



Northern Sustainability Symposium: May 1-4, 2014

Lunch and Learn Schedule

*****Reservations Recommended*****

Friday, May 2

LUNCH at **The Angry Trout Café**; prices vary as participants will order from menu
Reservations through North House required; limited to 35 guests.

LEARN with The Modern Hunter Gatherer- Roundtable Discussion with Shawn Perich & Eric Edgin

The appeal of wild foods is growing beyond the big buck hunter, blueberry picker and haute cuisine chef. Increasingly, people are looking to wild game, so-called “weeds” and other edibles that can be gathered in an effort to bring new meaning to local seasonal eating. North House instructors Shawn Perich and Eric Edgin will lead a discussion of this growing trend: we’ll cover the appeal, ethics and a bit of practical advice for those interested in getting started as a hunter-gatherer. Bring your questions and expect a lively conversation.

Saturday May 3

LUNCH catered by the **Cook County Whole Foods Coop**, \$12; reservations recommended
Spinach Mushroom Frittata with Cheddar, assorted vegetables w/hummus, fruit and dessert

LEARN with Micro-Housing: (Very) Small Living with Mark Hansen

You’ve heard of the tiny house but what about the micro-house? Long-time instructor Mark Hansen is fascinated with simple living under 100 square feet. After years of building boats and small shelters, he’s turning his expertise with methods and materials of boatbuilding to this question: how can you design and build a space that is comfortable in the northern climate, lightweight and portable? His one day workshop on the subject is full, but in this FREE lunch and learn session, he’ll share images and ideas about the scope of possibilities for small living. Two of his latest projects will be on campus for tours. Lunch by reservation or BYO brown bag.



LUNCH & LEARN RESERVATION FORM
NORTHERN SUSTAINABILITY SYMPOSIUM
MAY 1-4, 2014

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

DATE	COST	ATTENDEES	SUBTOTAL
Friday 5/2/2014	N/A		
Saturday 5/3/2014	\$12		

TOTAL: _____

Reservations available by phone (218.387.9762) or mail. Please enclose check or credit card information (see below). Return to NHFS, PO Box 759 Grand Marais, MN 55604.

Credit Card Type: Visa, Mastercard, Discover, AmEx

Credit Card Number: _____

Exp Date: _____

Name: _____

V-code (3 digits on the back of the card): _____

****Reservations are highly recommended****