



Northern Fibers Retreat: February 17 & 18 Lunch and Learn!

Join fellow fibers artists to celebrate the joy of craft & community. On Friday, and Saturday, delicious lunches catered by local restaurants will be accompanied by stimulating speakers. Enjoy the cuisine of Grand Marais with your fellow fiber enthusiasts.

****Reservations Required****

Friday February 17 | Noon | \$12/person

LUNCH catered by The Crooked Spoon: Cup of the Soup of the Day (vegetarian) and ½ sandwich: grilled blue cheese, caramelized onions and bing cherry chutney @ North House Folk School

LEARN Peace Fibres: Stitching a Soulful World with Karen Lohn

Fibre artists, fibre dabblers, fibre workers recognize that fibres offer an amazing web of connection... to self, others, and the larger world. In fact, fibre work also offers the intersection of the good (spirituality), the true (science), and the beautiful (art). Psychologist and author Karen Lohn of Grand Marais will share stories, slides, and inspiration from her book of the same title. Through personal experience and international travel, Karen has captured the unique role served by fibres in developing peaceful relationships across generations and across cultures.

Saturday February 18 | Noon | \$12/person

LUNCH catered by The Pie Place: Cup of Minestrone and Chicken-Pesto Sandwich on a multi grain roll (vegetarian option available by pre-request); assorted pie slices @ Grand Marais Art Colony

LEARN What Can you Make Paper out of? with Nancy Daly

The question should really be: What can you NOT make paper out of, since paper can be made of almost any fiber. What you want to use the paper for will determine what you use to make it. Participants will be able to see, smell, and handle papers made out of many different fibers, and watch a simple demo you can do in your kitchen.

*Students and the public are welcome to attend with a brown bag lunch as well.

*All North House and Art Colony courses will provide a lunch break at noon so that students can attend.



**LUNCH & LEARN RESERVATION FORM
NORTHERN FIBERS RETREAT
FEBRUARY 17 & 18, 2012**

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

DATE	COST	ATTENDEES	SUBTOTAL
Friday @ NHFS 2/17/2012	\$12		
Saturday @ GMAC 2/18/2012	\$12		

TOTAL: _____

Reservations available by phone (218.387.9762) or mail. Please enclose check to NHFS or credit card information (see below). Return to NHFS, PO Box 759 Grand Marais, MN 55604.

Credit Card Type: Visa, Mastercard, Discover, AmEx

Credit Card Number: _____

Exp Date: _____

Name: _____

V-code (3 digits on the back of the card): _____

****Reservations are required for those purchasing lunch. Tickets will not be available at the door.****