



Data Science Capstone

PIMA Indians Diabetes Dataset

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Introduction

The PIMA Indians diabetes dataset is one of the most popular machine learning quests for data scientists. It was introduced by Kaggle, courtesy of UCI Machine Learning Repository. The original dataset was collated by the National Institute of Diabetes and Digestive and Kidney Diseases. The task in hand is to build a model to accurately predict whether the patients in the dataset have diabetes or not, based on specific medical diagnostic measurements.

Dataset Description

The dataset consists of several medical predictor variables and one target variable; Outcome. Predictor variables include the number of pregnancies the patient has had, their BMI, insulin level, age, and more.

Variables	Description
Pregnancies	Number of times pregnant
Glucose	Plasma glucose concentration in an oral glucose tolerance test
Blood Pressure	Diastolic Blood Pressure (mm Hg)
Skin Thickness	Triceps Skinfold Thickness (mm)
Insulin	Two hour serum insulin
BMI	Body Mass Index
Diabetes Pedigree Function	A function which scores likelihood of diabetes based on family history
Outcome	Class variable (either 0 or 1). 268 of 768 values are 1, and the others are 0

Descriptive Analysis

To begin with, let us explore the dataset with Python. Pandas is the best library for getting a detailed look at the dataset. The first five rows of the data frame.

```
import pandas as pd
import numpy as np
import warnings
warnings.filterwarnings('ignore')
```

```
# Goal 1.0: Descriptive analysis
# 1. Understand the different variables and values
# 2. Identify missing values to suggest treatment
# 3. Counting the various dtypes
```

```
# Loading the dataset
Diabetes = pd.read_csv('C:\\Datasets\\Diabetes.csv')
```

```
# Lets look at the top five values
# 8 feature variables and 1 predicted value
Diabetes.head()
```

	Pregnancies	Glucose	BloodPressure	SkinThickness	Insulin	BMI	DiabetesPedigreeFunction	Age	Outcome
0	6	148	72	35	0	33.6	0.627	50	1
1	1	85	66	29	0	26.6	0.351	31	0
2	8	183	64	0	0	23.3	0.672	32	1
3	1	89	66	23	94	28.1	0.167	21	0
4	0	137	40	35	168	43.1	2.288	33	1

```
# Lets see the data frame in detail
# There are two dtypes
Diabetes.info()
```

```
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 768 entries, 0 to 767
Data columns (total 9 columns):
#   Column                Non-Null Count  Dtype
---  -
0   Pregnancies            768 non-null    int64
1   Glucose                768 non-null    int64
2   BloodPressure          768 non-null    int64
3   SkinThickness          768 non-null    int64
4   Insulin                768 non-null    int64
5   BMI                   768 non-null    float64
6   DiabetesPedigreeFunction 768 non-null    float64
7   Age                   768 non-null    int64
8   Outcome                768 non-null    int64
dtypes: float64(2), int64(7)
memory usage: 54.1 KB
```

Looking into the statistical measurements. The describe() function will tell us about the count, mean, standard deviation, min/max values, and quartiles.

```
# Now that we know the dtypes, Lets get into statistics
# The describe function deals only with numerical values
Diabetes.describe()
```

	Pregnancies	Glucose	BloodPressure	SkinThickness	Insulin	BMI	DiabetesPedigreeFunction	Age	Outcome
count	768.000000	768.000000	768.000000	768.000000	768.000000	768.000000	768.000000	768.000000	768.000000
mean	3.845052	120.894531	69.105469	20.536458	79.799479	31.992578	0.471876	33.240885	0.348958
std	3.369578	31.972618	19.355807	15.952218	115.244002	7.884160	0.331329	11.760232	0.476951
min	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.078000	21.000000	0.000000
25%	1.000000	99.000000	62.000000	0.000000	0.000000	27.300000	0.243750	24.000000	0.000000
50%	3.000000	117.000000	72.000000	23.000000	30.500000	32.000000	0.372500	29.000000	0.000000
75%	6.000000	140.250000	80.000000	32.000000	127.250000	36.600000	0.626250	41.000000	1.000000
max	17.000000	199.000000	122.000000	99.000000	846.000000	67.100000	2.420000	81.000000	1.000000

```
# Lets use the transpose function to get a better view
# Moving the rows data to the column and columns data to the rows
# There are multiple 0 values; missing values
# Glucose, blood pressure, skin thickness, insulin and BMI have missing values
# Pregancy can be ignored as 0 indicates no children
Diabetes.describe().T
```

	count	mean	std	min	25%	50%	75%	max
Pregnancies	768.0	3.845052	3.369578	0.000	1.00000	3.0000	6.00000	17.00
Glucose	768.0	120.894531	31.972618	0.000	99.00000	117.0000	140.25000	199.00
BloodPressure	768.0	69.105469	19.355807	0.000	62.00000	72.0000	80.00000	122.00
SkinThickness	768.0	20.536458	15.952218	0.000	0.00000	23.0000	32.00000	99.00
Insulin	768.0	79.799479	115.244002	0.000	0.00000	30.5000	127.25000	846.00
BMI	768.0	31.992578	7.884160	0.000	27.30000	32.0000	36.60000	67.10
DiabetesPedigreeFunction	768.0	0.471876	0.331329	0.078	0.24375	0.3725	0.62625	2.42
Age	768.0	33.240885	11.760232	21.000	24.00000	29.0000	41.00000	81.00
Outcome	768.0	0.348958	0.476951	0.000	0.00000	0.0000	1.00000	1.00

We can recognize a lot of zeros in glucose, blood pressure, skin thickness, insulin, and BMI. This indicates missing values. We need to treat them accordingly. Let us replace invalid zero values with NaN. NaN is easier to count. If we use the sum() function on zero, the count will be the same. Therefore we convert it into not any number.

```
# Replacing 0s with NaN, it will be easier to count them
# Plus, 0s have to be replaced with a suitable value anyway, let it be NaN for now
Diabetes[['Glucose','BloodPressure','SkinThickness','Insulin','BMI']]
= Diabetes[['Glucose','BloodPressure','SkinThickness','Insulin','BMI']].replace(0, np.NaN)
```

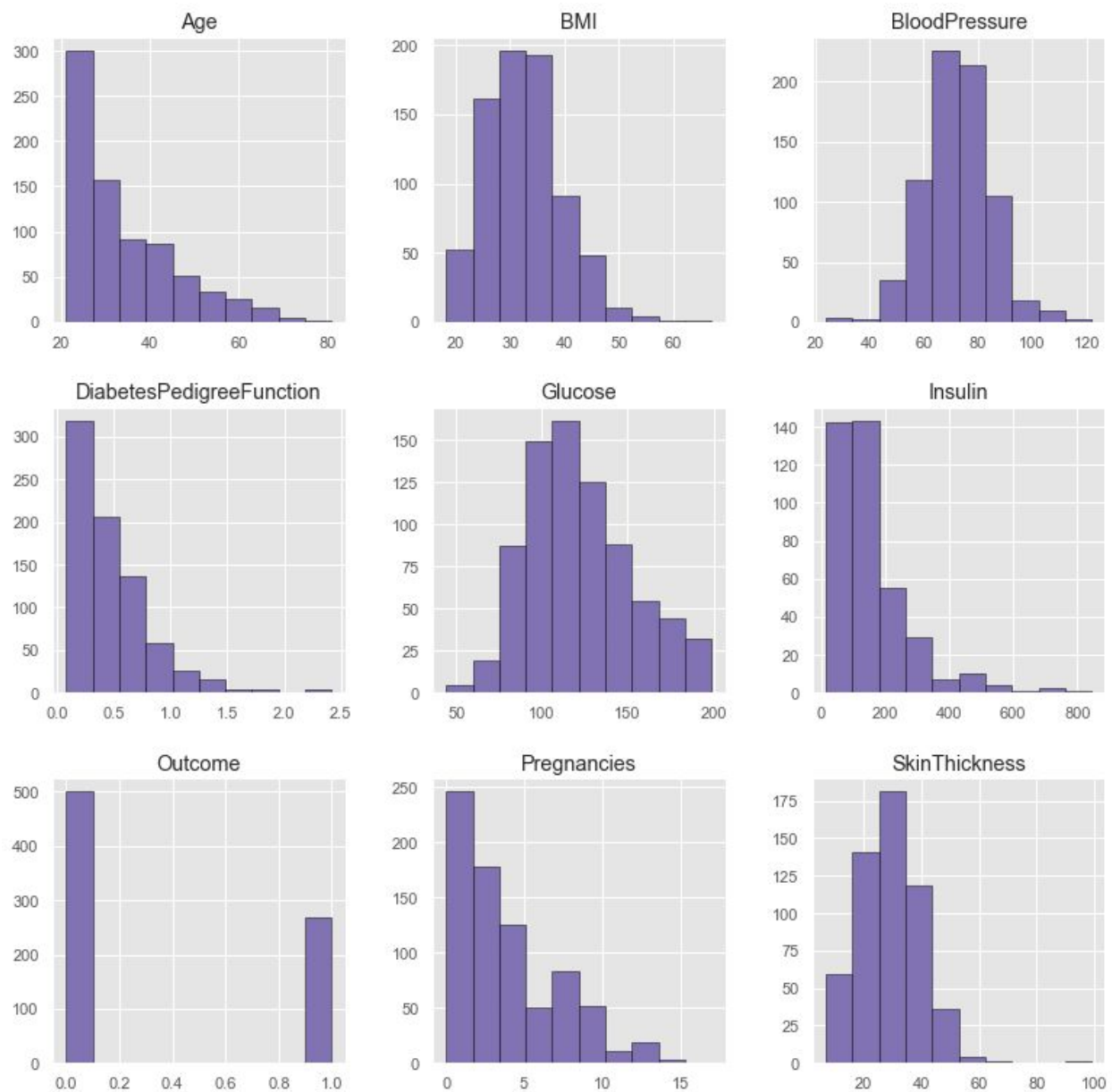
```
# Checking total NaN values
Diabetes.isnull()
Diabetes.isnull().sum()
```

```
Pregnancies      0
Glucose           5
BloodPressure     35
SkinThickness    227
Insulin          374
BMI              11
DiabetesPedigreeFunction  0
Age              0
Outcome          0
dtype: int64
```

To get a better understanding of the null values, let us visualize them. We can see that the individual variables are skewed, and outliers are present. Therefore, we need to treat the respective variables with mean and median.

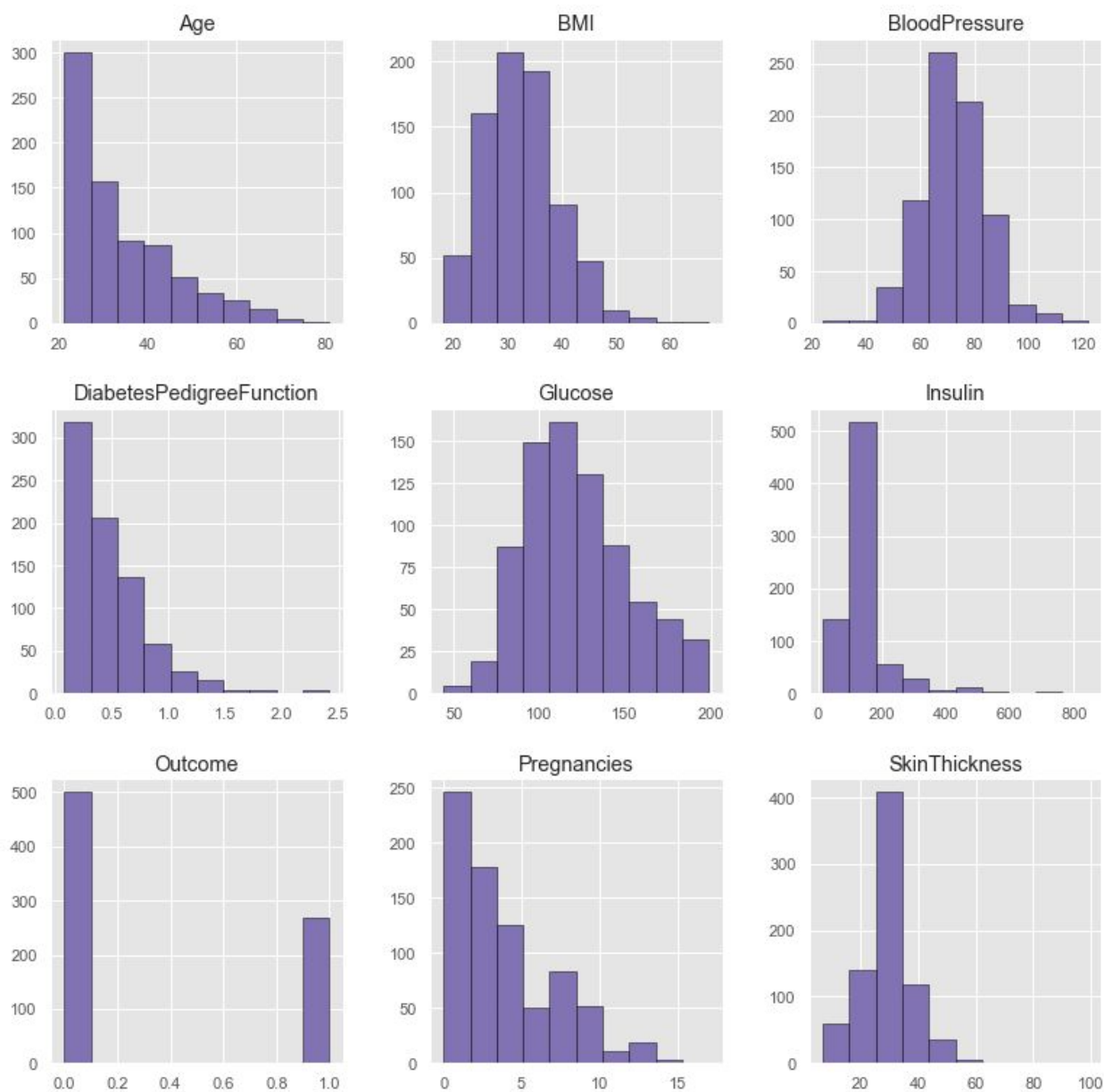
```
# Visualizing the null values  
# ggplot2 is a data visualization package from the statistical programming language R  
import matplotlib.pyplot as plt  
from matplotlib import pyplot  
%matplotlib inline  
plt.style.use('ggplot')
```

```
# Understanding the distribution of null values with individual histograms  
# You can choose the figure size as per your screen  
Diabetes.hist(figsize = (13, 13), color = 'm', edgecolor = 'black')
```

```
# Treating the missing values accordingly with mean and median
# Mean is suitable for data that is centrally placed
# Median is suitable for data that has outliers and is subject to skewness
Diabetes['Glucose'].fillna(Diabetes['Glucose'].mean(), inplace = True)
Diabetes['BloodPressure'].fillna(Diabetes['BloodPressure'].mean(), inplace = True)
Diabetes['SkinThickness'].fillna(Diabetes['SkinThickness'].median(), inplace = True)
Diabetes['Insulin'].fillna(Diabetes['Insulin'].median(), inplace = True)
Diabetes['BMI'].fillna(Diabetes['BMI'].median(), inplace = True)
```

```
# Plotting after NaN value treatment
# We can clearly see the change in the histograms
Diabetes.hist(figsize = (13, 13), color = 'm', edgecolor = 'black')
```



Data Exploration

This step will help us map the balanced and unbalanced data. We create a count plot based on the Outcome variable of the dataset. This is the predicted variable. With `seaborn()`, we can create and compare informative statistical graphics.


```
# Goal 2.0: Data exploration
# 1. Checking the balance of the data
# 2. Creating scatter charts between variables
# 3. Correlation analysis
```

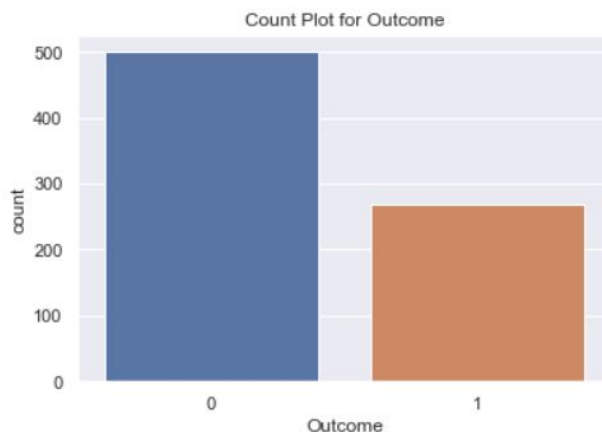
```
# Seaborn has a count plot method that shows the counts of observations
import seaborn as sns
sns.set()
```

```
# Looking at the shape of the data
# 768 rows and 9 columns; dimensions
# Out of the 768 persons, 500 are labeled as 0 (non-diabetic) and 268 as 1 (diabetic)
Diabetes.shape
Diabetes.groupby('Outcome').size()
```

```
Outcome
0    500
1    268
dtype: int64
```

```
# Creating count plot with title using seaborn
# Number of non-diabetics is twice the number of diabetic patients
sns.countplot(x = Diabetes.Outcome)
plt.title("Count Plot for Outcome")
```

```
Text(0.5, 1.0, 'Count Plot for Outcome')
```



```
# Creating a pairplot on the basis of outcome
# Pairplot comprises of a histogram and a scatter plot
# It will showcase the distribution of a single variable/relationship b/w two variables
# this will show how much one variable is affected by another
sns.pairplot(Diabetes, hue = 'Outcome')
plt.title("Pairplot of Variables by Outcome")
```



The above visualization is too complex to understand. I have created a correlation matrix and a heatmap for the same. The correlation matrix shows that age & pregnancies, BMI & skin thickness, insulin & glucose have moderate positive linear relationships.

Data Modeling

Now that our dataset is cleaned, it is time for machine learning! Since this is a binary classification; diabetic or non-diabetic (1 or 0). We are going to use the KNearest Neighbours Classifier as the primary model.

What is KNN?

The KNN is a highly popular algorithm used for classification and regression. In this model, we pick the value of k and randomly distribute it in the dataset. Then we search for the k observations in the dataset nearest to the unknown data points' measurements. The new data point is classified on the basis of the highest number of k observations in its neighbourhood. The algorithm works on the simple assumption that similar data points are most likely to be close to each other.

What is Scaling?

As we have learned from above that our original dataset is highly imbalanced, and the feature variables have different measurement metrics, we need to get the variables on an optimum scale. This is where we can utilize the two methods given below.

- Normalization - It involves rescaling real-valued numeric attributes into the range of 0 and 1.
- Standardization - It involves shifting the distribution of each attribute to a mean of 0 and an SD of 1.

KNN is a distance-based algorithm. This model's very core is based on the mathematics of Euclidean distance, which performs best when the numbers are on a standard scale. Therefore, the above processes are right to follow for all algorithms but must follow for distance-based algorithms such as KNN, Support Vector Machines, and KMeans Clustering.


```
# Goal 3.0: ML modeling
# 1. Standardization and Model Building
# 2. Model Building using KNeighboursClassifier with cross validation
```

```
# Since we are using KNN, it is better to standardize the data
# Standardization involves shifting the distribution of each data point to a mean of 0 and an SD of 1
from sklearn.preprocessing import StandardScaler
sc_x = StandardScaler()
x = pd.DataFrame(sc_x.fit_transform(Diabetes.drop(["Outcome"], axis = 1)),
                  columns=['Pregnancies', 'Glucose', 'BloodPressure', 'SkinThickness', 'Insulin',
                           'BMI', 'DiabetesPedigreeFunction', 'Age'])
x.head()
```

	Pregnancies	Glucose	BloodPressure	SkinThickness	Insulin	BMI	DiabetesPedigreeFunction	Age
0	0.639947	0.865108	-0.033518	0.670643	-0.181541	0.166619	0.468492	1.425995
1	-0.844885	-1.206162	-0.529859	-0.012301	-0.181541	-0.852200	-0.365061	-0.190672
2	1.233880	2.015813	-0.695306	-0.012301	-0.181541	-1.332500	0.604397	-0.105584
3	-0.844885	-1.074652	-0.529859	-0.695245	-0.540642	-0.633881	-0.920763	-1.041549
4	-1.141852	0.503458	-2.680669	0.670643	0.316566	1.549303	5.484909	-0.020496

```
# Creating the predictor variable
```

```
y = Diabetes.Outcome
y
```

```
0      1
1      0
2      1
3      0
4      1
..
763    0
764    0
765    0
766    1
767    0
Name: Outcome, Length: 768, dtype: int64
```

We have learned from above that our data is highly imbalanced. Therefore, we will use stratify while splitting the data along with k-fold cross-validation.

What is K-Fold Cross Validation with Stratify?

K-fold cross-validation is a method of splitting a dataset into training and test sets. A single k-subset is used as a validation set in this method, while the remaining k-1 sets are subsets used as training sets. Stratify ensures that each iteration of the sets comprises the same percentage of samples of each target class. This helps to reduce overfitting and underfitting.

```
# Splitting the data into train/test with stratify
# Our data is highly imbalanced, stratify = y will handle the samples accordingly
from sklearn.model_selection import train_test_split
x_train, x_test, y_train, y_test = train_test_split(x, y, test_size = 1/3, random_state = 1, stratify = y)

# Fitting the KNeighborsClassifier algorithm with K Fold Cross Validation
# A CV of 5 or 10 is generally preferred
from sklearn.neighbors import KNeighborsClassifier
from sklearn.model_selection import cross_val_score
knn = KNeighborsClassifier(n_neighbors = 10)
knn_model = knn.fit(x_train, y_train)
Accuracy_Scores_10_fold = cross_val_score(knn_model, x, y, cv = 10, scoring = 'accuracy')
print('Accuracy score over 10 validation datasets are: ', Accuracy_Scores_10_fold)
print('Average Accuracy score over 10 validation datasets is: ', round(Accuracy_Scores_10_fold.mean(), 2))

Accuracy score over 10 validation datasets are: [0.72727273 0.76623377 0.77922078 0.7012987  0.74025974 0.68831169
 0.81818182 0.76623377 0.68421053 0.81578947]
Average Accuracy score over 10 validation datasets is: 0.75
```

Classification Report

Now that we have achieved a score of 0.75% let us go through the classification report. One hundred fifty-one patients are predicted as non-diabetic, and 40 are predicted as diabetic.

The confusion matrix demonstrates how your classification model is confused when it makes predictions; how confused is your model while predicting. The matrix has binary outputs and has the following demarcations.

- True Positive - When the original case is true, and the prediction made is true
- False Positive - When the original case is false, but it has been incorrectly predicted as true; Type I Error
- False Negative - When the original case is true, but it has been incorrectly predicted as false; Type II Error
- True Negative - When the original case is false, and the prediction made is false
- Accuracy Score = True Positive (TP) + True Negative (TN) Divided by the Total

What is Precision, Recall, and F1 Score?

Precision states the actual number of correct predictions out of the total number of correct predictions made. Recall is the actual number of correct predictions out of the total observations in a class. F1 Score is a weighted average of precision and recall while accuracy score is the ratio of the correctly predicted observation to the total observation.

```
# Goal 4.0: Classification report
# Confusion Matrix
# AUC-ROC Curve
```

```
from sklearn.metrics import confusion_matrix
y_pred = knn.predict(x_test)
confusion_matrix(y_test, y_pred)
pd.crosstab(y_test, y_pred, colnames = ['Predicted'], margins = True)
```

Predicted	0	1	All
Outcome			
0	151	16	167
1	49	40	89
All	200	56	256

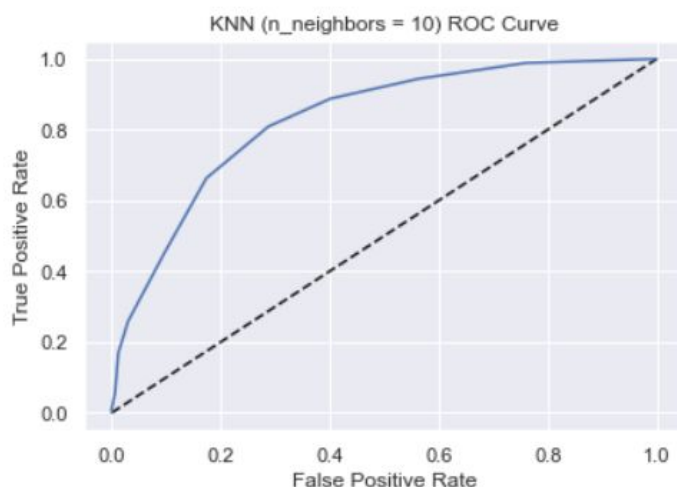
```
# Classification report
# 0.74 precision is considered good
# recall > 0.5 is considered good
from sklearn.metrics import classification_report
print(classification_report(y_test, y_pred))
```

	precision	recall	f1-score	support
0	0.76	0.90	0.82	167
1	0.71	0.45	0.55	89
accuracy			0.75	256
macro avg	0.73	0.68	0.69	256
weighted avg	0.74	0.75	0.73	256

The receiver operating characteristic curve is a performance measurement for classification at numerous threshold settings while the area under the curve is a separability measure. Together, they tell us how good a model distinguishes two things (e.g., if the patient will get diabetes or not).

```
# Creating and Plotting ROC-AUC
# Receiver Operating Characteristic Curve
from sklearn.metrics import roc_curve
y_pred_roc = knn.predict_proba(x_test)[: , 1]
fpr, tpr, thresholds = roc_curve(y_test, y_pred_roc)
plt.plot([0, 1], [0, 1], 'k--')
plt.plot(fpr, tpr, label = 'KNN')
plt.xlabel('False Positive Rate')
plt.ylabel('True Positive Rate')
plt.title('KNN (n_neighbors = 10) ROC Curve')
```

```
Text(0.5, 1.0, 'KNN (n_neighbors = 10) ROC Curve')
```



```
# AUC - Area under the curve
# This is in the form of a score
# Higher the AUC, better the model
from sklearn.metrics import roc_auc_score
roc_auc_score(y_test,y_pred_roc)
```

```
0.8287357868532597
```

Logistic Regression

We can also use logistic regression as it is one of the most preferred algorithms for binary classification. Modeling with logistic regression gives us a higher score in training set in comparison to the test set. This is a sign of overfitting.

```
# AUC - Area under the curve
# This is in the form of a score
# Higher the AUC, better the model
from sklearn.metrics import roc_auc_score
roc_auc_score(y_test, y_pred_roc)
```

```
0.8287357868532597
```

```
# ML Modeling with Logistic Regression
from sklearn.linear_model import LogisticRegression
s = LogisticRegression()
s.fit(x_train, y_train)
```

```
LogisticRegression()
```

```
print(s.score(x_train, y_train))
print(s.score(x_test, y_test))
```

```
0.7734375
0.765625
```

```
log_predict = s.predict(x_test)
```

```
print(classification_report(y_test, log_predict))
```

	precision	recall	f1-score	support
0	0.78	0.89	0.83	167
1	0.72	0.54	0.62	89
accuracy			0.77	256
macro avg	0.75	0.71	0.72	256
weighted avg	0.76	0.77	0.76	256

Artificial Neural Network

For binary classification, we can also construct an ANN with the help of Tensorflow and Keras. Classification problems require non-linear activation. The output layer will be sigmoid, and the hidden layer will be relu. In this ANN, the loss function consists of binary cross-entropy and the optimizer function comprises adam.

From the given result, we can see that with ten epochs, the score peaks at 0.773 and a loss of 0.485.

```
# Using ANN Modeling
import tensorflow as tf
```

```
tf.__version__
```

```
'2.3.0'
```

```
# Architecting ANN
```

```
model3 = tf.keras.Sequential([
    tf.keras.layers.Dense(units = 10, activation = 'relu', input_dim = 8),
    tf.keras.layers.Dense(units = 8, activation = 'relu' ),
    tf.keras.layers.Dense(units = 6, activation = 'relu' ),
    tf.keras.layers.Dense(units = 1, activation = 'sigmoid')
])
```

```
# Compile ANN
```

```
model3.compile(loss= tf.keras.losses.binary_crossentropy,
                optimizer=tf.keras.optimizers.Adam(),
                metrics = ['accuracy']
                )
```

```
# Fitting the model
```

```
model3.fit(x_train,
           y_train,
           epochs = 10,
           validation_data= (x_test, y_test))
```

```
Epoch 1/10
16/16 [=====] - 0s 4ms/step - loss: 0.4496 - accuracy: 0.7812 - val_loss: 0.4876 - val_accuracy: 0.753
9
Epoch 2/10
16/16 [=====] - 0s 2ms/step - loss: 0.4479 - accuracy: 0.7793 - val_loss: 0.4873 - val_accuracy: 0.757
8
Epoch 3/10
16/16 [=====] - 0s 2ms/step - loss: 0.4463 - accuracy: 0.7793 - val_loss: 0.4868 - val_accuracy: 0.757
8
Epoch 4/10
16/16 [=====] - 0s 2ms/step - loss: 0.4452 - accuracy: 0.7812 - val_loss: 0.4859 - val_accuracy: 0.757
8
Epoch 5/10
16/16 [=====] - 0s 2ms/step - loss: 0.4440 - accuracy: 0.7812 - val_loss: 0.4857 - val_accuracy: 0.761
7
Epoch 6/10
16/16 [=====] - 0s 2ms/step - loss: 0.4423 - accuracy: 0.7832 - val_loss: 0.4855 - val_accuracy: 0.765
6
Epoch 7/10
16/16 [=====] - 0s 2ms/step - loss: 0.4414 - accuracy: 0.7832 - val_loss: 0.4858 - val_accuracy: 0.765
6
Epoch 8/10
16/16 [=====] - 0s 2ms/step - loss: 0.4401 - accuracy: 0.7871 - val_loss: 0.4845 - val_accuracy: 0.773
4
Epoch 9/10
16/16 [=====] - 0s 2ms/step - loss: 0.4385 - accuracy: 0.7891 - val_loss: 0.4851 - val_accuracy: 0.773
4
Epoch 10/10
16/16 [=====] - 0s 2ms/step - loss: 0.4373 - accuracy: 0.7891 - val_loss: 0.4851 - val_accuracy: 0.773
4
```

Conclusion

From the above models, we can determine that the average accuracy floats around 0.76 to 0.77. We can go ahead with ANN as the loss function has decreased just as the accuracy has increased. Logistic regression works well only on the training dataset, while KNN has performed with a lower score than the remainder algorithms.

Link to Tableau:

<https://public.tableau.com/profile/kasham#!/vizhome/PIMAIndiansDiabetesDataset/PIMAIndiansDiabetesDataset>