

Always share credit with others (even if you did all the work)	I should qualify questions or comments by saying things like, "This may not be right, but..."	Always assume that other people are right	Do not voice your real opinions	Never tell someone you meet in a bar you are an engineering, math or science major
Always explain why you do not deserve the compliment	Always assume you will fail so you will not be disappointed when you do	I should be able to do everything myself	I was admitted or hired because of some kind of mistake	Always apologize for mistakes or for not knowing something
Always assume when people are complimenting you, they are just being nice	Always hide your accomplishments	I should automatically "get it"	Always remind others of how much you do not know	Always panic before a test, presentation, performance, or interview
Eventually people will realize I am underqualified	Always attribute your accomplishments to something other than yourself	I should be able to anticipate problems before they occur	Always keep them laughing so they will not notice that you are inadequate	I should succeed at everything I do
Never show up men especially	Never challenge yourself too much	Do not let people see you studying or working too hard	I should feel lucky to have gotten into school, the job, the promotion, etc.	Never let on that you do not know how to do something