Total SCFA for Each Supplement supplement_consumed transition HiMaize -Accessible Psyllium+BRMPS -Arabino Psyllium -**BRMPS** none -**BRMPS+Accessible** LOODAT -Supplement HiMaize Inulin -HiMaize+BRMPS HiMaize+BRMPS -Inulin HiMaize -LOODAT BRMPS+Accessible none BRMPS -Psyllium Arabino -Psyllium+BRMPS Accessible transition_HiMaize 50 -100-50100 **Delta Total Week**