# Twin Cities Spring Gathering - Saturday, May 11, 2013 Schedule of Events & Workshop Descriptions

North House Folk School

- \*\* Registration required. Please note that space is limited
- \*\* An e-mail event update (parking, schedule directions, etc) will be sent out May 1<sup>st</sup>
- \*\* Questions? Please call 218-387-9762 or info@northhouse.org

#### **Schedule - Overview**

9 am - Arrival and Registration

- Coffee, conversation and getting ready for a great day
- North House mini-school store open all day

### 10 am - Workshops Begin

- \*\* All Day Sessions (10am-4pm)
  - Timber Framing A Woodshed FULL
  - Snowshoe Lacing (age 13+)
- \*\* Morning Sessions (10am-Noon)
  - Boomerangs, Boomerangs FULL
  - Urban Chickens 101
  - The Bread Baking Experience **FULL**
  - Needle Felting (age 10+) **FULL**
  - Lace Making (age 10+) FULL

### Noon - Lunch, Demos, NHFS Stories

- Basic PBJ fixings provided (brown bag additions encouraged, details below)
- Ongoing demos: Maple Syruping, Pickling, Handmade Dolls, Cordwood

Construction, Roger Abrahamson Bowl Turning

- Meet North House Director Greg Wright

## 2 pm - Workshops Begin

- \*\* Afternoon Sessions (2pm-4pm)
  - Crafting the Perfect Pizza Dough FULL
  - Ropes & Beyond
  - Wet Felting (age 10+) **FULL**
  - Birch Bark: An Icon of the Northern Forest FULL
  - Pickling Asparagus

#### 5 pm - Community Wood-Fired Pizza Potluck & Feed

- the perfect close to a day of hands-on adventures
- please bring topping galore (see details below)

5-7 pm - Old-time Music and Clogging Jam

# **Descriptions - All Day Sessions (10am-4pm)**

## Timber Framing a Woodshed **FULL**

The craft of timber framing has a long and rich story. Indeed, the classic tenon and mortise joint stretches back literally centuries. Students will have hands-on experience working with basic power tools and chisels, shaping the timbers and ultimately raising a woodshed by the close of the day.



Snowshoe Lacing

with Dyke Williams

Ages 13+

Learn to lace, varnish and use your very own handmade Ojibwa-style deep woods/super flotation snowshoes. You'll start with pre-assembled and sanded frames made from traditional white ash, and over the course of the day you'll learn to lace them, finishing at least one snowshoe (you'll be prepared to take the other home to lace in time for winter!). This type of snowshoe is a top choice for both total beginners and serious off-trail use, and they end up lighter, stronger and float higher than synthetic "urban" snowshoes. See www.snowshoe.com for more information.

Choose snowshoe size by approximate body weight (plus any pack):

<u>Model</u>	<b>Dimensions</b>	Age / Weight	Surface Floatation Area
SMALL	10" x 48"	Age 8 to about 140#	510 sq. in.
MEDIUM	11" x 54"	130# to about 240#	645 sq. in.
LARGE	12" x 60"	6'tall and 210# and up	700 sq. in.

Register **early** with North House and bring a check for \$89.95 payable to "Country Ways" (normally \$120). Add \$30 for top grade neoprene "A-style" bindings. Add another \$35 if you want us to varnish dip your shoes ready for fall use. Instructor is Dyke Williams, founder and president of Country Ways. He's chock full of stories from his 60+ years of "off-trail" woodland snowshoe and national pioneer cross-country skiing experience.

# **Descriptions - Morning Sessions (10am-Noon)**

### Boomerangs, Boomerang FULL

with Kurt Buetow

What goes around comes around! Craft your own wooden boomerang in this miniintroduction to woodworking. You'll shape a slat of wood into a t-shaped boomerang using woodblock planes and spokeshaves. When the project is complete we'll practice boomerang throwing, watch for low-flying objects!

#### Urban Chickens 101

with Jasmine Mastel Lipson and Taylor Fay

Come meet a few urban chickens and their two real, live urban farmers. Find out all you ever wanted to know about the fun, nourishment and even the ugly TRUTH about what it takes to raise chickens in your urban or suburban backyard. Taylor and Jasmine are raising 8 chickens and 2 children and eat eggs almost everyday. Presentation, experience and Q&A.

### Backyard Boules **FULL**

with Kim Ode

Kim Ode built her own bread oven after taking the North House course from Alan Scott and has since baked hundreds of loaves in her backyard. In this hands-on course, she'll talk about matching various bread types to heat, how to shape loaves, and how to use the oven's range of heat, even over several days. We'll shape and bake sourdough boules, and work in a quick cracker bread, too!

Needle Felting **FULL** 

with Elise Kyllo

Ages 10+

Any place where there are sheep and chilly temperatures, people have taken advantage of woolen fibers to create objects for warmth and protection. In this class you'll learn the basics of needle felting and take home both a small project and an understanding of felting which could be transferred to things like slippers, hot pads, tea cozies, etc.

Lace Making FULL

with Kelly Marshall

Ages 10+

In Sweden, bobbin lace or knyppling was traditionally used on clothing or folk costumes, and as an edging on household items such as pillow cases, or towels. In this class you'll make a bookmark sampler while you learn the beginning foundation lace stitches. The instructor, Kelly Marshall, learned bobbin lace while attending a two-year folk high school in Sweden. See Kelly's website www.kellymarshall.com

# **Descriptions - Afternoon Sessions (2pm-4pm)**

Crafting the Perfect of Pizza Dough FULL

with Skip Fay

Crafting the Perfect Pizza Dough

There's no question about it - pizzas are built from the bottom up. A spectacular crust truly sets the stage for great eating, whether you have top it with red sauce or pesto, sauerkraut or capers. This workshop offers an opportunity to immerse in the process of creating great pizza dough (a process that includes aging the dough for atleast 24 hours), and each student will go home with enough crust for two pizzas. Hungry?!

Wet Felting **FULL** 

with Elise Kyllo

Ages 10+

Any place where there are sheep and chilly temperatures, people have taken advantage of woolen fibers to create objects for warmth and protection. In this class you'll learn the basics of wet felting—the magic that happens when you combine soap, water, wool and a little agitation. You'll take home both a small project and an understanding of felting which could be transferred to things like slippers, hot pads, tea cozies, etc.

#### Ropes and Beyond

with Kurt Buetow

Learn the basics of cordage—using nettles and basswood inner bark we'll create two-ply rope that is both utilitarian and a remarkable testament to the strength of nature's fibers. What to do with the rope? That's the fun part. How about a pet leash? A belt? Kite string? As for "beyond?" We'll take to the skies and create flying garbage—simple chip bag kites to send aloft.

### Birch Bark: An Icon of the Northern Forest **FULL**

with Fred Livesay

From canoes to shoes, few materials are as identifiable with northern cultures as birch bark. Fred Livesay, a founding instructor of North House, will whet your crafty appetite as you create birch bark rings, beads and finally, stars. Materials and tools supplied by instructor.

# Pickling Asparagus

with Greg Burns

This is pickling 101--if you've never tried your hand at picking, learn the basics and take home your very own jar of pickled asparagus. Naturalist and gardener Greg Burns has been pickling for years, and you'll be amazed at how easy it is!