

Prior to ES6, we implemented Classes by creating a constructor function and adding properties by extending the prototype:

```
function Person(name, age, gender) {
  this.name = name;
  this.age = age;
  this.gender = gender;
}

Person.prototype.incrementAge = function () {
  return this.age += 1;
};
```

And created extended classes by the following:

```
function Personal(name, age, gender, occupation, hobby) {
  Person.call(this, name, age, gender);
  this.occupation = occupation;
  this.hobby = hobby;
}

Personal.prototype = Object.create(Person.prototype);
Personal.prototype.constructor = Personal;
Personal.prototype.incrementAge = function () {
  Person.prototype.incrementAge.call(this);
  this.age += 20;
  console.log(this.age);
};
```

ES6 provides much needed syntactic sugar for doing this under the hood. We can create Classes directly:

```
class Person {
  constructor(name, age, gender) {
    this.name = name;
    this.age = age;
    this.gender = gender;
  }

  incrementAge() {
    this.age += 1;
  }
}
```

And extend them using the extends keyword:

```
class Personal extends Person {
  constructor(name, age, gender, occupation, hobby) {
    super(name, age, gender);
    this.occupation = occupation;
    this.hobby = hobby;
  }

  incrementAge() {
    super.incrementAge();
    this.age += 20;
    console.log(this.age);
  }
}
```

Best Practice: While the syntax for creating classes in ES6 obscures how implementation and prototypes work under the hood, it is a good feature for beginners and allows us to write cleaner code.