



DOWNLOAD



Coaching for Life: A Guide to Playing, Thinking and Being the Best You Can Be (Paperback)

By Paul Annacone

Irie Books, United States, 2017. Paperback. Condition: New. Language: English. Brand new Book. Coaching for Life is an autobiographic journey into the mind and heart of a remarkable man. In his own well-chosen words Coach Annacone describes his life as player, coach and the friend of many who love and work in the field of tennis. This exceptional story is full of anecdotes and exciting passages of dynamic play and deep concentration from Pete Sampras and Roger Federer, to name only two of the many intimate portraits revealed here. In the words of Paul Annacone: "Coaching for Life is not about the sport of tennis as much as it is a process-oriented journey based on the sport of tennis. It is the life I have lived, and the front row seat from which I have watched some of the greatest players compete on the most majestic courts in the world. But it is also something that can be applied to our own day-to-day life." In this revelatory book tennis becomes the perfect metaphor for life. In explaining how to play with perseverance, rather than luck, Coach Annacone speaks for all of us--students, teachers, business pros, homemakers, parents, journeymen and women...



READ ONLINE

[2.03 MB]

Reviews

This is the greatest pdf i actually have go through right up until now. It is actually packed with knowledge and wisdom I found out this book from my dad and i advised this publication to find out.

-- **Arely Rath**

I actually started reading this pdf. It can be rally exciting through reading period of time. Your lifestyle span is going to be enhance as soon as you total reading this ebook.

-- **Nya Bechtelar**