



Northern Sustainability Symposium: May 4-6, 2012

Lunch and Learn Schedule

******Reservations Recommended***

Friday, May 4

LUNCH at **The Angry Trout Café**; prices vary as participants will order from menu
Reservations through North House required; limited to 35 guests.

LEARN with David Abasz of Round River Farms: Modern Homesteading & Local Sustainability

In 1988, David and his wife Lise began homesteading 40 acres in Finland, MN. Nearly 25 years later, they operate their farm and business almost entirely with renewable resources – solar, wind power and wood heated home, family, 50 share CSA, chickens, bees, and more. If that weren't enough to keep him busy, David is also actively involved in several innovative projects, including the new development of the Wolf Ridge Farm, a fish/food/algae biofuel energy greenhouse facility in Silver Bay and research into the potential of local food production with the Minnesota Institute for Sustainable Agriculture. Join David as he reflects on his experiences as a northern homesteader and how this has shaped his vision for sustainable, self-reliant communities.

Saturday May 5

LUNCH catered by **The Pie Place** \$12; reservations recommended

- Asparagus-Chive-Gruyere Strata
- Fresh Strawberries & Toasted Walnuts on Mixed Organic Greens with Maple Vinaigrette
- Choice of Assorted Pies: French Canadian Maple Syrup Pie, Baked Lemon Custard Pie, and Rhubarb Pie

LEARN with Grant Olson of Seed Savers Exchange

Seed Savers Exchange is a unique not-for-profit farm in Decorah, Iowa, dedicated to saving and sharing heirloom seeds. Since 1975, their members have been passing on our garden heritage by collecting and distributing thousands of samples of rare garden seeds to other gardeners. SSE's work to preserve genetic diversity is inextricably tied to preserving cultural history. Understanding the cultural and historical uses, value, and growing methods of open-pollinated and heirloom varieties is essential to understanding and maintaining SSE's collection. To better understand our seeds' stories, SSE has launched the Collection Origins Research Effort (CORE), to collect complete histories on the thousands of records in the collection. Hear the stories that are coming out of the CORE project and learn how some of our favorite varieties came to be.

Sunday May 6

LUNCH Bring Your Own Brown Bag; no reservations needed.

LEARN with Lloyd Kahn: Blogging the Sustainability Story

There's no shortage of ways to tell the world what you're up to these days: Twitter, Facebook, Tumblr, Pinterest, blogs...the list goes on. How can people interested in creating a more sustainable future use these new tools to learn from one another and tell the larger story? Lloyd Kahn has a few ideas: from the Whole Earth catalog on, he's been shaking up the world of publishing since the 1960s, and has embraced blogs, Twitter, and new media to continue telling stories of people creating sustainable lives. Bring a brown bag lunch, your questions and ideas, and join Lloyd for a lively discussion.



**LUNCH & LEARN RESERVATION FORM
NORTHERN SUSTAINABILITY SYMPOSIUM
MAY 4-6, 2012**

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

DATE	COST	ATTENDEES	SUBTOTAL
Friday 5/4/2011	N/A		
Saturday 5/5/2011	\$12		
Sunday 5/6/2011	N/A		

TOTAL: _____

Reservations available by phone (218.387.9762) or mail. Please enclose check or credit card information (see below). Return to NHFS, PO Box 759 Grand Marais, MN 55604.

Credit Card Type: Visa, Mastercard, Discover, AmEx

Credit Card Number: _____

Exp Date: _____

Name: _____

V-code (3 digits on the back of the card): _____

****Reservations are highly recommended****