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PRELIMINARY STUDY ON THE BRAGADI THAILAYA OF THALPATHE PILIYAM FOR DARUNAKA

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Abstract: Darunaka is the most common skin disorder affecting the scalp. The most common age group is 20-30; females are more affected than males. It's characterized by scaling of the scalp, itching of the scalp, diffuse hair falling, and exudation of the scalp in Ayurveda. It's due to the vitiation of vata and kapha dosha. This disease has a high prevalence rate and frequent relapses. According to the pilot survey, Darunaka is found to affect 63% of people. Keeping all these facts in the background, the present preliminary study to cure Darunaka is Bragadi thaila. The study was conducted in 30 clinically diagnosed patients having classical signs and symptoms in Darunaka administered with Bragadi thailaya for 14 days. When considering the type of Prakriti, vata-kapha body temperament is more prominent than kapha-pitta and pitta-vata. According to the figures. There is a significant difference between scaling of the scalp, itching of the scalp, and diffuse hair falling before and after treatments. However, there is an insignificant before and after treatment of exudation. Ayurveda pharmacodynamics properties were analyzed in ingredients of Bragadi taila under Rasa, Guna, Virya, and Vipaka. They were dominant in Tikta, Kashaya, Katu rasa, Laghu, Ruksha in guna, Ushna in veerya and Katu vipaka. When considering swarasa dravya thiktha and kashaya rasa, laghu, theekshna and snigdha guna, sheetha veerya, katu vipaka are predominant. In Kalka dravya, thiktha, kashaya, katu rasas, laghu, ruksha, and theekshna guna, seetha veerya and katu vipaka are the most prominent pharmacodynamics properties. The main ingredients in this recipe were targeted at the pacification of Vata Dosha and Kapha Dosha. According to observations and results, it can be concluded that the drug shows highly significant results in almost all the classical signs and symptoms of Darunaka effectively.

Keywords: Darunaka, Bragadi thailaya.