

Never show up men especially	Always attribute your accomplishments to something other than yourself	Always explain why you do not deserve the compliment	Never tell someone you meet in a bar you are an engineering, math or science major	I should be able to do everything myself
Do not tell anyone you feel like an Impostor	I should qualify questions or comments by saying things like, "This may not be right, but..."	Always remind others of how much you do not know	Do not let people see you studying or working too hard	I was admitted or hired because of some kind of mistake
Always assume you will fail so you will not be disappointed when you do	Always share credit with others (even if you did all the work)	I should feel lucky to have gotten into school, the job, the promotion, etc.	Never let on that you do not know how to do something	I should succeed at everything I do
Do not voice your real opinions	Always apologize for mistakes or for not knowing something	Never make declarative statements like "I know the answer"	Always hide your accomplishments	I should be able to anticipate problems before they occur
I should automatically "get it"	Always assume when people are complimenting you, they are just being nice	Always assume that other people are right	Always hold back when working in a group or team	Eventually people will realize I am underqualified