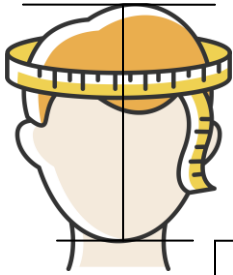


Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Eye color: \_\_\_\_\_ Which hand do you write with: right / left

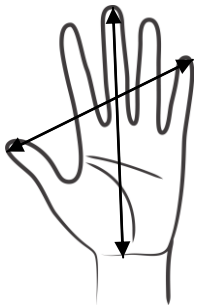
Which hand do you swing with: right / left

Dominant eye: right / left



Head height:

Head circumference:



LEFT HAND:

length (middle finger to wrist):

width (fully extended,  
thumb to pinkie):

RIGHT HAND:

length:

width:

How to find dominant eye:

- Extend arms out in front of you and create a triangular opening between thumb and forefingers
- With both eyes open, center this triangle on a distant object (like a clock)
- Close left eye
- If object stays centered, your right eye is the dominant eye. If the object moves out of the triangle made by fingers, your left eye is the dominant eye!

WHILE STANDING:

Height:

Wingspan (middle finger, each hand fully stretched):

Floor to navel:

LEFT SIDE:

middle finger to elbow (on the inside):

elbow to armpit:

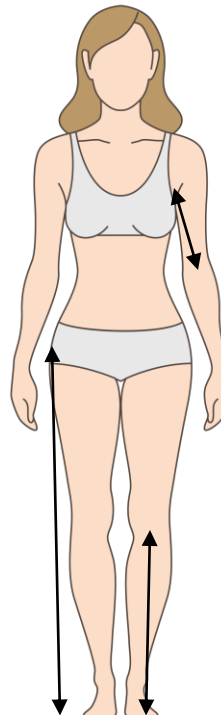
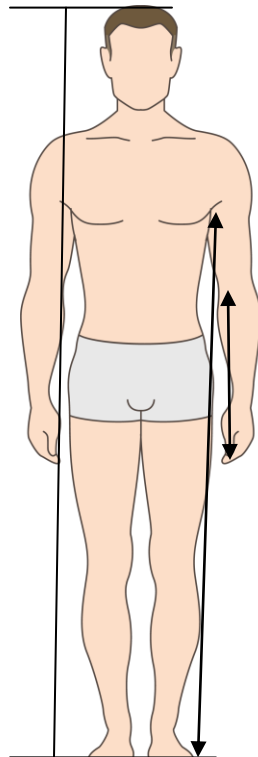
flat footed, how far can you reach on a wall with the tip of your finger?:

foot length:

**sitting** length from floor to kneepit:

**standing** length from floor to hip:

**standing** length floor to armpit:



RIGHT SIDE:

middle finger to elbow (on the inside):

elbow to armpit:

flat footed, how far can you reach on a wall with the tip of your finger?:

foot length:

**sitting** length from floor to kneepit:

**standing** length from floor to hip:

**standing** length floor to armpit:

Quality of measurements (scale of 1 to 10): \_\_\_\_\_ How long did it take: \_\_\_\_\_ Units: inch / cm

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