

# fiesta farms



"The Store to Explore"

**Great  
For BBQ**



Arriving Fresh Daily  
Ontario  
Boneless Skinless  
Chicken  
Thighs

**2.99**  
6.59kg lb



Product of USA

Fresh  
Black Figs

**6.99**  
Flat



Product of Ontario  
Grape Cherry  
Tomatoes

**1.99**  
Full Pint

Product of Ontario  
First of the Season

Celery

**.99**  
ea



Italpasta  
Pasta  
Assorted Varieties  
900g

**.99**

Limit 6 Please



Excelsior  
Espresso  
Coffee  
250g Bag

**1.99**

Limit 6 Please



Kiju Organic  
Fruit Juices  
Assorted Varieties  
1 Litre

**3/\$5**

Limit 6 Please

Sale Starts Saturday July 10 to Friday July 16, 2010



Fresh Ontario  
**Beef Top Sirloin Steak**  
**4.99**  
 11.00kg lb

**Great For BBQ**

**Pork Back Ribs**  
**4.99**  
 11.00kg lb

**Great For BBQ**

**MEAT**

Fresh Ontario  
**White Veal (Daily Ground)**  
**4.99**  
 11.00kg lb

**Great For BBQ**

Fresh Ontario  
**White Veal Loin Chops**  
**8.99**  
 19.82kg lb

Fresh Ontario  
**White Veal Scallopini**  
**10.99**  
 24.23kg lb

rowefarms  
 FRESH ONTARIO  
**Whole Chicken**  
**3.49**  
 7.70kg lb

rowefarms  
 FRESH ONTARIO  
**Chicken Thighs**  
**8.99**  
 19.82kg lb

rowefarms  
 FRESH ONTARIO  
**Chicken Breasts**  
**9.99**  
 22.02kg lb

Fresh Ontario  
**Pork Sliced Cutlets**  
**4.99**  
 11.00kg lb

Fresh Ontario  
**Boneless Pork Loin Chops**  
**4.99**  
 11.00kg lb

Fresh Ontario  
**Pork Tenderloin**  
**4.99**  
 11.00kg lb

UP Organic  
**Hot House Tomatoes**  
**2.99**  
 6.50kg lb

USDA Organic  
**Peaches**  
**2.99**  
 6.50kg lb

UP Organic  
**Green or Red Leaf or Romaine Lettuce**  
**1.49**  
 ea

FOODLAND ONTARIO  
**New White Potatoes**  
**2.99**  
 10lb Bag

Product of USA  
**Large Peaches**  
**.99**  
 2.18kg lb

FOODLAND ONTARIO  
**English Cucumbers**  
**.79**  
 ea

Product of Ontario  
**First of the Season New White Potatoes**  
**2.99**  
 10lb Bag

Product of Mexico  
**Avocado**  
**.99**  
 ea

Product of USA  
**Large Black Plums**  
**1.99**  
 4.39kg lb

FOODLAND ONTARIO  
**Strawberries**  
**4.99**  
 Pint



# DELI



**Connoisseur  
Montreal  
Smoked Meat**  
**4.49**  
9.90kg lb



**Sunflower Kitchen  
Dips  
(Assorted)**  
**2.99**  
227g ea



**Dolino  
Havarti  
Cheese**  
**6.79**  
14.98kg lb



**Imported From Italy**  
**Parma  
Prosciutto**  
**14.99**  
33.05kg lb



**Mix and Match  
Your Own  
Olives**  
**4.49**  
9.90kg lb



**Sabatini's  
Quiche  
(Assorted)**  
**6.99**  
8oz ea



**Fresh  
Bocconcini  
Small, Medium  
& Large**  
**7.69**  
16.96kg lb

## FRESH OR FROZEN FISH

**Fresh From Our Fish Counter  
Product of Canada**  
**Salmon  
Steaks**  
**8.99**  
19.82kg lb



**Fresh From Our Fish Counter  
Product of Honduras**  
**Tilapia  
Fillet**  
**7.99**  
17.62kg lb



**FROZEN**  
**Eggo  
Pancakes**  
**Eggo  
Waffles and  
Pancakes**  
Assorted Varieties,  
280-310g  
**2.29**



**Fresh From Our Fish Counter**  
**Pasta Clams**  
**3.59**  
7.50kg lb



**High Liner  
Sole, Haddock and  
Cod in Tempura Batter**  
**4.99**  
350g ea



**High Liner  
Lemon Peppercorn or  
Roasted Garlic and  
Herb Sole Fillets**  
**5.49**  
300g ea



**Luigi's  
Italian  
Ice Cream**  
Mango, Lemon  
and Lemon/  
Strawberry,  
1.06L  
**3.99**



**Hesta farms**  
Take me home  
**Ready  
to Serve**  
**Assorted Salads**



## BAKERY

**Store Made Fresh**  
**Mini  
Canoli**  
6's  
**3.99**



**Country Harvest  
Grain  
Bread**  
Assorted  
Varieties,  
675g  
**2.09**

**D'Italiano  
Crustini,  
Focaccia  
and Sausage  
Buns**  
4's - 8's  
**2.39**



## DAIRY

**Five Alive,  
Fruitopia  
and Nestea**  
Assorted Juices, 1.89L  
**2.29**



**Nestle  
Milk Shake**  
Chocolate, Vanilla,  
Coffee Crisp and Rolo  
473ml  
**2/\$3**





# ALTERNATIVE CHOICE

<p><b>Knudsen Fruit Juice Blend Pineapple Coconut</b> 946ml</p>  <p><b>2/\$5</b></p>	<p><b>Nature's Path Organic Granola Bars</b> Assorted Varieties, 175g</p>  <p><b>3.99</b></p>	<p><b>Kiju Organic 100% Fruit Juice</b> Tetra Pack, 3x250ml</p>  <p><b>1.99</b></p>
<p><b>Seventh Generation Chlorine Free Natural Paper Towels</b> 2 Ply - 1 Single</p>  <p><b>2/\$5</b></p>	<p><b>Nuts to You Organic Tahini Butter</b> 500ml</p>  <p><b>6.99</b></p>	<p><b>Wholesome Organic Fair Trade Sugar</b> 907g</p>  <p><b>4.99</b></p>

## GROCERY

<p><b>Ruffles and Sun Chips</b> Assorted Varieties, 225-275g</p>  <p><b>2/\$6</b></p>	<p><b>Christie Triscuits</b> Assorted Varieties, 225g</p>  <p><b>2/\$5</b></p>	<p><b>Kraft Peanut Butter</b> Assorted Varieties, 750-1kg</p>  <p><b>3.99</b></p>
<p><b>Sunsweet Prune Nectar</b> 946ml</p>  <p><b>1.99</b></p>	<p><b>Tropical Grove Cocktail Drink</b> 9x300ml</p>  <p><b>2.69</b></p>	<p><b>Pastore Strained Tomatoes</b> 680g</p>  <p><b>4/\$5</b></p>
<p><b>Airwick Air Freshener Solids</b> Assorted Varieties, 170g</p>  <p><b>.99</b></p>	<p><b>Crest Toothpaste</b> Assorted Varieties, 75-100ml</p>  <p><b>1.29</b></p>	<p><b>Affresh Dishwasher Cleaner</b> Regular or High Efficiency, 3 or 6 Tablets</p>  <p><b>8.99</b></p>

**fiesta gardens** 

**Hardy Ferns**

**Partial to Full Shade**  
Finely textured foliage compliments broad-leaved Hostas, Brunnera and other woodlanders.

**Wide Selection**  
Native North American Species and Special Cultivars

Some beautifully coloured with metallic burgundy or silver grey leaves.

**Clay Pan Pots Sale 50% OFF**

3 Sizes to Choose

8" \$2.99	10" \$5.99	12" \$9.99
Regular \$5.99	Regular \$11.99	Regular \$19.99

**Coir Doormat Sale**

Celebrate nature's wonder right at your doorstep with these coir fibre doormats. Coated to protect against fading caused by sunlight.

 **SAVE \$5**

**Fiesta Farms invites you to join us ON-LINE at [www.fiestafarms.ca](http://www.fiestafarms.ca)**

**Prices Effective: Sat. 10 Sun. 11 Mon. 12 Tues. 13 Wed. 14 Thurs. 15 Fri. 16 July 2010**

**Store Hours: Monday-Saturday 8 a.m. to 9 p.m., Sunday 9 a.m. to 7 pm**

**WE RESERVE THE RIGHT TO LIMIT QUANTITIES**  
ALTHOUGH WE STRIVE FOR ACCURACY IN ILLUSTRATION, COPY AND REGULATORY REQUIREMENTS, UNINTENTIONAL ERRORS MAY OCCUR. WE RESERVE THE RIGHT TO CORRECT ANY ERRORS.

