# Modelling and quantifying mortality and longevity risk

Module A.1 on Basic concepts of lifetime distributions, mortality data and visualisations

Katrien Antonio & Michel Vellekoop

September 18-19, 2025

Actuarial Summer School, Faculty of Economic Sciences, University of Warsaw

Outline

Learning outcomes

Motivation

Random future lifetime

Force of mortality

The life table

Central death rate

Life expectancy

Actuarial Present Value formulas

Wrap-up

In this module you will learn:

- how to define, denote and understand basic concepts related to lifetime data, relevant for the course
- how basic demographic markers evolve / have evolved as a function of age and time.

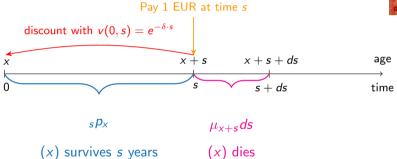
In this module we take a so-called period approach and consider the lifetime distribution or life table applicable to a specific period (e.g., a year).

We'll switch to cohort (or: dynamic) thinking from Module A.2 on.



Life insurance mathematics 101 - whole life insurance (continuous)



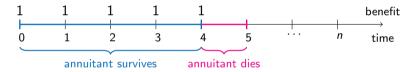


What is the Actuarial Present Value (or Expected Present Value) of this cashflow?

#### **Motivation**

Life insurance mathematics 101 - whole life annuity-due (discrete)





What is the Actuarial Present Value (or Expected Present Value) of this cashflow?

Motivation 6

Life insurance mathematics 101

A (detailed) recap of relevant actuarial value formulas for life insurance and life annuity products will follow later on.

These introductory examples motivate the need to master lifetime (or survival) distributions and related concepts when valuing life-contingent risks:

- $T_x$  and  $K_x = \lfloor T_x \rfloor$ , and their cdf, pdf, survival function, expected value
- survival probabilities, e.g, spx
- death probabilities, e.g.,  $_{s}q_{x}$
- . .

#### **Motivation**

7

Longevity risk

'Longevity risk, the risk that people will live longer than expected, weighs heavily on those who run pension schemes and on insurers that provide annuities Actuaries have a track record of systematically underestimating gains in life expectancy, and more old people means a bigger bill for benefits providers."

(The Economist, *Live long and prosper*, February 4, 2010.)



# Basic concepts of lifetime distributions and mortality

data

- ▶ Let  $T_x$  be the remaining random lifetime for a person aged x.
- ▶ Connection between  $T_{\times}$  and  $T_0$ :

$$P(T_x > t) = P(T_0 > x + t | T_0 > x) = \frac{P(T_0 > x + t)}{P(T_0 > x)}.$$

▶ A person alive at age x will die at the random age  $x + T_x$ .

Survival and death probabilities:

$$_{t}\rho_{x} = P(T_{x} > t) = P(T_{0} > t + x | T_{0} > x),$$

and

$$_{t}q_{x} = 1 - _{t}p_{x} = P(T_{x} \leq t) = P(T_{0} \leq x + t | T_{0} > x).$$

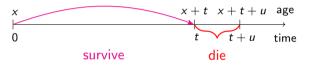
 $tp_x$  is the probability that an individual aged x will survive to age x + t.

 $tq_x$  is the probability that an individual aged x will die before reaching age x + t.

# Survival and death probabilities

Deferred probability

 $t|u|q_x = \text{probability that } (x) \text{ will die between the ages of } x+t \text{ and } x+t+u.$ 



(x) survives for t years, but will die before age x + t + u:

$$_{t|u}q_{x}={}_{t}p_{x}\cdot {}_{u}q_{x+t}.$$

- Throughout our modules we will use the 'exact age' definition of  $q_x$ . (Some more details will follow in Module A.2.)
- ► Therefore:

 $q_x := {}_1q_x$  is the probability that an individual aged exactly x will die before reaching age x+1.

▶ The survival function  $S_0(t)$  of  $T_0$  and  $S_x(t)$  of  $T_x$ :

$$S_0(t) = P(T_0 > t),$$
  
 $S_x(t) = P(T_x > t) = {}_t p_x.$ 

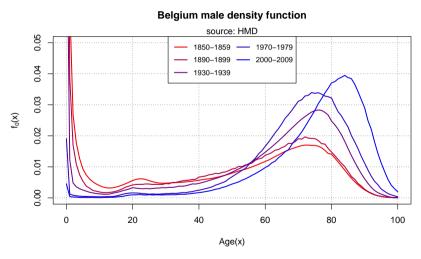
► And also:

 $f_0(t)$ ,  $f_x(t)$ , the probability density function of the future lifetime distribution of a 0 year old, respectively x year old, evaluated in t

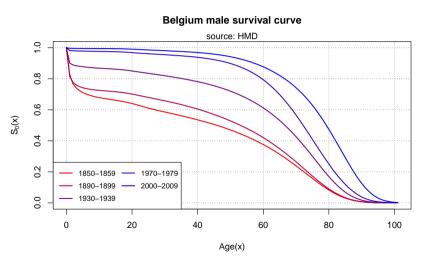
 $F_0(t) = Pr(T_0 \le t)$  and  $F_x(t) = Pr(T_x \le t)$  for the cumulative distribution function of the future lifetime distribution of a 0 year old, respectively an x year old.

### Mortality trends and visuals

Rectangularization and expansion



Rectangularization and expansion



We find

$$S_{0}(t + u) = P(T_{0} > t + u)$$

$$= P(T_{0} > t) \cdot P(T_{0} > t + u | T_{0} > t)$$

$$= P(T_{0} > t) \cdot P(T_{t} > u)$$

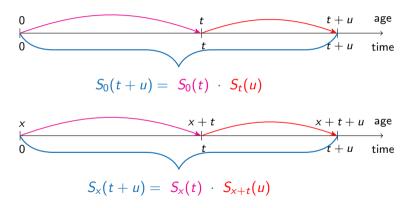
$$= S_{0}(t) \cdot S_{t}(u).$$

Similarly,

$$S_{\times}(t+u) = S_{\times}(t) \cdot S_{\times+t}(u).$$

# Multiplication rule for survival probabilities

#### Pictured



#### Your turn:

use the multiplication rule for survival probabilities to express  $_k p_{\nu}$ , the k-year survival probability (with  $k \in \mathbb{N}$ ), as a function of 1-year survival probabilities  $(p_x, p_{x+1}, \dots)$ 

(recall: in this module we apply period thinking).

▶ Force of mortality (or: hazard rate) at age x,  $\mu_x$ :

$$\mu_{x} = \mu_{0}(x) = \lim_{dx \to 0+} \frac{1}{dx} P[T_{0} \le x + dx | T_{0} > x]$$

$$\updownarrow$$

$$= \lim_{dx \to 0+} \frac{1}{dx} P[T_{x} \le dx].$$

- ▶ Meaning of the highlighted components in this definition?
  - rate of event occurrence per unit of time
  - take limit  $dx \rightarrow 0+ \Rightarrow$  instantaneous rate of occurrence.

► We obtain:

$$\mu_{x} = \lim_{dx \to 0+} \frac{1}{dx} \frac{P[x < T_{0} \le x + dx]}{P(T_{0} > x)} = \lim_{dx \to 0+} \frac{F_{0}(x + dx) - F_{0}(x)}{dx \cdot S_{0}(x)}$$
$$= \frac{1}{S_{0}(x)} \frac{d}{dx} F_{0}(x) = \frac{1}{S_{0}(x)} \left\{ -\frac{d}{dx} S_{0}(x) \right\} = \frac{f_{0}(x)}{S_{0}(x)} = -\frac{d}{dx} \ln S_{0}(x).$$

lntegrating over (0, t) then yields:

$$\int_0^t \mu_x dx = -(\log S_0(t) - \log S_0(0)),$$

thus:

$$_{t}p_{0}=S_{0}(t)=\exp\left(-\int_{0}^{t}\mu_{x}dx\right).$$

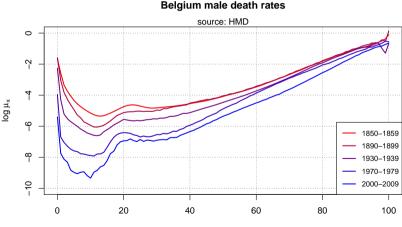
This implies the following important expression:

$$t p_{x} = S_{x}(t) = \frac{S_{0}(x+t)}{S_{0}(x)} = \exp\left(-\int_{x}^{x+t} \mu_{r} dr\right)$$
$$= \exp\left(-\int_{0}^{t} \mu_{x+s} ds\right).$$

This is a general expression in statistics, connecting the survival function and the hazard rate!

## Mortality trends and visuals

Logarithm of the force of mortality,  $\log (\mu_x)$ , versus age (x) for Belgian males in four selected time periods.



Warsaw 2025 - Module A.1

Age(x)orce of mortality

Entries in a life table

 $\triangleright$   $\lambda_x$  the expected number of survivors at age x (out of initial group  $\lambda_0$ ), where

$$\lambda_{x+1} = \lambda_x \cdot (1 - q_x).$$

 $ightharpoonup d_x$  is the expected number of deaths at age x (out of initial group  $\lambda_0$ ), where

$$d_{\mathsf{x}} = \lambda_{\mathsf{x}} - \lambda_{\mathsf{x}+1} = \lambda_{\mathsf{x}} \cdot q_{\mathsf{x}}.$$

▶  $E_x$  is the exposure to risk at age x, i.e. the expected total time lived by  $\lambda_x$  people between age x and x + 1:

$$\lambda_{x} \int_{0}^{1} {}_{u} p_{x} du = \int_{0}^{1} \lambda_{x+u} du := E_{x}.$$

The central death rate at age x, denoted  $m_x$ , is then defined as a weighted average of the force of mortality over [x, x + 1):

$$m_{x} = \frac{\int_{0}^{1} S_{0}(x+u) \cdot \mu_{x+u} du}{\int_{0}^{1} S_{0}(x+u) du}$$

$$\vdots$$

$$= \frac{q_{x} \cdot \lambda_{x}}{\lambda_{x} \int_{0}^{1} u p_{x} du} = \frac{d_{x}}{\lambda_{x} \int_{0}^{1} u p_{x} du}$$

$$= \frac{d_{x}}{E_{x}}.$$

► The life expectancy (or expected lifetime) for a newborn is:

$$E[T_0] = \int_0^\infty t \cdot f_0(t) dt = \int_0^\infty S_0(t) dt.$$

➤ So, the expected lifetime for an (x)-year old is:

$$E[T_x] = \int_0^\infty t \cdot f_x(t)dt = \int_0^{+\infty} S_x(t)dt = \frac{1}{S_0(x)} \int_0^{+\infty} S_0(x+t)dt.$$

# Life expectancy

Piecewise constant force of mortality

To calculate the life expectancy from a given life table with  $p_x$  for integer ages x, assume:

$$\mu_{\mathsf{x}+t} = \mu_{\mathsf{x}} \quad \text{with } t \in [0,1).$$

That is: the force of mortality is piecewise constant between two integer ages.

This is equivalent to

$$t p_{x} = 1 - t q_{x} = \exp\left(-\int_{0}^{t} \mu_{x+\tau} d\tau\right)$$

$$= \exp\left(-\int_{0}^{t} \mu_{x} d\tau\right)$$

$$= \exp\left(-t \cdot \mu_{x}\right) = \left\{\exp\left(-\mu_{x}\right)\right\}^{t} = (1 - q_{x})^{t} = p_{x}^{t},$$

for  $t \in [0, 1]$ .

# **Life expectancy**A useful expression

Under this piecewise constant assumption we get:

$$E[T_x] = \int_0^{+\infty} S_x(t)dt = \int_0^{+\infty} {}_t p_x dt = \sum_{k \ge 0} {}_k p_x \int_0^1 {}_t p_{x+k} dt$$

$$= \sum_{k \ge 0} {}_k p_x \frac{p_{x+k} - 1}{\ln p_{x+k}}$$

$$= \frac{p_x - 1}{\ln p_x} + \sum_{k \ge 1} \left( \prod_{j=0}^{k-1} p_{x+j} \right) \frac{p_{x+k} - 1}{\ln p_{x+k}},$$

where  $_kp_x=\prod_{j=0}^{k-1}p_{x+j}$  and  $p_x=\exp\left(-\mu_x\right)$ .

Alternatively, under the Uniform Distribution of Deaths (UDD):

$$\lambda_{x+t} = \lambda_x + t \cdot (\lambda_{x+1} - \lambda_x) \quad t \in [0,1].$$

This assumption implies:  ${}_tq_x=1-{}_tp_x=1-{}_{t}p_x=1-{}_{\frac{\lambda_x+t}{\lambda_x}}={}_{\frac{\lambda_x-\lambda_x+t}{\lambda_x}}=t\cdot q_x$  for  $t\in[0,1]$ .

# The life expectancy

A useful expression under UDD

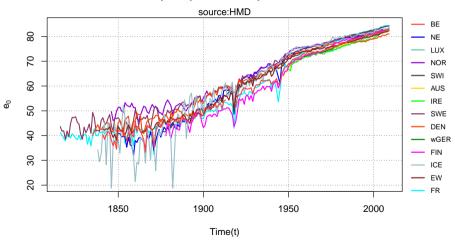
▶ Under the UDD assumption we find: (using  $\sum_{k>0} {}_k p_x \cdot q_{x+k} = 1$ )

$$E[T_x] = \int_0^{+\infty} {}_t p_x dt = \sum_{k \ge 0} {}_k p_x \int_{t=0}^1 {}_t p_{x+k} dt$$

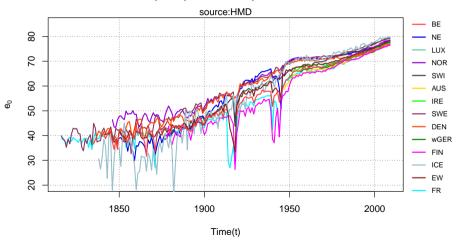
$$= \sum_{k \ge 0} \int_{t=0}^1 {}_k p_x \cdot (1 - t \cdot q_{x+k}) dt$$

$$= \sum_{k \ge 0} {}_k p_x \left( 1 - \frac{q_{x+k}}{2} \right) = -\frac{1}{2} + \sum_{k \ge 0} {}_k p_x.$$

#### Female European period life expectancies at birth



#### Male European period life expectancies at birth



With constant interest rate, the Expected Present Value (EPV) of Actuarial Present Value (APV) of:

• a 1 EUR benefit whole life insurance product in continuous time

$$ar{A}_{\mathsf{x}} = \mathsf{E}[\mathsf{e}^{-\delta \cdot \mathsf{T}_{\mathsf{x}}}] = \int_{0}^{\infty} \mathsf{e}^{-\delta \cdot t} \cdot {}_{t} \mathsf{p}_{\mathsf{x}} \cdot \mu_{\mathsf{x}+t} dt$$

a 1 EUR benefit whole life insurance product in discrete time

$$A_x = E[v^{K_x+1}] = \sum_{k=0}^{+\infty} v^{k+1}_{k|q_x} = v \cdot q_x + v^2 \cdot_{1|q_x} + v^3 \cdot_{2|q_x} + \dots,$$

where  $_{k|}q_{x}=_{k}p_{x}\cdot q_{x+k}.$ 

With constant interest rate, the Expected Present Value (EPV) of Actuarial Present Value (APV) of:

a 1 EUR benefit whole life annuity in continuous time

$$\bar{a}_{x} = \int_{0}^{\infty} e^{-\delta t} \cdot {}_{t} p_{x} dt.$$

a 1 EUR benefit whole life annuity in discrete time

$$\ddot{a}_{x} = 1 + v \cdot p_{x} + v^{2} \cdot {}_{2}p_{x} + v^{3} \cdot {}_{3}p_{x} + \dots$$
$$= \sum_{k=0}^{\infty} v^{k} \cdot {}_{k}p_{x}.$$



That's a wrap!

Via this module you have acquired insights in:

- essential characteristics of the distribution of the random variable  $T_x$ , the future lifetime r.v. of an (x)-year old:  $q_x$ ,  $p_x$ ,  $\mu_x$ ,  $E[T_x]$
- how to extract or calculate these characteristics from (the entries in) a given period life table
- qualitative and visual insights in the evolution of mortality over ages and periods.

So far, we took a so-called period approach and considered the lifetime distribution or life table applicable to a specific period (e.g., a year).