

northern FIBERS RETREAT Feb 12-17

A weekend of fibers coursework & community gatherings in Grand Marais, MN. More information at www.NorthHouse.org or www.GrandMaraisArtColony.org


north house
folk school

Grand Marais


Art
colony

northern fibers retreat

Celebrate all manner of fiber arts with inspiring class offerings and cozy community gatherings. North House Folk School, the Grand Marais Art Colony and the Northwoods Fiber Guild are partnering to focus on fibers in the heart of winter.

workshops & demos

Yoga for Fiber Folk

Friday, Feb 14 | 5:15- 6:15 pm | No charge for NHFS/GMAC students; registration requested | Held at GMAC

Crafting all day is good for the spirit but can be hard on the body! Join certified Iyengar yoga instructor Kathy Horak to learn how yoga can help prevent and relieve the aches and pains that cramp your creative self. Kathy will focus on simple stretches for the back, shoulders, wrists and hands that you can easily replicate at home: no special equipment (or spandex!) is required, just a willingness to learn. A free benefit for NHFS/GMAC students; \$10 for others. Pre-registration is required as space is limited.

Fibers for Kids!

**Saturday, Feb 15 | 9:30-11:30 am | \$15 per child/adult pair; ages 7+
Held at North House**

Get ready to experience fun with fibers! Join skilled artists from the Northwoods Fiber Guild to create hands-on fiber projects designed specifically for kids – and a helpful adult. Students will learn card weaving, knitting, felting wool, paper beadwork, decorative kumihimo braiding, and more. Everyone will leave with at least three completed projects. Participants age 7 years and up welcomed, and need to be accompanied by an adult.

community gatherings

Fireside Fibers: Film Screening: *Sweetgrass*

Thursday, Feb 13 | 7 pm | Held at North House

Gather around the woodstove with fellow fiber enthusiasts. We'll have the fire lit and the tea pot on; bring your own projects to work on and enjoy the camaraderie of fellow students and instructors as you screen *Sweetgrass*, a documentary film about sheep herding in Montana. We'll leave some lights on so you can continue to craft if you wish.

Lunch & Learn: Paper Cutting: Drawing with a Knife with Andrea Martin

Friday, Feb 14 | Noon | Boxed Lunch from The Pie Place \$12

Held at the East Bay Suites; reservations required for boxed lunch

The age-old tradition of papercutting has become popular again! Learn about the history of this magical artform through contemporary examples. Watch a demonstration of a blank sheet of paper become a true work of art. Pre-registration is required for lunch, drop-in with a bag lunch for FREE.

Show & Share

Hosted by Northwoods Fibers Guild | Friday, Feb 14 | 7-9 pm

Held at the Grand Marais Art Colony

Spark your creativity! Everyone is invited to bring any fiber project they are working on to share with the group. All participants will be invited to speak for a minute or two about their work and process in an informal, fun gathering. If time permits, work on individual projects in community with other fiber aficionados. Desserts, coffee and tea will fuel the conversation.

Lunch & Learn: Textile Traditions of the Peruvian Andes

Saturday, Feb 15 | Boxed Lunch from The Crooked Spoon: \$12

Held at East Bay Suites, reservations required for boxed lunch

Sustainable tourism is growing trend that empowers local artisans to make living wages while offering tourists an educational cross-cultural experience. North House's Development Manager Kaitlyn Bohlin will share her experience working for a grassroots nonprofit in Peru dedicated to sustainable tourism in the highland communities of the Sacred Valley. She'll talk about local efforts to revitalize the Andean textile tradition, initiatives bringing income directly to artisans, and some of the challenges and successes of the changing international tourist market.

Fireside Chat at Sivertson Gallery

Saturday, February 15 | 6 pm | Held at Sivertson Gallery

Join the folks at Grand Marais' Sivertson Gallery for the first in their 2014 Fireside Chat series. The complimentary lecture is presented by master woodworker and artist Bob Carls.

Yarn Tasting Party at Raven's Beak Design

Saturday, February 15 | 6:30-8:30 pm | Held at Raven's Beak Design

Yarn Tasting Party at Raven's Beak Design. Enjoy wine, snacks, take home yarn/fiber samples and raffle prizes. For details and registration contact: info@ravensbeakdesign.com; 218-387-2621

Fireside Fibers & Pie Social: Open Studio

Saturday, Feb 15 | 7-9 pm | Held at North House

Once the Fireside Chat is over, return to our fireside at North House for an Open Studio session. Work on projects from your course (we guarantee there will be some mukluk makers hard at work) or bring a project from home: we'll have the woodstove lit & the tea pot on; bring your own projects to work on and enjoy the camaraderie of fellow students and instructors. And did we mention pie and ice cream? We'll have that too, so save room!

retreat coursework

Participate in a hands-on, positive learning environment and register for an event course. Registration required, tuition and materials fees vary. Visit www.northhouse.org or www.grandmaraisartcolony.org for more info and to register.



Bead Embroidery: The Pin Series

with Jo Wood | 2/13 | North House Folk School

Discover the magic of "painting with beads" through your choice of seven different signature beaded lapel pin projects. A reflection of the art and craft of bead embroidery, artist Jo Wood will lead you through your choice of one or two bead embroidered projects, time permitting. For the experienced and returning beader it's a unique, rewarding project to expand your creative palette of painting with beads. Jo's approach to 'painting with beads' is a reflection of both tradition and innovation.

Nuno Felting: Scarves & Wraps

with Elise Kylo | 2/13-14 | North House Folk School

Scarves: many of us don't leave home without them. They are imperative in the winter but they can also simply be fashionable. In this class you will learn the modern wet felting technique called Nuno which creates a durable, elegant and warm material by combing wool with silk or other light weight fabric. They will be of your own design. Definitely unique, beautiful and warm. Nuno felting is especially exciting because it is a bit like painting with wool on a silk canvas with an unpredictable and exciting outcome. Students are invited to bring silk, organza, nylon or chiffon scarves to be transformed by adding wool fibers. Silk scarves will be available for purchase if needed. Come with a sense of adventure and patience!

Help Yourself To Knitting: Beginning Knitting Class

with Kate Hartman | 2/13-14 | North House Folk School

This class is an enjoyable, two-day beginning knitting class which focuses not only on basic stitches and skills, but also on recognizing and correcting common mistakes which often frustrate the beginner. Topics include basic knitting skills, yarn basics and pattern reading. You will be provided with a beginning book, one pair of size 8 (Am) knitting needles, practice yarn and several easy project patterns to help you get started in this enjoyable craft and pastime. Children and adults may choose to participate together on this learning experience taking advantage of a special intergenerational rate.

Knit the North House Logo

with Allen Holzhuetter | 2/13 | North House Folk School

Wear the North House logo with pride on a handknit sweater! A few years ago, knitting instructor Allen Holzhuetter thought that North House too needed its own sweater, featuring the North House Logo. He designed two versions: a two-color intarsia design and an Aran-inspired cable design in a single color. In this course, students will knit swatches of each design and discuss where to place the logo on the sweater. Notes and patterns for the designs will be provided along with instructions for a basic tunic-style sweater.

Sew Your Own: Scandinavian Work Shirts

with Carol Colburn | 2/13-15 | North House Folk School

It works! Sew your own Scandinavian work shirt, designed for comfort and for your favorite outdoor activities. Learn a life-long skill while creating a shirt you will love to wear. Traditional shirts in the Scandinavian countries are great for layering and designed for outdoor life. Natural fiber striped fabrics of cotton, linen, and wool in many colors and textures can be used to make distinctive shirts. When made of traditional blue or red striped cotton Scandinavians enjoy wearing these comfortable shirts to reflect their heritage. Sewing patterns and instructions are based on historical examples. Patterns are based on squares and rectangles. As you create your shirt, you will be guided step by step, adjusting your pattern, cutting, machine and hand sewing, and adding the finishing touches. Scandinavian work shirts are ideal for men, women and children who enjoy all kinds of outdoor life.



Knitting Norwegian-Style Fingerless Mitts

with Janine Kosel | 2/13-14 | North House Folk School

Incredibly practical yet charmingly detailed, the North House fingerless mitt will free up your fingers while keeping you cozy warm. Instructor Janine Kosel, co-author of Norwegian Handknits and Swedish Handknits has designed a North House motif for these Norwegian-style fingerless mitts. Students will use double pointed needles, and learn chart reading and stranded knitting techniques. The design of these mitts incorporates motifs from North House, Grand Marais and Minnesota. Required knitting skills: casting on, knit, purl and binding off are necessary. Very helpful to understand knitting in the round, working with doublepointed needles and to have an understanding of chart reading.

Wheel You Be Mine with Joan Farnam | 2/14 | Grand Marais Art Colony



What better way to celebrate Valentine's Day than to join your sweetheart in the Art Colony's ceramic studio for an evening of making heart bowls, drinking wine and eating luscious chocolate? Participants will create both a wheel-thrown and hand-built bowl. The bowls will be glazed and fired after class to be available for pick-up or shipping. No experience necessary. All invited.

Spinning Fibers On A Wheel

with Allen Holzhueter | 2/14-15 | North House Folk School

The classic Saxony-style spinning wheel was invented over 500 years ago, and is still a symbol of the "olden days." Although the spinning wheel is no longer a household necessity for the production of the family's clothing, many crafters, knitters and fiber artists find great satisfaction in spinning their own yarns for knitting or weaving. In this two-day introductory spinning class, you will be introduced to fibers suitable for spinning, fiber preparation and spinning prepared fiber on a spinning wheel. Participants are encouraged to bring their own working spinning wheel (both "Saxony" and "upright castle wheel" are acceptable.) The instructor will have three wheels available for students to share and develop their skills on.

Wool Table Runner: Learning To Weave On A Frame Loom

with Traudi Bestler | 2/14-16 | North House Folk School

Add a colorful dimension to your dining room table by learning to weave a warm wool runner that features lovely geometric color patterns. Students will work on rigid heddle looms provided by the teacher. The first day of class will include a trip to the local yarn store to buy materials (expect to pay about \$30.00). We will learn how to set up the loom and work with colors to produce an heirloom piece you will be proud to have in your home. No previous weaving experience is necessary to take this class.

Expedition Footwear:

Making Moosehide & Canvas Mukluks

with Jo Wood | 2/14-16 | North House Folk School

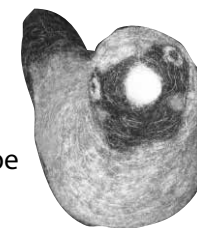
Remember the last time your feet were too cold to enjoy wonderful wintry weather? Do away with rigid unbreathable footwear and discover the traditional footwear of the north: mukluks. The flexibility of the natural materials used in construction allows the foot to generate heat, and a breathable layering system allows moisture to escape. In this course you'll be guided through the process of pattern making, and handcraft your own pair of hide mukluks with knee high or shorter uppers. Booties or liners must be purchased or made before the workshop. Some sewing experience is helpful but not necessary.



Wooly Birds: Intro To Felting

with Elise Kylo | 2/15 | North House Folk School

Any place where there are sheep and chilly temperatures, people have taken advantage of woolen fibers to create objects for warmth and protection. In this class we will use the ancient practice of felting wool to sculpt a purely aesthetic and charming flock of birds. Using recycled wool, students will make a rough bird form, then apply dyed wool roving over the form and through the mysterious process of agitation, hot water and soap, a felted bird will be hatched. Everyone will go home with a bird of their own design and an understanding of felting which could be transferred to other projects such as slippers, hot pads, tea cozies etc.



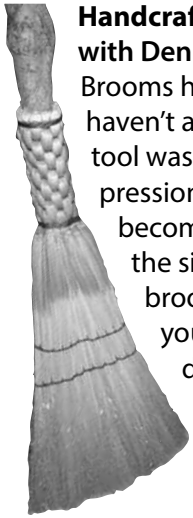
Knitting Socks: The Essential Craft

with Kate Hartman | 2/15 | North House Folk School

Build your own boat and timber frame your own home-so why not knit your own socks? After all, "you can't go barefoot," as your mom used to say. In this day-long introduction to knitting socks, you'll be on your way to making your own socks for the rest of your life. Learn the skills to make socks including reading knitting patterns, circular knitting on double point needles, shaping the heel and shaping and closing the toe.



You start on a model sock and are encouraged to bring a sock pattern you would like to make in the future. The instructor will guide you through these sometimes daunting instructions.



Handcrafting A Broom-Corn Broom

with Dennis Chilcote | 2/15-16 | North House Folk School

Brooms have been used for centuries to clean our homes, but they haven't always come from a hardware store. Historically this simple tool was hand crafted using available materials and became an expression of individual creativity and ingenuity. In this course you'll become familiar with the character of broom corn and learn about the simple tools required to make a broom. You will make a whisk broom to practice the craft of weaving broom corn stalks, then you'll prepare a handle, lay up and lash broom corn to the handle, and weave the final round of broom corn stalks up the handle to finish the work. Both brooms will then be shaped and stitched to stiffen the bristles and hold the final form.

Clay Adornments: Brooches, Buttons & Pins

with Melissa Wickwire | 2/15 | Grand Marais Art Colony

Adorn your favorite fiber piece with customized ceramic pieces. Make unique buttons or create a small work of art that can be worn as a brooch or a pin. This three-hour clay class will focus on hand building techniques and slip glazing to create original brooches, buttons and/or pins that your friends will fawn over. After class, the pieces will be fired and ready for pick-up or mailed to your home.

Button it Up with Glass!

with Nancy Seaton | 2/15 | Grand Marais Art Colony

Finish your new sweater with your own fused glass buttons! In this half day class, students will make 12 original one inch buttons while learning the basics of fused glass. Each button will be an original design featuring a collage of colors, shapes and textures. Buttons can be picked up on Sunday morning or your items can be mailed.



Fibers For Kids

with Northwoods Fiber Guild | 2/15 | North House Folk School

Get ready to experience fun with fibers! Join skilled artists from the Northwoods Fiber Guild to create hands-on fiber projects designed specifically for kids – and a helpful adult. Students will learn card weaving, knitting, felting wool, paper beadwork, decorative kumihimo braiding, and more. Everyone will leave with at least three completed projects. Participants age 7 years and up welcomed, and need to be accompanied by an adult.

Colorworks: Eco Printing & Flower Pounding

with Karen Rognsvoog | 2/15-16 | North House Folk School

Everything from the world of plants has some kind of color. Boiling, steaming, fermenting and pounding are just some of the ways to extract those colors. In this class, students will learn techniques for extracting colors from leaves, flowers and roots by bundling and steaming over simmering water (eco-printing), beating color into cloth by pounding out the colors from flowers and leaves with hammers on boards (flower pounding), and ice flower printing. Students will work with silk, cotton and linen fabric, and 100% cotton garments such as T-shirts and simple cotton tops. Previous to the steaming and pounding process, the fabric and garments will be treated with a mordant to keep the colors from fading, and natural plant dyes will be used to dye the fabric first. While the steamers are working, students will learn how to extract colors from plants by pounding plant materials onto their pieces. Bring earplugs!

Bookbinding: North House Fiber Retreat Journal, First Edition

with Karen Smaby | 2/15-16 | North House Folk School

Ever find yourself trying to remember exactly what plants you used for that dye bath? What weight of yarn you started that knitting project with? That great felting design you dreamed up at 2 am? Every fiber artist needs a journal to record the 'knitty gritty' details of their finished creations, along with ideas for the next ones. In this introductory bookbinding class, you'll bind a 7 x 10 hard-cover, multi-section book, perfect for recording your wooly endeavors, or for any other journaling use. You'll design an inset cover around something you bring from home (maybe something you made at last year's Fiber Retreat) - depending on its size, in a small inset window, as an inset strip or "puzzle" piece, covering the front or back, or even wrapping around the entire book. The instructor will provide all other materials. Craft a journal that is uniquely yours.



Northwoods in Stitches with Julie Crabtree

2/15-16 | Grand Marais Art Colony

Create a piece of textured stitchery inspired by the northwoods to decorate the front of a journal or sketchbook. Students will use dissolvable stabilizer, snippets of fabrics, hand stitching and free motion machine stitching to create textured trees, foliage, birch trees, ferns, etc. Once completed, we will add beads and attach the piece to the front of a journal, which can be used to make notes and keep samples.



**Drawing with a Knife:
Introduction to Papercutting
with Andrea Martin | 2/15
Grand Marais Art Colony**

The age-old tradition of papercutting has become popular! In this introductory class you will take an image and turn it into a simple papercut. You will be guided through the steps to cut out your design with an x-acto knife.

These papercuts can be used to make cards, framed to hang or made into stencils. Participants can use templates or make their own design. In addition to contemporary examples, you will also be introduced to the history of papercutting.

Fiber Exploration for Spinners

with Allen Holzhuetter | 2/16 | North House Folk School

Now that you know how to spin are you ready to explore the fiber from various specific sheep breeds? But we won't stop there. Spinners around the world have experimented with many different fiber sources. We will sample alpaca, llama, mohair, silk, dog, flax along with some modern fibers; soy silk, corn silk and bamboo. And for the adventurous, try your hand at spinning cotton on a charka, the Indian spindle wheel. Bring your own wheel if possible. There will be three wheels available for students to borrow.

Yarn, Yarn, Yarn: An Exploration

with Kate Hartman | 2/16 | North House Folk School

Visiting a yarn shop can be overwhelming with all the yarn choices on display. In this hands-on class we will explore yarns from lace-weight to super bulky; from wool, cotton and other natural fibers to blends and man-made yarns. Our focus will be experimenting with various yarns and needle sizes. We will take a good look at a variety of yarns, their fiber content, structure and "character." We want to choose yarns appropriate for our projects, and we want to make the most of the yarns we choose. Leave with a new sense of direction and empowerment for your next trip to your local yarn shop.



**For more information or to register, please visit
www.northhouse.org & www.grandmaraisartcolony.org
or call 218-387-9762 (North House) or 218-387-2737
(Grand Marais Art Colony). We hope to see you there!**

what is...

north house folk school

North House Folk School is a small educational non-profit on the shore of Lake Superior in Grand Marais, Minnesota. We foster a non-competitive learning environment devoted to teaching traditional northern craft. We offer over 350 courses year round in everything from timber framing to woodworking to boatbuilding to fibers. Learn more and see a complete course schedule at www.northhouse.org.

grand marais art colony

The Grand Marais Art Colony is a non-profit art center that has nurtured creativity on the shores of Lake Superior since 1947. Located in the heart of the harbor arts village of Grand Marais, we offer a variety of year-round classes, events, exhibits and studio rental in visual arts, clay, fiber, glass, printmaking and more. We are dedicated to providing services to artists, promoting art education and nurturing art through an environment of creative excellence. For more info and a class schedule, visit: www.grandmaraisartcolony.org.

northwoods fiber guild

North House and the Art Colony are pleased to partner with the members of our local Northwoods Fiber Guild to host the Northern Fibers Retreat. The Northwoods Fiber Guild has over 55 members and meets bi-monthly to celebrate the many forms fiber can take. Each December, the Guild hosts a not-to-be-missed Holiday Open House and Sale with hundreds of handmade items at the Art Colony. During the Retreat, the Guild will host the Friday night Show-and-Share, as well as the Fibers for Kids program, which will be taught by Kay Rosenthal, Mary MacDonald, Cheryl Larsen, Penny Ortmann, Maxene Linehan, and Karen Cedarmoon.



North House Folk School
PO Box 759 | 500 W Hwy 61
Grand Marais, MN 55604
www.NorthHouse.org

Grand Marais



Grand Marais Art Colony
PO Box 626 | 120 West 3rd Ave
Grand Marais, MN 55604
www.GrandMaraisArtColony.org