



MICHELE
CORLEY



CLINICAL SKIN CARE

Training Manual



Table of Contents

CLEANSERS

Calming Cleansing Oil & Makeup Remover	Page 1
Corrective Salicylic Cleanser	Page 2
Gentle Cleansing Milk	Page 3
Hydrating Face Wash	Page 4
Pore Clearing Cleansing Oil	Page 5
Pore Purifying Cleanser	Page 6
Restorative Creamy Cleanser	Page 7
Resurfacing Glycolic Cleanser	Page 8

TONERS

Plump Me Up Hydrating Mist	Page 9
Pore Purifying Toner	Page 10

MOISTURIZERS

Calming Moisture Cream	Page 11
Clarifying Moisturizer	Page 12
Hydrating Moisture Cream	Page 13
Moisturizing SPF 30	Page 14
Moisturizing SPF 30 – (Lt, Med, Dk)	Page 15
Ultimate Hydration Gel	Page 16
Ultra-Rich Moisture Cream	Page 17
Vitamin A & E Hand & Body Lotion	Page 18

SERUMS & SPECIALTY

Balance Essential Oil Blend	Page 19
Blemish Be Gone Serum	Page 20
Brighten & Restore Complex (NRA)	Page 21
Calming Serum	Page 22
Calm, Nourish & Repair Facial Oil	Page 23
Glycolic Age Defying Serum	Page 24
Glycolic Cream	Page 25
Hyaluronic Plumping Serum	Page 26
Licorice Root Additive	Page 27
Lipid Replenishing Drops	Page 28
Prime & Protect Serum	Page 29
Purifying Oxygen Lotion	Page 30
Rejuvenating Peptide & Stem Cell Serum	Page 31
Vitamin C Powder	Page 32
Vitamin C Powder Activator	Page 33
Vitamin C Serum Plus	Page 34

SERUMS & SPECIALTY (cont.)

EYE CARE & LIP CARE

Peptide Rich & Radiant Eye Cream	Page 35
Plump & Renew Lip Treatment	Page 36
Revitalizing Peptide & Stem Cell Eye Gel	Page 37

EXFOLIANTS

Enzyme Powder Mask	Page 38
Retexturizing Foaming Scrub	Page 39
Ultimate Performance Exfoliating Powder	Page 40
Ultimate Pumpkin Peel	Page 41

MASKS

Calm & Hydrate Cream Mask	Page 42
Geloid Mask	Page 43
Plump & Renew Facial Mask	Page 44
Purifying Mask	Page 45
Rejuvenate & Lift Powder Mask	Page 46

TREATMENT PROTOCOLS

Acne INFLAMED Skin	Page 47
Acne NON INFLAMED Skin	Page 48
Bright & Tight Vitamin C	Page 49
Calm, Nourish, Repair & Protect	Page 50
Plump & Hydrate	Page 51
Ultimate Pumpkin Peel	Page 52

HEMECARE INSTUCTION SHEETS

Acne Prone Skin	Page 53 & 54
All Skin Types & Conditions	Page 55

RECOMMENDED HEMECARE IDEAS

Environmentally Damaged Skin	Page 56
Inflamed Acne	Page 57
Lipid Dry and/or Dehydrated Skin	Page 58
Non Inflamed Acne	Page 59
Oily and/or Combination Skin	Page 60
Sensitive and/or Sensitized Skin	Page 61

CALMING CLEANSING OIL & MAKEUP REMOVER

CLEANSING OIL & MAKEUP REMOVER

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES, DEHYDRATED, AGING,
SENSITIVE, SENSITIZED, ROSACEA, INFLAMMED

DESCRIPTION

Gently removes all traces of makeup and other impurities; leaves sensitive, reactive, delicate skin nourished, calmed and soothed.

A FEW KEY INGREDIENTS & BENEFITS

Argania Spinosa (Argan) Oil: Cold pressed from the nuts of Argania Spinosa. It is rich in fatty acids, carotenoids, ferulic acid and Vitamin E. Improves skin softness while offering anti-oxidant protections.

Helianthus Annuus (Sunflower) Seed Oil: cold pressed from the seed of **HELIANTHUS ANNUUS** flowers. Rich in essential fatty acids. Helps to repair a compromised skin barrier.

Carthamus Tinctorius (Safflower) Seed Oil: Cold pressed seeds and kernels, an extremely moisturizing oil, rich in linoleic acid. Research points to linoleic acids anti-inflammatory, and moisture retentive properties when applied topically to the skin.

USAGE INSTRUCTIONS

Shake Well Before Use. Use AM and PM. Dispense onto dry hands. Massage into dry face for one to two minutes. If desired add a small amount of water and continue cleansing massage. Rinse with water.

FULL INGREDIENT DISCLOSURE

Carthamus Tinctorius (Safflower) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Alpha Tocopherol (Vitamin E), Argania Spinosa (Argan) Oil, Polysorbate 8

CORRECTIVE SALICYLIC CLEANSER

AHA/BHA CLEANSING GEL

SKIN TYPES AND CONDITIONS: ACNE PRONE, OILY, COMBINATION, CONGESTED

(NOT FOR USE ON SENSITIVE SKIN)

DESCRIPTION

Purifying Salicylic Acid removes excess surface oils and other debris on contact without stripping the skin, revealing a fresh, clear and balanced complexion.

A FEW KEY INGREDIENTS & BENEFITS

Salicylic Acid: Beta Hydroxy Acid. Keratolytic; helps to de-clog pores; anti-bacterial.

Glycolic Acid: Alpha Hydroxy Acid derived from sugar cane. Anti-aging skin re-surfacer used for peeling/exfoliating dead skin.

Lactic Acid: Alpha Hydroxy Acid derived from milk. Skin re-surfacer.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage into damp skin. Work into a foamy lather and cleanse for one minute. Remove with splashes of comfortably warm water. Must wear sunscreen daily while using this product.

FULL INGREDIENT DISCLOSURE

Aqua, Decyl Glucoside, Sodium Alkyl Olefin Sulphonate, Cocamidopropyl Betaine, Cocamide DEA, Salicylic Acid, Lactic Acid, Glycolic Acid, PEG-600 Distearate, Sodium Hydroxymethylglycinate, Caramel, Sodium Guiazulene Sulfonate, Camellia Sinensis Leaf (Green Tea) Leaf Extract, Citrus Aurantium Dulcis (Orange) Peel Oil

GENTLE CLEANSING MILK

CALMING LOTION CLEANSER AND MAKEUP REMOVER

SKIN TYPES AND CONDITIONS: NORMAL, DRY, EXTREMELY DRY, DEHYDRATED, SENSITIVE, ROSACEA

DESCRIPTION

Perfect for the most sensitive skin, gently removes makeup without irritation. Extracts of Licorice and Green Tea soothe, while Shea Butter leaves skin feeling comfortably soft and protected.

A FEW KEY INGREDIENTS & BENEFITS

Licorice Extract (Glycyrrhiza Glabra): Soothing molecule derived from licorice, helps keep skin calm during cleansing.

Green Tea Extract (Camellia Sinesis): Anti-oxidant rich in catechins for potent protection; ultra-soothing.

Shea Nut Butter (Butyrospermum Parkii): Soothing; rich emollient from the Karite Nut Tree; revitalizes, softens, and maintains skin's moisture.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage into damp skin. Remove with splashes of comfortably warm water.

Professional Use (**ALL** skin types and conditions): Mix equally with Calm, Nourish and Repair Facial Oil and perform cleansing massage; it calms and hydrates even the most irritated skin and helps loosen impactions.

FULL INGREDIENT DISCLOSURE

Aqua, Caprylic/Capric Triglycerides, Glycerin, Butyrospermum Parkii (Shea) Nut Butter, Polyglyceryl-3 Stearate, Stearyl Alcohol, C12-C15 Alkyl Lactate, Glycol Distearate, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Arginine, Glycyrrhiza Glabra (Licorice) Extract, Camellia Sinensis (Green Tea) Extract

HYDRATING FACE WASH

HYDRATINGGEL WASH

SKIN TYPES AND CONDITIONS: NORMAL, COMBINATION, SLIGHTLY OILY, DEHYDRATED

DESCRIPTION

An aromatic, hydrating gel cleanser that gently removes makeup and protects from moisture loss during cleansing.

A FEW KEY INGREDIENTS & BENEFITS

Panthenol: A component of water-soluble vitamin B complex. Richly hydrating.

Jasminum Officinale (Jasmine) Oil: smells exquisite - it deeply relaxes, tones, and improves skin elasticity.

Citrus Aurantifolia (Lime) Oil: Soothing agent, astringent, and skin conditioner.

Glycerin: A vegetable derived humectant; pulls moisture from the air to hydrate, while preventing further dehydration.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage into damp skin. Remove with splashes of comfortably warm water.

FULL INGREDIENT DISCLOSURE

Aqua, Disodium Lauramphodiacetate, Sodium C14-C16 Alkyl Sulphonates, Acrylates/Steareth-20 Methacrylate Copolymer, Panthenol, Glycerin, Arginine, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Juniperus Virginiana (Cedarwood) Oil, Cinnamomum Cassia Oil, Salvia Sclarea (Clary Sage) Oil, Citrus Aurantifolia (Lime) Oil, Citrus Medica Limonum (Lemon) Peel Oil, Rosa Damascena (Rose Otto) Flower Oil, Jasminum Officinale (Jasmine) Oil, Citric Acid

PORE CLEARING CLEANSING OIL

PURIFYING OIL CLEANSER

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES, ACNE PRONE, CONGESTED

DESCRIPTION

Pore Clearing Cleansing Oil is specifically designed with non-pore clogging oils, it removes makeup balances skin and lifts away impurities. Infused with nutrient rich oils and vitamin E, skin is nourished and left looking and feeling soft and hydrated; the appearance of pores is minimized. This cleanser is water soluble and rinses away completely leaving behind no oily residue.

A FEW KEY INGREDIENTS & BENEFITS

Organic Helianthus Annuus (Sunflower) Seed Oil: cold pressed from the seed of HELIANTHUS ANNUUS flowers. Rich in essential fatty acids. Helps to repair a compromised skin barrier.

Organic Carthamus Tinctorius (Safflower) Seed Oil: Cold pressed seeds and kernels, an extremely moisturizing oil, rich in linoleic acid. Research points to linoleic acids anti-inflammatory, and moisture retentive properties when applied topically to the skin.

Tocopherol Acetate (Vitamin E): Accumulates in the epidermis and forms a barrier against moisture evaporation from the skin. It is an anti-oxidant that helps prevent free radical damage in the skin tissues. Acts as a preservative for other oils.

USAGE INSTRUCTIONS

Use AM and PM. Apply to dry skin. Gently massage. Add water and continue with cleansing massage. Remove with splashes of comfortably warm water.

FULL INGREDIENT DISCLOSURE

Organic Helianthus Annuus (Sunflower) Seed Oil, Organic Carthamus Tinctorius (Safflower) Seed Oil, C12-15 Alkyl Benzoate, Di-PPG-2 Myreth-10 Adipate, Tocopheryl Acetate

PORE PURIFYING CLEANSER

PURIFYING GEL CLEANSER

SKIN TYPES AND CONDITIONS: OILY, ACNE PRONE, CONGESTION

DESCRIPTION

This refreshing, purifying gel cleanser helps balance acne-prone, oily and congested skin. The natural exfoliating properties of Willow Bark Extract de-clog pores, while pore purifying essential oils, Eucalyptus and Sage, stop problems before they start. Peppermint Leaf Oil leaves the skin tingly clean and refreshed. Skin is left looking and feeling invigorated and the appearance of pores is minimized.

A FEW KEY INGREDIENTS & BENEFITS

Sage Oil (*Salvia Officinalis*): Soothing and purifying agent.

Peppermint Leaf Oil (*Mentha Piperita*): Contains skin-cooling menthol to calm redness; balances excess oil.

White Willow Extract (*Salix Alba*): Keratolytic; helps de-clog pores; anti-bacterial.

Eucalyptus Leaf Oil (*Eucalyptus Globulus*): Antiseptic, disinfectant; stimulates circulation.

USAGE INSTRUCTIONS

Use AM and PM. Apply to dry skin. Gently massage. Add water and continue with cleansing massage. Remove with splashes of comfortably warm water.

FULL INGREDIENT DISCLOSURE

Aqua, Disodium Lauramphodiacetate, Sodium Cocoyl Isethionate, Cocamidopropyl Betaine, Acrylates/Steareth-20 Methacrylate Copolymer, Arginine, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, *Salix Alba* (Willow) Extract, Caramel, *Mentha Piperita* (Peppermint) Leaf Oil, Terpineol, *Eucalyptus Globulus* (Eucalyptus) Leaf Oil, *Salvia Officinalis* (Sage) Oil, Citric Acid
Globulus (Eucalyptus) Leaf Oil, *Salvia Officinalis* (Sage) Oil, Citric Acid

RESTORATIVE CREAMY CLEANSER

RICH CREAMY CLEANSER

SKIN TYPES AND CONDITIONS: NORMAL, DRY, DEHYDRATED

DESCRIPTION

An ultra-rich creamy cleanser, gently lifts away all traces of makeup, debris, and dull dry skin. This luscious formula cleans deeply without compromising the skin's natural moisture barrier. It boosts hydration, while protecting against free radical and environmental damage, leaving skin unbelievably smooth, soft, and comfortable. The beautiful aromas of Lavender, Rose, Jasmine, and Bergamot surround and protect the skin and delight the senses.

A FEW KEY INGREDIENTS & BENEFITS

Green Tea Extract (Camellia Sinesis): Anti-oxidant rich in catechins for potent protection; ultra-soothing.

Shea Nut Butter (Butyrospermum Parkii): Soothing; rich emollient from the Karite Nut Tree; revitalizes, softens, and maintains skins moisture.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage into damp skin. Remove with splashes of comfortably warm water.

FULL INGREDIENT DISCLOSURE

Aqua, Caprylic/Capric Triglycerides, Glycerin, Butyrospermum Parkii (Shea) Butter, Polyglyceryl-3 Stearate, Stearyl Alcohol, C12-C15 Alkyl Lactate, Glycol Distearate, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Arginine, Glycyrrhiza Glabra (Licorice) Extract, Camellia Sinensis (Green Tea) Extract, Lavandula Angustifolia Flower Oil, Rosa Damascina Flower Oil, Jasminus Officinale Oil, Citrus Aurantium Bergamia Fruit Oil

RESURFACING GLYCOLIC CLEANSER

AHA/BHA FACE WASH

SKIN TYPES AND CONDITIONS: NORMAL, DRY, DEHYDRATED, AGING, SUN-DAMAGED

(NOT FOR USE ON SENSITIVE SKIN)

DESCRIPTION	<p>This skin resurfacing gel cleanser features Glycolic, Lactic and Salicylic Acids which cleanse and exfoliate to help reduce the appearance of fine lines, wrinkles and other signs of aging. It removes dead skin cells and smooths out rough texture, leaving skin refined and revitalized.</p>
A FEW KEY INGREDIENTS & BENEFITS	<p>Glycolic Acid: Alpha Hydroxy Acid derived from sugar cane. Anti-aging skin re-surfacer is used for peeling/exfoliating dead skin.</p> <p>Salicylic Acid: Beta Hydroxy Acid. Keratolytic; helps de-clog pores; anti-bacterial.</p> <p>Lactic Acid: Alpha Hydroxy Acid derived from milk. Skin re-surfacer.</p>
USAGE INSTRUCTIONS	<p>Use AM and PM. Gently massage into damp skin. Work into a foamy lather and cleanse for one minute. Remove with splashes of comfortably warm water. Must wear sunscreen daily while using this product.</p>
FULL INGREDIENT DISCLOSURE	<p>Aqua, Decyl Glucoside, Sodium Alkyl Olefin Sulphonate, Cocamidopropyl Betaine, Cocamide DEA, Salicylic Acid, Lactic Acid, Glycolic Acid, PEG-600 Distearate, Sodium Hydroxymethylglycinate, Caramel, Sodium Guiazulene Sulfonate, Camellia Sinensis Leaf (Green Tea) Leaf Extract, Citrus Aurantium Dulcis (Orange) Peel Oil</p>

PLUMP ME UP HYDRATING MIST

HYDRATING TONER

SKIN TYPES AND CONDITIONS: NORMAL, DRY, DEHYDRATED

DESCRIPTION

Plump Me Up Hydrating Mist is a luxuriously aromatic mist that immediately plumps the look of fine lines and dehydration. Super-hydrators panthenol, algae, glycerin, sodium PCA, copper PCA and lactic acid assure that skin stays irresistibly soft and youthfully glowing; while a special blend of essential oils and herbal extracts address signs of aging and help keep skin feeling comfortable. Mist onto clean skin or over makeup anytime throughout the day to stay looking refreshed and beautifully hydrated.

A FEW KEY INGREDIENTS & BENEFITS

Panthenol: A component of water-soluble vitamin B complex. Richly hydrating.

Citrus Aurantifolia (Lime) Oil: Soothing agent, astringent, and skin conditioner.

Glycerin: A vegetable derived humectant; pulls moisture from the air to hydrate, while preventing further dehydration.

USAGE INSTRUCTIONS

Mist on the skin AM and PM or as desired throughout the day. Perfect for setting makeup

Professional Use:

Option 1 (all skin types and conditions): Mix 1 TSP **Ultimate Performance Exfoliating Powder** with (2 ¾ TSP) **Plump Me Up Hydrating Mist**. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 10 – 15 minutes, depending on client's skin condition. Remove gently and thoroughly with a warm towel.

Option 2 (all skin types and conditions): Mist skin throughout the facial for added hydration.

FULL INGREDIENT DISCLOSURE

Aqua, Panthenol, Glucose, Fructose, Sorbitol, Dextrose, Glycerin, Chondrus Crispus Extract, Cocamidopropyl Betaine, Sodium PCA, Copper PCA, Phenoxyethanol, Caprylyl Alcohol, Sorbic Acid, Lavandula Juniperius Virginiana (Cedarwood) Oil, Cinnamomum Cassia Oil, Salvia Sclarea (Clary Sage) Oil, Citrus Aurantifolia (Lime) Oil, Citrus Medica Limonum (Lemon) Peel Oil, Rosa Damascena (Rose Otto) Flower Oil, Jasminum Officinale (Jasmine) Oil, Lactic Acid, Matricaria Recutita (Chamomile) Flower Extract, Gluconolactone, Sodium Benzoate, Potassium Sorbate, Polyaminopropyl Biguanide

PORE PURIFYING TONER

EXFOLIATING TONER FOR CONGESTED SKIN

SKIN TYPES AND CONDITIONS: CONGESTED, ACNE PRONE

DESCRIPTION

This refreshing, multitasking toner helps balance acne-prone, oily and congested skin. The natural exfoliating properties of Salicylic Acid de-clog pores, while pore purifying essential oils, Rosemary and Thyme, stop problems before they start. Skin is left looking and feeling invigorated and the appearance of pores is minimized.

A FEW KEY INGREDIENTS & BENEFITS

Salicylic Acid: Beta Hydroxy Acid that occurs as a natural compound found in the bark of the white willow as well as wintergreen leaves. It has direct activity as an anti-inflammatory agent and acts as a topical antibacterial agent. Salicylic Acid is an exceptional exfoliant, it has the ability to penetrate into the pore lining and exfoliate inside the pore as well as on the surface of the skin. It is especially helpful in reducing open (blackheads) and closed comedones (whiteheads).

Rosemary (Rosmarinus officinalis) Oil: Skin rejuvenator; Antibacterial, Antifungal, Antioxidant, Antiparasitic, Antiseptic.

Thyme Leaf (Thymus vulgaris) Oil: Antibacterial, Antifungal, Antioxidant, Antiparasitic, Antiseptic, Stimulant, Calming, Immuno-stimulant.

Hammamelis Virginiana (Witch Hazel) Flower Leaf Extract: Antioxidant, Anti-inflammatory, Antiseptic, helps remove excess oil from the skin.

USAGE INSTRUCTIONS

Apply with a cotton ball twice daily. Press into skin. Don't rub.

Professional Use:

Option 1 (all skin types and conditions): Apply post extraction as an antiseptic and for its antibacterial properties.

FULL INGREDIENT DISCLOSURE

Active Ingredient: 2% Salicylic Acid

Other Ingredients: Aqua, Propylene Glycol, SD Alcohol, Salicylic Acid, Hammamelis Virginiana Linne (Witch Hazel) Extract, Aloe Barbadensis (Aloe Vera) Leaf Juice, Calendula Officinalis Flower Extract, Matricaria Recutita (Chamomile) Flower Extract, Gluconolactone, Sodium Benzoate, Potassium Sorbate, Polysorbate 80, Rosmarinus Officinalis (Rosemary) Oil, Thymus Vulgaris (Thyme) Flower Leaf Oil

CALMING MOISTURE CREAM

CALMING MOISTURE CREAM

SKIN TYPES AND CONDITIONS: NORMAL, DRY, EXTREMELY DRY, DEHYDRATED, SENSITIVE, ROSACEA

DESCRIPTION

Deeply hydrating, nourishing and calming moisturizer designed for even the most sensitive skin. Reduces the appearance of skin redness and post inflammatory hyperpigmentation, while minimizing trans epidermal water loss.

A FEW KEY INGREDIENTS & BENEFITS

Acetyl Tetrapeptide-40: Clinically proven to decrease skin redness caused by inflammation, reduces instances of post-inflammatory hyperpigmentation, shrinks dilated blood vessels on the surface of the skin.

Rosa Mosqueta (Rose) Hip Seed Oil: Anti-oxidant rich; Reduces the look of fine lines and wrinkles; Offers anti-inflammatory properties; Effective in reducing hyper-pigmentation; Richly hydrating.

Tocopherol (Vitamin E) Acetate: Stable form of Vitamin E most often used in cosmetic formulations for skin care benefits. Vitamin E protects cell membranes from damage by oxygen free radicals. It can prevent premature aging of the skin induced by UV irradiation and lipid peroxidation. Increases moisture in the surface layers of the skin.

Ormenis Multicaulis (Chamomile) Flower Extract: Anti-inflammatory properties- due to the inhibition of histamine release; Soothes irritation; Scavenges free radicals; Reduces the look of redness on the surface of the skin.

Panthenol: Deeply hydrating. Its moisturizing properties improve stratum corneum hydration, reducing transepidermal water loss and therefore help to maintain skin elasticity and softness.

Allantoin: Anti-inflammatory, helps alleviate and prevent irritated skin.

USAGE INSTRUCTIONS

Use AM and PM. Apply to face, neck and décolleté after cleansing and toning.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Simmondsia Chinensis (Jojoba) Seed Oil, Vitis Vinifera (Grape) Seed Oil, Butyrospermum parkii (shea) seed butter, Emulsifying Wax, Stearic Acid, Glycerin, Tocopherol Acetate (Vitamin E), Hyaluronic Acid, Acetyl Tetrapeptide-40, Caprylyl Glycol, Rosa Mosqueta (Rose) Hip Seed Oil, Panthenol, Allantoin, Ormenis Multicaulis (Chamomile) Flower Extract, Phenoxyethanol

CLARIFYING MOISTURIZER

LIGHT WEIGHT MOISTURIZER

SKIN TYPES AND CONDITIONS: DRY CONGESTED SKIN OR ANY DEHYDRATED SKIN TYPE THAT TENDS TOWARD ACNE AND CONGESTION.

DESCRIPTION

A non-pore clogging lightweight moisturizer formulated to restore a healthy, balanced, and clear complexion. The perfect moisturizer for dry congested skin or any dehydrated skin type that develops clogged pores easily.

A FEW KEY INGREDIENTS & BENEFITS

Panthenol: A component of water-soluble vitamin B complex. Richly hydrating, non comedogenic moisturizer. Regenerative.

Organic Helianthus Annuus (Sunflower) Seed Oil: A non-comedogenic carrier oil with soothing properties.

Rosemary Oil (Rosmarinus officinalis): Skin rejuvenator, general stimulant and purifying.

Tocopheryl Acetate (Vitamin E): A very effective antioxidant. Reduces transepidermal water loss and strengthens the skin's barrier function. Reduces the formation of free radicals upon skin exposure to UVA rays and other sources of skin stress.

USAGE INSTRUCTIONS

Use AM and PM. Apply to face, neck and décolleté after cleansing and toning.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Dextrine, Alanine, Hexyl Nicotinate, Glucose, Sucrose, Fructose, Glutamic Acid, Carbomer, Glycerin, Allantoin, Panthenol, Guar Gum, Phenoxyethanol, Sodium Hyaluronate, Di-PPG-2 Myreth-10 Adipate, Glycyrrhiza Glabra (Licorice) Root Extract, Organic Helianthus Annuus (Sunflower) Seed Oil, Organic Carthamus Tinctorius (Safflower) Seed Oil, Tocopheryl Acetate, Triethanolamine, Sodium Benzoate, Potassium Sorbate, Citric Acid, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Eucalyptus globulus Leaf Oil, Rosmarinus officinalis (Rosemary) Leaf Oil, Melaleuca Cajuputi (Cajeputi) Oil

HYDRATING MOISTURE CREAM

HYDRATING MOISTURE CREAM

SKIN TYPES AND CONDITIONS: NORMAL, DRY, DEHYDRATE

DESCRIPTION

A deeply hydrating, anti-aging and nourishing moisturizer that rejuvenates skin while minimizing transepidermal water loss, dryness and roughness. Helps to retexturize, while reducing the look of fine lines, wrinkles and sun damage.

A FEW KEY INGREDIENTS & BENEFITS

Retinyl Palmitate: Combination of retinol and palmitic acid. Anti-oxidant.

Butyrospermum Parkii (Shea) Nut Butter: Soothing; rich emollient from the Karite Nut Tree; revitalizes, softens, and maintains skins moisture. Contains soothing properties; high in essential fatty acids.

Vitis Vinifera (Grape) Extract: Contains proanthocyanidins a very potent antioxidant.

USAGE INSTRUCTIONS

Use AM and PM. Apply to face, neck and décolleté after cleansing and toning.

FULL INGREDIENT DISCLOSURE

Aqua, Canola Oil, Helianthus Annuus Seed Oil, Butyrospermum Parkii Seed Butter, Limnathes Alba Seed Oil, Glycerin, C13-C15 Alkyl Lactates, Soy Phytosterols, Theobroma Cacao Seed Butter, Dimethicone, Cyclomethicone, Cetyl Palmitate, Glyceryl Stearate, Polyglyceryl-3 Stearate, Retinyl Palmitate, Sodium Hydroxymethylglycinate, Chondrus Crispus Extract, Carbomer, Phenoxyethanol, Caprylyl Alcohol, Sorbic Acid, Tocopheryl Acetate, Soy Flavonoids, Vitis Vinifera Skin Extract, Ascorbyl Palmitate, Sodium Ascorbyl Palmitate, Lavandula Angustifolia Flower Extract, Lavandula Hybrida Flower Water, Lavandula Angustifolia Flower Oil, Rosa Damascina Flower Oil, Jasminus Officinale Oil, Citrus Aurantium Bergamia Fruit Oil, Tetrasodium Glutamate Diacetate

MOISTURIZING SPF 30

MOISTURIZING SPF 30

SKIN TYPES AND CONDITIONS: NORMAL, DRY, SENSITIVE, SENSITIZED

DESCRIPTION	This all natural sunscreen uses Zinc Oxide for broad-spectrum UVA/UVB protection. Infused with Jojoba Oil, Shea Butter and Antioxidant rich Vitamin E, this luxurious formula works to hydrate, nourish and protect. Safe for babies and extremely sensitive skin.
ACTIVE INGREDIENT	25% Zinc Oxide: Inert earth mineral that provides UVA and UVB sun protection.
A FEW KEY INGREDIENTS & BENEFITS	<p>Vitamin E: Accumulates in the epidermis and forms a barrier against moisture evaporation from the skin. It is an anti-oxidant that helps prevent free radical damage in the skin tissues. Acts as a preservative for other oils.</p> <p>Jojoba Oil: Closely resembles the sebum of the skin, and is rich in vitamin E. This promotes a glowing complexion.</p> <p>Butyrospermum Parkii (Shea) Nut Butter: Soothing; rich emollient from the Karite Nut Tree; revitalizes, softens, and maintains skins moisture. Contains soothing properties; high in essential fatty acids.</p>
USAGE INSTRUCTIONS	SHAKE WELL BEFORE EACH USE. Apply liberally and evenly before sun exposure. Reapply after sweating, swimming or at least every two hours.
FULL INGREDIENT DISCLOSURE	Zinc Oxide, Aqua, Simmondsia Chinensis (Jojoba) Oil, Olea Europaea (Olive) Oil, Glycerin, Butyrospermum Parkii (Shea) Butter, Tocopherol (Vitamin E), Cetearyl Alcohol, Polysorbate 60

TINTED MOISTURIZING SPF 30 COMPLEXION CORRECTOR CREAM (HINT OF TINT, LIGHT, MEDIUM, OR DARK)

MOISTURIZING TINTED SPF 30

SKIN TYPES AND CONDITIONS: NORMAL, DRY, SENSITIVE, SENSITIZED

DESCRIPTION

Tinted Moisturizing SPF 30 is an all natural complexion corrector, utilizing 25% Zinc Oxide for broad-spectrum UVA/UVB protection. Infused with Jojoba Oil, Shea Butter, and antioxidant rich Vitamin E, this luxurious formula works to hydrate, nourish and protect, while natural minerals even out the skin tone creating the appearance of brighter, younger looking skin. Wonderful for extremely sensitive skin. Available in Hint of Tint, Light, Medium and Dark.

ACTIVE INGREDIENT

25% Zinc Oxide - Inert earth mineral that provides UVA and UVB sun protection.

A FEW KEY INGREDIENTS & BENEFITS

Vitamin E: Accumulates in the epidermis and forms a barrier against moisture evaporation from the skin. It is an anti-oxidant that helps prevent free radical damage in the skin tissues. Acts as a preservative for other oils.

Jojoba Oil: Closely resembles the sebum of the skin, and is rich in vitamin E. This promotes a glowing complexion.

Butyrospermum Parkii (Shea) Nut Butter: Soothing; rich emollient from the Karite Nut Tree; revitalizes, softens, and maintains skins moisture. Contains soothing properties; high in essential fatty acids.

USAGE INSTRUCTIONS

SHAKE WELL BEFORE EACH USE. Apply liberally and evenly before sun exposure. Reapply after sweating, swimming or at least every two hours.

FULL INGREDIENT DISCLOSURE

Aqua, Simmondsia Chinensis (Jojoba) Oil, Olea Europaea (Olive) Oil, Glycerin, Butyrospermum Parkii (Shea) Butter, Tocopherol (Vitamin E), Cetearyl Alcohol, Polysorbate 60, Iron Oxides

ULTIMATE HYDRATION GEL

HYDRATING GEL

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES, DEHYDRATED, ACNE PRONE

DESCRIPTION

An ideal moisturizer for all skin types. It is especially hydrating and rich in antioxidants. Does not clog pores and leaves the skin feeling soft and supple.

A FEW KEY INGREDIENTS & BENEFITS

Aloe Vera Gel: Hydrating, Anti-inflammatory

Panthenol: A component of water-soluble vitamin B complex. Richly hydrating.

Allantoin: Calming, Soothing Alanine: Anti-oxidant

Glutamic Acid: Anti-oxidant

USAGE INSTRUCTIONS

Use AM and PM. Gently apply to clean, dry skin. May be used under cream moisturizer or alone.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Dextrine, Alanine, Hexyl Nicotinate, Glucose, Sucrose, Fructose, Glutamic Acid, Carbomer, Glycerin, Allantoin, Panthenol, Guar Gum, Phenoxyethanol, Sodium Hyaluronate, Glycyrrhiza Glabra (Licorice) Root Extract, Triethanolamine, Sodium Benzoate, Potassium Sorbate, Citric Acid

ULTRA-RICH MOISTURE CREAM

MOISTURE CREAM

SKIN TYPES AND CONDITIONS: NORMAL, DRY, EXTREMELY DRY, CHAPPED, DEHYDRATED

DESCRIPTION

Ultra-Rich Moisture Cream is the perfect moisturizer for desert dry skin. The formula is exceedingly dense and creamy, and is specially formulated to hydrate, nourish, and protect dry and damaged skin.

A FEW KEY INGREDIENTS & BENEFITS

Aloe Vera Gel: Hydrating, Anti-inflammatory

Safflower Oil: Cold pressed seeds and kernels, an extremely moisturizing oil, rich in linoleic acid.

Olea Europaea (Olive) Oil: Hydrating and nourishing, rich in antioxidants.

USAGE INSTRUCTIONS

Use AM and PM. Apply to face, neck and décolleté after cleansing and toning.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Cyclomethicone, Carthamus Tinctorius (Safflower) Seed Oil, Glycerin, Cetyl Alcohol, Glyceryl Stearate, Sorbitan Tristearate, Tocopherol Acetate, Cera Alba (Beeswax), Matricaria Recutita Flower (Chamomile) Extract, Eleutherococcus Senticosus (Ginseng) Root Extract, Cucumis Sativus (Cucumber) Fruit Extract, Sodium PCA, Squalane, Olea Europaea (Olive) Oil, Mango Butter, Zinc Oxide, Guar Gum, Phenoxyethanol, Triethanolamine, Sodium Benzoate, Potassium Sorbate, Citric Acid, Lavandula Angustifolia (Lavender) Oil, Citrus Sinensis (Sweet Orange) Oil

VITAMIN A & E HAND & BODY LOTION

MOISTURE CREAM

SKIN TYPES AND CONDITIONS: NORMAL, DRY, EXTREMELY DRY, CHAPPED, DEHYDRATED

DESCRIPTION

Vitamin A & E Hand & Body Lotion is the perfect moisturizer for daily rejuvenation, replacing dry damaged skin with a youthful radiance. The antioxidant-rich formula uses a synergistic blend of vitamins and intense hydrators, leaving the skin feeling velvety soft and refreshed.

A FEW KEY INGREDIENTS & BENEFITS

Tocopheryl Acetate (Vitamin E): A very effective antioxidant. Reduces transepidermal water loss and strengthens the skin's barrier function. Reduces the formation of free radicals upon skin exposure to UVA rays and other sources of skin stress.

Retinyl Palmitate (Vitamin A): A potent antioxidant. Reduces free radical damage and environmental stress on the skin.

Persea Gratissima (Avocado) Oil: Hydrating and nourishing, rich in antioxidants.

USAGE INSTRUCTIONS

Use AM and PM. Apply to moist skin after bath or shower.

FULL INGREDIENT DISCLOSURE

Aqua, Persea Gratissima (Avocado) Oil, Stearic Acid, Stearyl Alcohol, Caprylic/Capric Triglycerides, Glycerin, Arginine, Tocopheryl Acetate (Vitamin E), Citrus Grandis (Grapefruit) Seed Extract, Acorus Gramineus Root/Stem Extract, Perilla Ocymoides Leaf Extract, Retinyl Palmitate (Vitamin A), Dioscorea Villosa (Wild Yam) Root Extract, Cera Alba (Beeswax), Arnica Montana Flower Extract, Ormenis Multicaulis (Chamomile) Flower Extract, Yeast Extract, Lavandula Angustifolia (Lavender) Oil, Pelargonium Graveolens (Geranium) Flower Oil, Citrus Reticulata (Petitgrain) Leaf Oil, Cananga Odorata (Ylang Ylang) Flower Oil, Helichrysum Angustifolium Flower Oil

BALANCE ESSENTIAL OIL BLEND

ESSENTIAL OIL BLEND

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES (EXCEPT SENSITIVE)

DESCRIPTION

A synergy of Lavender, Lemon, Rosemary, Thyme and Geranium essential oils. The aroma aids the body in achieving an overall feeling of peace and encourages feelings of emotional security.

FULL INGREDIENT DISCLOSURE & BENEFITS

Lavender Oil (*Lavandula angustifolia*): The "universal oil" - antiseptic; relieves and heals skin irritations. Calming; antidepressant; promotes clarity; enhances intuition; soothing; balancing.

Lemon Oil (*Citrus limon*): Stimulating tonic; alleviates oily skin. Energizing; clears mind; depression reliever; refreshing; strengthening.

Rosemary Oil (*Rosmarinus officinalis*): Skin rejuvenator; general stimulant; invigorating; reduces mental strain and fatigue; promotes confidence by minimizing anxiety.

Thyme Oil (*Thymus vulgaris*): Antibacterial, Antifungal, Antioxidant, Antiparasitic, Antiseptic, Stimulant, Calming, Immuno-stimulant.

Geranium Oil (*Pelargonium graveolens*): Analgesic, Antibacterial, Antidepressant, Anti-inflammatory, Antiseptic, Astringent, Fungicide, Sedative, Stimulant, Anti-depressant.

USAGE INSTRUCTIONS

Professional Use:

Option 1 (all skin types and conditions, except the most sensitive): Use in treatment sparingly, a maximum of 3 drops per treatment. Do NOT apply directly to skin. Mix in with masks, moisturizers, and cleansers as desired.

Option 2 (all skin types and conditions): Mix 1 or 2 drops in water and soak facial towels in the blend.

Due to the Rosemary Oil in this blend: use with caution if you are pregnant, nursing, have high blood pressure, and if you are epileptic.

Do NOT use directly on the skin. Dilute well.

BLEMISH BE GONE SERUM

AHA/BHA GEL SERUM

SKIN TYPES AND CONDITIONS: ACNE-PRONE, OILY, CONGESTED SKIN (NOT FOR SENSITIVE SKIN)

DESCRIPTION

The perfect daily solution to help balance acne-prone, oily and congested skin. Natural exfoliating AHA's and Salicylic Acid declog pores and assist in prevention of future breakouts.

A FEW KEY INGREDIENTS & BENEFITS

Salicylic Acid: Beta Hydroxy Acid Keratolytic; helps to declog pores; anti-bacterial.

Lactic Acid: Alpha Hydroxy Acid derived from milk. Skin resurfacer

Glycolic Acid: Alpha Hydroxy Acid derived from sugar cane. Anti-aging skin resurfacer used for peeling/ exfoliating dead skin.

Glycyrrhiza Glabra (Licorice) Extract: Soothing molecule derived from licorice. Helps keep skin calm, acts as an anti-inflammatory.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount to clean skin into face, neck and décolleté. Must wear sunscreen daily while using this product.

FULL INGREDIENT DISCLOSURE

Aqua, Ethyl Alcohol, Panthenol, Glycerin, Lactic Acid, Glycolic Acid, Salicylic Acid, Allantoin, Hydroxyethylcellulose, Sodium PCA, Glycyrrhiza Glabra (Licorice) Root Extract, Polysorbate-20, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Melaleuca Alternifolia (TeaTree) Oil, Dimethicone PEG-8 Meadowfoamate, Arginine, Caramel, Zinc Acetate, Tetrasodium Glutamate Diacetate

BRIGHTEN & RESTORE COMPLEX

SERUM FOR REVERSAL AND PREVENTION OF ENVIRONMENTAL DAMAGE

SKIN TYPES & CONDITIONS: NORMAL, DRY, DEHYDRATED, FINE LINES, SAGGING, WRINKLES, HYPERPIGMENTED

DESCRIPTION

Multifaceted workhorse product that gives antioxidant protection; inhibits lipid peroxidation; mitigates damage caused by UV exposure; stimulates collagen production; brightens by inhibiting melanogenesis; and gives skin a hydrated, healthy looking glow. All this in a product suitable for the most sensitive skin.

A FEW KEY INGREDIENTS & BENEFITS

Bukuchiol (Babchi) Oil – Natures (NON irritating) Retinol Alternative. Clinical research showed after 12 weeks treatment (2xs daily) with .5% Babchi, significant improvement in lines and wrinkles, pigmentation, elasticity, firmness and overall reduction in environmental damage was observed. Results were comparable to .5% Retinol with no irritation.

Tetrahexyldecyl Ascorbate (Vitamin C Ester) – Non irritating stable Vitamin C Ester with potent anti-oxidant activity. Mitigates the damaging effects of UV exposure. Studies have shown when applied 2xs daily collagen production is stimulated (1% in vitro increases collagen by 50%) as well as brightening the skin by inhibiting melanogenesis (1% reduces melanin synthesis by 80% & 10% eliminated age spots in 16 weeks).

Ubiquinone (Coenzyme Q10) – Protects keratinocytes from oxidative DNA damage induced by UV light. Powerful antioxidant especially combined with Vitamin E.

Tocopheryl Acetate (Vitamin E) – Protects cell membranes from damage by oxygen free radicals. Prevents premature aging of the skin induced by UV irradiation and lipid peroxidation.

Rosa Mosqueta (Rose) Hip Seed Oil – Effectively reduces all forms of hyperpigmentation. Nourishes, hydrates and improves the texture of the skin. Rich in a bounty of nutrients including vitamins A, C and E, Essential Fatty Acids, Carotenoids, Flavonoids and Trans-Retinoic Acid

Hippophae Rhamnoides (Sea Buckthorn) Fruit Oil - Rich in vitamins A, B1, B12, C, E, K, and P; flavonoids, lycopene, carotenoids, and phytosterols. Powerful free radical scavenging properties, combats wrinkles, and soothes dry, irritated skin.

USAGE INSTRUCTIONS

Use AM and PM. Apply to face, neck and decollate twice daily.

FULL INGREDIENT DISCLOSURE Sacha Inchi Oil, Tetrahexyldecyl Ascorbate (Vitamin C Ester), Rosa Mosqueta (Rose) Hip Seed Oil, Bukuchiol (Babchi) Oil, C12-15 Alkyl Benzoate, Tocopheryl Acetate (Vitamin E), Ubiquinone (Coenzyme Q10), Caprylic/Capric Triglyceride, Phoenix Dactylifera (Date) Seed Extract, Hippophae Rhamnoides (Sea Buckthorn) Fruit Oil, Moringa Oleifera (Moringa) Seed Oil, Adansonia Digitata (Baobab) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf

CALMING SERUM

CALMING SERUM

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES, SENSITIVE, SENSITIZED, ROSACEA

DESCRIPTION

A specialty serum that alleviates redness and soothes sensitive skin. Its unique combination of preventive botanicals and potent antioxidants calm and prevent future signs of irritation, while Horse Chestnut fortifies and strengthens.

A FEW KEY INGREDIENTS & BENEFITS

Aesculus Hippocastanum (Horse Chestnut) Extract: Protects and strengthens veins and capillaries; shown to prevent cellular filtration.

Camellia (White) Sinensis Leaf Extract: Calming, soothing, traps free radicals that damage the skin.

Glycyrrhiza Glabra (Licorice) Root Extract: Recent research indicates that Licorice Root Extract shows promise as a soothing ingredient for the relief of eczema. Studies have shown it may be of benefit in skin lightening as it contains liquiritin and isoliquertin, as well as flavonoid containing glycosides, which induce skin lightening by dispersing melanin pigment and enhancing more even pigment distribution.

USAGE INSTRUCTIONS

Use AM and PM. Gently pat onto dry skin, follow with appropriate moisturizer.

FULL INGREDIENT DISCLOSURE

Aqua, Dimethicone, Cyclopentasiloxane, Dipropylene Glycol, Niacinamide (Vitamin B3), Aesculus Hippocastanum (Horse Chestnut) Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Camellia (White) Sinensis Leaf Extract, Sodium Chloride, Phenoxyethanol, Sodium Citrate, Tetrasodium EDTA

CALM, NOURISH AND REPAIR FACIAL OIL

OIL FOR CALMING, NOURISHING AND REPAIRING

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, SENSITIVE, DEHYDRATED, SENSITIZED

DESCRIPTION

A luxurious treatment oil that helps calm, nourish and hydrate the skin with its natural blend of Grapeseed Oil, Jojoba, Safflower Oil, and Vitamin E. Leaves the skin feeling soothed and moisturized with a non-oily finish. All oils in this product are minimally processed to retain their vital nutrients and are rich in Vitamin C, Beta-carotene, proanthocyanidins, and linoleic acid which produces a product with potent antioxidants, anti-inflammatory, calming and restorative properties.

A FEW KEY INGREDIENTS & BENEFITS

Grapeseed Oil: Cold pressed refined grapeseed oil. A lightweight velvety oil, rich in Vitamin C, Beta-carotene, Vitamin E, and proanthocyanidins. Contains proanthocyanidins, which are very potent antioxidants, helpful for diminishing the sun's damaging effects and lessening free- radical damage.

Jojoba Oil: Cold pressed of the seeds. It closely resembles the sebum of the skin, and is rich in vitamin E. This promotes a glowing complexion.

Safflower Oil: Cold pressed seeds and kernels, an extremely moisturizing oil, rich in linoleic acid. Research points to linoleic acids anti-inflammatory, acne reductive, and moisture retentive properties when applied topically to the skin.

Kukui Nut Oil: Cold pressed seeds and kernels. It is excellent for dry skin, psoriasis, eczema, or any severe skin condition.

Vitamin E: Penetrates the stratum corneum and maintains moisture levels of the skin for long periods of time (16 to 24 hours). Accumulates in the epidermis and forms a barrier against moisture evaporation from the skin. It is an anti-oxidant that helps prevent free radical damage in the skin tissues. Acts as a preservative for other oils.

USAGE INSTRUCTIONS

Use AM and PM. Apply to face, neck and décolleté after cleansing or anytime skin is feeling dry and dehydrated. It protects from cold burn and wind burn and helps repair barrier compromised skin.

Professional Use:

Option 1 (for all skin types and conditions, especially sensitive reactive skin): Mix equally with Gentle Cleansing Milk and perform cleansing massage. It calms and hydrates even the most irritated skin.

Option 2 (for all lipid dry skin): Mix with any moisturizer to help hydrate lipid dry skin.

Option 3: Apply a THIN layer pre wax to lips, eyebrows, or the face. It will SIGNIFICANTLY reduce redness and will also make waxing slightly less painful, as the wax will adhere to the hair not the skin.

Mask Option 4 (sensitive or reactive skin): Mix 1/4 teaspoon Calm, Nourish and Repair Facial Oil with 3 teaspoons Gelloid Mask. Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10–15 minutes. Gently remove with tepid water.

Option 5 (for all skin types and conditions): Use liberally for facial massage. It has amazing slip and is nutrient rich.

Option 6 Use as a calming, soothing agent throughout treatment by pressing into skin.

FULL INGREDIENT DISCLOSURE

Vitis Vinifera (Grape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Carthamus Tinctorius (Safflower) Seed Oil, Tocopherol (Vitamin E) Oil, Aleurites Moluccana (Kukui) Seed Oil

GLYCOLIC AGE DEFYING SERUM

AHA/BHA SERUM

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, FINE LINES, WRINKLES, SUN DAMAGE, CONGESTED PORES (NOT FOR SENSITIVE SKIN)

DESCRIPTION

A light weight AHA serum that helps correct the look of age by minimizing the appearance of fine lines and wrinkles. Lends the skin a beautiful glow.

A FEW KEY INGREDIENTS & BENEFITS

Salicylic Acid: Beta Hydroxy Acid Keratolytic; helps de-clog pores; anti-bacterial.

Lactic Acid: Alpha Hydroxy Acid derived from milk. Skin resurfacer

Glycolic Acid: Alpha Hydroxy Acid derived from sugar cane. Anti-aging skin resurfacer used for peeling/ exfoliating dead skin.

Glycyrrhiza Glabra (Licorice) Extract: Soothing molecule derived from licorice. Helps keep skin calm, acts as an anti-inflammatory.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount to clean skin into face, neck and décolleté. Must wear sunscreen daily while using this product.

FULL INGREDIENT DISCLOSURE

Aqua, Ethyl Alcohol, Panthenol, Glycerin, Lactic Acid, Glycolic Acid, Salicylic Acid, Allantoin, Hydroxyethylcellulose, Sodium PCA, Glycyrrhiza Glabra (Licorice) Root Extract, Polysorbate-20, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Melaleuca Alternifolia (TeaTree) Oil, Dimethicone PEG-8 Meadowfoamate, Arginine, Caramel, Zinc Acetate, Tetrasodium Glutamate Diacetate

GLYCOLIC CREAM

ANTI-AGING AHA CREAM

SKIN TYPES AND CONDITIONS: NORMAL, DRY, AGING, SUN-DAMAGED

(NOT FOR USE ON SENSITIVE SKIN)

DESCRIPTION

This remarkable anti-aging AHA exfoliating cream diminishes the look of discoloration, age spots and other forms of hyperpigmentation, while retexturizing and reducing the look of lines and wrinkles. Helps soften visible scarring and alleviate clogged pores.

A FEW KEY INGREDIENTS & BENEFITS

Glycolic Acid: Alpha Hydroxy Acid derived from sugar cane. Anti-aging skin resurfacer used for peeling/exfoliating dead skin.

Jojoba oil: A lightweight waxy oil that is strikingly similar to human sebum. Able to effectively penetrate the skin, it is a natural cellular renewal agent as well as an excellent moisturizer.

Persea Gratissima (Avocado) Oil: Rich in vitamins and minerals; an excellent skin conditioner and moisturizer.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount to clean skin into face, neck and décolleté. Must wear sunscreen daily while using this product. It may be used up to 2-7 nights per week depending on skin condition.

FULL INGREDIENT DISCLOSURE

Aqua, Glycolic Acid, Persea Gratissima (Avocado) Oil, Cocos Nucifera (Coconut) Oil, Stearic Acid, Glycerin, Cetyl Alcohol, Caprylic/Capric Triglycerides, Simmondsia Chinensis (Jojoba) Seed Oil, Cetyl Palmitate, Glyceryl Stearate, Cetearyl Alcohol, Cetearyl Glucoside, Cetearyl Olivatate, Sorbitan Olivatate, Sodium Hydroxymethylglycinate, Glyceryl Undecylenate, Glyceryl Caprylate, Arginine, Ilex Aquifolium (Holly) Leaf Extract

HYALURONIC PLUMPING SERUM

WATER BASED PLUMPING SERUM FOR ALL SKIN TYPES

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, DEHYDRATED, AGING

DESCRIPTION

Utilizes three unique forms of Hyaluronic Acid for intense hydration. It helps replenish the moisture content of aging and environmentally exposed skin. Smooths the look of fine lines, restores youthful radiance and helps increase the skin's ability to retain moisture, leaving skin plump and fabulous.

A FEW KEY INGREDIENTS & BENEFITS

Hyaluronic Acid: Water binding, lubricating, protective agent capable of attracting up to 1,000 times its weight in water from moisture in the air. This product utilizes three different molecular weights of hyaluronic acid which provides ultimate hydration and plumping for the skin. Hyaluronic acid is a polysaccharide found naturally in every tissue of the body. It is the natural gel between skin cells that serves as a water reservoir for the cells.

Panthenol: Deeply hydrating. Its moisturizing properties improve stratum corneum hydration, reducing transepidermal water loss and therefore help to maintain skin elasticity and softness.

Allantoin: Anti-inflammatory, helps alleviate and prevent irritated skin.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount into face, neck and décolleté.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Sodium Hyaluronate, Glycerin, Panthenol, Allantoin, Phenoxyethanol

LICORICE ROOT ADDITIVE

HYPERPIGMENTATION RELIEF ADDITIVE

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, SUNDAMAGED, SENSITIVE

DESCRIPTION

A multipurpose botanical that helps brighten, calm and soothe the skin.

A FEW KEY INGREDIENTS & BENEFITS

Glycyrrhiza Glabra (Licorice) Root Extract: Recent research indicates that Licorice Root Extract shows promise as a soothing ingredient for the relief of eczema. Studies have shown it may be of benefit in skin lightening as it contains liquiritin and isoliquertin, as well as flavonoid containing glycosides, which induce skin lightening by dispersing melanin pigment and enhancing more even pigment distribution.

Matricaria Recutita (Chamomile) Flower Extract: Contains active flavonoid compounds, which are particularly advantageous in the care of sensitive skin. Also has anti-inflammatory properties, anti-free radical action and helps with inhibition of super oxide radical synthesis.

USAGE INSTRUCTIONS

Apply 1-3 drops as an additive to cleansers, masks, moisturizers, or as desired.

FULL INGREDIENT DISCLOSURE

Glycerin, Aqua, Glycyrrhiza Glabra (Licorice) Root Extract, Matricaria Recutita (Chamomile) Flower Extract, Potassium Sorbate, Sodium Benzoate)

LIPID REPLENISHING DROPS

OIL FOR MULTIPLE USES

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, DEHYDRATED, DRY

DESCRIPTION

A luxurious treatment oil that helps nourish and hydrate the skin with its natural blend of rich oils. Leaves the skin feeling replenished and moisturized with a non-oily finish.

A FEW KEY INGREDIENTS & BENEFITS

Grapeseed Oil: Cold pressed refined grapeseed oil. A lightweight velvety oil, rich in Vitamin C, Beta-carotene, Vitamin E, and proanthocyanidins. Contains proanthocyanidins, which are very potent antioxidants, helpful for diminishing the sun's damaging effects and lessening free- radical damage.

Jojoba Oil: Cold pressed of the seeds. It closely resembles the sebum of the skin, and is rich in vitamin E. This promotes a glowing complexion.

Safflower Oil: Cold pressed seeds and kernels, an extremely moisturizing oil, rich in linoleic acid. Research points to linoleic acids anti-inflammatory, acne reductive, and moisture retentive properties when applied topically to the skin.

Kukui Nut Oil: Cold pressed seeds and kernels. It is excellent for dry skin, psoriasis, eczema, or any severe skin condition.

Vitamin E: Penetrates the stratum corneum and maintains moisture levels of the skin for long periods of time (16 to 24 hours). Accumulates in the epidermis and forms a barrier against moisture evaporation from the skin. It is an anti-oxidant that helps prevent free radical damage in the skin tissues. Acts as a preservative for other oils.

Lavender Oil (Lavandula angustifolia): The "universal oil" - antiseptic; relieves and heals skin irritations. Calming; antidepressant; promotes clarity; enhances intuition; soothing; balancing.

USAGE INSTRUCTIONS

May be used AM, PM, or anytime skin is feeling dry and dehydrated. It protects from cold burn and wind burn and helps repair barrier compromised skin.

Professional Use:

Option 1 (for all skin types and conditions): Mix equally with Gentle Cleansing Milk and perform cleansing massage.

Option 2 (for all lipid dry skins): Mix with any moisturizer or mask to help hydrate lipid dry skin.

Option 3 (for all skin types and conditions): Use liberally for facial massage. It has amazing slip and is nutrient rich.

FULL INGREDIENT DISCLOSURE

Vitis Vinifera (Grape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Carthamus Tinctorius (Safflower) Seed Oil, Tocopherol (Vitamin E) Oil, Aleurites Moluccana (Kukui) Seed Oil, Canaga Odorata (Ylang Ylang) Flower Oil, Lavandula Angustifolia (Lavender) Oil

PRIME & PROTECT SERUM

PROTECTIVE SERUM

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES, DEHYDRATED

DESCRIPTION

A velvety feeling serum that helps protect the skin while letting it breathe. Smooths rough, porous skin and fine surface lines. The perfect base for makeup.

A FEW KEY INGREDIENTS & BENEFITS

Dimethicone / Cyclomethicone: Silicone based derivative, derived from silica (sand is a silica). The unique fluid properties of dimethicone give it a great deal of slip. It can feel like silk on the skin and impart emolliency. It can be used for wound healing and for improving the appearance of scars. It is also beneficial in protecting the skin from wind and cold burn.

Lavender Oil (Lavandula angustifolia): The "universal oil"- antiseptic; relieves and heals skin irritations. Calming; antidepressant; promotes clarity; enhances intuition; soothing; balancing.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount into face, neck and décolleté.

FULL INGREDIENT DISCLOSURE

Dimethicone, Cyclomethicone, Canaga Odorata (Ylang Ylang) Flower Oil, Salvia Sclarea (Clary Sage) Oil, Lavandula Angustifolia (Lavender) Oil, Graveolens (Rose Geranium) Oil

PURIFYING OXYGEN LOTION

DECONGESTING OXYGEN LOTION

SKIN TYPES AND CONDITIONS: OILY, ACNE-PRONE, COMBINATION, DRY, CONGESTED

DESCRIPTION

A light weight lotion ideal for congested and acne prone skin, very effective in eliminating open and closed comedones. Formulated to promote oxygenation, this refreshing treatment improves skin tone and texture. This lotion exfoliates, detoxifies, helps clear breakouts and removes impurities. With consistent twice daily use it leaves skin smooth, clear and bright. Skin is left looking invigorated and the appearance of pores is minimized. A wonderful alternative for clients who are allergic or overly sensitive to Benzoyl Peroxide.

A FEW KEY INGREDIENTS & BENEFITS

Hydrogen Peroxide: Improves the skin's vitality, oxygenates the skin. Decongests and purifies clogged pores.

Lavender Oil: The most versatile of essential oils; has antiseptic, analgesic, bactericide, decongestant properties.

Safflower Seed Oil: Plant lipid that has barrier repair and anti-inflammatory properties.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount into face, neck and décolleté. Allow to penetrate for several minutes before applying other products.

Professional Use:

Exfoliation Option 1 (all skin types and conditions except the most sensitive): Apply a nickel thick layer of Purifying Oxygen Lotion to skin with a fan brush (NO steam). Allow to sit for 10 – 15 minutes. Blot Oxygen Lotion off area just prior to extraction of that area. Purifying Oxygen Lotion will make extractions more rewarding and will brighten the skin in one treatment.

FULL INGREDIENT DISCLOSURE

Aqua, Hydrogen Peroxide, Safflower Seed Oil, Glycerin, Sorbitan Stearate, Tocopheryl Acetate, Butylene Glycol, Glyceryl Stearate, Stearyl Alcohol, Beta Glucan, Salicylic Acid, Silica, Polysorbate-60, Disodium EDTA, Lavandula Angustifolia Flower Oil/Extract, Rosmarinus (Rosemary) Officinalis Oil

REJUVENATING PEPTIDE & STEM CELL SERUM

PEPTIDE, STEM CELL, HYALURONIC LIFTING SERUM FOR ALL SKIN TYPES

TYPES AND CONDITIONS: ALL SKIN TYPES, AGING, FINE LINES, WRINKLES, SAGGING

DESCRIPTION

A luxurious facial gel that utilizes an abundance of powerful ingredients, leaves the skin feeling replenished and renewed. Loads of Peptides, three molecular weights of Hyaluronic Acid and Swiss Apple Stem Cells help prevent and diminish the appearance of fine lines, wrinkles, and sagging, while deeply hydrating the skin. With consistent use skin will appear youthful, refreshed and more vibrant.

A FEW KEY INGREDIENTS & BENEFITS

Matrixyl™ 3000– (Palmitoyl Oligopeptide & Palmitoyl Tetrapeptide-7) – Acting as messengers of cutaneous restructure and repair, these two peptides work synergistically to restore and maintain the skin's youthful appearance. Clinical research showed a 45% reduction in deep wrinkles after 8 weeks at a 3% dosage rate. We are using 8%.

SYN®-COLL – (Palmitoyl Tripeptide-5) – Clinical research showed the ability to reduce all types of wrinkles and have a smoothing effect on the skin. 12% reduction after 8 weeks at a 2.5 % dosage. We are using 3%.

PhytoCellTec™ Malus Domestica (Swiss Apple Stem Cells) – Clinical research showed a significant and visible decrease in wrinkle depth for 100% of subjects at 2% concentration of extract. Research also showed a protection of longevity of skin stem cells and an age-delaying effect by protecting from oxidative stress. We are using 3%.

Hyaluronic Acid: Water binding, lubricating, protective agent capable of attracting up to 1,000 times its weight in water from moisture in the air. This product utilizes three different molecular weights of hyaluronic acid which provides ultimate hydration and plumping for the skin.

Panthenol: Deeply hydrating. Its moisturizing properties improve stratum corneum hydration, reducing transepidermal water loss and therefore help to maintain skin elasticity and softness.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount into face, neck and décolleté.

FULL INGREDIENT DISCLOSURE

Aqua, Sodium Hyaluronate, Aloe Barbadensis (Aloe) Leaf Juice, Panthenol, Glycerin, Allantoin, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-7, Palmitoyl Tripeptide-5, Malus Domestica Fruit Cell Culture Extract, Xanthan Gum, Lecithin, Phenoxyethanol, Butylene Glycol, Carbomer, Polysorbate 20

VITAMIN C POWDER

VITAMIN C POWDER

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, AGING, SUNDAMAGED, COUPEROSE, ALL FORMS OF HYPERPIGMENTATION

DESCRIPTION

A very potent powder that creates noticeably younger looking skin by diminishing the appearance of fine lines, wrinkles and sun damage.

A FEW KEY INGREDIENTS & BENEFITS

L Ascorbic Acid Powder: Form of vitamin C that is a potent antioxidant and anti-inflammatory agent. Supports healthy collagen development.

MSM (methylsulfonylmethane): A natural component of all cells that helps retain moisture and reduces the appearance of fine lines. MSM also scavenges damaging free radicals.

Ascorbyl DMAE: A natural compound; component of cells. It helps the skin retain moisture, thus further reducing fine lines.

Alpha-Lipoic Acid: Antioxidant that helps to convert Vitamin C to ascorbic acid in collagen synthesis.

USAGE INSTRUCTIONS

Use AM and PM. Add one level scoop of Vitamin C Powder with two pumps of Vitamin C Powder Activator to the palm of your hand. With fingertip, blend until all crystals have dissolved. Apply to face, neck and décolleté.

Professional Use:

Mask Option 1 (dry, dehydrated, wrinkled, sagging, hyper-pigmented, or environmentally damaged skin): Mix until all crystals are dissolved 1/2 TSP Vitamin C Powder with 2 TSP Gelloid Mask. You may add one or two drops Licorice Root Additive to this mixture for added benefit. Apply to face, neck, and décolleté with a fan brush in an upward outward direction. Allow to stay on the skin 10–15 minutes. Gently remove with tepid water. This mixture is great with Ultra Sound, MicroCurrent or Electroporation.

Any other mask may be applied over the top of the Vitamin C Powder/ Gelloid mixture.

Great serum to apply with microcurrent, ultrasound or electroporation.

FULL INGREDIENT DISCLOSURE

L-Ascorbic Acid (Vitamin C), Cellulose, MSM (Methylsulfonylmethane), Ascorbyl DMAE, Alpha-Lipoic Acid, Zinc Sulfate, Calcium Carbonate, Magnesium Hydroxide, Sodium Bicarbonate, Potassium Bicarbonate

VITAMIN C POWDER ACTIVATOR

ACTIVATING GEL

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES AND CONDITIONS

DESCRIPTION

An antioxidant and hydrant rich gel. When mixed with Vitamin C Powder, skin becomes smoother, color is more even and lines and wrinkles visibly soften.

A FEW KEY INGREDIENTS & BENEFITS

Aloe Vera Gel: Hydrating, Anti-inflammatory

Panthenol: A component of water-soluble vitamin B complex. Richly hydrating.

Allantoin: Calming, Soothing

USAGE INSTRUCTIONS

Use AM and PM. Add one level scoop of Vitamin C Powder with two pumps of Vitamin C Powder Activator to the palm of your hand. With fingertip, blend until all crystals have dissolved. Apply to face, neck and décolleté.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Dextrin, Alanine, Hexyl Nicotinate, Glucose, Sucrose, Fructose, Glutamic Acid, Glycerin, Allantoin, Panthenol, Phenoxyethanol, Sodium Hyaluronate, Carbomer, Guar Gum, Triethanolamine, Sodium Benzoate, Potassium Sorbate

VITAMIN C SERUM PLUS (10% MAP)

MAGNESIUM ASCORBYL PHOSPHATE, HYALURONIC ACID SERUM

SKIN TYPES AND CONDITIONS: ALL SKIN TYPES, COUPEROSE, ALL FORMS OF HYPERPIGMENTATION, FINE LINES, WRINKLES, SAGGING

DESCRIPTION

Loaded with essential Vitamin C, Hyaluronic Acid, Niacinamide and a host of other Vitamins this product is designed to support natural collagen production, brighten, smooth, firm and improve the appearance of uneven skin tone, along with fine lines and wrinkles.

A FEW KEY INGREDIENTS & BENEFITS

Magnesium Ascorbyl Phosphate is a stable, water soluble derivative of Vitamin C (L-Ascorbic acid mono-dihydrogen phosphate magnesium salt). Magnesium Ascorbyl Phosphate will be transformed by skin enzymes into Ascorbic Acid (vitamin C). It functions as an anti-oxidant, helps improve skin elasticity and decrease wrinkles through stimulation of collagen synthesis. It also promotes even skin tone by helping to inhibit melanocyte over stimulation. Vitamin C also strengthens skin's barrier response, and reduces inflammation.

Hyaluronic Acid achieves ultimate hydration by attracting up to 1000 times its weight in water from the moisture in the air. It helps replenish the moisture content of aging and environmentally damaged skin, restores youthful radiance, smooth's the look of fine lines, and helps increase the skin's ability to retain moisture, leaving skin fresh and fabulous.

Niacinamide (Vitamin B3): The active form of Vitamin B3 (also known as Nicotinic Acid). Niacinamide offers multiple benefits for the skin, it can improve skin's elasticity, dramatically enhance barrier function, help erase discolorations, reduce blemishes, dissipate red blotchiness, and revive skin's healthy tone and texture.

USAGE INSTRUCTIONS

Use AM and PM. Gently massage a small amount into face, neck and décolleté.

FULL INGREDIENT DISCLOSURE

Aqua, Hyaluronic Acid, *Magnesium Ascorbyl Phosphate (Vitamin C), Glycerin, Butylene Glycol, Camellia Sinensis (Green Tea) Leaf Extract, Cucumis Sativus (Cucumber) Fruit Extract, Methyl Gluceth-20, Sorbitol, Allantoin, Carbomer, Niacinamide (Vitamin B3), Tocopherol Acetate (Vitamin E), Sodium Ascorbyl Phosphate (Vitamin C), Calcium Pantothenate (Vitamin B5), Pyridoxine (Vitamin B6), Hydroxyethylcellulose, Sorbic Acid, Sodium Metabisulfite, Sodium EDTA, Capryl Glycol, Sodium Hydroxide, Potassium Sorbate, Pyridoxine HCl, Maltodextrin

PEPTIDE RICH & RADIANT EYE CREAM

PEPTIDE RICH EYE CREAM

SKIN TYPES & CONDITIONS: NORMAL, DRY, DEHYDRATED, FINE LINES, SAGGING, WRINKLES, DARK CIRCLES, PUFFINESS

DESCRIPTION

Beautifully addresses all your eye care concerns; reduces the appearance of sagging contours, fine lines and wrinkles for a noticeably more lifted look. Visibly relieves puffiness while creating the perfect moisture balance. Brightens dark circles in the eye area.

A FEW KEY INGREDIENTS & BENEFITS

SYN®-COLL – (Palmitoyl Tripeptide-5) – Clinical research showed the ability to reduce all types of wrinkles and have a smoothing effect on the skin. 12% reduction after 8 weeks at a 2.5 % dosage. We are using 3%.

PhytoCellTec™ Malus Domestica (Swiss Apple Stem Cells) – Clinical research showed a significant and visible decrease in wrinkle depth for 100% of subjects at 2% concentration of extract. Research also showed a protection of longevity of skin stem cells and an age-delaying effect by protecting from oxidative stress.

REGU®-AGE PF – (Glycine Soja (Soybean) Protein & Hydrolyzed Rice Protein & Superoxide Dismutase) – Clinically proven to protect against oxidative stress, strengthen and protect against the collagen and elastin matrix, improves capillary circulation. After four weeks a reduction of eye puffiness of approximately 25% could be observed. Also, after four weeks a reduction of dark circles of approximately 32% was observed. In summary REGU®-AGE PF reduces dark circles and puffiness around the eyes, strengthens the connective tissue, and reduces inflammation. The results occurred with 5% dosage. We are using 5%.

Matrixyl™ 3000– (Palmitoyl Oligopeptide & Palmitoyl Tetrapeptide-7) – Acting as messengers of cutaneous restructure and repair, these two peptides work synergistically to restore and maintain the skin's youthful appearance. Clinical research showed a 45% reduction in deep wrinkles after 8 weeks at a 3% dosage rate. We are using 8%.

Eyeseryl® – (Acetyl Tetrapeptide-5) – Clinical research showed Eyeseryl effective for inhibition of collagen glycation which helps avoid losing elasticity and subsequent eyebag formation. It has a draining and anti-odema effect which prevents liquid accumulation in eye bags. Lightening effect to fade dark circles. Clinical research shows skin elasticity had a 30% increase after 30 days. The results occurred with a 10% dosage. We are using 10%.

USAGE INSTRUCTIONS

Use AM and PM. Lightly pat around the orbital area of the eye.

FULL INGREDIENT DISCLOSURE

Aloe Barbadensis (Aloe) Leaf Juice, Butyrospermum parkii (shea) seed butter, Emulsifying Wax, Stearic Acid, Glycerin, Simmondsia Chinensis (Jojoba) Seed Oil, Prunus dulcis Amara (Sweet Almond) oil, Tocopherol Acetate (Vitamin E), Retinyl Palmitate (Vitamin A), Helianthus Annus (Sunflower) Seed Oil, Aqua, Panthenol, Butylene Glycol, Acetyl Tetrapeptide-5, Carbomer, Polysorbate 20, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-7, Glycine, Soja (Soybean) Protein, Phenoxyethanol, Hydrolyzed Rice Protein, Superoxide Dismutase, Palmitoyl Tripeptide-5, Malus Domestica Fruit Cell Culture Extract, Xanthan Gum

PLUMP & RENEW LIP TREATMENT

ANTI AGING LIP TREATMENT

SKIN TYPES AND CONDITIONS: ALL, DEHYDRATED, AGING, SENSITIVE

DESCRIPTION

A balm that tames fine lines and wrinkles on and around the lip area. It is a blend of rich, antioxidant and nourishing oils and butters that help protect the skin from free radical assault. Its blend of peptides encourage collagen renovation, resulting in improved elasticity and restoration of a more youthful and plump complexion. The increase in hydration delivers softer, fuller lips.

A FEW KEY INGREDIENTS & BENEFITS

Dipalmitoyl Hydroxyproline: Plant derived peptide that encourages interaction between fibroblasts and the dermal matrix to stimulate remodeling and contraction of collagen fibers. The results of which are improved elasticity, restoration of a more youthful plump skin tone, taming of fine lines and wrinkles, and an increase in hydration resulting in soft full lips.

Oryza Sativa (Rice Bran) Oil: Loaded with antioxidants, such as ferulic acid, linoleic acid, oleic acid and palmitic acid. Very emollient.

Alpha Tocopherol (Vitamin E): An antioxidant shown to prevent destruction of the lipid part of the cell membrane. It promotes skin repair and helps preserve other vitamins.

USAGE INSTRUCTIONS

Apply liberally throughout the day. For best results, use a minimum of three times daily.

FULL INGREDIENT DISCLOSURE

Cocos Nucifera (Coconut) Oil, Theobroma Cacao (Cocoa) Butter, Cera Alba (Beeswax), Caprylic/Capric Triglycerides, Ubiquinone (CoQ10), Alpha Tocopherol (Vitamin E), Theobroma Grandiflorum (Cupuacu) Butter, Ricinus Communis (Castor) Seed Oil, Palm Kernel Glycerides, Oryza Sativa (Rice) Bran Oil, Tripeptide-1, Isohexadecane, Dimethicone, Cyclopentasiloxane, Sodium Hyaluronate, Xanthan Gum, Ascorbyl Palmitate (Vitamin C Ester), Dipalmitoyl Hydroxyproline, Simmondsia Chinensis (Jojoba) Esters, Glyceryl Monocaprylate, Glyceryl Monoundecylene

REVITALIZING PEPTIDE & STEM CELL EYE GEL

PEPTIDE, STEM CELL, HYALURONIC LIFTING EYE GEL FOR ALL SKIN TYPES

TYPES AND CONDITIONS: ALL SKIN TYPES, AGING, FINE LINES, WRINKLES, SAGGING, DARK CIRCLES, PUFFINESS

DESCRIPTION

A silky eye gel that utilizes a unique powerhouse of ingredients and leaves the skin feeling hydrated, revitalized and renewed. Three molecular weights of Hyaluronic Acid, loads of Peptides, and Swiss Apple Stem Cells help prevent and diminish the appearance of fine lines, wrinkles, sagging, puffiness and dark circles. With consistent use skin will appear brighter, youthful and more vibrant. You won't believe your eyes!

A FEW KEY INGREDIENTS & BENEFITS

Eyeseryl® – (Acetyl Tetrapeptide-5) – Clinical research showed Eyeseryl effective for inhibition of collagen glycation which helps avoid losing elasticity and subsequent eye bag formation. It has a draining and anti-odema effect which prevents liquid accumulation in eye bags. Lightening effect to fade dark circles. Clinical research shows skin elasticity had a 30% increase after 30 days. The results occurred with a 10% dosage. We are using 10%.

REGU®-AGE PF – (Glycine Soja (Soybean) Protein & Hydrolyzed Rice Protein & Superoxide Dismutase) – Clinically proven to protect against oxidative stress, strengthen and protect against the collagen and elastin matrix, improves capillary circulation. After four weeks a reduction of eye puffiness of approximately 25% could be observed. Also, after four weeks a reduction of dark circles of approximately 32% was observed. In summary REGU®-AGE PF reduces dark circles and puffiness around the eyes, strengthens the connective tissue, and reduces inflammation. The results occurred with 5% dosage. We are using 5%.

Matrixyl™ 3000– (Palmitoyl Oligopeptide & Palmitoyl Tetrapeptide-7) – Acting as messengers of cutaneous restructure and repair, these two peptides work synergistically to restore and maintain the skin's youthful appearance. Clinical research showed a 45% reduction in deep wrinkles after 8 weeks at a 3% dosage rate. We are using 8%.

SYN®-COLL – (Palmitoyl Tripeptide-5) – Clinical research showed the ability to reduce all types of wrinkles and have a smoothing effect on the skin. 12% reduction after 8 weeks at a 2.5 % dosage. We are using 3%.

PhytoCellTec™ Malus Domestica (Swiss Apple Stem Cells) – Clinical research showed a significant and visible decrease in wrinkle depth for 100% of subjects at 2% concentration of extract. Research also showed a protection of longevity of skin stem cells and an age-delaying effect by protecting from oxidative stress.

USAGE INSTRUCTIONS

Use AM and PM. Lightly pat around eye area, starting at the outer corner and blending inward.

FULL INGREDIENT DISCLOSURE

Aqua, Sodium Hyaluronate, Panthenol, Butylene Glycol, Acetyl Tetrapeptide-5, Glycerin, Carbomer, Polysorbate 20, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-7, Glycine, Soja (Soybean) Protein, Hydrolyzed Rice Protein, Superoxide Dismutase, Palmitoyl Tripeptide-5, Malus Domestica Fruit Cell Culture Extract, Xanthan Gum, Phenoxyethanol

ENZYME POWDER MASK

PROFESSIONAL USE POWDER ENZYME

SKIN TYPES & CONDITIONS: FOR ALL SKIN TYPES, SENSITIVE, ROSACEA, ACNE-PRONE, DEHYDRATED, AGING, SUN-DAMAGED

DESCRIPTION

A digestive enzyme for all skin types and conditions, relieves cellular build up, softens impactions and prepares skin for extractions.

A FEW KEY INGREDIENTS & BENEFITS

Papain Powder (Carica papaya fruit extract): Papain powder, when activated with water, is a Proteolytic enzyme. It digests cellular buildup and helps soften sebum in the pore.

Bromelain Powder (Ananas comosus (pineapple) fruit extract): Bromelain Powder is a fruit enzyme effective in exfoliating dead cells on the surface of the skin. Bromelain powder is also rich in Carotenoids and Vitamin C.

Kaolin: Kaolin powder has excellent absorbent qualities. It helps to draw out impurities in the skin, and to clear the skin of excess oil and other debris.

USAGE INSTRUCTIONS

Professional Use:

Mask Option 1 (all skin types and conditions): Mix 1 TSP Enzyme Powder with 3 pumps (1 TSP) Gentle Cleansing Milk and (1 ¾ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply to skin with a fan brush, steam for 10 – 15 minutes. Remove with water.

FULL INGREDIENT DISCLOSURE

Papain Powder, Bromelain Powder, Kaolin Powder, Corn Starch

RETEXTURIZING FOAMING SCRUB

FOAMING RETEXTURIZING PUMICE SCRUB

SKIN TYPES AND CONDITIONS: NORMAL, DRY, OILY, DEHYDRATED, FINE LINES, SAGGING, WRINKLES, CONGESTION, SUN-DAMAGED

DESCRIPTION

A scrub that instantly reduces the appearance of large pores, softens dark spots, smooths facial lines and lifts away dead skin cells, thus revealing a fresh glowing complexion.

A FEW KEY INGREDIENTS & BENEFITS

Pumice: Sloughs away dry and dead skin cells that dull the complexion.

Glycerin: Humectant

USAGE INSTRUCTIONS

Generously apply scrub to moist skin on the face, neck, and chest. Massage manually with fingertips in a circular motion for 2–3 minutes, add water as needed. Use twice a week or as directed by your skin care professional. Avoid eye area. Not for use on sensitive skin.

FULL INGREDIENT DISCLOSURE

Aqua, Pumice, Silica, Ammonium Laureth Sulphate, Decyl Glucoside, Disodium Lauramphodiacetate, Glyceryl Oleate, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Glycerin, Acrylates/C10-30 Acrylates Crosspolymer, Tetrahydroxypropyl Ethylene

ULTIMATE PERFORMANCE EXFOLIATING POWDER

HOME USE POWDER ENZYME

SKIN TYPES & CONDITIONS: FOR ALL SKIN TYPES, SENSITIVE, ROSACEA, ACNE, DEHYDRATED, AGING,
SUN-DAMAGED

DESCRIPTION

Ultimate Performance Exfoliating Powder utilizes the power of natural Papain and Bromelain enzymes. The action of these enzymes eliminates clogged pores and dry, dull surface cells to reveal a soft smooth more refined complexion. Colloidal Oats nourish and soothe while calming inflammation. After one use skin is left noticeably brighter and more radiant; pores appear smaller, dark spots are softened, and a fresh glowing complexion is revealed.

A FEW KEY INGREDIENTS & BENEFITS

Papain Powder (Carica papaya fruit extract): Papain powder when activated with water is a Proteolytic enzyme, it digests cellular buildup and helps soften sebum in the pore.

Bromelain Powder (Bromelia Powder): Bromelain Powder is a fruit enzyme effective in exfoliating dead cells on the surface of the skin. Bromelain powder is also rich in Carotenoids, and Vitamin C.

Collodial Oats (Aveena sativa Kernel Powder): Collodial Oats are an effective anti-inflammatory agent.

USAGE INSTRUCTIONS

Use AM and/or PM one to seven days per week as directed by your skin care professional. Dispense a nickel size dollop of powder onto very wet hands. Add dime size dollop of appropriate cleanser and create a creamy paste by rubbing hands together. Apply to face in circular motions adding water as necessary avoiding eye area. Gently massage for one to five minutes. Rinse off thoroughly with water.

Professional Use:

Option 1 (for all skin types and conditions):

Mix 1 TSP Ultimate Performance Exfoliating Powder with 3 pumps (1 TSP) Gentle Cleansing Milk and (1 ¾ TSP) distilled water, mix to achieve the consistency of pancake batter, mix to achieve the consistency of pancake batter. Apply to skin with a fan brush, steam for 10 – 15 minutes. Remove with water.

FULL INGREDIENT DISCLOSURE

Collodial Oats (Aveena sativa kernel powder), Kaolin, Sodium Lauryl Sulfoacetate, Papain Powder, Bromelain Powder, Potassium Sorbate

ULTIMATE PUMPKIN PEEL 40%

PROFESSIONAL USE PUMPKIN PEEL

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, CONGESTED, AGING, SUN-DAMAGED

(NOT FOR USE ON SENSITIVE OR REACTIVE SKIN)

DESCRIPTION

Diminishes the look of discoloration, age spots and other forms of hyperpigmentation, while re-texturizing and reducing the look of lines and wrinkles. The peeling action helps soften visible scarring and alleviate impacted pores.

A FEW KEY INGREDIENTS & BENEFITS

40 % Cucurbita Pepo (Pumpkin) Pulp: A powerful antioxidant rich in salicylic acid, vitamins A, C and beta- carotene. Offers skin smoothing, brightening and rejuvenating properties, also possesses a pore clearing action.

Glycolic Acid: Alpha Hydroxy Acid derived from sugar cane. Anti-aging skin resurfacer used for peeling/exfoliating dead skin.

Hyaluronic Acid: Water binding, lubricating, protective agent capable of attracting up to 1,000 times its weight in water from moisture in the air. This product utilizes three different molecular weights of hyaluronic acid which provides ultimate hydration and plumping for the skin. Hyaluronic acid is a polysaccharide found naturally in every tissue of the body. It is the natural gel between skin cells that serves as a water reservoir for the cells.

Helianthus Annuus (Sunflower) Seed Oil: cold pressed from the seed of Helianthus Annuus flowers. Rich in essential fatty acids. Helps to repair a compromised skin barrier.

USAGE INSTRUCTIONS

Professional Use Only: After cleansing, apply a thin layer to face, neck and décolleté avoiding eye area. Leave on for 2 – 10 minutes then gently remove with cool water. NOT for use on sensitive, sensitized or reactive skin.

FULL INGREDIENT DISCLOSURE

Aqua, *Cucurbita Pepo (Pumpkin) Pulp, Helianthus Annuus (Sunflower) Seed Oil, Cocos Nucifera (Coconut) Oil, Stearic Acid, Sodium Stearoyl Lactylate, Glycerin, Glycolic Acid, Sodium Hyaluronate, Cetyl Alcohol, Glycyrrhiza Glabra (Licorice) Root Extract, Glyceryl Stearate, Cetyl Palmitate, Glyceryl Undecylenate, Glyceryl Caprylate, Sodium Hydroxymethylglycinate, Cetearyl Alcohol, Cetearyl Glucoside, Cetearyl Olivat, Sorbitan Olivat, Rumex Crispus (Yellowdock) Root Extract, Allantoin, Daucus Carota Sativa (Carrot) Root Extract, Arginine, Cinnamomum Zeylanicum (Cinnamon) Leaf Oil, Myristica Fragrans (Nutmeg) Seed Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Actinidia Chinensis (Kiwi) Oil

CALM & HYDRATE CREAM MASK

CALMING HYDRATING CREAM MASK

SKIN TYPES AND CONDITIONS: DEHYDRATED, DRY, EXTREMELY DRY, CHAPPED

DESCRIPTION

A remarkably rich mask that calms and hydrates desert dry skin while restoring comfort and regenerating softness. Botanical extracts and humectants work to relieve tightness and improve an overall complexion, leaving your skin undeniably hydrated and soothed.

A FEW KEY INGREDIENTS & BENEFITS

Safflower Oil: Cold pressed seeds and kernels, an extremely moisturizing oil, rich in linoleic acid.

Olea Europaea (Olive) Oil: Hydrating and nourishing, rich in antioxidants.

USAGE INSTRUCTIONS

Apply generously to dry skin. Allow to remain on skin for ten to fifteen minutes. Massage into skin. Gently remove any excess with water.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Cyclomethicone, Carthamus Tinctorius (Safflower) Seed Oil, Glycerin, Cetyl Alcohol, Glyceryl Stearate, Sorbitan Tristearate, Tocopherol Acetate, Cera Alba (Beeswax), Matricaria Recutita Flower (Chamomile) Extract, Eleutherococcus Senticosus (Ginseng) Root Extract, Butyrospermum parkii (shea) seed butter, Helianthus annuus (Sunflower) Seed Oil, Cucumis Sativus (Cucumber) Fruit Extract, Sodium PCA, Squalane, Olea Europaea (Olive) Oil, Oryza sativa (Rice) Bran Oil, Zinc Oxide, Emulsifying Wax, Guar Gum, Phenoxyethanol, Triethanolamine, Sodium Benzoate, Potassium Sorbate, Citric Acid

GELLOID MASK

GEL MASK

SKIN TYPES AND CONDITIONS: FOR ALL SKIN TYPES, DEHYDRATED

DESCRIPTION

An ideal mask for all skin types. It is especially hydrating, rich in antioxidants and leaves the skin feeling soft and supple. This mask is like a replenishing drink of water for dehydrated skin. Gelloid Mask is an excellent base for Custom Blended treatments, LED, and Ultrasound.

A FEW KEY INGREDIENTS & BENEFITS

Aloe Vera Gel: Hydrating, Anti-inflammatory

Panthenol: A component of water-soluble vitamin B complex. Richly hydrating.

Allantoin: Calming, Soothing

USAGE INSTRUCTIONS

Apply generously to dry skin. Allow it to remain on skin for ten to fifteen minutes. Remove with water.

Professional Use:

Mask Option 1 (all skin types): Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10-15 minutes. Gently remove with tepid water.

Mask Option 2 (dry, dehydrated, wrinkled skin): Mix ½ teaspoon Gelloid Mask with 3 teaspoons Plump & Renew Mask. Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10–15 minutes. Gently remove with tepid water.

Mask Option 3 (sensitive or reactive skin): Mix 1/4 teaspoon Calm, Nourish and Repair Facial Oil with 3 teaspoons Gelloid Mask. Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10–15 minutes. Gently remove with tepid water.

This mask is highly customizable and may be mixed in with all MCCS Masks and Enzymes as desired. EXCELLENT with Microcurrent and Ultrasound.

FULL INGREDIENT DISCLOSURE

Aqua, Aloe Barbadensis (Aloe) Leaf Juice, Dextrine, Alanine, Hexyl Nicotinate, Glucose, Sucrose, Fructose, Glutamic Acid, Carbomer, Glycerin, Allantoin, Panthenol, Guar Gum, Phenoxyethanol, Sodium Hyaluronate, Glycyrrhiza Glabra (Licorice) Root Extract, Triethanolamine, Sodium Benzoate, Potassium Sorbate, Citric Acid

PLUMP & RENEW FACIAL MASK

ANTI-AGING CLAY MASK

SKIN TYPES AND CONDITIONS: AGING, CONGESTED (NOT FOR SENSITIVE SKIN)

DESCRIPTION

A mask that deeply hydrates and stimulates skin. It diminishes the look of fine lines, wrinkles and impacted pores, while reactivating plumpness for a more noticeably youthful appearance.

A FEW KEY INGREDIENTS & BENEFITS

Carthamus Tinctorius (Safflower) Seed Oil: Extremely moisturizing oil, rich in linoleic acid. Research has found linoleic acids to have anti-inflammatory, acne reductive, and moisture retentive properties when applied topically to the skin.

Aloe Barbadensis (Aloe) Leaf Juice: Promotes rejuvenation and increased circulation in the skin. Used for centuries to relieve various types of skin damage and skin related issues.

Tocopherol: Anti-oxidant. Found to prevent destruction of intercellular lipids. It promotes the repair of damaged aging skin.

USAGE INSTRUCTIONS

Apply in a thick layer to face, neck and décolleté. Allow to remain on the skin for ten to fifteen minutes. Do not allow mask to dry completely. Gently remove with water.

Professional Use:

Mask Option 1 (all skin types): Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10–15 minutes. Gently remove with tepid water.

Mask Option 2 (dry, dehydrated, wrinkled, sagging, or environmentally damaged skin): Mix 3 teaspoons Plump & Renew Facial Mask with ½ teaspoon Gelloid Mask. Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10–15 minutes. Gently remove with tepid water.

AS WITH ALL CLAY MASKS DO NOT ALLOW TO DRY ON SKIN.

FULL INGREDIENT DISCLOSURE

Water, Aloe Barbadensis (Aloe) Leaf Juice, Kaolin, Glycerin, Butylene Glycol, Zinc Oxide, Glyceryl Stearate, Carthamus Tinctorius (Safflower) Seed Oil, Bentonite, Retinyl Palmitate, Tocopherol, Allantoin, Hyaluronic Acid, Phenoxyethanol, Sodium PCA, Citrus Sinensis (Sweet Orange) Oil, Santalum Album (Sandalwood) Oil, Rosa Centifolia (Rose) Oil

PURIFYING MASK

PURIFYING CLAY MASK

SKIN TYPES AND CONDITIONS: OILY, ACNE, CONGESTED

DESCRIPTION

A mask recommended for the treatment of oily, congested and acne-prone skin. This pore clearing mask combines Sulfur, Zinc and Eucalyptus Oil, which help reduce oiliness, impactions and inflammation.

FEW KEY INGREDIENTS & BENEFITS

Eucalyptus Leaf Oil: Antiseptic, disinfectant, stimulates circulation.

Sulfur: Keratolytic; helps to declog pores; anti-inflammatory.

Zinc Oxide: mineral complex, purifies, absorbs excess oil and surface cells.

USAGE INSTRUCTIONS

Apply in a thick layer to face, neck and décolleté. Allow to remain on the skin for ten to fifteen minutes. Do not allow mask to dry completely. Gently remove with water.

Professional Use:

Mask Option 1 (oily, congested, acne prone skin): Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin 10–15 minutes. Gently remove with tepid water.

Mask Option 2 (oily, congested, acne prone): Mix ½ teaspoon Gelloid Mask with 3 teaspoons Purifying Mask. Apply to face, neck, and décolleté. Allow to remain on the skin 10–15 minutes. Gently remove with tepid water.

Mask Option 3 (for sensitive acne): Mix 3 teaspoons Purifying Mask with 1/2 teaspoon Calm, Nourish and Repair Facial Oil. Apply a thick layer to face, neck, and décolleté. Allow to remain on the skin for 10–15 minutes. Gently remove with tepid water.

AS WITH ALL CLAY MASKS DO NOT ALLOW TO DRY ON SKIN.

FULL INGREDIENT DISCLOSURE

Aqua, Sulfur, Kaolin, Glycerin, Zinc Oxide, Butylene Glycol, Eucalyptus Globulus Leaf Oil, Bentonite, Magnesium Aluminum Silicate, Polysorbate-2, Caprylyl Glycolc

REJUVENATE AND LIFT POWDER MASK

REJUVENATE AND LIFT POWDER MASK

SKIN TYPES AND CONDITIONS: ALL, DEHYDRATED, AGING, SUN-DAMAGED

DESCRIPTION

Creates noticeably younger looking skin by diminishing the appearance of fine lines, wrinkles, brown spots, sagging and congested pores.

A FEW KEY INGREDIENTS & BENEFITS

Egg Albumin: adds protein that tightens, lifts, and cleanses skin.

Ascorbyl DMAE: A natural compound; component of cells. It helps the skin retain moisture, further reducing fine lines.

MSM (methylsulfonylmethane): A natural component of all cells. It helps retain moisture and reduce the appearance of fine lines. MSM also scavenges damaging free radicals.
Cellulose: Thickening agent.

Resveratrol: Rich in catechin-rich polyphenols. Catechins trap damaging free radicals up to three times better than Vitamin C. Catechins also retard the growth of harmful bacteria.

Alpha-Lipoic Acid: Antioxidant that helps convert Vitamin C to ascorbic acid in collagen synthesis.

B-Vitamin Complex: proprietary blend of B vitamins that work with the other active ingredients to reduce the appearance of fine lines and wrinkles, promote healthy looking skin, and rejuvenate the skin.

USAGE INSTRUCTIONS

Professional Use:

Mask Option 1 (dry, dehydrated, wrinkled, sagging, or environmentally damaged skin): Mix until all crystals are dissolved 1/2 TSP Rejuvenate and Lift Powder Mask with 2 TSP Gelloid Mask. You may add several drops Licorice Root Additive to this mixture for added benefit. Apply to face, neck, and décolleté with a fan brush in an upward outward direction. Allow to stay on the skin 10–20 minutes. Gently remove with tepid water.

Great mask to apply with microcurrent, ultrasound or electroporation.

FULL INGREDIENT DISCLOSURE & BENEFITS

Egg Albumin, Ascorbyl DMAE, Collagen, MSM (Methylsulfonylmethane), Resveratrol, Alpha-Lipoic Acid, Zinc Sulfate, Colloidal Silver, Xanthan Gum, Camellia Sinensis (Green Tea) Leaf Extract, Stevia Extract, B-Vitamin Complex, Citrus Aurantium Dulcis (Orange) Flower Oil, Citrus Limonum (Lemon) Flower Oil, Citrus Aurantifolia (Lime) Flower Oil

Acne Treatment Protocol for INFLAMED Skin exhibiting closed comedones, open comedones, large papules, large pustules, nodules and cysts

Improve skin clarity, reduce blemishes and soothe inflammation with our acne facial treatment. We utilize a powerful blend of exfoliating natural fruit enzymes which helps decongest pores. Potent essential oils and sulfur detoxify the skin, while plant extracts calm and soothe.

- Step 1:** *Cleanse to remove makeup.* Apply **Calming Cleansing Oil & Makeup Remover** to skin. Perform a cleansing massage adding water as needed. Gently remove the cleanser with a warm microfiber towel or 4 x 4's.
- Step 2:** *Cleanse.* Apply by gradually layering, 1 – 2 pumps **Calm, Nourish & Repair Oil** & 1 – 2 pumps **Gentle Cleansing Milk** to face, neck and décolleté. Perform a gentle hydrating cleansing and relaxing massage for 10 to 15 minutes, add product as necessary to maintain slip. Gently remove the cleanser with a warm microfiber towel or 4 x 4's.
- Step 3:** *Exfoliation.* Mix 1 TSP **Ultimate Performance Exfoliating Powder** with 3 pumps (1 TSP) **Gentle Cleansing Milk** and (1 ¾ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 10 – 15 minutes (depending on client's skin condition). Gently remove the enzyme with a warm microfiber towel or 4 x 4's.
- Step 4:** *Exfoliation.* Apply 2 TSP **Purifying Oxygen Lotion** to face, neck and décolleté with a fan brush. Apply additional **Purifying Oxygen Lotion** to areas that are extremely congested. Allow to sit for 10 to 15 minutes, **no steam**. Blot **Purifying Oxygen Lotion** off area just prior to extraction of that area.
- Step 5:** Perform extractions.
- Step 6:** *Toner:* Apply **Pore Purifying Toner** with cotton rounds in a blotting motion to entire face.
- Step 7:** *Serum:* Apply a thin layer of **Calm, Nourish and Repair Facial Oil** to the skin.
- Step 8:** *Mask:* Apply 3 TSP **Purifying Mask** mixed with 1/2 TSP **Gelloid Mask**. It is important to whip the mixture until thoroughly blended (beaker and spatula recommended for mixing). Apply a thick layer to face, neck, and décolleté with a fan brush, cover with a cool compress if desired. Allow mask to sit 10–15 minutes. Gently remove the mask with a warm microfiber towel.
- Step 9:** *Toner:* Mist skin generously with **Plump Me Up Hydrating Mist**.
- Step 10:** *Eye Care.* Apply a thin layer of **Revitalizing Peptide & Stem Cell Eye Gel** to the eye area.
- Step 11:** *Moisturizer.* Apply appropriate Moisturizer to face, neck and décolleté. **Oil Free Moisturizer** (dry,normal,combination), **Ultimate Hydration Gel** (all skin types, oily, dehydrated)
- Step 12:** *SPF.* Apply SPF of choice to face, neck and décolleté.

NOTE: Apply **Calm, Nourish & Repair Facial Oil** as needed to calm and soothe the skin.

NOTE: Extremely dehydrated skin will want to hold on to impactions. Remember to address this with proper homecare.

NOTE: **Balance Essential Oil Blend** is for your towels and to be used in a diffuser. You may also add it to products no more than three drops per treatment and not on extremely inflamed skin.

Recommended Price: \$85 - \$125 **Time required:** 60 - 75 minutes

Products needed: Calming Cleansing Oil & Makeup Remover; Gentle Cleansing Milk; Calm, Nourish & Repair Oil; Purifying Oxygen Lotion; Gelloid Mask; Plump Me Up Hydrating Mist; Pore Purifying Toner; Purifying Mask; Ultimate Performance Exfoliating Powder; Oil Free Moisturizer; Ultimate Hydration Gel; Balance Essential Oil Blend; Revitalizing Peptide & Stem Cell Eye Gel

Directions are based on professional sizes.

Acne Treatment Protocol for Resistive, Thick, Sluggish, NON INFLAMED Skin exhibiting closed comedones, open comedones, small papules, small pustules

Improve skin clarity, reduce blemishes and soothe inflammation with our acne facial treatment. We utilize a powerful blend of exfoliating natural fruit enzymes which helps decongest pores. Potent essential oils and sulfur detoxify the skin, while plant extracts calm and soothe.

Step 1: *Cleanse to remove makeup.* Apply **Pore Clearing Cleaning Oil** to skin. Perform a cleansing massage adding water as needed. Gently remove the cleanser with a warm microfiber towel or 4 x 4's.

Step 2: *Cleanse.* Apply **Pore Clearing Cleaning Oil** to face, neck and décolleté. Perform a gentle hydrating cleansing and relaxing massage for 10 to 15 minutes, add product as necessary to maintain slip. Gently remove the cleanser with a warm microfiber towel or 4 x 4's. Blot skin dry.

Step 3: *Exfoliation.* Apply 2 TSP **Glycolic Cream** (10% 3PH) to face, neck and décolleté with a fan brush, allow to sit for 1 to 5 minutes depending on the client's skin condition. Gently remove the cleanser with a warm microfiber towel or 4 x 4's. If client is sensitive skip this step. Please note Glycolic should be applied to dry (not wet) skin.

Step 4: *Exfoliation.* Mix 1 TSP **Ultimate Performance Exfoliating Powder** with 3 pumps (1 TSP) **Gelloid** and (1 ¾ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 10 – 15 minutes (depending on client's skin condition). Gently remove the enzyme with a warm microfiber towel or 4 x 4's.

Step 5: *Exfoliation.* Apply 2 TSP **Purifying Oxygen Lotion** to face, neck and décolleté with a fan brush. Apply additional **Purifying Oxygen Lotion** to areas that are extremely congested. Allow to sit for 10 to 15 minutes, **no steam**. Blot **Purifying Oxygen Lotion** off area just prior to extraction of that area.

Step 6: Perform extractions.

Step 7: *Toner:* Apply **Pore Purifying Toner** with cotton rounds in a blotting motion to entire face.

Step 8: *Mask:* Apply 3 TSP **Purifying Mask** mixed with 1/2 TSP **Gelloid Mask**. It is important to whip the mixture until thoroughly blended (beaker and spatula recommended for mixing). Apply a thick layer to face, neck, and décolleté with a fan brush, cover with a cool compress if desired. Allow mask to sit 10–15 minutes. Gently remove the mask with a warm microfiber towel.

Step 9: *Toner:* Mist skin generously with **Plump Me Up Hydrating Mist**.

Step 10: *Eye Care.* Apply a thin layer of **Revitalizing Peptide & Stem Cell Eye Gel** to the eye area.

Step 11: *Moisturizer:* Apply appropriate Moisturizer to face, neck and décolleté. **Clarifying Moisturizer** (dry, extremely dry, normal, dehydrated), **Ultimate Hydration Gel** (oily dehydrated)

Step 12: *SPF:* Apply SPF of choice to face, neck and décolleté.

NOTE: Apply **Calm, Nourish & Repair Facial Oil** as needed to calm and soothe the skin.

NOTE: Extremely dehydrated skin will want to hold on to impactions. Remember to address this with proper homecare.

NOTE: **Balance Essential Oil Blend** is for your towels and to be used in a diffuser. You may also add it to products no more than three drops per treatment and not on extremely inflamed skin.

Recommended Price: \$85 - \$125 **Time required:** 60 - 75 minutes

Products needed: Pore Clearing Cleanser; Calm, Nourish & Repair Oil; Glycolic Cream; Purifying Oxygen Lotion; Gelloid Mask; Plump Me Up Hydrating Mist; Pore Purifying Toner; Purifying Mask; Ultimate Performance Exfoliating Powder; Clarifying Moisturizer; Ultimate Hydration Gel; Balance essential Oil Blend; Revitalizing Peptide & Stem Cell Eye Gel

Directions are based on professional sizes.

Bright & Tight Vitamin C Facial Protocol for Devitalized skin exhibiting hyperpigmentation, fine lines, wrinkles and loss of elasticity

Reveal healthy, glowing, plump skin with our Rejuvenate & Lift Vitamin C Treatment. Skin is infused with pure Vitamin C which evens skin tone, supports healthy collagen synthesis, and provides antioxidant protection. A host of B Vitamins and natural protein help feed the skin while smoothing out fine lines and wrinkles.

Step 1: *Cleanse to remove makeup.* Apply **Calming Cleansing Oil & Makeup Remover** to skin. Perform a cleansing massage adding water as needed. Gently remove the cleanser with a warm microfiber towel or 4 x 4's.

Step 2: *Cleanse.* Apply by gradually layering, 1 – 2 pumps **Calm, Nourish & Repair Oil** & 1 – 2 pumps **Gentle Cleansing Milk** to face, neck and décolleté. Perform a gentle hydrating cleansing and relaxing massage for 10 to 15 minutes, add product as necessary to maintain slip. Gently remove the cleanser with a warm microfiber towel or 100% 4 x 4's.

Blot skin dry.

Step 3: *Exfoliation.* Apply 2 TSP **Glycolic Cream** (10% 3PH) to face, neck and décolleté with a fan brush, allow to sit for 1 to 5 minutes depending on the client's skin condition. Gently remove the cleanser with a warm microfiber towel or 4 x 4's. If client is sensitive skip this step. Please note Glycolic should be applied to dry (not wet) skin.

Step 4: *Exfoliation.* Mix 1 TSP **Ultimate Performance Exfoliating Powder** with 3 pumps (1 TSP) **Gentle Cleansing Milk** and (1 ¾ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 10 – 15 minutes (depending on client's skin condition). Gently remove the enzyme with a warm microfiber towel or 4 x 4's.

Step 5: *Exfoliation.* Apply 2 TSP **Purifying Oxygen Lotion** to face, neck and décolleté with a fan brush. Apply additional **Purifying Oxygen Lotion** to areas that are extremely congested. Allow to sit for 10 to 15 minutes, **no steam**. Blot **Purifying Oxygen Lotion** off area just prior to extraction of that area.

Step 6: Perform extractions.

Step 7: *Toner:* Apply **Pore Purifying Toner** with cotton rounds to extracted areas in a blotting motion.

Step 8: *Mask:* Mix 1/4 TSP **Vitamin C Powder** and 1/4 TSP **Rejuvenate & Lift Powder Mask** with 2 TSP **Gelloid Mask** and 3 drops **Licorice Root Additive** until crystals are dissolved. Apply with a fan brush to face, in an upward and outward direction, to face, neck and décolleté. Allow mask to sit 10 to 15 minutes. Gently remove the mask with a warm microfiber towel.

Step 9: *Toner:* Mist skin generously with **Plump Me Up Hydrating Mist**.

Step 10: *Eye Care.* Apply a thin layer of **Revitalizing Peptide & Stem Cell Eye Gel or Peptide Rich & Radiant Eye Cream** to the eye area.

Step 11: *Moisturizer:* Apply appropriate Moisturizer to face, neck and décolleté. **Oil Free Moisturizer** (normal/combo, sensitive), **Calming Moisture Cream** (normal to extremely dry, sensitive), **Ultimate Hydration Gel** (all skin types, oily, dehydrated, sensitive), **Hydrating Moisture Cream** (normal to dry)

Step 12: *SPF:* Apply **Moisturizing SPF 30** to face, neck and décolleté.

NOTE: Apply **Calm, Nourish & Repair Facial Oil** as needed to calm and soothe the skin.

NOTE: **Balance Essential Oil Blend** is for your towels and to be used in a diffuser. You may also add it to products no more than three drops per treatment and not on extremely inflamed skin.

Recommended Price: \$85 - \$125 **Time required:** 60 - 75 minutes

Products needed: Calming Cleansing Oil & Makeup Remover; Gentle Cleansing Milk; Calm, Nourish & Repair Oil; Licorice Root Additive; Glycolic Cream; Ultimate Performance Exfoliating Powder; Purifying Oxygen Lotion; Pore Purifying Toner; Gelloid Mask; Plump Me Up Hydrating Mist; Vitamin C Powder; Rejuvenate & Lift Powder Mask; Oil Free Moisturizer; Ultimate Hydration Gel; Hydrating Moisture Cream; Calming Moisture Cream; Revitalizing Peptide & Stem Cell Eye Gel; Peptide Rich & Radiant Eye Cream; Balance Essential Oil Blend.

Directions are based on professional sizes.

Calm, Nourish, Repair & Protect Treatment Protocol for barrier impaired, sensitive, sensitized, inflamed, irritated, reactive and rosacea prone skin

Comfort, feed and fortify sensitive reactive skin with our Calm, Nourish and Repair Treatment. We utilize nutritious plant oils to help restore skin's barrier function. Gentle botanicals soothe and hydrate skin to restore a supple balanced complexion.

Step 1: *Cleanse to remove makeup.* Apply Calming Cleansing Oil & Makeup Remover to skin. Perform a cleansing massage adding water as needed. Gently remove the cleanser (using the press and pickup method) with a luke warm microfiber towel or 100% cotton 4 x 4's.

Step 2: *Cleanse.* Apply by gradually layering, 1 – 2 pumps Calm, Nourish & Repair Oil & 1 – 2 pumps Gentle Cleansing Milk to face, neck and décolleté. Perform a gentle hydrating cleansing and relaxing massage for 10 to 15 minutes, add product as necessary to maintain slip. Gently remove the cleanser (using the press and pickup method) with a luke warm microfiber towel or 100% cotton 4 x 4's.

Step 3: *Gentle Exfoliation (if skin is in an extremely irritated state skip this step).* Mix 1 TSP Ultimate Performance Exfoliating Powder with 3 pumps (1 TSP) Gentle Cleansing Milk and (1 ¼ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 5 – 10 minutes (depending on client's skin condition). The steamer should be three feet away so the client receives the moisture from the steam but not the heat. Gently remove the enzyme (using the press and pickup method) with a luke warm microfiber towel or 100% cotton 4 x 4's.

Step 4: *Pressure Point Massage.* Apply ½ to 1 pump Calm, Nourish & Repair Oil to face, neck and décolleté and gently press into skin and perform a pressure point massage for approximately 10 minutes. Remove excess oil with a damp cotton 4 x 4.

Step 4: *Mask (if skin is in an extremely irritated state skip this step).* Mix 1/4 TSP Vitamin C Powder with 1 TSP Gelloid Mask. Serum may foam a bit. Apply Vitamin C Powder/Gelloid Mask mixture to face, neck and décolleté with a fan brush. Do not remove.

Step 5: *Mask.* Apply 2 TSP Calm & Hydrate Cream Mask to face, neck and décolleté with a fan brush. Allow mask to sit for 10-15 minutes. Gently remove excess mask (using the press and pickup method) with a luke warm microfiber towel or 100% cotton 4 x 4's.

Step 6: *Eye Care (if skin is in an extremely irritated state skip this step).* Apply a thin layer of Revitalizing Peptide & Stem Cell Eye Gel or Peptide Rich & Radiant Eye Cream to the eye area.

Step 7: *Serum.* Apply a thin layer of Calm, Nourish & Repair Facial Oil to face, neck and décolleté.

Step 8: *Serum (if skin is in an extremely irritated state skip this step).* Apply a thin layer of Vitamin C Serum Plus and/or Hyaluronic Plumping Serum to face, neck and décolleté.

Step 9: *Moisturizer.* Apply appropriate Moisturizer to face, neck and décolleté. Calming Moisture Cream (normal to extremely dry)

Step 10: *SPF.* Apply Moisturizing SPF 30 to face, neck and décolleté.

Step 11: *Lip Care.* Apply Plump & Renew Lip Balm to lip area.

NOTE: Apply Calm, Nourish & Repair Oil as needed to calm and soothe the skin.

Recommended Price: \$85 - \$125 **Time required:** 60 - 75 minutes

Products needed: Calming Cleansing Oil & Makeup Remover, Gentle Cleansing Milk; Calm, Nourish & Repair Oil; Ultimate Performance Exfoliating Powder; Gelloid Mask; Calm & Hydrate Cream Mask; Vitamin C Powder; Calming Moisture Cream; Vitamin C Serum Plus; Hyaluronic Plumping Serum; Moisturizing SPF 30; Revitalizing Peptide & Stem Cell Eye Gel; Peptide Rich & Radiant Eye Cream; Plump & Renew Lip Balm.

Directions are based on professional sizes.

Plump & Hydrate Treatment Protocol for dry, extremely dry and dehydrated skin

Infuse desert dry, dehydrated skin with hydrating plant extracts, nourishing lipids and age defying antioxidants. The Plump and Hydrate Treatment boosts and locks in moisture for a dewy more youthful complexion. Skin instantly feels soft, supple and plump.

Step 1: *Cleanse to remove makeup.* Apply **Calming Cleansing Oil & Makeup Remover** to skin. Perform a cleansing massage adding water as needed. Gently remove the cleanser (using the press and pickup method) with a luke warm microfiber towel or 100% cotton 4 x 4's.

Step 2: *Cleanse.* Apply by gradually layering, 1 – 2 pumps **Calm, Nourish & Repair Oil** & 1 – 2 pumps **Gentle Cleansing Milk** to face, neck and décolleté. Perform a gentle hydrating cleansing and relaxing massage for 10 to 15 minutes, add product as necessary to maintain slip. Gently remove the cleanser with a warm microfiber towel or 100% 4 x 4's.

Blot skin dry.

Step 3: *Toner:* Mist skin with **Plump Me Up Hydrating Mist**.

Step 4: *Exfoliation.* Mix 1 TSP **Ultimate Performance Exfoliating Powder** with 3 pumps (1 TSP) **Gentle Cleansing Milk** and (1 ¼ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 10 – 15 minutes (depending on client's skin condition). Gently remove the enzyme with a warm microfiber towel or 4 x 4's.

Step 5: Perform extractions if necessary.

Step 6: *Toner:* Apply **Pore Purifying Toner** with cotton rounds to extracted areas in a blotting motion.

Step 7: *Toner:* Mist skin with **Plump Me Up Hydrating Mist**.

Step 8: *Serum:* Apply ½ pump (1/4 TSP) **Calm, Nourish & Repair Facial Oil** to face, neck and décolleté and gently press or massage into skin.

Step 9: *Mask:* Mix 1/4 TSP **Vitamin C Powder** with 1/4 TSP **Rejuvenate & Lift Powder Mask**, 1 3/4 TSP **Gelloid Mask** and ¼ TSP **Hyaluronic Plumping Serum**. Whip mixture with a fan brush until cohesive. Apply immediately with a fan brush to face, neck and décolleté, in an upward and outward direction. Do not remove.

Step 10: *Mask:* Apply 2 TSP **Calm & Hydrate Cream Mask** to face, neck, and décolleté with a fan brush. Allow to remain on the skin for 10–15 minutes. Gently remove the mask with a warm microfiber towel.

Step 11: *Toner:* Mist Skin with **Plump Me Up Hydrating Mist**.

Step 12: *Serum:* Apply a thin layer of **Hyaluronic Plumping Serum** to face, neck and décolleté.

Step 13: *Eye Care.* Apply a thin layer of **Revitalizing Peptide & Stem Cell Eye Gel or Peptide Rich & Radiant Eye Cream** to the eye area.

Step 14: *Serum:* Apply a thin layer of **Calm, Nourish & Repair Facial Oil** to face, neck and décolleté.

Step 15: *Moisturizer:* Apply appropriate Moisturizer to face, neck and décolleté. **Oil Free Moisturizer** (normal/combination, sensitive), **Calming Moisture Cream** (normal to extremely dry, sensitive), **Ultimate Hydration Gel** (all skin types, oily, dehydrated, sensitive), **Hydrating Moisture Cream** (normal to dry).

Step 16: *SPF:* Apply **Moisturizing SPF 30** to face, neck and décolleté.

Step 17: *Lip Care:* Apply **Plump & Renew Lip Balm** to lip area.

NOTE: Apply **Calm, Nourish & Repair Facial Oil** as needed to calm and soothe the skin.

NOTE: **Balance Essential Oil Blend** is for your towels and to be used in a diffuser. You may also add it to products no more than three drops per treatment and not on extremely inflamed skin.

Recommended Price: \$85 - \$125 **Time required:** 60 - 75 minutes

Products needed: Calming Cleansing Oil & Makeup Remover; Gentle Cleansing Milk; Calm, Nourish & Repair Oil; Ultimate Performance Exfoliating Powder; Pore Purifying Toner; Vitamin C Powder; Rejuvenate & Lift Powder Mask; Gelloid Mask; Hyaluronic Plumping Serum; Calm & Hydrate Cream Mask; Plump Me Up Hydrating Mist; Oil Free Moisturizer; Calming Moisture Cream; Ultimate Hydration Gel; Hydrating Moisture Cream; Revitalizing Peptide & Stem Cell Eye Gel; Peptide Rich & Radiant Eye Cream; Moisturizing SPF 30; Plump & Renew Lip Balm; Balance Essential Oil Blend.

Directions are based on professional sizes.

Ultimate Pumpkin Peel Facial Protocol for skin exhibiting hyperpigmentation, fine lines, wrinkles, sagging, scarring and impacted pores

Diminishes the look of discoloration, age spots and other forms of hyperpigmentation, while re-texturizing and reducing the look of lines and wrinkles. Helps soften visible scarring and alleviate impacted pores.

Step 1: *Cleanse to remove makeup.* Apply **Calming Cleansing Oil & Makeup Remover** to skin. Perform a cleansing massage adding water as needed. Gently remove the cleanser (using the press and pickup method) with a luke warm microfiber towel or 100% cotton 4 x 4's.

Step 2: *Cleanse.* Apply by gradually layering, 1 – 2 pumps **Calm, Nourish & Repair Oil** & 1 – 2 pumps **Gentle Cleansing Milk** to face, neck and décolleté. Perform a gentle hydrating cleansing and relaxing massage for 10 to 15 minutes, add product as necessary to maintain slip. Gently remove the cleanser with a warm microfiber towel or 100% 4 x 4's.

Step 3: *Exfoliation.* Mix 1 TSP **Ultimate Performance Exfoliating Powder** with 3 pumps (1 TSP) **Gentle Cleansing Milk** and (1 ¼ TSP) distilled water, mix to achieve the consistency of pancake batter. Apply mask with a fan brush to face, neck and décolleté, cover client's eyes with soothing eye pads and allow the client to steam 10 – 15 minutes (depending on client's skin condition). Gently remove the enzyme with a warm microfiber towel or 4 x 4's.

Step 4: *Exfoliation.* Apply 3/4 TSP **Ultimate Pumpkin Peel** (40% 3PH-Professional Only) to face, neck and décolleté with a fan brush, allow to sit for 2 to 10 minutes depending on the client's skin condition. Gently remove the peel with a cool microfiber towel or 4 x 4's. Please note Pumpkin Peel should be applied to dry (not wet) skin.

Step 5: *Mask:* Mix 1/4 TSP **Vitamin C Powder** with 1/4 TSP **Rejuvenate & Lift Powder Mask**, 1 3/4 TSP **Geloid Mask** and 6 drops **Licorice Root Additive**. Whip mixture with a fan brush until cohesive. Apply immediately with a fan brush to face, neck and décolleté, in an upward and outward direction. Allow mask to sit 10 to 15 minutes. Gently remove the mask with a warm microfiber towel.

Step 6: *Eye Care.* Apply a thin layer of **Revitalizing Peptide & Stem Cell Eye Gel** or **Peptide Rich & Radiant Eye Cream** to the eye area.

Step 7: *Moisturizer:* Apply appropriate Moisturizer to face, neck and décolleté. **Oil Free Moisturizer** (normal/combination, sensitive), **Calming Moisture Cream** (normal to extremely dry, sensitive), **Ultimate Hydration Gel** (all skin types, oily, dehydrated, sensitive), **Hydrating Moisture Cream** (normal to dry)

Step 8: *SPF:* Apply **Moisturizing SPF 30** to face, neck and décolleté.

Step 9: *Lip Care:* Apply **Plump & Renew Lip Balm** to lip area.

NOTE: Apply **Calm, Nourish & Repair Facial Oil** as needed to calm and soothe the skin.

NOTE: **Balance Essential Oil Blend** is for your towels and to be used in a diffuser. You may also add it to products no more than three drops per treatment and not on extremely inflamed skin.

Recommended Price: \$85 - \$125 **Time required:** 60 - 75 minutes

Products needed: Calming Cleansing Oil & Makeup Remover; Gentle Cleansing Milk; Calm, Nourish & Repair Oil; Licorice Root Additive; Ultimate Pumpkin Peel; Ultimate Performance Exfoliating Powder; Geloid Mask; Vitamin C Powder; Rejuvenate & Lift Powder Mask; Oil Free Moisturizer; Ultimate Hydration Gel; Hydrating Moisture Cream; Calming Moisture Cream; Revitalizing Peptide & Stem Cell Eye Gel; Peptide Rich & Radiant Eye Cream; Plump & Renew Lip Balm; Moisturizing SPF 30; Balance Essential Oil Blend.

Directions are based on professional sizes.

HOME CARE INSTRUCTIONS for Acne Prone Skin

Treatment ROUTINE in order of steps:

Cleanser AM: _____

Cleanser PM: _____

Apply cleanser to face and neck, add warm water. Massage with finger tips and cleanse for two minutes. (Some cleansers may not lather). Remove cleanser with wash cloth and pat dry.

Tonic/Toner AM: _____

Tonic/Toner PM: _____

Apply to face and neck by pressing into the skin with a cotton round or misting.

Exfoliant: Use of _____ is recommended _____, days per week A.M. and / or P.M. If it is your day to exfoliate please use your toner or tonic after the exfoliation step. Follow instructions on packaging of product.

Eye Care AM: _____

Eye Care PM: _____

Apply a thin coat to the orbital area of the eye.

Neck Care AM and PM: _____

Apply a thin coat to the neck until fully absorbed.

Serum/Treatment Product 1 Use of _____ is recommended _____, days per week A.M. and / or P.M. Use a small amount; apply to face and neck until fully absorbed.

Serum/Treatment Product 2 Use of _____ is recommended _____, days per week A.M. and / or P.M. Use a small amount; apply to face and neck until fully absorbed.

Serum/Treatment Product 3 Use of _____ is recommended _____, days per week A.M. and / or P.M. Use a small amount; apply to face and neck until fully absorbed.

Moisturizer AM: _____

Moisturizer PM: _____

Apply a thin coat to face, neck and chest.

Sunscreen AM: _____

Apply to the entire face and neck. Reapply after swimming or perspiring to help prevent premature aging, and darkening of hyper-pigmented spots.

Mask: Use of _____ is recommended _____, times per week A.M. or P.M.

Apply a liberal amount of mask TO CLEAN SKIN with brush OR fingertips, do not allow to dry if the mask is clay based. Leave mask on for 10-20 minutes. Remove with wash cloth. Do not rub dead skin off!

ADDITIONAL IMPORTANT INFORMATION FOR ACNE PRONE SKIN:

***For inflamed acne** - ICE FACE for two minutes: Place ice cube in a plastic baggie and apply gently to inflamed breakouts, count to 10 slowly, then move to next area. DO NOT SKIP THIS STEP! Ice reduces inflammation and allows medication to penetrate better. Pat dry after icing.

***To Spot Treat:**

(1) Apply BPO Lotion using a Q-tip to tips of inflamed acne lesions or razor bumps – NOT ON SURROUNDING SKIN. Allow to dry.

(2) Apply Purifying Mask over spots and allow to dry thoroughly before retiring (at least 30 minutes).

***Regarding Shaving:** Always shave in the directions of hair growth; with a single-edge blade. Avoid perfumed or "medicated" shaving creams and after-shave lotions.

PAGE 53

***Change pillow case every other night, flip the pillow once then change the pillow case.**

*If breakouts form around mouth use Jason's toothpaste or another sodium lauryl sulfate (SLS) free toothpaste.

*Remove sweat immediately after a workout with water or an Herbal Cleansing Wipe.

Additional Instructions/Recommendations:

- 1) Increase water intake _____ ounces daily. **GOAL:** Body weight divide by 2 = Total ounces of water per day
- 2) Chart food and drink (Amount not necessary).
- 3) Read Enclosed Information:
- 4) Series of treatments recommended: _____ times ☐ Weekly ☐ Monthly for _____ ☐ Weeks ☐ Months

Please note with some serums/treatment products a mild tingling may occur.

HOME CARE INSTRUCTIONS

Treatment ROUTINE in order of steps:

Cleanser AM: _____

Cleanser PM: _____

Apply cleanser to face and neck, add warm water. Massage with finger tips and cleanse for two minutes. (Some cleansers may not lather). Remove cleanser with wash cloth and pat dry.

Tonic/Toner AM: _____

Tonic/Toner PM: _____

Apply to face and neck by pressing into the skin with a cotton round or misting.

Exfoliant: Use of _____ is recommended _____, days per week A.M. and / or P.M. If it is your day to exfoliate please use your toner or tonic after the exfoliation step. Follow instructions on packaging of product.

Eye Care AM: _____

Eye Care PM: _____

Apply a thin coat to the orbital area of the eye.

Neck Care AM and PM: _____

Apply a thin coat to the neck until fully absorbed.

Serum/Treatment Product 1 Use of _____ is recommended _____, days per week A.M. and / or P.M. Use a small amount; apply to face and neck until fully absorbed.

Serum/Treatment Product 2 Use of _____ is recommended _____, days per week A.M. and / or P.M. Use a small amount; apply to face and neck until fully absorbed.

Serum/Treatment Product 3 Use of _____ is recommended _____, days per week A.M. and / or P.M. Use a small amount; apply to face and neck until fully absorbed.

Moisturizer AM: _____

Moisturizer PM: _____

Apply a thin coat to face, neck and chest.

Sunscreen AM: _____

Apply to the entire face and neck. Reapply after swimming or perspiring to help prevent premature aging, and darkening of hyper-pigmented spots.

Mask: Use of _____ is recommended _____, times per week A.M. or P.M.

Apply a liberal amount of mask TO CLEAN SKIN with brush OR fingertips, do not allow to dry if the mask is clay based. Leave mask on for 10-20 minutes. Remove with wash cloth. Do not rub dead skin off!

Please note with some serums/treatment products a mild tingling may occur.

We cannot guarantee results if you are using products other than Michele Corley Clinical Skin Care.

ADDITIONAL INSTRUCTIONS/RECOMMENDATIONS:

5) INCREASE WATER INTAKE _____ OUNCES DAILY. **GOAL:** Body weight divide by 2 = Total ounces of water per day

6) CHART FOOD AND DRINK (**AMOUNT NOT NECESSARY**).

7) READ ENCLOSED INFORMATION:

8) SERIES OF TREATMENTS RECOMMENDED: _____ TIMES ☐ Weekly ☐ Monthly for _____ ☐ Weeks ☐ Months

Recommended Home Care for devitalized skin exhibiting environmental damage, fine lines, wrinkles, irregular pigmentation, sagging

Cleanser Choices:

For normal to dry skin: **Gentle Cleansing Milk, Calming Cleansing Oil, Restorative Creamy Cleanser, Resurfacing Glycolic Face Wash, Hydrating Face Wash** (AM and PM)

For normal, combination, or oily skin: **Pore Purifying Cleanser, Corrective Salicylic Cleanser** (AM and PM)

Toner:

Plump Me Up Hydrating Mist (AM and PM) *anti-oxidant rich and humectant rich*

Exfoliant Choices:

For all skin types and conditions: **Ultimate Performance Exfoliating Powder** (AM and/or PM) decongests pores, calming

For normal, combination, oily: **Retexturizing Foaming Scrub** (AM and/or PM)

Serum/Treatment Choices *:** (Product Choices and number of serums/treatment products depend on skin tolerance and clients' willingness):

Brighten & Restore Complex (Natures Retinol Alternative) (AM and PM) *helps reverse and repair fine lines, wrinkles, hyperpigmentation, sagging - is also preventative and hydrating.*

Vitamin C Serum Plus (AM and PM) *exceptional for reversal and prevention of fine lines, wrinkles, hyperpigmentation.*

Glycolic Age Defying Serum or Glycolic Cream (AM and/or PM) *exceptional for reversal and prevention of clogged pores, fine lines, wrinkles, also nicely exfoliating and gives the skin a pretty glow.*

Hyaluronic Plumping Serum (AM and PM) *gel serum, three molecular weights of hyaluronic acid, extremely hydrating*

Peptide Rich & Radiant Eye Cream (AM and PM) *exceptional for reversal and prevention of fine lines, wrinkles, dark circles & puffiness*

Plump & Renew Lip Balm (Liberally) *tames fine lines and wrinkles on and around the lip area, increases elasticity and hydration*

Moisturizer Choices:

For normal, dry skin: **Hydrating Moisture Cream** (AM and PM) *medium weight, antioxidant and humectant rich*

For normal, dry, combination, dehydrated skin: **Ultimate Hydration Gel** (AM and PM) *gel moisturizer, antioxidant and humectant rich*

For extremely dry skin: **Ultra-Rich Moisture Cream** (AM and PM) *rich luxurious, antioxidant and humectant rich*

Mask Choices:

Plump & Renew Treatment Mask - Remember NOT to allow mask to dry on skin. *Detoxifying, rejuvenating, hydrating*

Rejuvenate & Lift Powder Mask w/ Gelloid Mask *excellent for diminishing the appearance of fine lines, wrinkles, brown spots, sagging and congested pores*

SPF:

Moisturizing SPF 30 (original, hint of tint, light, medium, dark) *protective, nourishing, restorative*

Please note the serums/treatment products may be used in conjunction with one another as determined by you. It is best to acclimate the client's skin to the products gradually.

Recommended Home Care for INFLAMED Skin exhibiting closed comedones, open comedones, large papules, large pustules, nodules and cysts

Cleanser Choices:

For normal to dry Skin: **Pore Clearing Cleansing Oil** (AM and PM)

For normal, combination, or oily skin: **Pore Clearing Cleansing Oil** (AM and PM) and/ or **Pore Purifying (Gel) Cleanser** (AM and PM)

Toner:

Pore Purifying Toner (AM and PM) be sure and apply with a blotting motion (don't rub) *anti-inflammatory, antibacterial*

Exfoliant:

Ultimate Performance Exfoliating Powder (once daily) *decongests pores, calming*

Serum/Treatment Choices *:** (Product Choices and number of serums/treatment products depends on grade of acne and skin tolerance):

Purifying Oxygen Lotion (AM and PM) *kills bacteria, decongests pores*

Blemish Be Gone (AM and PM) *decongests pores*

Vitamin C Powder with Activator (AM and PM) *exceptional for Post Inflammatory Hyperpigmentation and calming inflammation.*

Calm, Nourish and Repair Facial Oil (as needed) *for extremely sensitive, sensitized, inflamed, use as a buffer for stronger products by applying a thin layer.*

Moisturizer Choices:

For normal, dry, combination skin: **Clarifying Moisturizer** (AM and PM) *light lotion, antioxidant and humectant rich*

For oily dehydrated skin: **Ultimate Hydration Gel** (AM and PM) *gel moisturizer, antioxidant and humectant rich*

Mask:

Purifying Mask (once daily) the more they mask, the faster they will clear. Remember to NOT allow mask to dry on skin. *Detoxifying, nourishing, hydrating, calming, re mineralizing*

SPF: SPF of choice that is non-clogging

Purifying Oxygen Lotion is a super star for decongesting the skin without drying. It is a better choice for people that won't adhere to home care instructions for BPO.

Blemish Be Gone is our AHA/BHA treatment product it will help keep the pores clear.

Vitamin C Powder with Activator (AM and PM) *exceptional for Post Inflammatory Hyperpigmentation and calming inflammation.*

Calm, Nourish and Repair Oil (as needed) can be used as a buffer with stronger products.

Please note the serums/treatment products may be used in conjunction with one another as determined by you. It is extremely important to acclimate the client's skin to the products gradually.

Recommended Home Care for lipid dry and/ or dehydrated skin

Cleanser Choices:

For normal to dry skin: **Gentle Cleansing Milk**, **Calming Cleansing Oil**, **Restorative Creamy Cleanser**, **Resurfacing Glycolic Face Wash**, **Hydrating Face Wash**

Toner:

Plump Me Up Hydrating Mist (AM and PM) *anti-oxidant rich and humectant rich*

Exfoliant Choices:

For all skin types and conditions: **Ultimate Performance Exfoliating Powder** (AM and/or PM) decongests pores, calming

For normal, combination, oily: **Retexturizing Foaming Scrub** (AM and/or PM)

Serum/Treatment Choices: (Product Choices and number of serums/treatment products depend on skin tolerance and client's willingness):

Hyaluronic Plumping Serum (AM and PM) *gel serum, three molecular weights of hyaluronic acid, extremely hydrating*

Lipid Replenishing Drops (AM and PM or as needed) *for lipid dry skin, like a drink of lipids for the skin*

Brighten & Restore Complex (Natures Retinol Alternative) (AM and PM) *helps reverse and repair fine lines, wrinkles, hyperpigmentation, sagging - is also preventative and hydrating.*

Moisturizer Choices:

For dry skin: **Hydrating Moisture Cream** (AM and PM) *medium weight, antioxidant and humectant rich*

For extremely dry skin: **Ultra-Rich Moisture Cream** (AM and PM) *rich luxurious, antioxidant and humectant rich*

For dehydrated skin: **Ultimate Hydration Gel** (AM and PM) *gel moisturizer, antioxidant and humectant rich, like a drink of water for the skin*

Mask Choices:

Plump & Renew Treatment Mask - Remember to NOT allow mask to dry on skin. *Detoxifying, rejuvenating, hydrating*

Calm & Hydrate Cream Mask (PM) *calms while restoring hydration and softness to the skin*

SPF:

Moisturizing SPF 30 (original, hint of tint, light, medium, dark) *protective, nourishing, restorative*

Additional fabulous products based on individual needs:

Vitamin C Serum Plus (AM and PM) *exceptional for reversal and prevention of fine lines, wrinkles, hyperpigmentation; extremely hydrating*

Peptide Rich & Radiant Eye Cream (AM and PM) *exceptional for reversal and prevention of fine lines, wrinkles, dark circles & puffiness*

Plump & Renew Lip Balm (Liberally) *tames fine lines and wrinkles on and around the lip area, increases elasticity and hydration*

Please note the serums/treatment products may be used in conjunction with one another as determined by you. It is best to acclimate the client's skin to the products gradually.

Recommended Home Care for Resistive, Thick, Sluggish, NON INFLAMED Skin exhibiting closed comedones, open comedones, small papules, small pustules

Cleanser Choices:

For normal to dry skin: **Pore Clearing Cleansing Oil** (AM and PM) or **Hydrating (Gel) Face Wash** (AM and PM)

For normal, combination, or oily skin: **Pore Purifying (Gel) Cleanser** or **Corrective Salicylic (Gel) Cleanser** (AM and PM)

Toner:

Pore Purifying Toner (AM and PM) be sure and apply with a blotting motion (don't rub) *anti-inflammatory, antibacterial*

Exfoliant:

For all skin types and conditions: **Ultimate Performance Exfoliating Powder** (AM and/or PM) decongests pores, calming

Serum/Treatment Choices *:** (Product Choices and number of serums/treatment products depend on grade of acne and skin tolerance):

Purifying Oxygen Lotion (AM and PM) *kills bacteria, decongests pores*

Blemish Be Gone (AM and PM) *decongests pores, anti-aging*

Moisturizer Choices:

For normal, dry, combination skin: **Clarifying Moisturizer** (AM and PM) *light lotion, antioxidant and humectant rich*

For all skin types, dehydrated skin: **Ultimate Hydration Gel** (AM and PM) *gel moisturizer, antioxidant and humectant rich*

Mask:

Purifying Mask – the more they mask the faster they will clear. Remember to NOT allow mask to dry on skin. *Detoxifying, nourishing, hydrating, calming, re mineralizing*

SPF: SPF of choice that is non-clogging

Purifying Oxygen Lotion is a super star for decongesting the skin without drying. It is a better choice for people that won't adhere to home care instructions for BPO.

Blemish Be Gone is our AHA/BHA treatment product it will help keep the pores clear.

Vitamin C Powder with Activator (AM and PM) *exceptional for Post Inflammatory Hyperpigmentation and calming inflammation.*

Please note the serums/treatment products may be used in conjunction with one another as determined by you. It is extremely important to acclimate the client's skin to the products gradually.

Recommended Home Care for Oily and or Combination Skin

Cleanser Choices:

For combination, or oily skin: **Pore Purifying Cleanser, Corrective Salicylic Cleanser** (AM and PM)

Toner:

Pore Purifying Toner (AM and PM) *anti-inflammatory, antibacterial*

Exfoliant Choices:

For all skin types and conditions: **Ultimate Performance Exfoliating Powder** (AM and/or PM) *decongests pores, calming*

For normal, combination, oily: **Retexturizing Foaming Scrub** (AM and/or PM)

Serum/Treatment Choices *:** Product Choices and number of serums/treatment products depend on skin tolerance and client's willingness):

Purifying Oxygen Lotion (AM and PM) *kills bacteria, decongests pores*

Blemish Be Gone (AM and PM) *decongests pores, anti-aging*

Moisturizer Choices:

For combination skin: **Clarifying Moisturizer** (AM and PM) *light lotion, antioxidant and humectant rich*

For oily, combination, dehydrated skin: **Ultimate Hydration Gel** (AM and PM) *gel moisturizer, antioxidant and humectant rich*

Mask:

Purifying Mask – Remember to NOT allow mask to dry on skin. *Detoxifying, nourishing, hydrating, calming, re-mineralizing*

SPF:

SPF

Additional fabulous products based on individual needs:

Glycolic Age Defying Serum or **Glycolic Cream** (AM and/or PM) *exceptional for reversal and prevention of clogged pores, fine lines, wrinkles, also nicely exfoliating and gives the skin a pretty glow.*

Vitamin C Serum Plus (AM and PM) *exceptional for reversal and prevention of fine lines, wrinkles, hyperpigmentation*

Renewal Eye & Neck Serum (AM and PM) *visibly removes puffiness while creating perfect moisture balance. Illuminates dark circles*

Plump & Renew Lip Balm (Liberally) *tames fine lines and wrinkles on and around the lip area, increases elasticity and hydration*

Purifying Oxygen Lotion is a super star for decongesting the skin without drying.

Please note the serums/treatment products may be used in conjunction with one another as determined by you. It is best to acclimate the client's skin to the products gradually.

Recommended Home Care for Sensitive, Sensitized, Inflamed, Irritated, Rosacea Prone Skin

Cleanser Choices:

For normal to dry skin: **Gentle Cleansing Milk** (AM and PM)

For normal to dry extremely reactive compromised skin: **Calming Cleansing Oil** (AM and PM)

Exfoliant:

For all skin types and conditions: **Ultimate Performance Exfoliating Powder** (AM and/or PM) *decongests pores, soothing, calming*

Serum/Treatment Choices*:** (Product Choices and number of serums/treatment products depend on skin tolerance and clients willingness):

Calm, Nourish and Repair Oil 911 (as needed) *for extremely sensitive, sensitized, inflamed, quite calming and soothing. Great for barrier repair and protection.*

Licorice Root Additive (AM and PM) *calms, soothes and brightens*

Calming Serum (AM and PM) *alleviates redness, soothes sensitive skin. Botanicals and antioxidants calm and prevent future irritation*

Vitamin C Serum Plus (AM and PM) *exceptional for calming inflammation, helps reverse and repair fine lines, wrinkles, hyperpigmentation, stagnated capillary activity and sagging. May use Calm, Nourish and Repair Facial Oil to buffer if necessary*

Brighten & Restore Complex (Natures Retinol Alternative) (AM and PM) *helps reverse and repair fine lines, wrinkles, hyperpigmentation, sagging - is also preventative and hydrating.*

Purifying Oxygen Lotion for ACNE rosacea acclimate the skin gradually. Once every other day, then daily, then AM and PM.

Moisturizer Choices:

For normal, dry, combination skin: **Clarifying Moisturizer** (AM and PM) *light lotion, antioxidant and humectant rich*

For oily dehydrated skin: **Ultimate Hydration Gel** (AM and PM) *gel moisturizer, antioxidant and humectant rich*

For dry to extremely dry skin: **Calming Moisture Cream** (AM and PM) *medium to heavy weight cream, antioxidant and humectant rich*

Mask:

Calm & Hydrate Cream Mask (AM and PM) *calms while restoring hydration and softness to the skin*

SPF:

Moisturizing SPF 30 *protective, nourishing, restorative*

Additional fabulous products based on individual needs:

Peptide Rich & Radiant Eye Cream (AM and PM) *hydrating, smooths fine lines and wrinkles, reverses dark circles and puffiness*

Plump & Renew Lip Balm (Liberally) *tames fine lines and wrinkles on and around the lip area, increases elasticity and hydration*

Please note the serums/treatment products may be used in conjunction with one another as determined by you. It is best to acclimate the client's skin to the products gradually.