

JDRF Artificial Pancreas Project Randomized Clinical Trial

Low Blood Sugar Survey

tblASurveyFearHypoA

Patient ID: _____ PtID

I. Behavior: Below is a list of things people with diabetes do in order to avoid low blood sugar. Read each item carefully. Circle the option to the right that best describes what you do during your daily routine to AVOID low blood sugar.					
	Never	Rarely	Sometimes	Often	Always
1. Eat large snacks at bedtime SnkBed	0	1	2	3	4
2. Avoid being alone when my sugar is likely to be low AvdAlnLBS	0	1	2	3	4
3. If test blood glucose, run a little high to be on the safe side BGRunHigh	0	1	2	3	4
4. Keep my sugar high when I will be alone for awhile SgrHighAln	0	1	2	3	4
5. Eat something as soon as I feel the first sign of low blood sugar EatSignLBS	0	1	2	3	4
6. Reduce my insulin when I think my sugar is low RedInsLBS	0	1	2	3	4
7. Keep my sugar high when I plan to be in a long meeting or at a party SgrHighMtg	0	1	2	3	4
8. Carry fast-acting sugar with me CrryFastActS	0	1	2	3	4
9. Avoid exercise when I think my sugar is low AvdExerLBS	0	1	2	3	4
10. Check my sugar often when I plan to be in a long meeting or out to a party ChkSgrMtg	0	1	2	3	4
II. Worry: Below is a list of concerns people with diabetes sometimes have. Please read each item carefully (do not skip any). Circle the option to the right that best describes how often you WORRY about each item because of low blood sugar.					
	Never	Rarely	Sometimes	Often	Always
I worry about...					
11. Not recognizing/realizing I am having low blood sugar KnowLBSA	0	1	2	3	4
12. Not having food, fruit, or juice with me FoodA	0	1	2	3	4
13. Passing out in public PassOutA	0	1	2	3	4
14. Embarrassing myself or my friends in a social situation EmbarrassA	0	1	2	3	4

15. Having a reaction while alone LBSAloneA	0	1	2	3	4
16. Appearing stupid or drunk StupDrnkA	0	1	2	3	4
17. Losing control LoseContA	0	1	2	3	4
18. No one being around to help me during a reaction NoHelpA	0	1	2	3	4
19. Having a reaction while driving DriveA	0	1	2	3	4
20. Making a mistake or having an accident AccidentA	0	1	2	3	4
21. Getting a bad evaluation or being criticized BadEval	0	1	2	3	4
22. Difficulty thinking clearly when responsible for others ThinkCIA	0	1	2	3	4
23. Feeling lightheaded or dizzy LightheadA	0	1	2	3	4
24. Compared with 3 months ago, how much do you worry about your low blood sugars? WorryLBSA	0	1	2	3	4