Always hold back when working in a group or team	Never tell someone you meet in a bar you are an engineering, math or science major	I should automatically "get it"	Always assume that other people are right	Always attribute your accomplishments to something other than yourself
Always assume you will fail so you will not be disappointed when you do	Do not tell anyone you feel like an Impostor	Never make declarative statements like "I know the answer"	Always keep them laughing so they will not notice that you are inadequate	Always hide your accomplishments
I should qualify questions or comments by saying things like, "This may not be right, but..."	I should be able to do everything myself	Always assume when people are complimenting you, they are just being nice	Always apologize for mistakes or for not knowing something	Always share credit with others (even if you did all the work)
I was admitted or hired because of some kind of mistake	Never let on that you do not know how to do something	Never challenge yourself too much	Do not voice your real opinions	I should succeed at everything I do
Never challenge yourself too much	Eventually people will realize I am underqualified	Do not let people see you studying or working too hard	Never show up men especially	I should be able to anticipate problems before they occur