

fiesta farms



"The Store to Explore"

**Great
For BBQ**

Fresh Ontario AAA Beef
Cap-off
Rib Steaks

6.99
15.41kg lb

Product of USA, #1
Blueberries
or Strawberries

2/\$5

New Crop

Product of USA, #1
Peaches or
Nectarines

1.99
4.39kg lb

Product of USA, #1
Andy Boy
Rapini

3/\$5

Kettle
All Natural
Gourmet
Chips
Assorted Flavours
142g

3/\$5

Chapman's
Super Cone
or Sandwich
Ice Cream
8-12 Pack

3/\$10

Clover Leaf
Skipjack
Flake or
Chunk Tuna
170g

.99

Sale Starts Saturday May 15 to Friday May 21, 2010

Fresh Ontario Pork
Centre Cut Pork Chops
 Bone In **2.99**
 6.59kg lb



Fresh Ontario Free Run
Skinless Chicken Thighs
 Bone In **2.99**
 6.59kg lb

MEAT



Fresh Ontario
Boneless Veal Stew
 8.80kg lb **3.99**



Fresh Ontario
Daily Ground Lamb
 11.00kg lb **4.99**

KERR FARMS



Kerr Farms Ontario Raised Angus Beef
 Naturally Grain Fed Antibiotic Free
Brisket
 11.00kg lb **4.99**



Fresh Ontario
Daily Sliced Chicken Cutlets
 13.21kg lb **5.99**

rowe farms



Forewood Fed Vegetable
 Grains, Antibiotic Free, Air Chilled
Chicken Split Wings
 11.00kg lb **4.99**

rowe farms



Fresh Rowe Farms
 Ontario Raised Naturally
Skinless Bone In Chicken Breast
 17.61kg lb **7.99**



Fresh Ontario Pork
 Sweet n Sour Style
Ribs
 6.59kg lb **2.99**

rowe farms



Fresh Rowe Farms
 Ontario Raised Naturally
Boneless Pork Rib End Chops
 15.82kg lb **8.99**

PASTURE REARED HERITAGE PORK
 100% Pasture Raised Certified and Processed



Pasture Raised Heritage
 Pork with Beta Carotene CLA
 Omega Free, Antibiotic Free
Pork Cutlets
 15.41kg lb **6.99**



Product of Ontario, Canada #1
Jumbo Red Peppers
 6.59kg lb **2.99**



Product of Ontario, Canada #1
Boston Lettuce
 ea **.99**



Product of Ontario, Canada #1
Fresh Spinach
 Bunch **.99**



Product of Ontario, Canada #1
Vine Cluster Tomatoes
 3.25kg lb **1.49**



Product of Argentina
Packham Pears
 2.15kg lb **.99**



Product of Mexico
Green Zucchini
 2.18kg lb **.99**

PRODUCE

Product of Chile
Kiwi Fruit
 1kg Tub **2/\$5**



Product of Costa Rica
Golden Pineapples
 WHOLE OR CORED **2/\$5**

fiesta farms

"The Store to Explore"

*Natural & Organic Foods
the Alternative Choice!*

Product of USA, #1
Organic USDA

**Valencia
Oranges**



.99

2.18kg 1b

Product of Chile,
Organic USDA

**Royal Gala
Apples**



1.49

3.28kg 1b

Product of Argentina,
Organic USDA

**Abate
Pears**



1.99

4.59kg 1b

Product of USA,
#1 Organic USDA

Broccoli



1.49

Each

Product of USA,
#1 Organic USDA

**Fresh
Strawberries**

1lb Tray



2.99

Each

Product of Mexico,
Organic USDA

Mangoes



1.49

Each

Product of Mexico,
Organic USDA

Avocadoes



1.49

Each

Product of Ontario,
Canada #1 Organic

**Campari
Tomatoes**



2.99

Pkg



Cardinal
Roadhouse

**Angus
Beef
Burger**

7.99

1.02kg ea

Berkshire
Nurnberger

**Pork
Sausage**

Ontario Raised
No Hormones
or Antibiotics

5.99

500g ea

The Travelling
Butcher

**Whole
Flattened
Chicken**

Air Chilled, Vegetarian
Grain Fed,
No Artificial Flavours
Spicy Red Pepper,
Lemon Pepper, Plain,
Piri & Indian Style

5.99

13.21kg 1b

Natural & Organic Foods
the Alternative Choice!

fiesta
"The Store"



Ecover
**Natural
Laundry Liquid**
2.95L

14.99



Ecover
**Natural
Delicate Wash
Liquid**
1L

3.99



Knudsen
**Fruit Juice
Blends Pineapple
Coconut Juice**
946ml

2/\$5



Santa Cruz
**Organic Fruit
& Vegetable
Juice Spritzer**
Assorted Flavours, 4 Fl.

3.99



Nature Clean
**Natural
Liquid Hand
Soap**
Assorted, 500ml

3.99



Nature Clean
**Natural
Liquid Bleach**
3.63L

5.99



Santa Cruz
**Organic
Bottled Tea**
Assorted Flavours, Fair Trade
946ml

2/\$5



Knudsen
**100% Just
Juice Black
Cherry**
946ml

2.99



Nature Clean
**Natural
Dishwashing
Liquid**
675ml

2/\$5



Nature Clean
**Natural
HE Lavender-
Fields Laundry
Liquid**
1.81L - 30 Loads

6.99



Cliff/Luna
**Organic
Nutrition Bars**
Assorted, 45-68g

1.49



Manitoba Harvest
**Organic
Hemp Bliss
Beverage**
Assorted, 946ml

4/\$10



Seventh Generation
**Chlorine Free
Paper Towels**
3 Rolls

5.99



Seventh Generation
**Chlorine Free
Bathroom Tissue**
12 Rolls

9.99



Mountain Path
**Steel Cut
Oats**
600g

2.99



Mountain Path
**Organic
Quinoa Grain**
600g

7.49

farms to Explore"

*Natural & Organic Foods
the Alternative Choice!*



Crofter's
Organic
Premium
Fruit Spreads
Assorted Flavours, 235ml

2.99



Nuts to You
Natural
Almond Cashew
Butter
500g

6.99



Nature's Path
Organic
Boxed Cereal
Selected Varieties, 325-400g

3.99



Mom's Healthy Secrets
Organic Cereal
Fibre Fit, Vital Berry or
Omega Active, 320g

3.99



Annie's Homegrown
Natural
Shells & Cheddar
Family Size, 340g

3/\$10



**In Store Sampling,
Saturday 9 am - 2 pm**

The Fresh Coffee Network
is proud to present a coffee
which directly supports the Stop
Community Centre. Available as
both a Medium and Dark roast,
this special blend is roasted
locally, and is 100% certified
organic and fair trade. We
custom roast & deliver every
week to ensure only the freshest
coffee available. 10% of the sale
of this coffee goes directly to the
Stop Community Centre!



Eden Soy
Natural
Soy Beverage
Vanilla, Original, Rice &
Soy Blend, 946ml

2/\$5



VitaBio
Organic
Canned
Tomatoes
Crushed, Diced or Whole,
796ml

5/\$10



Cocco Camino
Organic
Sugar Cane
1kg

5.99



Natur-A
Enriched
Soy Beverage
Assorted Flavours, 946ml

5/\$10



Raincoast
All Natural
Wild Pink
Salmon
160g

2/\$5



VitaBio
Organic
Tomato Paste
196ml

.99



Blue Diamond
Whole Almond
Beverage
Vanilla, Chocolate or Original,
946ml

1.99



Natur-A
Natural
Rice Beverage
Vanilla or Original,
946ml

5/\$10



Rain Coast
All Natural
Solid White
Albacore Tuna
150g

3/\$10

fiesta farms

"The Store to Explore"

Natural & Organic Foods
the Alternative Choice!



Stahlbush
Organic
Frozen
Vegetables
Assorted, 300 - 350g

2/\$5



Alexia
100% All
Natural Assorted
Oven Fries
450g

3/\$10



Alexia
100% All
Natural
Onions Rings
450g

3.99



So Delicious
All Natural
Coconut Milk
Dessert
Assorted Flavours,
500ml

5.99



Fillo Factory
Organic
Appetizers
Spinach & Feta,
Potato Garlic and
Party Masers, 284g

5.99



Treehugger
Organic
Fruit Beverage
or Juice
1.89L

4.99



Stahlbush
Organic
Frozen Fruits
Assorted, 300 - 350g

3.99



Ryza
Fresh 100%
Wholegrain
Rice Beverage
Vanilla, Original
1.89L

3.99



Gardein
Chick'n Style Veggie
Meat Substitutes
Fillet or Strips
200-300g

4.99



L'Ancestr
Organic 15% or 20%
Mozzarella Cheese
325g

8.99



Mapleton's
Organic
Fresh Fat Free
or Whole Milk
3.9% Yogurt
750ml

3.99

DELI

Instore Sampling Saturday & Sunday 11am-4pm

Connoisseur
Roast
Beef

4.99

9.90kg lb

Piller's
German or
Hungarian
Salami

6.79

14.98kg lb

Brandt
Cooked
Salami
All Beef or
Krakowska

4.99

9.90kg lb

Sunflower
Kitchen
Dips
Assorted

2.99

227g ea

Imported From
Switzerland
Gruyere
Cheese

13.59

29.98kg lb

Emma
Provolone
Cheese

7.69

16.96kg lb

Imported From Switzerland
Appenzeller
Cheese

13.59

29.98kg lb

FRESH OR FROZEN FISH

FROZEN

Fresh From Our Fish Counter
Product of Honduras

Snapper
Fillets

5.99

13.21kg lb

Fresh From Our Fish Counter
Product of Ireland

Organic
Salmon
Fillet

14.99

33.05kg lb

McCain
Rising Crust
or International
Pizza
Assorted Varieties,
470-900g

4.99



Fresh From Our Fish Counter
Product of Ontario

Whole Rainbow Trout

5.99

13.21kg lb



High Liner
Family Size
Fish Sticks

4.99

750g ea



High Liner
Lemon Pepper or
Roasted Garlic Herb
Sole Fillets

4.99

500g ea

Europe's Best
Frozen
Vegetables

Assorted Varieties,
300-750g

2.99



Ready to Serve

BBQ
Chicken
Wings

1.99

100g

BAKERY

Bundt Cake

Lemon Poppyseed,
Marble Chocolate
500g

4.99



DAIRY

Astro
Smoothin' Fruity
and Zero-Fat Free

Assorted Varieties,
16Pk x 100g

4.99



D'Italiano
Bread, Crustini
or Sausage Buns
or Garlic Bread
Assorted Varieties

2.29



Gaylea
Sour Cream
Regular, Light or Fat Free
500ml

2.29



To make it any easier to find **Local Sustainable** fare, we'd have to put it in your cart.

LFP's new Certified Local Sustainable label helps you find food that supports your local farmers, and is good for both the environment + the economy.

For more information, visit localfoodplus.ca

GROCERY

Sunsweet Pitted Prunes
500g

3.99

Frito Lay Doritos
Assorted Flavours, 265g

2/\$5

Christie Stoned Wheat Thins
Assorted Varieties, 300g

2.99

Saquerella Bar Italia Espresso Coffee Beans
500g

5.99

Made in Italy Pastore Strained Tomatoes
720ml

1.29

Allen's Low Acid Apple Juice
1.89L

2/\$5

Unico Vegetable Oil
3L

4.99

Primo Canned Beans
Assorted Varieties, 540ml

.99

Orsini Sun Dried Tomatoes in Oil
360g

2.99

fiesta gardens

Garden Peonies **Tree Peonies**
Sun or Partial Shade • Long Lived • Easy to Grow

- Early, Mid and Late Blooming Varieties
- Silvery pinks, deep reds, dark maroons, white and pale yellows
- Single, Semi-Double and Double Forms
- Many are deliciously scented

- Large, showy blooms with variety of colours
- Great addition to perennial border

Bell Pot Sale **\$14.99**

Regular \$24.99

SAVE \$10

32cm

Green Mountain Boxwood **SALE \$15**

Regular \$39.00

30cm

Fiesta Farms invites you to join us ON-LINE at www.fiestafarms.ca
Prices Effective: Sat. 16 Sun. 16 Mon. 17 Tues. 18 Wed. 19 Thurs. 20 Fri. 21 May 2010
 Store Hours: Monday-Saturday 8 a.m. to 9 p.m., Sunday 9 a.m. to 7 pm

WE RESERVE THE RIGHT TO LIMIT QUANTITIES
 ALTHOUGH WE STRIVE FOR ACCURACY IN ILLUSTRATION, COPY AND REGULATORY REQUIREMENTS, UNINTENTIONAL ERRORS MAY OCCUR. WE RESERVE THE RIGHT TO CORRECT ANY ERRORS.

