Ruby inspectを利用する

```
1 s = "test \" test"
2 puts s.inspect

[無名]
1 "test \" test"
2 3 ↑ うまくいった!

NORMAL output utf-8 < quickrun
```

Ruby まとめ

```
1 eval $s="puts($s.inspect)"
               [無名]
                             utf-8
NORMAL
 1 "puts($s.inspect)"
output
                                     quickrun
```