

Tip sheet:

# ResMed CPAP supplies & replacement parts



## Mask parts replacement tips

What to look for:

- You have to tighten the straps often
- The mask has lost its spring
- Your therapy feels less effective than usual
- The cushion is still slippery, even after being cleaned



## Insurance coverage tip

Before ordering any supplies or replacements, we recommend contacting your insurance provider to make sure the parts you need are covered under your plan.

## Mask part replacement tips

**These replacement schedule guidelines are based on the current Medicare replacement schedule.**

### Every 14 days

- Nasal mask cushions
- Nasal pillows mask cushions



### Every month

- Full face mask



Replacing your mask cushions on a regular basis is important for hygiene, and to ensure that your therapy is as clean, comfortable and effective as possible.

### Every 3 months

- Mask frame systems

Frame systems are in close proximity to your face and should be replaced regularly to keep therapy effective and hygienic.



### Every 6 months

- Mask headgear

Headgear can become stretched out and lose elasticity with regular use, which can lead to over-tightening and discomfort. Bacteria from sweat and moisture can also build up over time.



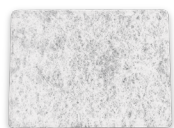
# CPAP machine & accessories replacement tips

**These replacement schedule guidelines are based on the current Medicare replacement schedule.**

## Every 14 days

- Air filters

Filters can wear out with use. Dirt and dust can also build up over time, which can lead to blockages and unsanitary conditions.



## Every 3 months

- Air tubing

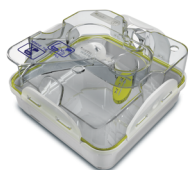
Tubing can develop small holes or tears over time, which can cause air leaks.



## Every 6 months

- Humidifier water tub

Tubs can become discolored, cloudy, pitted or cracked which can trap bacteria.



## Every 5 years

- CPAP, APAP and Bilevel machine

Replacing your machine every 5 years will help ensure you continuously receive your prescribed therapy and can take advantage of new technology, enhanced comfort settings and exclusive therapy tracking apps from each [ResMed machine release](#).



## Need help replacing your CPAP supplies?

All ResMed CPAP supplies and replacement parts can be purchased separately through CPAP equipment stores across the United States or at an online retailer.

**CPAP stores near me →**

**Buy supplies online →**