

Always keep them laughing so they will not notice that you are inadequate	Always hold back when working in a group or team	Never show up men especially	I should qualify questions or comments by saying things like, "This may not be right, but..."	Do not voice your real opinions
Never make declarative statements like "I know the answer"	I should feel lucky to have gotten into school, the job, the promotion, etc.	Never challenge yourself too much	Never tell someone you meet in a bar you are an engineering, math or science major	Do not let people see you studying or working too hard
Never challenge yourself too much	I should be able to do everything myself	Always assume that other people are right	I should automatically "get it"	I should be able to anticipate problems before they occur
Always hide your accomplishments	Always explain why you do not deserve the compliment	Eventually people will realize I am underqualified	Never let on that you do not know how to do something	Always panic before a test, presentation, performance, or interview
I was admitted or hired because of some kind of mistake	Always remind others of how much you do not know	Always share credit with others (even if you did all the work)	Always attribute your accomplishments to something other than yourself	Do not tell anyone you feel like an Impostor