or Mild 7.99 lb 17.62kg	Dofino Havarti Cheese 6.79 lb 14.98kg
Brandt Olive Pimento Loaf 4.49 lb 9.90kg	Piller's Kolbassa Sausage 4.49 lb 9.90kg	Brandt Cooked Salami's All Beef or Krakovska 4.49 lb 9.90kg
Imported from Switzerland Swiss Emmenthal Cheese 9.79 lb 21.59kg		

FRESH OR FROZEN FISH

Fresh From Our Fish Counter Product of Chile Steel Head Trout Fillets 7.99 lb 17.61kg	Fresh From Our Fish Counter Product of Canada Red Snapper Fillets 5.99 lb 13.20kg

PRODUCE

Product of Ontario Canada No.1 Organic Red or Yukon Gold Potatoes 2.99 3lb Bag	Product of Ontario Canada No.1 Organic McIntosh Apples 1.49 lb 3.28kg	Product of Ontario Canada No.1 Organic Baby Bok Choy 1.99 lb 4.39kg
Product of Ontario Canada No.1 Cello Carrots or Onions .99 3lb Bag	Product of Ontario Canada No.1 Assorted Squash .49 lb 1.08kg	Product of USA No.1 Extra Large Bartlett Pears .79 lb 1.74kg
Product of USA or Mexico Large Eggplants .99 lb 2.18kg	Product of USA Florida Grown Red Grapefruit .69 lb 1.52kg	Product of Costa Rica Jumbo Golden Pineapple WHOLE OR CORED 2.99

FROZEN

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DAIRY

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BAKERY

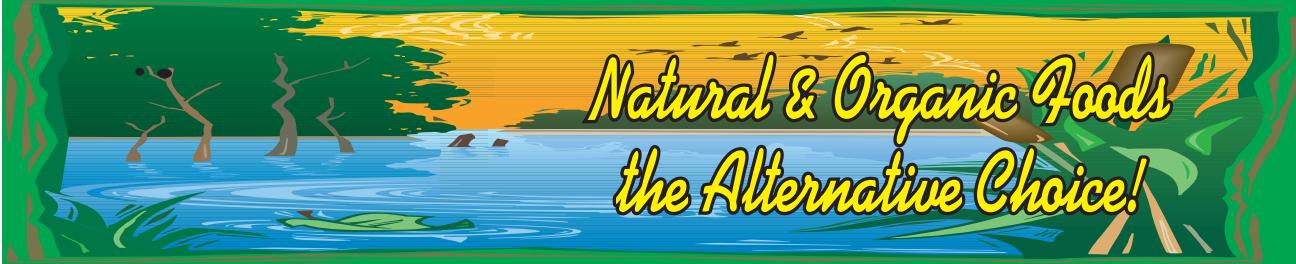
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FROM THE FIESTA HOT TABLE...

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Natural & Organic Foods *the Alternative Choice!*



Product of USA

Ecover Natural Auto Dishwasher Powder
1.36kg **799**

Ecover Natural Dishwashing Liquid
946ml **399**

Ecover Natural Auto Dishwasher Tablets
510g **699**

Ecover Natural Laundry Liquid
2.96L **1999**

Seventh Generation Recycled Bathroom Paper
4 Roll **499**

Seventh Generation Chlorine-Free Baby Diapers
All Sizes **1499**

Seventh Generation Chlorine-Free Travel Size Refill Baby Wipes
70's **499**

My Organic Baby Organic Baby Food
Assorted Flavours, 125ml **.79**

Mary's Organic Gourmet Crackers
Wheat-free & Gluten-free, 184g **399**

Mom's Organic Boxed Cereal
Assorted Varieties, 320g **399**

Annie's Homegrown Organic All Natural Macaroni & Cheese
Assorted Varieties, 170g **4/\$10**

My Organic Baby Organic Baby Cereal
227g **399**

Manitoba Harvest Organic, Non-Dairy Hemp Beverage
Vanilla, Chocolate or Original, 946ml **3/\$10**

Raincoast Solid White Albacore Tuna
Assorted Flavours, 10Cg **399**

Raincoast Pink Salmon
160g **2/\$5**

FRESH CHRISTMAS GREENS SALE!

3 DAYS ONLY! - FRIDAY NOVEMBER 13 TO SUNDAY NOVEMBER 15

Boughs:

		REG.	SALE
White Pine	- 5 lb	7.99	5.99
White Cedar	- 5 lb	7.99	5.99
B.C. Cedar	- 3 lb	7.99	5.99
Incense Cedar	- Bunch	11.99	7.99
Box Wood	- Bunch	14.99	9.99
Magnolia	- Bunch	14.99	9.99
Red Twig Dogwood	- Bunch/10 stem	9.99	6.99
Red Ilex Berries	- Bunch	14.99	11.99

**ALL
WREATHS AND
GARLANDS**

30% OFF

Shop Early for Best Selection

**Order Your
Winter Containers
NOW!**

For Timely Delivery

- Pre-made urn inserts in assorted sizes. Ready to go.
 - Can also be custom-made for your size of container.
- OR**
- Create your own arrangement from our extensive selection of specialty greens, branches and decorative accents.

GROCERY



Betty Crocker Potatoes

Assorted Varieties
141-215g

1.99



Minute Rice

Regular or
Whole Grain
600-700g

3.49



**Quaker Ready
To Serve Oatmeal**

Assorted Varieties
228-430g

2.79



**Cott Soft
Drinks**

Assorted
Flavours
2L

.99



**Cheetos or Ruffles
Potato Chips**

275-310g

2/\$6



**Christie Rice
Thins**

100g
Assorted
Varieties

2/\$5



**Sun Sweet
Pitted
Prunes**

500g

3.99



**Gloria Baby
Dills**

750ml

2/\$5



**Emma Artichoke
Hearts**

398ml

1.99



**Nutra Fruit
Red Sour
Pitted
Cherries**

540ml

2.89



**Planter's
Dry
Roasted
Peanuts**

600g

3.99



**Orsini Sun Dried
Tomatoes
in Oil**

250g

2.99



**Whiskas
Cat
Food**

85g
Assorted
Varieties

.59



**Green Works
Laundry
Detergent**

1.33L

8.99



**Clorox Javex
Bleach**

Regular or Ultra
2.8L

2.49

Prices Effective: Sat. 14 Sun. 15 Mon. 16 Tues. 17 Wed. 18 Thurs. 19 Fri. 20 November 2009
Store Hours: Monday-Saturday 8 a.m. to 9 p.m., Sunday 9 a.m. to 7 p.m.



WE RESERVE THE RIGHT TO LIMIT QUANTITIES
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UNINTENTIONAL ERRORS MAY OCCUR. WE RESERVE THE RIGHT TO CORRECT ANY ERRORS.



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"The Store to Explore"

Natural & Organic Foods
the Alternative Choice!



The Filo Factory
Organic
Frozen
Appetizers
Assorted Varieties, 284g

499



Nature's Path
Organic
Frozen Waffles
Assorted Varieties, 210g

399



Alexia
Organic
Oven Fries
Assorted Varieties, 450g

299



So Delicious
Non Dairy
Frozen Dessert
Assorted Flavours, 946ml

599



Vitalicious
Frozen
Muffins
Assorted Varieties, 220g

399



Food For Life
Organic
Sprouted Grain
Breads
Assorted Varieties, 680g

499



So Nice
Organic
Fresh
Soy Beverage
Assorted Flavours, 1.89L

399



L'Ancetre
Organic
Raw Milk
Cheddar Cheese
Medium, Old or Extra
Sharp, 325g

999



Sol Cuisine
Wheat-Free, Dairy-Free
No ???
Vegetarian
Burgers & Falafels
364g

499



Dr. Praeger's
Veggie Burgers
Assorted Varieties, 312g

499



Stahlbush Island
Organic
Frozen
Vegetables
Assorted Varieties, 300-350g

299



Earth Balance
Organic
Buttery Spread
Assorted Flavours, 369g

399



Solo Fruit
Lactose Free
Natural Sorbet
500ml

499



SeaPoint Farms
Organic
Frozen
Edamame
448g

299



Starlite Cuisine
All Natural
Tacos or
Taquitos
298g

599



Tofurky
Vegetarian
Franks & Links
227g

399