

Should School Start Later

Should high school start later? A question that most students and teachers have been asked, and I think that high school shouldn't start an hour later. The first reason for this is because with school starting later it affects the parents schedules. Another reason why school shouldn't start later is because with the extra time lost in the morning schools won't have the needed amount of time for after school activities. Finally, the last reason is because student athletes or any students that have to do other things after school would have a limited time to do them or they would have to stay later. That's why in my opinion I think school shouldn't have to start later

To begin, if school were to start a later parent's schedule would be messed up, and it would become harder for them to adjust to the new starting time. For example in the article titled "5 Pros and Cons of Later School Start Times" by unknown author under the "Cons" section it states that "in households where adults work traditional hours, adjusting the first bell schedule to the recommended 10 a.m. start time will disrupt the household's schedule", this piece of evidence is explaining how it has become like uniform behavior for the parents and how it would become more challenging for them if the school were to start later. In conclusion, with school starting later parents would have difficulty adjusting to the new schedule

Secondly, I think school shouldn't start later because it becomes harder for the school themselves to organize and make time for after school activities for the students or the community. For instance in the article titled "5 Pros and Cons of Later School Start Times" by an unknown author it talks about how increasingly hard the school would have to work to be able to fit after school programs in without holding students after school for longer periods of time. In the end, schools would also have a harder time with school starting later than usual

Even though starting school later would be nice for normal students, other students who have activities going on after school would struggle to manage their time. With school starting later, student athletes and students who have other commitments outside of school would essentially have less time to do their homework and study due to them having to leave practice at a later time, having to leave at a later time, etc. For example, in the article "Sleep deprivation in teenagers" by an unknown author it talks about how students with extracurricular activities tend to get 7.5 hours. So if school were to start later these students would even less due to having to get out of their after school activities even later. Therefore, even school starting later may be a benefit to the average student it would turn out to be a disadvantage to those who have off activities after school

In conclusion, in my opinion I think later school start times are a bad idea and could come with many consequences. Such as parents having their schedules affected, schools having a harder time managing after school activities, and student athletes or students who have activities to tend to after having a harder time with managing their time. In the end there are benefits to starting school later but the consequences are much worse.