



Patient : Anita
Date of Birth : Jan 01, 2000
Provider : Dr. Hansa Ara
Visit Type : New Patient Visit

Record Id : 1
Age / Gender : 24 / unknown
Date of Visit : Jul 31, 2024

History of Present Illness

Reason for visit: Medication Management

Reviewed limits of confidentiality. Patient/parent/legal guardian expressed understanding and voluntarily agreed to proceed with the visit.

This visit is conducted in office. The visit was attended alone Referral source: Google search

History of present illness

Patient reports

Problematic symptoms:

Associated symptoms:

Duration:

Progression:

Precipitating factors/stressors:

Alleviating factors:

Symptoms cause impairments in:

Further details of symptoms below in review of systems.

Past Medical History

Any past Hospitalizations? No

Past History

Diagnoses:

Swelling

- A lump or thickening in the breast or underarm



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History of:

Swollen lymph nodes in the armpit or above the collarbone

Medical History

Current Active Medical Issues:

\$(Patient.Diagnoses)

Traumatic brain injuries or concussions:
No Seizures: No

Medical Hospitalizations/Surgeries/Procedures/Blood transfusions:

test est

Active Medications:

- acetophenomin 25 mg oral tablet, extended release - 1 tablet(s) once a day before a meal for 30 , oral route.

Recommended times 8am, 2pm , 6pm.

- Aspirin 10 mg oral tablet - Start with half tab daily for 7 days, then increase to 1 tablet(s) once a day in the morning
- ibuprofen 800 mg oral tablet - 800 mg every 6 to 8 hours before a meal , oral route ● propranolol 10 mg oral tablet - 1 tablet(s) 3 times a day as needed for anxiety/panic
- Doxorubicin 10 mg/mL intramuscular solution - 10 mg 4 times a day before a meal , intramuscular route ● ibuprofen 100 mg/5 mL oral suspension - 1 once a day before a meal for 1 Day(s), oral route
- ibuprofen 200 mg oral tablet - 1 tablet(s) once a day before a meal for 10 Day(s), oral route

Supplements

Active Supplements:

- Complete Vitamin C CTW - 1 application Once a day(After Meals for 10 Day(s)) ● Aminolase TPA 90 caps - 1 application Once a day(After Meals for 10 Day(s)) ● 120/80 Blood Pressure 60 caps - 1 gram/m2 ()
- Vitamin - 1 capsule(s) Once(With Breakfast)- Comments about the supp



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- Calcium 500 mg tablet - 1 application Once a day(Before Meals for 10 Day(s))

Allergies:

Specific diet or nutrition plan: None

Family and Social History

Developmental History

Delivery/Birth

: Full term
Vaginal

Complications: None

Milestones met by expected age for:

Talking
Walking
Eating
Toilet
Training
Reading
Writing

Academic performance: Average

Housing/living situation: Stable housing

Military: None

Legal (list year(s) and reason(s)): None

Trauma history: No history of significant trauma. Support system:

Good
Family
Friends

Alcohol/substance use (include amount, frequency, age of onset, last use): No current daily or problematic use of alcohol
No current daily or problematic use of substance(s) No current daily or problematic use of nicotine

Other addictions: None

Review of Systems

A complete review of systems is performed and is negative except where documented.

Metabolic risk factors (select all that apply): None reported



Bangladesh Specialized Hospital
21 Mirpur Rd,
Dhaka 1207, Bangladesh

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Health Vitals

Height: 5 ft 9 ins



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Patient History: Patient is postmenopausal.

No known family history of cancer. Last mammogram was performed 1 year ago.

Reason for exam: screening.

Bilateral digital CC and MLO view(s) were taken.

Technologist: XXXX, RT (R)(M) Prior study comparison: 2008, 2007

The breast tissue is heterogeneously dense. This may lower the sensitivity of mammography.

NO masses, calcifications or other abnormalities are seen.

No significant interval changes when compared to prior studies.

ASSESSMENT: Negative (BI-RADS Category 1)

Recommendation: Routine screening mammogram in 1 year.

Diagnoses

Histologic diagnoses Clinical diagnoses

Positive for breast cancer (B) - n= 232 n₁₂ 70 n= 302

Negative for breast cancer (B) - n₂₁= 48 419 112= 467

Total Breast cancer present (A) - Total n= 280 n₂= 489 n =(n) 769



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| Prescription | Directions | Details |
|---|---|--|
| desvenlafaxine 25 mg oral tablet, extended release [Desvenlafaxine] | 1 tablet(s) once a day before a meal for 30 , oral route. Recommended times 8am, 2pm , 6pm. | Dispense :30 Tablet, Refill :0,Generic Allowed,I gave it at 2 pm |
| ibuprofen 800 mg oral tablet [Ibuprofen] | 800 mg every 6 to 8 hours before a meal , oral route | Dispense :1 Capsule, Refill :21, Manufactured,Generic Allowed |

Follow up planning

Follow up scheduled.

Patient is aware follow-up can be moved to closer need as clinically indicated.

Patient/parent encouraged to reach out to me if any questions/concerns arise after this visit.

If symptoms worsen, or there is no improvement, call office for follow-up or seek emergency care.

Return to clinic 4 weeks



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Follow up

| Type | Notes | Date |
|-----------|--|------------|
| Lab Tests | Please schedule appointment with the office coordinator to review your labs. | in 1 weeks |

Dr. Hansa Ara

Electronically Signed By Dr. Hansa Ara on Aug 01, 2024 01:20 PM