



NORTHERN *Fibers* RETREAT

FEB 11-15, 2015

More INFO:

NORTHHOUSE.ORG

888-387-9762

GRANDMARAIARTCOLONY.ORG

218-387-2737

in Grand Marais, MN

COMMUNITY GATHERINGS

THURSDAY

7 pm | Fireside Fibers: Open Studio

Warm yourself by the woodstove with fellow fiber enthusiasts. Bring your own projects to work on and enjoy the camaraderie of fellow students and instructors. Hosted by NHFS instructors Allen Holzheuter and Kate Hartman (always willing to answer a knitting question or two); drop by and join in.

FRIDAY

Noon | Lunch & Learn: Silk Screening Techniques

Enid Gjeltén Weichselbaum will demonstrate how to create small organza silk screens with Really Reusable Silk Screens and only a few materials. The screens can be used repeatedly if they are gently washed and dried between print sessions and are great for creating surface designs or printing on paper. *Pre-registration is required for catered lunch.*

5-7 pm | Art Quilt Exhibit (*Reception 5-7 pm / Gallery Talk 7 pm*)

Art quilts created by textile artists nationwide will be on display in the Art Colony's Founders Hall. Participating artists use both contemporary and traditional methods of quilting as they dye, paint, stamp, fuse, and embellish fabric, then stitch their layers together into a finished piece. The exhibit is in partnership with the Fiber Revolution collective and runs Feb 9-March 8.

7:30 pm | Show & Share hosted by Northwoods Fiber Guild

Spark your creativity! Everyone is invited to share any fiber project they are working on. All participants will be invited to speak for a minute or two about their work and process in an informal, fun gathering with desserts, coffee and tea.

SATURDAY

Noon | Lunch & Learn: Sheep and Wool in Song and Story

Join Martha Owen, sheep farmer and Resident Fiber Artist at the John C. Campbell Folk School, for a session of storytelling about her life raising sheep and angora rabbits and pursuing her passion for craft. Martha will be teaching two courses while at North House, and will share tales, good humor and maybe even a tune or two on her banjo during the Saturday Lunch and Learn session. *Pre-registration is required for catered lunch.*

5:30-6:30 pm | Yoga for Fiber Folk

Join certified yoga instructor Jenny Frost to learn how yoga can help prevent and relieve the aches and pains that cramp your creative self. Jenny will focus on simple stretches for the back, shoulders, wrists and hands. If you have a yoga mat bring it along, but not required. Free for NHFS/GMAC students. *Pre-registration is required as space is limited.*

7:30pm | Inspired By Nature:

Felting from an Icelandic Perspective

with Featured Speaker Anna Gunnarsdóttir

North House is thrilled to welcome Anna Gunnarsdóttir, internationally acclaimed fiber artist as the Featured Guest Instructor at the 2015 Northern Fiber Retreat. Anna will give a presentation about her work and how it is influenced by the landscape, earthquakes, eruptions and weather of Iceland.

SUNDAY

Noon / Soup Potluck: Noon at North House

We'll gather one last time before students head on down the road. North House will provide a pot of steaming, delicious soup. Students and their guests are invited to partake and bring anything that would compliment and enhance the meal. Show off your (nearly) completed projects and enjoy the good company of fellow learners.

HOW TO REGISTER

Course tuition and material rates vary. For more information or to register for courses, please visit either the Art Colony's or North House's websites.

To register for Lunch & Learns or Yoga session please call North House or the Art Colony.

Menus for Lunch & Learns are available online. If you are not interested in a catered lunch you are welcome to bring your own meal and enjoy the speaker for free.

ABOUT THE RETREAT

Cook County celebrates artists and lifelong learning. The Northern Fibers Retreat is a collaborative effort of three local organizations:

- > North House Folk School
www.northhouse.org
- > Grand Marais Art Colony
www.grandmaraisartcolony.org
- > Northwoods Fiber Guild

SCHEDULE OF EVENTS

	community gatherings	art colony courses**	north house courses**
th		Feb 12-13 / Quilting: From Traditional to Artistic	Feb 10-12 / Sculptural Forms in Felt
			Feb 11-13 / Spinning For Fair Isle, North Carolina Style
fri	7 pm / Open Studio / NHFS		Feb 12 / Bead Embroidery: Pin Series
			Feb 12-13 / Beginning Knitting Class
sat	Noon / Lunch & Learn / Comm Ctr*		Feb 12-13 / Spinning Fibers
	5-7 pm / Exhibit Opening / GMAC		Feb 12-13 / Penny Rugs
sun	7 pm / Gallery Talk / GMAC		Feb 13-15 / Hide & Canvas Mukluks
	7:30 pm / Show & Share / GMAC		Feb 13-15 / Weaving a Winter Scarf
sat	Noon / Lunch & Learn / UCC Church (across the street from Art Colony)*	Feb 14 / Button it Up with Glass!	Feb 13-14 / Bobbin Lace Making
	5:30-6:30 pm / Yoga / NHFS**	Feb 14 / Print on Clay	Feb 13-15 / Hand Stitching and Pat- tarning: Intro to Blanket Coat Making
sun	7:30 pm / Featured Speaker: Anna Gunnarsdóttir / NHFS	Feb 14 / Painting with Fabric	Feb 13-15 / Felted Bags
		Feb 14-15 / Stitchery: Texture & Color	Feb 13 / Reds: Natural Dyes
sat	Noon / Soup Potluck / NHFS	Feb 15 / Paper Clay	Feb 14 / Knitting Socks
		Feb 15 / Introduction to Ply Split Braiding	Feb 14 / Fibers For Kids
sun			Feb 14-15 / Taking the Hard out of Hardanger: Norwegian Needlecraft
			Feb 14-15 / Nuno Felting for Clothing
sat			Feb 14-15 / Spinning Beyond Basics
			Feb 14 / Thrum Mittens
sun			Feb 15 / Aran Knitting Made Easy

* Advance registration required for catered lunch

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