



SALTY DOG
BLUFFTON
LUNCH MENU

THE SALTY
DOG CAFE
South Beach Marina • Hilton Head Island

A SOUTH BEACH LEGEND
WITH A HOMETOWN TWIST
BLUFFTON // HILTON HEAD ISLAND

SOUTH BEACH MARINA // THE SALTY DOG CAFE

THE LEGEND OF JAKE, THE SALTY DOG

Let's go down south...to the beach! South Beach is the home of Captain John and his best friend, Jake. John earned his living as a fisherman. Jake shared John's love for the sea.

Early one Friday morning, John powered up their 36-foot fishing vessel and headed for the deep blue sea. It was a good day for fishing. The flying fish were flying and the jumping fish were jumping. A dolphin jumped so high that he was flying. A chorus of sea gulls sang their praises to a beautiful day.

Jake sat on the back deck sorting their catch while John kept a watchful eye on a distant storm. Suddenly, the sky began to darken and the wind whipped to 60 knots. Then out of nowhere, the Salty Dog was slammed by a 20-foot rogue wave. Jake dug his paws into the deck and tried to fend off the storm with his mightiest growl. But it was too late...the next 20-footer engulfed the small craft. Jake and John were tossed into the raging sea. Jake instinctively swam to his master's side. John began to lose hope as he watched their boat sink to the bottom of the Atlantic Ocean, but...

Jake refused to give up. He paddled hard and headed in a westerly direction. Jake swam for three days and three nights with John holding fast to his collar.

Jake just kept going until he had paddled all the way back to South Beach. Jake had saved their lives! Jake's place in nautical history is assured.



CASTING OFF

HUSHPUPIES

Fresh, handmade sweet cornbread bites fried to a golden brown and served with our homemade honey butter. We cooked up over a zillion of these puppies last year!

PARMESAN DUSTED CALAMARI

Crispy calamari dusted with parmesan cheese and served with warm marinara and a lemon wedge

MAHI MAHI BITES

A generous portion of bite-sized mahi mahi, deep fried and served with our home-made remoulade sauce

CRISPY WINGS

Slow smoked jumbo wings, deep fried and tossed in your choice of signature Buffalo, Spicy Calypso or Sweet & Smoky BBQ. Served with ranch and celery sticks

BLUE CRAB DIP

A creamy blend of lump crabmeat, roasted red peppers, cream cheese, parmesan cheese and a blend of house seasoning.

SPICY RED BUFFALO DIP

A fiery blend of creamy cheeses, diced chicken, our signature Red Buffalo sauce and crumbled bleu cheese.

ORIGINAL PIMENTO DIP

A Southern treat! Blended cheeses folded with chopped pimento and robust spices. It's OK to cheese if you please.



OUR SPECIAL RECIPE **RED BUFFALO SAUCE**
IS AVAILABLE AT ANY OF OUR RETAIL SHOPS AS
WELL AS ONLINE AT SALTYDOGTSHIRT.COM.



SHRIMP & MORE SHRIMP

PEEL & EAT SHRIMP

Wild American shrimp served chilled and covered in Captain John's secret spices.

BLUFFALO SHRIMP

Wild American shrimp lightly breaded, buttermilk fried then tossed in our signature Red Buffalo sauce. Served with ranch dressing.

SHRIMP TOAST

A creamy blend of Jack and cheddar cheese, wild American shrimp, fresh garlic and house seasoning. Served melted over toasted hoagie rolls.

SIGNATURE SALADS

SIGNATURE BLUFFALO CHICKEN SALAD

Crisp Romaine topped with tomatoes, sliced onions, cheddar and breaded chicken tenders tossed in fiery Red Buffalo sauce and served with bleu cheese dressing

JAKE SHAKE SALAD

Wild American shrimp grilled with our very own Jake Shake seasoning over mixed greens, sweet cranberries, candied pecans, feta cheese and Roma tomatoes served with balsamic vinaigrette

CAPRESE SALAD

Fresh mozzarella cheese, Roma tomatoes, onions and cucumbers, served on a bed of mixed greens with balsamic vinaigrette

THE CLASSIC CAESAR

Crisp Romaine lettuce tossed with homemade croutons and our Caesar dressing, topped with parmesan cheese. small // large

THE CAFÉ GARDEN

Fresh mixed greens and Romaine lettuce topped with cucumbers, carrots, tomatoes, onions, peppers and croutons. small // large

- SALAD ADD ONS -

GRILLED CHICKEN // GRILLED SHRIMP
to Caesar, Garden or Caprese Salads

DRESSING

Balsamic Vinaigrette · Chunky Bleu Cheese
Buttermilk Ranch · Honey Dijon Mustard
Raspberry Walnut Vinaigrette · Classic Caesar

HOUSEMADE SOUPS

SHE CRAB SOUP

A rich favorite that is legendary at this point. Lump crab in a creamy broth that is enjoyed no matter the time of year. We give it 3 thumbs up!
cup // bowl

TOMATO BASIL SOUP

A rich and creamy mix of Roma tomatoes blended with savory chicken stock, cream, olive oil and sweet and fresh basil
cup // bowl

SALAD OR SANDWICH

All sandwiches are served with lettuce and tomato, and include your choice of kettle chips, superslaw, potato salad or fresh fruit.

CALIBOGUE SHRIMP SALAD

The salad that started it all! Since 1987, we've been blending this salad up with fresh shrimp and spices, then mixed into a creamy masterpiece. Have it served on a bed of lettuce with tomato, onion and cucumber or as a sandwich with lettuce and tomato on a toasted hoagie roll, white, wheat, rye or a wrap.

JAKE'S CHICKEN SALAD

Our signature chicken salad combines a fresh, creamy blend of diced chicken breast, celery, onions and spices. Have it served on a bed of lettuce with tomato, onion and cucumber or as a sandwich with lettuce and tomato on a toasted hoagie roll, white, wheat, rye or a wrap.

SALTY DOG SANDWICH COMBO

Choose half a chicken or shrimp salad sandwich and a cup of She Crab or Soup of the Day. Served with your choice of kettle chips, superslaw, potato salad or fresh fruit.

SALTY DOG SALAD COMBO

Choose a small Caesar or Garden salad and pair it with a cup of She Crab or Soup of the Day.

SANDWICH & BURGER BOARD

All sandwiches are served with lettuce, tomato and onion, and include your choice of kettle chips, superslaw, potato salad or fresh fruit.

Add smoked bacon · Add American, Cheddar, Swiss, Provolone or Pimento Cheese

MESQUITE GRILLED BURGER*

A mesquite grilled prime burger on a toasted brioche roll with lettuce, tomato and onion

THE CHICKEN SANDWICH

A seasoned chicken breast served mesquite grilled, blackened or buttermilk fried on a toasted brioche roll with lettuce, tomato and onion

Make it a **MESQUITE GRILLED CHICKEN CLUB**
with smoked bacon, cheddar cheese and sweet
& smoky BBQ sauce on a toasted brioche roll
with lettuce, tomato and onion

SALTY DOG PO' BOY

Your choice of lightly breaded, buttermilk fried flounder or Wild American shrimp. Served on a toasted hoagie roll with shredded lettuce, tomato and a side of remoulade sauce

SMOKED PORK & PIMENTO HOAGIE

A toasted hoagie roll filled with smoked pork and melted pimento cheese.

KEY WEST GROPER SANDWICH*

A lightly breaded, buttermilk fried grouper filet on a toasted brioche roll with mixed greens, sautéed onions, swiss cheese and key lime aioli

THE ORIGINAL CHEESESTEAK*

Shaved ribeye served on a toasted hoagie roll with sautéed peppers, onions, melted provolone cheese and horseradish aioli

CRAB CAKE SANDWICH

Our Maryland-style, jumbo lump crab cake served on a toasted brioche roll with lettuce, tomato, onion and a side of zesty remoulade sauce

FRIED FLOUNDER SANDWICH

A lightly breaded, buttermilk fried flounder filet on a toasted brioche roll with lettuce, tomato and onion and a side of zesty remoulade sauce

Make it a **FLOUNDER CLUB** with smoked bacon and Swiss cheese on a toasted Brioche roll with lettuce, tomato onion and a side of remoulade sauce

THE JAKEZILLA*

A Mesquite grilled prime burger topped with bacon, Pimento cheese, slow-cooked, hand-pulled pork, fried onions and drizzled with house made barbecue sauce.

Served with lettuce and tomato on a toasted pretzel roll.

THE BIG BUFFALO CHICKEN SANDWICH

Hand breaded, fresh fried chicken breast tossed in our signature Red Buffalo sauce. This GIANT sandwich is served on Texas toast with smoked bacon, lettuce, tomato, onion, pickle and ranch dressing

BIG JAKE DOG

A jumbo, mesquite grilled, Hebrew National dog served with french fries, a pickle spear and your choice of relish, onions or sauerkraut.

Add chili · Add cheese

MESQUITE GRILLED CAPRESE BURGER*

A mesquite grilled prime burger with fresh mozzarella, Roma tomato, fresh basil and a drizzle of balsamic reduction. Served on a toasted Brioche roll.



*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

GALLEY FAVORITES

KEY WEST FISH TACOS

Crisp fried mahi mahi in grilled tortillas with shredded cabbage, pineapple salsa and citrus cream. Served with your choice of side.

ISLAND STYLE PORK TACOS

Spicy Calypso smoked pork in grilled tortillas with shredded cabbage, pineapple salsa, feta cheese and Sriracha cream. Served with your choice of side.

FRIED SHRIMP PLATTER

Lightly breaded, buttermilk fried wild American shrimp served with french fries, superslaw, hushpuppies, lemon and cocktail sauce.

SALTY DOG FISH N CHIPS

Southern style fried flounder served with french fries, superslaw, hushpuppies, lemon, tartar sauce and malt vinegar.

HAND BREADED CHICKEN TENDERS

Hand breaded chicken tenderloins, buttermilk fried and served with french fries and your choice of honey mustard, ranch or sweet & smoky BBQ dipping sauce

Make it BUFFALO STYLE! Tenders tossed in our Signature Red Buffalo sauce with celery sticks and a side of ranch.



DID YOU KNOW

South Beach is filled with an abundance of wildlife. From dolphins and gators to an assortment of birds and even otters, you never know who you might see during your visit!



THIRTY ONE YEARS OF MEMORIES

The South Beach Marina original Salty Dog Cafe celebrates 31 amazing years this year. Salty Dog Bluffton opened its doors in 2015.

SIDES

**SUPERSLAW // FRENCH FRIES // FRESH FRUIT // POTATO SALAD
KETTLE CHIPS // WILD RICE // SEASONAL VEGETABLES**

JAKE'S SALTY DOG PIZZA

JAKE'S GOURMET HALF MOONS

All gourmet Half Moons are hearth baked, lightly brushed with garlic butter and served with warm marinara and a side of kettle chips.

CHICKEN CLUB

Mozzarella and cheddar cheese, buttermilk fried chicken tenders, smoked bacon, Roma tomatoes and a side of ranch

FIESTA CHICKEN

Loaded with mozzarella and cheddar cheese, grilled chicken, jalapeños, pineapple and a side of ranch

BIG ITALIANO

Mozzarella and Ricotta cheese, pepperoni, Italian sausage and roasted red peppers

THE VEGGIE

Mozzarella and Ricotta cheese, spinach, mushrooms, artichokes and roasted red peppers

BUILD A PIE

PICK YOUR SIZE

12" 16"

START WITH PLAIN CHEESE

\$10.50 \$13.50

ADD TOPPINGS

\$1.75/each \$2.25/each

TOPPINGS

GARDEN GOODIES

Tomatoes
Spinach
Jalapeños
Roasted Garlic
Mushrooms
Bell Peppers
Red Onion
Pineapple
Black Olives
Broccoli
Artichokes
Roasted Red Peppers
Banana Peppers

LAND & SEA PICKINGS

Pepperoni
Sausage
Ground Beef
Smoked Pork
Canadian Bacon
Anchovies
Grilled Shrimp
Grilled Chicken



JAKE'S SIGNATURE PIES

PEPPERONI JONES

Double the pepperoni, sliced red onions and roasted garlic

JAKE'S SUPREME

Red sauce and mozzarella topped with pepperoni, sausage, mushrooms, red onions, green peppers and black olives

MEAT LOVERS

Red sauce and mozzarella topped with pepperoni, sausage, ground beef, bacon and Canadian bacon

BACON, SPINACH, TOMATO

Garlic butter base topped with mozzarella cheese, smoked bacon, fresh spinach and Roma tomatoes

BBQ CHICKEN

Sweet and smoky BBQ base topped with mozzarella and cheddar cheese, grilled chicken, red onion and smoked bacon

BLUFFALO CHICKEN

Our signature Red Buffalo base topped with mozzarella and cheddar cheese, buttermilk fried chicken tenders, Roma tomatoes, red onion, smoked bacon and a side of ranch

ISLAND CHICKEN

Garlic butter base, mozzarella, grilled chicken, pineapple salsa and banana peppers

FRESH MOZZARELLA, PLUM TOMATO & BASIL

Red sauce base topped with fresh mozzarella cheese, Roma tomatoes, fresh basil, olive oil and a dust of Parmesan

SUPER VEGGIE

Pesto base topped with mozzarella cheese, Roma tomatoes, spinach, mushrooms, bell peppers, red onion and artichokes

FLATBREADS

PESTO MOZZARELLA FLATBREAD

Pesto, mozzarella, plum tomatoes, fresh basil, olive oil and parmesan cheese on top homemade crispy flatbread

MEATY BRUSCHETTA FLATBREAD

Red sauce base with mozzarella, diced Roma tomatoes, onion, parmesan, basil, pepperoni & sausage on crispy homemade flatbread and drizzled with a balsamic reduction

SHRIMP SCAMPI FLATBREAD

Garlic butter base with mozzarella and grilled shrimp on a homemade crispy flatbread with a squeeze of lemon

KIDS ONLY ZONE!!

BUILD YOUR OWN PIZZA

We'll give you dough, sauce, cheese and any toppings you would like. Kids make, we bake.

ASK YOUR SERVER FOR DETAILS.

SWEET TREATS

THE BIG BROWNIE SUNDAE

A warm chocolate brownie topped with vanilla ice cream, caramel sauce, chocolate sauce, whipped cream & cherries.

KEY LIME PIE

Our classic recipe, not too sweet and not too tart



BEVERAGES

COKE • DIET COKE • MR. PIBB • BARQ'S ROOTBEER • SPRITE • GINGER ALE • PINK LEMONADE
SWEET TEA • UNSWEETENED TEA • COFFEE • HOT TEA • MILK • CRANBERRY JUICE
PINEAPPLE JUICE • APPLE JUICE • GRAPEFRUIT JUICE
PERRIER SPARKLING WATER • BOTTLED WATER

WE LOVE YOUR FURRY FRIENDS!



ALL OF YOUR
FAVORITE SALTY
DOG GEAR IS
AVAILABLE ACROSS THE STREET

AT OUR SALTY DOG STORE!

SEND PICTURES TO
PHOTOS@SALTYDOG.COM
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