

Ways to Identify an addict



If you or someone you love is addicted to drugs or alcohol, they may exhibit some or all the following physical, psychological and social signs and symptoms:

- Weight loss, skin colour change, skin outbreaks
- Intense urges or cravings as the addiction develops
- Withdrawal symptoms leading to suboptimal performance and physical craving
- Isolation, depression, anxiety and paranoia
- Unhealthy friendships with people who have similar habits
- Financial difficulties due to large amounts of money being spent on drugs or alcohol
- Neglecting responsibilities, such as work or personal obligations
- Poor judgement, including risky behaviours such as stealing, lying, engaging in unsafe sex, selling drugs, or crimes that could land the person in jail



**Not all addicts will
become criminals, but
many do**

For a lot of people who are dealing with an addict's behaviour, lying is the first sign there is a problem

