

# group learning experiences

# 2011

enriching lives,  
building community  
through the teaching of  
traditional northern crafts



group learning is a dynamic and inspiring arena where group's really touch North House Folk School's educational mission - experiencing a place where learning together enriches the lives of people and builds an enhanced sense of community. Whether a group arrives on campus for an afternoon "Tour & Taste" or spends the day handcrafting a "North Woods Paddle", North House is committed to offering a unique opportunity to experience the power and importance of hands-on learning together.

North House works with group leaders to shape unique learning experiences that reflect the interests and abilities of the participants. All groups are welcome - whether a school group, alumni organization, extended family, scout troupe or tour group. The attached list of learning experiences serves as a useful guide to helping you shape your group learning experience on the North House Folk School campus. Specific group enrollment and participation guidelines define the basic process of working together.

Early inquiries and flexibility of scheduling will maximize the range of opportunities available for each group. Questions and inquiries are welcome throughout the year at 218-387-9762 or [info@northhouse.org](mailto:info@northhouse.org)



# tour campus

**Length:** 45 minutes

**Suggested Start Times:** 10am, 2pm and 5pm

## **Group Project Description -**

See the classrooms, learn about the student projects, and discover the story, magic and history that makes up the inspirational North House Folk School with a guided campus tour. The most popular way for a group to visit North House. You'll learn not only about what it is we teach, sharing course examples and getting inside the classrooms, you'll also enjoy a presentation on how we teach - and what makes us a Folk School!

Do you know the difference between a lapstrake and carvel planked wooden boat? Ever heard of the female Scandinavian diety, the Hjordis? Take a group campus tour and find out! Please call to register your group no less than three weeks prior to your visit.

**Fee:** \$75 per tour (for groups up to 25)

note: for groups larger than 25 people, an additional \$3/person will be charged

**Minimum:** 6 people

**Maximum:** 50 people per tour

**What To Bring:** walking shoes; camera; and lots of questions!

# taste of north house

**Length:** 2 hrs

**Suggested Start Times:** 10am; 2pm; 6pm

## **Group Project Description -**

Get a guided tour of the workshops at the North House Folk School and discover the most treasured item – the harbor side wood-fired brick oven. This is a great opportunity for groups to have a 'hands-on' learning opportunity with results everyone loves - PIZZA!!! In a picnic-style environment, participants will hand-roll their own pizza dough and craft Italian-style wood-fired pizzas (personal size - 12"-14") in our outdoor wood-fired oven. North House provides the dough, the heat and the oven. The group provides toppings (sauce, cheese, vegetables and anything else they desire) and additional condiments, beverages and side dishes.

**Fee:** \$20 per participant (Nov-Apr); \$25 per participant (May-Oct)

**Materials Fee:** \$5 per participant

**Minimum:** 15 people

**Maximum:** 40 people

**What To Bring:** toppings (sauce, cheese, vegetables, etc.) for entire group; beverages and side dishes as desired; clothing desirable for baking (aprons if desired), indoors and out; a healthy appetite and willingness to learn!

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# Wood-fired flatbreads

**Length:** 3 hrs

**Suggested Start Times:** 9am; 1pm

## **Group Project Description -**

Discover how this most basic of breads has been interpreted by cultures around the world. Then get your hands in some dough and create flatbreads to bake in North House's outdoor wood-fired oven. Each small group will prepare a different variety of flatbread to be sampled by the group. Participants go home with the comfort, skill and knowledge to make flatbreads in their own oven, including recipes and samples from the group project. A wonderful, hands-on intergenerational activity for adults and children that's sure to inspire a love for life-long learning.

**Fees:** \$40 per participant (Nov-Apr); \$45 per participant (May-Oct)

**Materials Fees:** \$8 per participant

**Minimum:** 6 people

**Maximum:** 15 people

**What To Bring:** Each participant might want to bring an apron or clothes to bake in, of course, your camera!

# Lake superior schooner adventure

**Length:** 2 hrs

**Suggested Start Times:** 9am; 11:30am; 2:30pm and 5pm

## **Group Project Description -**

Hoist the sails and experience the magic of moving a 50' schooner under the power of the wind. Departing from the North House dock, the group will experience Lake Superior from the vantage point of 'looking back' at the picturesque Sawtooth mountain range and discover the craft of sail. Note: 1 adult supervisor per group is required to participate per sail and is counted as a participant. Sail times are limited to 9am; 11:30am; 2:30pm and 5pm.

**Fee:** \$45 per participant (May-Sept)

**Materials Fee:** Included

**Minimum:** 4 people

**Maximum:** 6 people

**What To Bring:** warm clothing (sweaters, long pants, jackets); sunglasses/sunblock if desired; camera, naturally!

## extend your stay

**Length:** Full Day

### **Group Adventure - Lake Superior Schooner Full Day**

Extend your sailing adventure by spending the full day on Lake Superior aboard Hjordis. Your sailing adventure includes an introduction to the craft of sail as well as a choice to focus on one of three specific hands-on, entertaining projects while out at sea - limnology (the study of freshwater and the fisheries of Lake Superior), knot-tying or traditional navigation. Must register as a group of 4-6 people.

**Fee:** \$150 per participant (May-Sept)

**Materials Fee:** Included

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# paddlemaking

**Length:** 1 day (9am-5pm)

**Suggested Start Times:** 9am

## **Group Project Description -**

With the Boundary Waters Canoe Area out our backdoor and Lake Superior out the front door, canoes and paddles have plied our northern waterways for thousands of years. From the colorful traditions of the French Voyageurs to the inventive styles of the birch bark canoe by the Ojibwe, the canoe paddle is a signature trademark of the North. Each participant in the group will carve their own paddle with simple hand tools. Learn about wood selection and wood grain considerations as well as paddle sizing, the theory of shape as applied to handles, shafts and blades. Each student will leave this course with a custom designed basswood paddle. Combine this hands-on learning experience with a historic site visit to Grand Portage National Monument (40 minutes from campus) or a recreational experience in the Boundary Waters Canoe Area (20 minutes from campus).

**Fees:** \$65 per participant (Nov-Apr); \$70 per participant (May-Oct)

**Materials Fees:** \$40 per participant

**Minimum:** 6 people

**Maximum:** 12 people

**What To Bring:** work clothes

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# birch bark weaving

**Length:** 3 hrs

**Suggested Start Times:** 9am; 1pm

## **Group Project Description -**

Discover the signature tree species of northern climates – the birch tree. The birch tree has been utilized as a resource for many northern cultures - as far ranging as the regional Anishinabe traditions of the berry basket to the mats, shoes and pack baskets of Scandinavia and Russia. This group project brings North House Folk School's award-winning 'how-to' book, Celebrating Birch, alive with a variety of small, hands-on bark weaving projects for group participants to choose from. Small woven mats, finger baskets (rings), collection baskets, scissor or knife sheaths, and/or ornamental stars are just some of the possible projects for participants to try their hand at.

**Fees:** \$35 per participant (Nov-Apr); \$45 per participant (May-Oct)

**Materials Fees:** \$5 per participant

**Minimum:** 6 people

**Maximum:** 15 people

**What To Bring:** your enthusiasm and willingness to learn!

## extend your stay

**Length:** 5-10 days

### **Group Adventure - Timber Framing - Group Building**

The structure of the partnership that makes this course a reality is simple – shape, recruit, build, raise. Working with North House, the organization shapes/designs a timber frame structure that will meet its needs. Once the project size and dates are defined, the organization recruits a group of project participants who journey to the North House campus to build together. At the close of the experience, the group journeys home to raise their cut frame and put it to use.

**Fees:** Varies By Size - Contact North House to Arrange

# inspiring presentations and slide shows

## **Presentation #1 - Traditional Workboats of the North with traditional boatbuilder Mark Hansen**

**Length:** 1 hr

From birch bark canoes to Norwegian prams, the wooden workboats of the northern hemisphere have intrigued North House Folk School co-founder and boat builder, Mark Hansen, since he was a child. With a keen interest in boatbuilding, Mark set out on a sojourn to the Norwegian fjords in search of boats, their builders and the traditional occupations that used them. This slideshow brings the audience into the boat shops and into the lives of those whose are inextricably tied to the watercraft they use. In addition to the wooden boats, Mark witnessed the unique folk school model of education on his trip, paving the way to North House Folk School's educational mission.

## **Presentation #2 - In Search of the Elusive Caribou - Traditions & Tracking On Lake Nipigon**

**Length:** 1 hr

When the snowflakes begin to fly, most people put up their canoes for winter and plan for next summer's wilderness adventure. For Mark Hansen, that's the time to pull out a canoe of a different brand and explore the frozen waterways of the North. Mark has been using a 'winter canoe', a traditional wilderness travel outfit in the Boundary Waters and Lake Nipigon for more than two decades to explore the wintered wilderness. Mark's presentation touches on the benefits (and the disadvantages) of the traditional outfit - from clothing (anoraks and mukluks) to transportation (wooden toboggans) to shelter types (circular yurts to wall tents). The talk is complemented by a slide show on a two-month long visit to Lake Nipigon - the "6th Great Lake" - as part of an Ontario Ministry of Natural Resources supported expedition to search for a small band of nomadic caribou. In his presentation, Mark brings the 'build your own' concept (very illustrative of North House's educational efforts) to his adventure and has participants whittling away on a wooden knife. He shares hands-on strategies for enjoying (and surviving) the outdoors that outdoor educators and enthusiasts alike will find beneficial to expand on their educational strategies. More than just 'show and tell', there will be plenty of time and opportunity for the participants to ask questions and 'try on the traditional outfit' themselves.

## **Presentation #3 - A Freshwater Wilderness To Explore - Presenting Lake Superior with Captain Matthew Brown**

**Length:** 1 hr

As the largest freshwater underwater wilderness in the world, Lake Superior facts, myths and legends are widespread – creating an incredible story of where human and nature coincide, developing a relationship of understanding and mutual respect. Since 1997, Captain Matthew Brown has centered his sailing and teaching career on Lake Superior aboard the 50' North House Folk Schooner, Hjordis, and brings his expertise and enthusiasm for the world's largest freshwater lake alive.

Enjoy his colorful slides of the history of fisheries and invasive species, introduced or not, that have affected Lake Superior. Discover this one-of-a-kind, yet fragile ecosystem and how it has responded to the ongoing affects on commercial and sport fisheries. Look at the transportation of cargos from the Great Lakes schooner trade to modern day freighters as well as the steamships and ferries that moved people and commerce on along the North Shore and beyond. Get to know Lake Superior's relationship from her headwaters to the other Great Lakes and bodies of fresh water around the world. Explore the frontier of this underwater wilderness and unlock these stories facts and legends.

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## **Presentation #4 - Pulling For The Planet - A Trip To The North Pole with Arctic Explorer Lonnie Dupre**

**Length:** 1 hr

### **Group Project Description -**

The Arctic Ocean, that mysterious body of water and ice that physically connects all regions of the Earth, has remained a tantalizing enigma throughout the history of exploration. Traditionally, expeditions have been launched while polar night still clenched its frozen fist across the ocean's icescapes. Over time, many polar expeditions have been planned and completed. Yet extreme temperature swings, freeze-thaw conditions and dangerous shifting ice floes continued to prevent even the most experienced explorers from attempting extensive summer travel. Until now.

During the summer of 2006, Lonnie Dupre and Eric Larsen of the One World Expedition completed an unprecedented four-month journey to the North Pole and back. The expedition team pulled and paddled specially modified canoes across nearly 1,000 miles of shifting sea ice and open ocean. Their objective was to complete the first ever summer expedition to the North Pole and to highlight the growing issues surrounding global warming. The trip is gaining worldwide attention as international sponsor, Greenpeace have teamed up with the One World Expedition. This is a thrilling, adventure seeking and thoughtful presentation that will inspire us all across the globe to be aware of our effects on the planet and our attachment to the arctic. Lonnie is on the North House Folk School Board of Directors and instructs a course on outdoor winter travel.

### **All Presentations Are:**

**Fee:** \$150 per presentation (for groups up to 50)

note: for presentations larger than 50 people, an additional \$3/person will be charged

**Minimum:** 20 people

**Maximum:** 85 people

## **North House Folk School Group Learning Experiences**



Plan your food needs for your group visit with a catered lunch or dinner and taste the best of the North Shore right here in Grand Marais.

The following businesses offer catering services on a limited basis. Please contact them directly to make arrangements.

Please note, North House Folk School is not responsible for meal set-up, payment, delivery or clean-up of catered meals on campus. Please attend to these details directly with your caterer. If you plan on having a meal catered to campus, please contact North House at the time of registering so we can plan accordingly, as space may be limited.

### **Chez Jude Wine Café, Restaurant, Catering**

Catering to your every whim for every budget, every palate. Chef Judi Barsness features local, organic, seasonal ingredients. Wood-fired oven, fresh Lake Superior fish, duck, steak, ribs, game and pizza. Catering for small groups available on-site at restaurant, directly across from North House campus, or on North House campus. Restaurant open May-Oct.. Catering available year-round. 218-387-9113 / [www.chezjude.com](http://www.chezjude.com)

### **The Crooked Spoon**

Contemporary American cuisine taken down the crooked path. Catering available for all group sizes and needs. Sandwiches. Soups. Menus vary - call to customize. Located downtown Grand Marais. Open Year-Round 218-387-2779 / [www.crookedspooncafe.com](http://www.crookedspooncafe.com)

### **Dockside Fish Market & Deli**

Fresh fish, smoked fish, fish & chips, seafood, cheeses, sandwiches, & chowders. Located next-door to North House. Open Summers 218-387-2906 / [www.docksidefishmarket.com](http://www.docksidefishmarket.com)

### **The Pie Place**

Gourmet home cooking. Seasonal foods, extensive homemade pies. Breakfast, lunch & dinner. Open Year-Round 218-387-1513 / [www.northshorepieplace.com](http://www.northshorepieplace.com)

Group Planning Form

Desired Group Visit Date

Group Name(s)  
Group Leader Name  
Mailing Address  
City State Zip  
Phone Work/Cell Phone  
E-mail Address  
Group Size Group Ages

Group Project:

Group Project	Group #'s	Start Times	Group Fee
<input type="checkbox"/> tour campus			\$
<input type="checkbox"/> taste of north house			\$
<input type="checkbox"/> wood-fired flatbreads			\$
<input type="checkbox"/> lake superior schooner adventure			\$
<input type="checkbox"/> paddlemaking			\$
<input type="checkbox"/> birch bark weaving			\$
<input type="checkbox"/> presentation - workboats of the north			\$
<input type="checkbox"/> presentation - freshwater wilderness			\$
<input type="checkbox"/> presentation - pulling for the planet			\$
Group Project Total			\$
Group Project Deposit			\$100.00

Payment Information

☐ Deposit PAID by cash/check  
☐ Deposit check being mailed (must be received in 5 days)  
☐ Deposit PAID by Credit Card

Credit Card Information

☐ VISA ☐ MC ☐ DISCOVER ☐ AMX  
CC# Exp. Date  
Name V-Code  
(last three digits on back of card)

GROUP PROGRAM ENROLLMENT GUIDELINES

Course Sizes

Courses at North House are intentionally kept small. Maximum and minimum group size numbers are given to guide group leaders about planning their visit to North House. If you have a group that's larger than the listed number for a particular course, North House would encourage you to think about scheduling two consecutive projects and split your group up into respective numbers. If your group size changes, you must notify North House no less than 21 days ahead of the project.

Lodging

North House does not have lodging on campus. However, there are a number of lodging options, including a full-service campground adjacent to campus and many hotel/motel options within walking distance to campus. Upon request, North House will send a complete lodging list to assist you with finding appropriate lodging for your group.

Payments

Upon scheduling your group visit, a non-refundable \$100 deposit is required. The group fee balance plus the materials fee (unless otherwise indicated), is due 3 weeks prior to the start of the program. Payments must be made in US funds by cash, check or money order payable to North House Folk School. Payment by credit card (Visa, M/C, AMEX or Discover) is also acceptable.

Cancellations

If North House must cancel the group visit, the organization will receive a full refund of any payments made for that group visit. Organizations who must cancel their enrollment more than 21 days prior to the first day of the group visit will receive a refund less a \$100 cancellation fee to cover administrative costs. Organizations who cancel their enrollment 21 days or less prior to the first day of the course will not be eligible for a refund.

Non-Discrimination

In the operation of North House Folk School programs, no individual or group will be discriminated against because of race, gender, national origin, age or disability.

Liability Release

A liability release form must be signed and completed by all group participants prior to the start of their program. If participants are under 18 years of age, a legal guardian must sign the release form.

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