



## Fasting for a Life Changing Breakthrough: Fasting in 2015: January (Paperback)

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By Liz Walwyn

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English. Brand new Book. I was so tired. The past 5 years had taken a toll on my life and I was completely fed up! You know that feeling deep down that you feel when you know you are destined for so much more that where you are in life? Well, that is exactly where I was at this point and I just knew something had to change. In fall 2014 I was on my way to Whole Foods to pick up a few items for the week after church service. On the walk I noticed a monarch butterfly on the concrete pavement and something told me to stop. It was so beautiful. I spoke to the butterfly and asked it to come over, to my surprise it did! It flew right over to my feet and just stayed. It was so close to me that as it gently opened and closed its wings the tip of its left wing grazed my boot. I stood still and took in the moment. It felt like there was some profound significance in this occurrence. This was happening in 2014, so of...



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